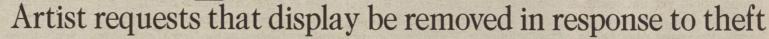


THIS WEEK Art piece stolen





Professor

Page 2



Bonham gives excellent debut Page 10



Green goes 'ACE' Page 3

By Tony Barton Editor -in- Chief-

A three-inch television monitor, part of an exhibit by artist Nancy Buchanan, was stolen from the display in the library on Thurs., March 14. The exhibit was consequently taken down on Mon., at the artist's request.

The theft is thought to have occurred in between 8:15 and 10:30a.m.

"It renders the whole exhibit useless," said Library Assistant Dannis Mitchell of the theft.

The art exhibits are "directly linked" to the curriculum of certain arts classes, according to Mitchell. The absence of the display takes away from the planned curriculum of the class.

"Viewing is assigned to many art students. The theft robbed them of the chance to fulfill the requirement. The theft deprives students of valued resources," said Mitchell. The exhibit went up March 8 and was scheduled to remain up until March 29.

Buchanan, a teacher at the California Institute for the Arts, was invited by Stewart See MONITOR, page 12 **By Donna Gonzales Staff Writer**

The movie Rainman brought to our attention one of life's mysteries- autism. Why can some people memorize a whole telephone book, yet not relate socially in even the most basic terms. Professor Alex Durig of CSUSM recently published a book that sheds light on these behaviors.

Durig's book, Autism and the Crisis of Meaning, is the first comprehensive theory describing five core behaviors that make up autism. His book possesses a view that does not rob autistic individuals of their humanity, like many theories do.

Said Durig, "Autistics have been dehumanized, when in fact they merely have a different form 4010 for more information.

of perception. Autism is not a character flaw, rather it reflects an individual's ability to process social information .'

According to Durig, human actions have a balanc ratio of deductive, computerlike thinking and inductive social thinking. In the autistic, the scales are tipped with a high amount of deductive thinking, and a low amount of inductive thinking causing them to be socially awkward, though they may be highly intelligent.

The book provides insight in to the everyday behavior of autistics as well as providing individual accounts

Durig will be at CSUSM's first book signing March 21, from 11:30 a.m.-1:30 p.m. in the book store courtyard. Call 750-

Autism theory presented Book asks enraged questions

Professors probe society's interest in violence and anger

By Paul Hilker Staff Writer

Renee Curry, an associate professor of Literature and Writing and Terry L. Allison, a librarian, have written a book entitled States of Rage: Emotional Eruption, Violence, and Social Change which was recently published by the New York University Press.

The book is on situations involving violent outburst and anger; for which Curry and Allison have adopted the term "rage". It presents society's interest in the topic and examines rising statistics of violent anger. Most importantly, it poses the question "what do we do about this", according to Curry.

"There are no answers in the book. The real purpose is to say 'this is a question',' said Curry. "Once you're able to identify (rage) in stages, the book says 'now what'. We either turn our heads or pay attention."

States of Rage: Emotional Eruption, Violence and Social Change tackles questions like: What is the relationship between rage and powerlessness?, How does rage relate to personal and social injustice? and, What provokes rage and what is provocative about it?

Divided into three sections, the book presents three different perspectives on rage. The first is about artists and how they represent rage through plays, films, etc. According to Curry, artists are often the first to identify rage, and present it through their works.

The second section centers on the role of social activism. Different types of activists, according to Curry, either commit acts of rage or identify it.

Section three examines the actions of the academic community in relation to the topic.

Curry and Allison will be two of the three authors at CSUSM's first book signing on March 21, from 11:30 a.m. to 1:30 p.m. in the bookstore courtyard.

Wang chosen as '95 **Outstanding Professor**

By Paul Hilker

Staff Writer

Dr. Stanley Wang, a computer science professor was given CSUSM's Outstanding Professor Award for his great accomplishments as an educator and role model. He was nominated for the award by several students and fellow faculty members and was noted for his unique inspirational method of teaching. After his file was reviewed by a selecting committee, the president's approval finalized the giving of the award. According to officials, Wang started his teaching career in September of 1994 at CSUSM and has already gained superior teaching evaluations.

One of Wang's students wrote that "His method and content of teaching helps to build a foundation of discipline. This discipline includes problemsolving skills and the commitment to find answers even when situations and circumstances seem difficult. This skill, I believe, is a gift that helps to guarantee success."

"The inner purpose of teaching is to inspire students to excellence," said Wang. It is this philosophy that helped Dr. Wang gain this award.

The award has been given twice before: in the 93-94 academic year, to Renee Curry, a professor

of Literature and Writing, and in the 94-95 school year, to Kenneth Mendoza, also a Literature and Writing professor. Curry, who was also on the selecting committee says that "What's unique and important about Dr. Wang is the way that he takes students who have never touched a computer, and turns them into computer lovers. He's detailed, organized, humorous, and supportive -a teacher extraordinaire."

