

WHAT'S INSIDE

Features

Vancouver 2010 Olympics



See Page 4

Toyota Recall



See Pages 5

Arts & Entertainment

Website of the Week

Anniestreet.com



See Page 7

Students and faculty plan demonstrations for statewide "Day of Action"

BY BEN ROFFEE
News Editor

On March 4, Students and Faculty across California will join thousands of demonstrators across the state in what is being billed as a "Day of Statewide Action for Public Education." All 23 campuses in the California State University system will hold demonstrations to address California's underfunded public education programs.

Though the budget crisis in California's public universities has received much of the public's attention in recent weeks, the "Day of Action" will take aim at the state's underfunding of public education across the board.

According to the California Faculty Association (CFA), "March 4th will be a unified effort of education supporters from all segments of public education in California where participants will hold rallies, demonstrations, teach-ins, and other types of events on every CSU campus and at other locations across the state."

The first half of the demonstration will consist of a teach-in and panel discussion in Academic Hall 102, which will run from 10:30 a.m. to 11:45 a.m.

Dr. Scott Greenwood, Dr. Ranjeeta Basu, Dr. Sharon Elise, and Dr. John Halcon are expected to head the panel. The teach-in will also be simulcast at various locations on campus, at Palomar college, and online at www2.csusm.edu/cfa/.

Don Barrett, President of CSUSM's CFA chapter, says the panel "will address a range of topics including the California Master Plan, access to publicly-funded higher

education, the role of education as a public good, and "deliverology" and its impact on educational excellence."

Immediately following the panel discussion, demonstrators will move to Library Plaza, where a rally will take place from 11:50-12:50. During the rally, students, faculty, and staff will share personal testimonies on how the budget crisis has affected them.

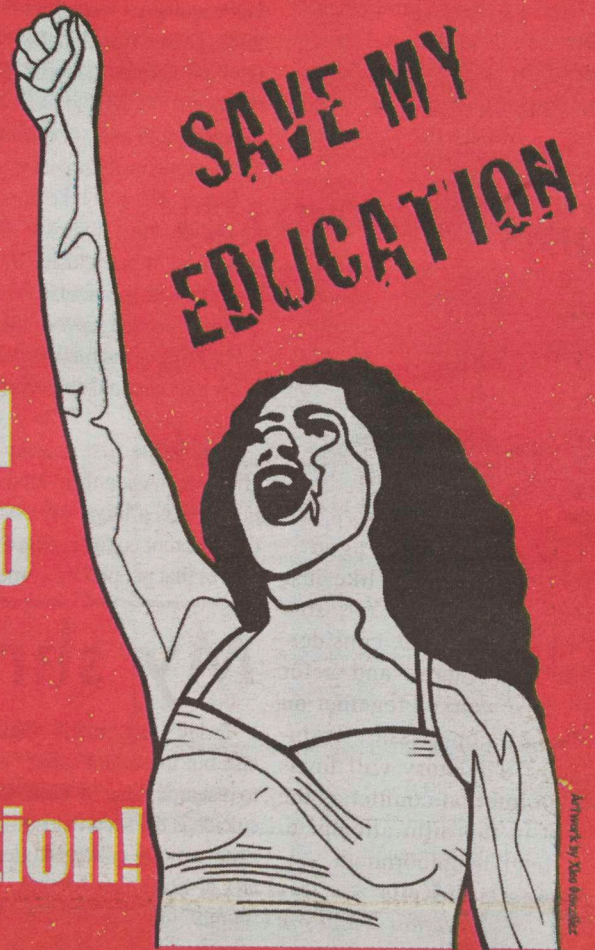
The idea for a statewide day of demonstrations emerged last October at the Statewide Mobilizing Conference held at UC Berkeley. Hosted by the California Campaign to Save Public Education, the conference drew together hundreds of students and faculty to collaborate on a method for bringing attention to the crisis in California's public education.

According to the California Coordinating Committee, "this massive meeting brought together representatives from over 100 different

schools, unions, and organizations from all across California and from

See Teach In, Page 3

**MARCH
4 • 2010
Save
Public
Education!**



**Keep the
Doors Open!**

Image Courtesy of calfac.org

CSUSM receives Hispanic Serving Institution status

BY BEN ROFFEE
News Editor

The U.S. Department of Education has awarded CSUSM status as a Hispanic Serving Institute, opening up new avenues for federal funding reserved only for a select group

of higher education institutions.

In a memo issued to the campus community on Feb. 18, President Haynes stated, « I received the good news that the U.S. Department of Education has approved CSUSM's eligibility as an Hispanic Serving Institution (HSI), making us eligible

to apply for Department of Education grants that may be used for many academic purposes serving all students.

The Hispanic Association of Colleges and Universities (HACU) designates Hispanic-Serving Institutions (HSIs) as those colleges and universities

with Hispanics constituting a minimum of 25% of enrolled students. 27% of the student body at CSUSM is Hispanic, putting it just over the eligibility threshold.