Dr. Wang seemed very surprised and honored that he was selected as the recipient for this award. When asked how he felt about receiving the award. he said "Kind of weird. This is only my second year as a teacher and I'm surrounded by this wonderful staff of experienced professors who have been teaching for 10 to 20 years. So you can probably understand my surprise at being chosen."

Dr. Wang received his bachelor's degree from Feng Chia University, Taiwan, his master's degree from South Dakota School of Mines and Technology, and his doctorate from the University of Southern California. He has created a home page on the net for the computer science department, developed a "hands-on" electronics lab, and developed a grant proposal to establish distance learning at CSUSM.



Dr. Stanley Wang

Photo courtesy of Public Affairs

A.S.I. applications available Students interested in applying for Associated Students' represen-

tative positions, including President, should pick up and drop off applications in the Office of Student Activities (Commons 203). The application deadline is 5p.m. on March 29.

Elected positions are: A.S.I.. President, Vice President of Internal Affairs, Vice President of External Affairs, Secretary, Treasurer, College of Arts and Sciences Representatives (two positions), College of Business Representatives (two positions), College of Education Representatives (two positions), Post Baccalaureate Representatives-at-large (two positions), Undergraduate Representatives-at-large (two positions), Director of Recreation, and Director of Programming.

The elections will be held April 16-17. For further information, call the Office of Student Activities at 750-4970.

Government Management Conference A one-day conference presented by CSUSM on March 27 will

tackle questions on government management .

"Management Education and Its Role in Government" will be sponsored by CSUSM's Government Management Institute and the government MBA class.

The featured speaker will be Ted Gaebler. He is co-author of the best selling book Reinventing Government which spotlights the new methods people around the world have developed to improve governments. In the last three years, Gaebler has been invited to speak in 26 countries and his book has been translated into 14 languages. He works extensively as an advisor to elected officials, both nationally and internationally, to implement entrepreneurial practices in government.

Other speakers include: Barry Newman, attorney, in charge of Proposition A commission on improving the governance of San Diego County; James Jameson, former undersecretary of commerce; and Drs. Peter Antoniou and Bernie Hinton, CSUSM College of Business Administration faculty.

The workshop is being done as a community service; there is a nominal charge of \$10 to cover lunch. It is open to the public and will be held at the San Marcos Civic Center, City council Chambers. It runs from 8:30 a.m. to 4:30 p.m. Call Melanie Nelson at 750-4212 for registration information.

Students to hold Prop. 203 rally

The Liberal Studies Student Association (LSSA) at CSUSM is hosting a rally in support of Proposition 203 on Thurs., March 21, from 11 a.m. to 1 p.m. in front of the Dome. CSUSM President, Bill Stacy will be speaking as well as three superintendents from North County schools. They include: Dr. Lean King from the Escondido Union Elementary School District; Dr. Jack Gyzes from Vista Unified School District; and Dr. Larry Maw from San Marcos Unified School District.

If the bond is approved in the March 26 election, CSUSM expects to receive \$17 million for construction of a much needed new building. More space for classrooms, labs, and offices is needed as the student enrollment increases each semester.

Not only is Proposition 203 critical to the growth of CSUSM, but also statewide community colleges and K-12 public schools. It is estimated that the K-12 public schools in North County San Diego will receive \$272 million from the bond.

LSSA is an academic organization that provides students opportunities to learn about their academic discipline and a chance to interact with faculty and administration outside of the classroom setting.

Cashier open over Spring Break The Cashier's Office will remain open over Spring Break at it's normal hours, except Fri., April 5, when it's houirs will be 2-4:30p.m.

Send us your news

The Pride is looking for news submissions from both campus and offcampus organizations. Please send submissions to our address: The Pride, Cal State San Marcos, San Marcos CA 92096. Submissions can also be e-mailed to student_newspaper@csusm. com, or delivered to our office, ACD-324.

WHAT'S NEWS Professor chosen for 'A

Dr. Jennie Spencer Green, an education professor here at CSUSM, was chosen by the University President Bill Stacy to participate in a foundation called the American Council on Education (ACE). The group of 60 staff members, or "fellows," will consolidate to focus upon and develop administrative leadership skills in higher education. Under this program, Dr.

Spencer will learn gain administrative experience in a year long academic internship with administrative university staff members. She will work with at least two mentors at a host institution and will also study leadership development in a corporate setting. Afellowship will be held in June at a gathering of new and former ACE fellows in Washington, D.C.

Before joining CSUSM, Green was a director for Metropolitan Educational Trends and Research Outcomes and was also assistant dean of aca-

demic affairs with the CSU System, Office of the Chancellor. She is an active community member and has a rich background of administrative experience. She has held positions as the commissioner of human relations in Orange County, past president of Delta Sigma Theta (Orange County), and was also Chair of the International Trends

Committee (also in Orange County). According to officials, Green is widely published and is a national and international motivational speaker on cultural change, social equity, and empowerment.

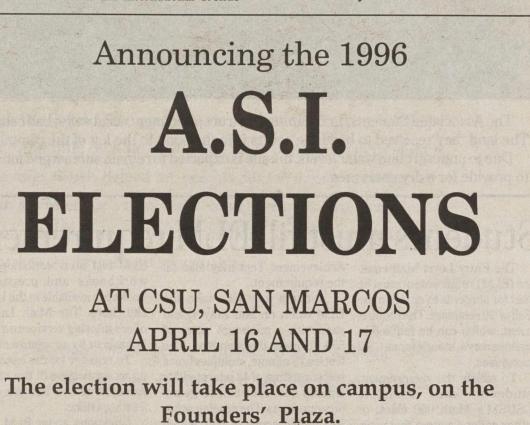
Dr. Green has taught nine different courses during her career at CSUSM while involved in the B-Clad Credential program. "My main purpose as a teacher is to maximize the learning capabilities and potential of my students. I think that building bridges and collaborations between businesses, universi-

> ties, and the community is important for the future of education," says Green, a bilingual education, and multicultural linguistics professor.

> The ACE program will hopefully help Dr. Green, and ultimately the community, to learn what methods and styles of leadership skills will better the efficiency of the higher education systems and institutions in America. "What I hope to do is increase my understanding of issues that educators in the future will face and come back and share what I've learned with my peers

and colleagues," says Green.

Dr. Green received a bachelor's degree in Spanish from Shippensburg University where she recently received a distinguished alumni award. She then went on to receive her master's in Spanish language and literature and her Ph.D. in education from the University of Colorado.



Polls will be open from 8:00 AM to 7:00 PM on both election days.

Forums will be held on April 10 and 11.







The Associated Students, Inc. plan to construct permanent, sand volleyball courts on campus for use in intramurals and other recreation. Staff Photo The land they received to build the courts is in the pond to the left of the campus entrance.

Due to underground water levels, the site is expected to remain submerged for some time. The A.S. has plans to modify the court in order to provide for a dry court area.

Students must fill ELM requirement

ics (ELM) requirement must be met for students to enroll in the Fall of '96 semester. The requirement, which can be fulfilled in various ways, stands for all CSU campuses.

To satisfy the requirement, students can CSUSM's Math 050 class, or other college course that satisfies the GE quantitative reasoning, such as a finite math or statistics course with a grade of C or better.

tests such as the SAT, ACT, AP and the College Board of

The Entry Level Mathemat- Achievement Test may also fill the requirement.

> Students may also take the ELM exam on Sat, May 4, and pass with a minimum score of 550, to meet the standard. The test is a 75-minute, multiple choice test consisting of 48 intermediate complete algebra questions and 12 geometry questions. The passing score is a scaled score of 550, which eqates to 39 out of 60 questions being answered correctly.

Those who do not pass the test can retake it on June 22, or can Sufficient math scores on take math 050 during the Fall semester.

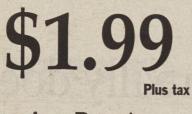
The Aspire program offers free

ELM test prep workshops, and workbooks and preparation books are available in the University Store. The Math Lab also offers tutoring services on a walk in basis or by appointment.

To register for the exam, pick up an application in the office of Admissions and Records or the Testing Office.

Questions about ELM status can be answered by Admissions and records at 750-4800 and testrelated information is available through the testing office at 750-4966. Aspire can be reached at 750-4014, and the Math Lab can be reached at 750-4122.

Can We Interest You In An Ad? Call 750-4998 for prices, demographics and submission deadlines. -The Pride -The student newspaper for Cal State San Marcos, established 1993



Any Regular Six inch Sandwich, Chips and 15 oz. Drink

Offer good only at 731 San Marcos Blvd. (just west of 78 freeway) 471.8820. Not good with any other coupon. Expires 5-1-96





news-paper

In my family, learning is everything.

Books don't just enlighten. They empower. Our children are growing up knowing this. A good education is one of the most important things we can give them. And we will, with the help of U.S. Savings Bonds.



Through the Payroll Savings Plan, we put aside something with every payday. And little by little, it will add up to college for our children. U.S. Savings Bonds helped my parents put me through college. And next year, it's Michelle's turn. Sure, Savings Bonds have been important to our past, but they'll be even more important to our future. That's what makes our investment so valuable.

> Ask your employer or banker about saving with U.S. Savings Bonds. For all the right reasons.





Construction: another reason to vote for 203

Proposition 203 has some reasons to vote for it that have not been addressed. One of these is the little mentioned contribution 203 will make to the recovery of California's financial doldrums.

Remember, most recession and depression recoveries are fueled by the construction industry. Funds allocated for 203, primarily, will be spent on the construction work of one sort or another. The money will be spent to employ California construction workers throughout the state.