The HSI program traces its

See Status, Page 3



The Greek Fair, held in front of University Hall this year, offers students interested in Greek life an opportunity to gain insight into the various organizations and information on recruitment.

Photo Courtesy of Ben Roffee

THE PRIDE

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SALES REPRESENTATIVE
KRISTINA LAWLER
MARTINEZ
PRIDE_ADS@CSUSM.EDU

ADVISOR
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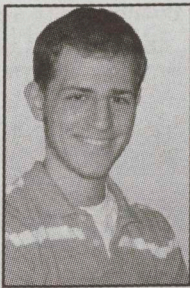
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Bill of Rights

Do the olympics matter?

BY BILL RHEIN
Senior Staff Writer



I was excited for the Olympics to start last Friday, but when I reminded a co-worker, he shrugged it off and told me he did not care. His comments made me think. I asked myself if the Olympic Games mattered. That made me wonder if the games a celebration of culture and unity or self-indulgence for the athletically superior.

But it did not take long for me to decide the Olympics are important. Sure, it is exclusive to men and women with particular talents. That is only a limited view of the sports. It is the kind of distraction people need from international and economic tensions.

That is the first need to have the Olympics. Aside from all the competitions, it is a literal representation of the different countries. Each delegate proves that people can come together.

I see the Olympics as a sign of hope that people can get over their differences on a global stage. Only the best athletes can participate, which might be seen as marginalizing ordinary people, but I do not see this as a bad thing. Watching someone compete and seeing the potential of a person is encouraging. It shows that anyone can test the limits of what is considered impossible.

The selected athletes can also serve as a focal point in bringing their own country together. Just as the entire competition brings the world together, every person can identify with delegates from their country. In America, decisions over healthcare and the economy drive us apart, but I hope that for a few weeks we can rally together to cheer on our teams and individuals in Vancouver.

It is a competition, and it would be a nice morale boost to see our Olym-

pians succeed. There can only be one winner, but the competition is exhilarating. Hockey and figure skating are prone to rivalries that add to the fun. In the end, it is just a game and should be used as a springboard for pride, not hate.

Lastly, it is an expression of culture. Since the game is in Canada, most of the focus will be on that country, but watching the camaraderie and

passion amongst teammates is also enlightening. Spectators and participants can see the way other people act, thus appreciate differences and find ways that humans have more in common than realized.

The world needs the Olympics. The games are not about dividing the world; it is about bringing them together and celebrating the triumphs of strength, skill, and will.

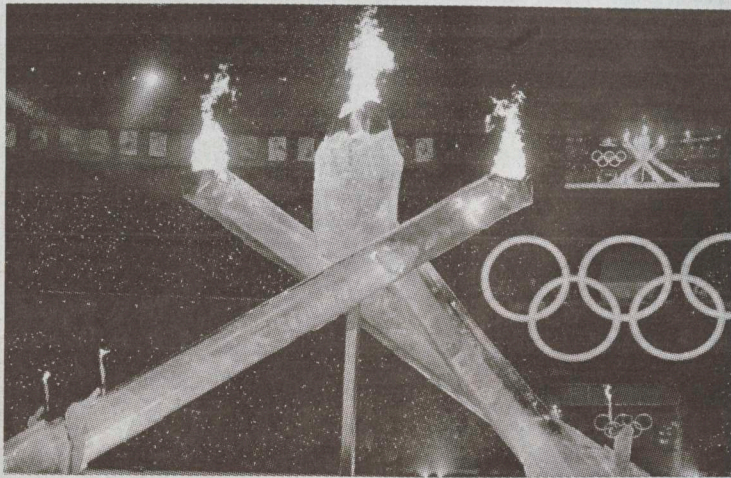


Image Courtesy of Vancouver2010.com

My shrink's column

Today's column is about a difficult but important topic. According to research done by Duke University, suicide is the second leading cause of death among college students. Here at Cal State San Marcos, our community has experienced a number of suicides and suicide attempts this year: yes, it happens here. Why, so many of us wonder, are our students turning to such drastic "solutions" to temporary problems? Why can't they see that their lives are valuable, important, and so much larger than the anguish they are feeling at that moment? Why can't they see how many people truly care about them? At the Counseling Center, we often speak with these students' friends, families, professors, roommates, or RAs. We see the impact of suicide attempts, even when "unsuccessful", on others. Very often, suicidal acts or gestures might have been prevented:

If you are depressed: some readers of this may be feeling like they

are hitting bottom, like things in their lives are hopelessly miserable or unbearably painful. From the same Duke study, 40% of college students report feeling "so depressed that it's difficult to function" at some point during a typical year. Five to ten percent report thoughts of ending their lives. These thoughts are most often not really desires to die, but for the current pain to end. Please, if this is you, find the courage to reach out instead to a friend, a family member, a religious advisor, or a mentor and talk about your pain. Or call Counseling Services here on campus. We know from experience that when given the chance to talk the problems out, people realize that there *are* options, or that it's not as bad as it seems, or that they aren't as alone as they feel they are, and hope is born again.