Each construction worker, working, generates between three and five jobs in other allied industries i.e. lumber, glass, metals, cement, asphalt prod-

'STEG' **S**TEGMILLER

ucts, paper, and engineeringarchitectural plans, etc.

Aside from its positive impact on the education structure of California schools it will have an even more positive effect on the financial structure of this state. If you know anyone whose job is remotely dependent on the construction industry I urge you to inform them of the healthy financial nature of Proposition 203 on their well being, as well as the state's. If the educational community of California supports 203 in all ways possible, its passage will be assured.

Letters to the editor are welcome.

All letters must be signed by the author and include his or her name, mailing address, major and phone number. Send letters to: The Pride, Cal State San Marcos, San Marcos CA, 92096. For information about submission guidelines, call 750-4998.

What CCRI really does

The California Civil Rights Initiative (CCRI)- what does it really support? It eliminates hiring quotas based on "race, sex, color, ethnicity, or national origin" in State agencies and subdivisions. Is Affirmative Action the savior of the so-called "minority" individual . Many of us have seen the various pieces of literature on CCRI floating around on campus. "CCRI does not support Civil Rights" and "What is wrong with CCRI" are common pieces of text. The question of just what is so bad about the CCRI was pressing my brain as I continued reading a particular literature piece.

Basically, opponents of the CCRI see Affirmative Action as necessary. These minorities, opponents feel, need an extra boost to make up for the level of discrimination they endure at the hands of employers. Without Affirmative Action, the "majority" otherwise known as the "white male" or "Caucasian", to be politically correct, will take all of the high-paying jobs, fill the Universities and edge out opportunities for the "underprivileged minorities."

Discrimination, according to the opponents, is quelled through Affirmative Action.

The proponents of the initiative, on the other hand, see Affirmative Action as "reverse discrimination." College acceptance and jobs are given to those who are "under



skilled" or "unqualified", due to the various hiring quotas. Affirmative Action may have been needed "in the past", but the social climate regarding minorities has changed, they deem.

The social climate is not free of race and gender based discrimination. Those who believe so are naive. Granted, these minorities are not so demeaned as they were 30 years ago. Even so the struggle for Civil Rights will go on. Affirmative Action was a stepping stone in the quest for equality. It has served a definite purpose down through the years. The problem with it is, it uses discrimination in an attempt to provide equality.

CCRI proponents call Affirmative Action hiring quotas "reverse discrimination", but they are simply discrimination. Quotas take the focus of hiring away from job skill and experience and place it in skin color and type of genitalia. Students with lower grades are accepted in the quest for diversity.

A seldom discussed perspective is that of the insult minority individuals must feel See CCRI, page 12

The Pride is on-line!

The Pride student newspaper now has an on-line edition available on the World Wide Web. Readers can call it up by typing the following address: http://www.csusm.edu/pride/pride.html.

E-mail us with your letters and suggestions to student_newspaper@csusm.edu.

EDITOR-IN-CHIEF Tony Barton **BUSINESS MANAGER** Martin Backlund **NEWS EDITOR** Paul Hilker **ENTERTAINMENT EDITOR:** Joyce Kolb **ON-LINE EDITOR** Ty Carss **PHOTO EDITOR** David Taylor **PRODUCTION SUPPORT:**



The Pride is published every two weeks for the California State University, San Marcos community. It is distributed on campus, as well as at Paloma College, MiraCosta College and local businesses. The Pride is a student-run publication. Any opinion expressed in The Pride does not necessarily reflect the views of CSUSM officials or staff, the Associated Students or any other campus organization. Unisgned editorials represent the views of The Pride. Signed editorials are the opinion of the writer and do not necessarily reflect the views of The Pride editorial staff. The Pride reserves the right to not print West Coast Community Newspapers are located on the third floor of the Academic Hall, room 14-324. Our phone number is (619) 750-4098, and faxes can be sent to (619) 750-4030. Contents ©1995, The Pride Please recycle this newspaper

STAFF Andrew Bailey, Andie Hewitt, Trish Nagy, Donna Gonzales, Jodine Hammerand, Charles Stegmiller, Carrie Tyler, Vanessa Dangerfield ADVISORY PANEL Tom Nolan, Erik Bratt, Sophy Chaffee, Roman S. Koenig, Renee Curry, Ed Thompson, Norma Yuskos, Cheryl Evans

ETTERS TO THE EDITOR

Stop bagging on teachers

Dear Editor,

(Mary Szerpakiewicz) insulted many people unfairly in (her) letter to The Pride. Students should not be described as a "top notch competitive product." They are bright, intelligent people. Very few students graduate from public schools illiterate and unprepared for college or the real world.

Teachers in the public school system have not been "giving a poor performance" -which teachers are you referring to? The teachers we know have been dedicated, hard working instructors. They've implemented new programs, spent hours after school in preparation and inspired understanding and curiosity in their students.

The teachers did not "threaten to harm the children." Their strike was to improve the quality of education the children would receive. If a few students are graduating fro public schools illiterate, you should rethink your blame. Very rarely is it because of the teacher. Lee Iacocca says it best:

"In complete rational society, the best of us would aspire to be teachers and the rest of us would have to settle for something less, because passing civilization along from one generation to the next ought to be the highest honor and the highest responsibility anyone could have."

People like you underestimate the responsibility, dedication, motivation, challenge, patience, effort and education most teachers provide for their students. You don't appreciate the effect teachers have grammar spelled incoron our future through our rectly. I am confident this children.. was an error on the part of

The MST Cohort Class of '96

The Pride needs spell checking

Dear Editor,

Were you feeling anxious over your upcoming midterms? It seems that the spelling in the Feb. 21 issue of The Pride reflects how you were either feeling rushed, or just plain careless. I usually enjoy reading the campus newspaper, but by the time I read up to the "Letters to the Editor" I wasn't enjoying it at all. I was much too distracted by the multitude of errors. One letter by a literature and Writing Student contained the word

grammar spelled incorrectly. I am confident this was an error on the part of the newspaper and not the student. In the next, I found four of the most simple spelling errors that took my attention away from the praise of CSUSM students. As I looked to find an address to tell you of this, I found that even the address was spelled incorrectly! Please try harder in the next issue, or maybe I will take your advice looking for more newspaper staff and go by the student activities office to pick up an application myself. I know it can't be that hard to click on spell check.

Christi McFarland Literature & Writing Studies



The Pride's e-mail is out of commission and has been for the last week. Please use our box in Student Activities for submissions.

SEEKING INTERNS

Business, Finance, Communications, and Advertising studer Pay after training. Learn marketing financial services methodologies and securities brokerage industry. People skills A must, desktop publishing skills a plus. Broker Series 7 Sponsorship Program. Start ASAP Monday-Friday, flexible hours. Could grow to full time career opportunity. Call Scott Carr (619) 677-5900 FAX (619) 677-5915

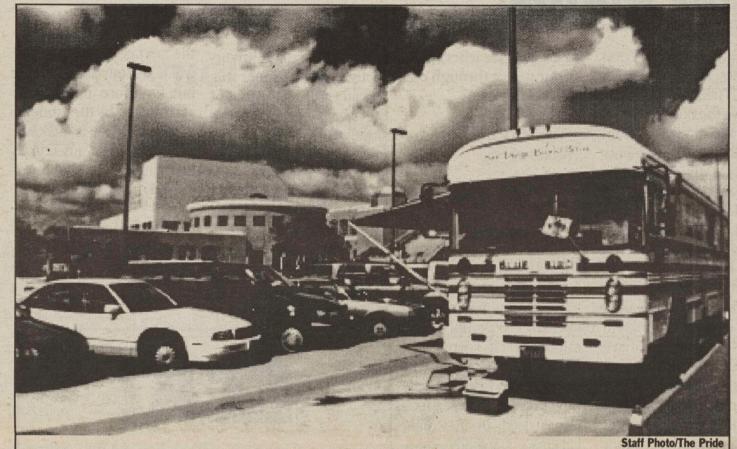
Tired of pretending to be intellectual? Be a part of the CSUSM Pride newspaper staff. We need writers

•Great to build a portfolio •Benefits that'll make your knees bobble •Anyone, excluding aardvarks, can join,! •CALL 750 4998



The student newspaper for Cal State San Marcos. Established 1993.





The San Diego Blood Bank blood drive that was held on campus from 10-2p.m. March 5, was successful. 30 potential donors visited the Bloodmobile stationed in the faculty parking lot.

Don't break over Spring Break

Verde que te quiero verde, verde viento, verdes ramas. -Lorca

Traditionally, columns from University Counselors that run just prior to Spring Break contain stern advice and a host of "please don'ts" - please don't panic about your weight and fall into binge/ purge or starvation diet eating patterns; please don't overdo your drinking; please don't have impulsive, unprotected sex; please don't get hurt or hurt others! But instead, let's discuss spring. Spring! New life arising out of dormancy! Transformation, emergence, green freshness; and death, loss, leaving behind. No new beginnings without goodbyes. The inevitability of change, Spring reminds us that each moment is Spring, a new death, a new beginning, a new responsibility to help shape what we shall be...now.

How will we use this Spring Break? When it is over, a short week later, how will we want to think about what we did with the time? Research on vacations tells us, not surprisingly, that most often, vacations bring relief and increased productivity upon return to the grind of work. But not always. One interesting finding



is that the consequences of vacations depend to some degree on the vacationer's expectations. When we have very unrealistic expectations about what will occur on our break, we set ourselves up for disappointment and sometimes increased stress afterwards. These expectations might be that this break will be perfect; will completely rest us; that we will havethe greatest time; that we will get incredible amounts of school work done and be caught up; that the time with our children will be so good it makes up for all the times we had to turn away from them to do our life's tasks. These are often recipes for feeling like a failure and returning to school with less motivation than before.

Another study looked at the behavior of people on vacation who had beliefs that all the usual rules were no longer in effect, that break was time to release inhibitions and be wild and free. These people tended to do things that were wild and dangerous, particularly in the sexual realm. They were more likely to have sex with people they never knew before, and more likely to have unprotected sex in these situations. This was especially true for women.

So, after all, I do end by giving advice. Please do examine your expectations for the upcoming spring break. What are your goals and plans for the time off? Are they nourishing of body, mind, and spirit? Are they realistic? Do they fantasize about an unreal world of task related, familial or sexual wonder and gratification? By thinking a bit and doing some healthy selfexamination, we can all increase the chances that our Spring Break will be fun, productive, stimulating, restful, and in our best interests.

If you want assistance examining your Spring Break mind-set, or have any other personal concerns that might be helped by a confidential, objective, and interested listener, drop by our office at 5115 Craven Hall for an appointment, or call 750-4910

> Dr. Fritz Kreisler is the Coordinator of Counseling & Psychological Services

Feminism, men and Women's 'Herstory' Month

By Jodine Hammerand StaffWriter

Due to the enthusiasm created by Women's Herstory Month, events and lectures at CSUSM will extend into April. According to Women's Studies instructor/coordinator, Professor Dawn Formo, one month was too confining for a national recognition of women. Faculty also plan for a month long series of events in conjunction with the California Center for the Arts, Escondido. The steering committee of the Women's Studies Program has decided to offer ongoing events in the Fall semester because of the positive feedback on this months events.

With nearly 70% of the students at Cal State San Marcos being female, and more men displaying pro-feminist attitudes, the desire to learn more about women's issues is apparent on campus. Professor Formo hopes that with the activities planned, students and faculty will become interested in the Women's Study Program.

Professor Formo has met more men identifying themselves as feminists recently.

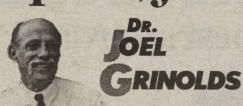
"Afew years ago, I would have said 'that is great'," said Formo, who has since become familiar with the work of author Tania Modleski and her book *Feminism Without Women*. Modleski is a Professor Professor of English with an emphasis on feminist theory in film criticism at USC. The author expresses a concern for feminism being appropriated or co-opted by men doing feminist scholarship. The concern is that as men move into this area of education, they represent a form of validity of what women have been doing.

"You still end up with a hierarchy of men doing work that women have been doing," she said. "But men have moved into this position of saying 'this is important stuff'."

This supportive attitude puts the inequitable hierarchy in place. Formo gives the example of two of her male students that have identified themselves as profeminists. Separately, in arguments presented in class papers, class discussion, and with the teacher, the two students said they are uncomfortable about taking on the label of feminist, because they feel like they are taking something away some Forget the pills, just fix your diet

As you may know and frequently hear from friends, parents, the media and hopefully your health care provider, diet is intimately related to good health. We now know that there clearly is a relationship between diet and health and some nutrients may even prevent cancer, heart disease, and other chronic problems. At least, they may reduce the risk.

In the past few years, scientists recognized that Americans (and I would bet most college students) don't eat enough fruits, vegetables and hole grains that provide the main nutrients that are called antioxidants which are believed to help prevent chronic disease. Antioxidants are the chemicals that interact with "free



radicals" that scientists believe damage cells and cause chronic disease and accelerate the aging process. In other words, they are a form of protection.

Antioxidants are produced by the body and some are in the foods we should be eating. Vitamins C and E and grains that provide the beta carotene are the antioxidants we know most about. Health care providers and nutritionists in the past few years have recommended taking a daily supplement of 6 to 15 milligrams of beta carotene, vitamin E and 250 - 500 milligrams of vitamin C because it seems that most people do not get these in their diet.

Now, however, science once again has to reverse itself. Two important clinical studies have demonstrated that beta carotene supplements offer no protection against cancer and heart disease and, in fact, in smokers or even in past heavy smokers, may increase the risk of lung cancer. At this time, scientists have not been able to understand this. Some think that carotenoids, of which there are hundreds, may still be beneficial, but excess beta carotene (only 1 of the carotenoids) may be harmful.

Should you be taking supplements period, you may ask? The answer is diet is always best. If you consume at least five (5) fruits and vegetables a day, you will have a great supply of carotenoids and essential vitamins. If not, do continue taking vitamins C and E supplements. If you smoke; stop and don't take beta carotene pills.

The bottom line is, you are better off spending money on food and following dietary guidelines. Stay tuned. Science will continue to provide evidence of the benefit of a prudent diet and good, long lasting health.

> Dr. Joel Grinolds is the Directoor of Student Health Services



Bonham presents fresh, honest approach

By Carrie Tyler Staff Writer

Newcomer singer/songwriter Tracy Bonham, originally a classical violinist from Eugene, Ore. and later a resident of Boston, Mass., offers personally provocative, honest songs with a punch that reveals the rawness of her style.

Her performances have been so powerful that they have drawn attention from Boston's club audiences to those in the record industry. With her debut album "The Liverpool Sessions," a combination of pop and punk music, she scored a hot hit single in "Dandelion." This accomplishment earned her the Boston Music Award for Best Rock Single and Best Local Female vocalist in the Boston Phoenix/WFNX best music poll.

Her new pop/punk compact disk, "The Burdens of Being Upright," tells a biographical tale about a girl getting even with the ones who make her angry. Her style ranges from Liz Phair-style music to hard-hitting rock.

In "Navy Bean" and "The One" she gets back at her ex-boss. See BONHAM, page 12

Bottle Rocket is big Texas with beautifull dialogue

By Andie Hewitt Film Critic

BOTTLE ROCKET Director: Wes Anderson Columbia Pictures

Starring: Owen C. Wilson, Luke Wilson, Robert Musgrave, Lumi Cavazos and James Caan

Rated: R

Yes, everything in Texas is big and this film charmingly proves that talent, creativity and an eye for the camera are alive and well in Texas courtesy of the Wilson brothers. Disarmingly delightful and courageously imaginative, Bottle Rocket comes to us by way of two brothers and a friend. Wes Anderson, friend and director, and Owen C. Wilson (who also stars as Dignan) co-wrote this story about friendship, love, and an adventurous spirit straight out of the Wild West.

Dignan and his best friend Anthony Adams (played by brother Luke Wilson) have plans, big plans; a 75-year plan to be exact. What these plans entail and how they handle phase one will have you laughing throughout the movie, all the way home and into the next day. Do Not, I repeat, Do Not willingly wander their wild and wacky blueprint for prosperity. These footsteps do not travel the road to success yet the boys manage to stay upbeat, optimistic and open. Robert Musgrave as the sidekick's pal Bob Mapplethorpe, delivers a poignant performance as both driver and defeatist to their array of adventures. As boss of the "Lawn Wranglers" Mr. Henry, James Caan struts and smokes cigars with mucho machismo and it works. The master of this movie, however, definitely can be none other than Owen. C. Wilson (Dignan) bearing an uncanny resemblance to a young Dennis Hopper-the same sass

and verve with boy-like charm to boot without a doubt worth watching.

The true beauty lies within the dialogue and the interaction between characters. You would think that these thespians are old pros and yet, they have the innocence of ingenues. Every scene contains sincerity and sweetness with just a touch of temerity and to point out one or two would be an injustice to the rest of the film. Anthony's amorous interest in the maid Inez, (Lumi Cavazos of Like Water For Chocolate), is touchingly tender and gentle and a playful laugh at love and the language barrier between men and women, English and Spanish, right and wrong. Mark Mothersbaugh, musical flavor of the month, does an excellent job of assembling and arranging songs and score for the film. Not only do I recommend Bottle Rocket, I want to see it again; it is that good.



CSUSM offers seminars

Workshops and panel discussions have been made available by the Office of Student Activities and Orientation Services. Dates and topics through March are as follow:

March 27- "Ethics! Leadership and Ethical Decision Making."

April 10- "Everything You Ever Wanted To Know About The Opposite Sex." April 24-

"Communications Skills and Leadership."

May 8- "Marketing Your Leadership Skills."

Seminars are at 2 p.m. in COM 207.

Final Luncheon

Concluding the series of luncheons is "Women's Friendships" on **March 25.** Speakers are Drs. Marie D. Thomas and Cherie O'Boyle.

For more information, contact Arts & Lectures at 750-4366.

Upcoming bands

The Kry will play on the **Dome Stage** at 11:45 a.m. on April 10th.

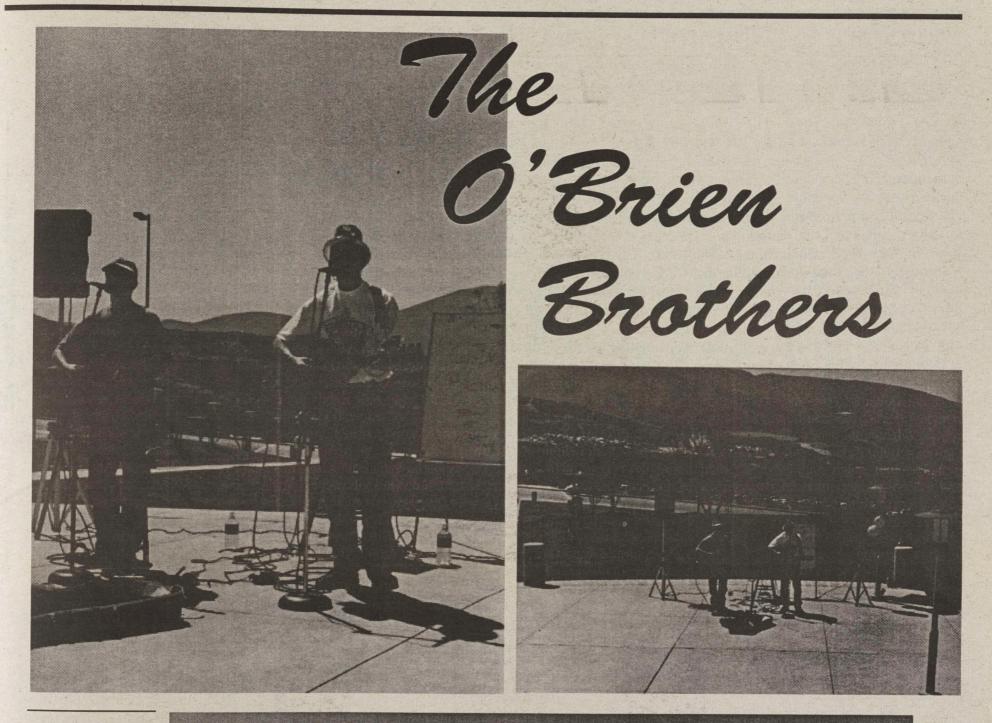
Hummingfish will play on April 18 at 11:45 on the Dome Stage.

Talent Show

A talent show will be held Wed., April 17. You may apply in the Associated Students' Officein COM 205 by April 10.

Fpr more information, call Valerie at 750-4990 or e-mail her at-

vhoward@coyote.csusm.edu



The O'Brien Brothers' performed last week at the Dome

O'Brian Brothers photos by David Taylor/ Staff Photographer

Women

continued from page 8

thing that women have accomplished. However, they do want to show their support for the feminist perspective. The resolve the students teach is one that can be stated as, "I want to call myself a pro-feminist; I'm all for this, but I don't want to take away what women have accomplished." Professor Formo is encouraged by the people she has interacted with, and now feels that women are getting somewhere. She is pleased to see students engaging in this kind of conversation. She knows that men are not being supportive because it is politically correct, but because they really care.

On March 27, the Women's Study Program, along with the Political Science Dept., is cosponsoring a woman who attended the Beijing conference-she will speak on campus. On April 20, the Pacific Women's Study Conference is being held.

Formo experiences excitement and frustration at the same time regarding the recognition of women's accomplishments. She is proud to be a part of a group who has done incredible things but feels that it is right." unfortunate that it has taken so long for recognition. By designating Women's History Month, the time celebrates accomplishments and contributions of women. Formo hopes that what people take away from participating in the events either of campus or in the local community, is more than just recognizing women's contributions; she hopes we all begin to appreciate looking at the world from a different set of lenses, and understand what a feminist perspective can be.

Monitor

Bender of CSUSM, to display her works on campus. The display features graphics and "video sculpture."

continued from page 1

Buchanan was originally a pastel painter, until she became interested in the issues surrounding land use following the real estate boom of the 1980's. The incredible growth and politics of land use lead to the "building of boxes for profit", according to Buchanan.

The uplanned building of houses was the theme behind the display.

Any information regarding the theft should be given to Lieutenant Alicia Smith at 750-4960. The monitor may be returned with no questions asked and no action taken at 750-3050.

Bonham

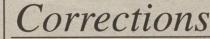
continued from page 11 "Kisses" is her demeaning of other rock stars like Courtney Love. "One Hit Wonder" strikes at her critics who try to label her and her music.

Throughout this CD she explores the vast range of emotions in all of us and brings us to our own reality as she takes us into the "Burdens of Being Upamount of melanin. Government sponsorship does not justify dis-

crimination. It is time that we rid ourselves of the social burden presented by this government-sponsored, degrading, dis-

criminatory misuse of state funds.

Support Civil **Rights. Vote for CCRI** and take the next step in promoting equality.



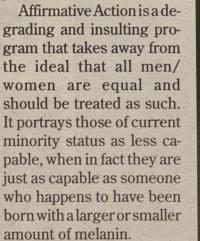
In the March 6 issue of The Pride, the name of one of the Student Advisoery Health Board's faculty advisers was erronously reported. Alex Durig's name read "Alex Ackerman.." The Pride regrets the error.

The center for the Study of Books in Spanish for Children and Adolescents at CSUSM was giving out an incorrect address for their web page. The correct address is http://www.csusm.edu/campus_centers/csb



continued from page 5

at the lowering of standards in order to incorporate their ethnic group into a University or job setting. It is as if the government is saying, "this particular race is less intelligent, so we'd better make each business hire this many of them or else none of them will get a job."





The

CASUAL • DRESS • BOOTS • TENNIS

NEW • OVER STOCK • RETURNS • OUTLET

Regular Retail Prices would be \$40-\$300

CALL: (619) 745-