If you are concerned about a friend or classmate: don't be afraid to ask them about how they're feeling, and don't be afraid to ask them if they

are thinking about harming themselves. The idea that you might "give them the idea" is false. When people who feel this way are asked, the almost always are relieved that someone sees their pain and cares enough to want to know about it. And if you ask, and the person admits that s/he is feeling awful and has even had such thoughts, please, take them seriously. In fact, take seriously ANY such talk: 75% of all people who commit suicide give warnings to friends or family members, and far too many are ignored.

Let the person know that you care, that s/he is not alone, that such feelings are temporary, and that there *are* alternatives. And if the person agrees not to "do anything", make sure s/he has a very specific plan to seek safety and solutions. Who will the person be staying with? What phone number will the student call if s/he feels desperate? Why don't we call the counseling center, or talk to housing staff,

or a parent or partner right now? Just because the worst thoughts have gone for the moment, they might return, so the person's safety needs to be provided for.

Phone numbers that provide help:

San Diego Acces & Crisis Line (a 24/7 hotline): 800-479-3339

Student Health and Counseling Services: 760-750-4915

CSUSM Police: 760-750-4567 or 911 if it's a crisis

Please, if you are feeling desperate or dangerous, or if you are seriously concerned about someone who might be, use these numbers. And if you would like advice or information about suicide prevention, contact Counseling Services.

(Thanks to the Counseling Centers at the University of Oregon and the University of Texas at Dallas for some of the information in this article.)

Fritz Kreisler, PhD.

Student Health & Counseling Services

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The Pride
Cal State San Marcos
333 S. Twin Oaks Valley Road
San Marcos, CA 92236-0001
Phone: (760) 750-6239
Fax: (760) 750-3345
Email: csusmpride@gmail.com
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University Village Apartments

A first-hand report on 'resort style living'

BY JAMES ROCHE
Pride Staff Writer

One of the most important factors involved with going to university is choosing where to live. Here at Cal State San Marcos, one option for students is the University Village Apartments (UVA), located next to the campus.

Brian Dawson is director and head of the UVA and he feels it is a great place for students to live in. He said, "Our primary mission is to build a community. It's a fun place to be. There are programs going on every night. It's easy to make friends. By living here it is easier to study, you can find study parties easier."

There are also financial benefits to living at the dorms and the UVA is not just being offered to freshman.

"Rent is not going to be going up. It's remained flat. In years past freshman got priority but due to the state cutting back our funds, we are opening up to all students. It's on a first come first serve basis," said Dawson.

The dorms can house up to 625 students, including 18 Residential Advisors and a Residential Director and there are three types of rooms that are offered.

The small-shared room includes four beds and is priced at \$6,250 for the academic year and \$7500 for the entire year. The large shared room includes two beds and is \$8,000 for the academic year and \$9,600 for the full year, the final option is a private room which costs \$9,000 for the academic year and \$10,800 for the full year. Students must all sign and pay a \$500 license agreement, which is

non-refundable.

Students are required to pass monthly cleaning inspections of their apartments and there is a no underage drinking policy.

The UVA has a community center, which offers students the opportunity to rent free movies and games. It also includes a game room that contains several Xboxs, a Nintendo Wii, a pool table, an air hockey table and a ping-pong table.

Each floor has two Residential Advisors that help students deal with any issues they have while living at the dorms. They are also responsible for organizing different program activities such as the UVA Olympics, which involves floor versus floor competitions.

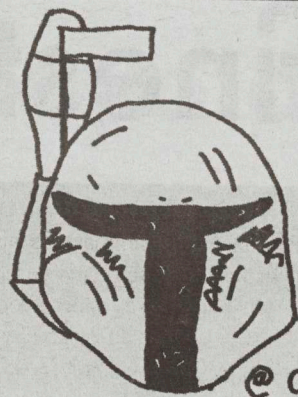
Evan Long is a student that currently lives at the UVA. Long said,

"I like the dorms because it's a kind of middle ground between living on your own and living with your parents. I prefer it because it really simplifies things and I want the experience of dorm life."

He also thinks that it's not just the students that make the UVA a good place to live. "I really appreciate all the effort that the RAs and staff put into making dorm life more than just studying and drinking," said Long.

Other students have echoed Long's comments. Connor Spain also lives at the UVA. "The UVA is pretty nice. You can meet cool people. There is more of a college experience," Spain said.

For more information and to see a virtual tour of the dorms students can go to <http://www.myownapartment.com/universityvillage/>.



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From STATUS, page 1

origins to the 2008 Higher Education Opportunity Act, a reauthorization and amendment to the Higher Education Act of 1965. Institutions that meet the enrollment requirement do not automatically gain HSI status, however. The U.S. Department of Education requires colleges and universities to submit an application and provide enrollment data before the considering

an institution for HSI status.

The achievement was the result of hard work by a special HSI task force here at CSUSM. According to President Haynes, this task force was "a group of faculty, staff, student, and community representatives, who have been working diligently to help the University achieve this designation since I first gave them their charge in 2004."

"As CSUSM enters its third decade of service to our region,

we can all be proud that our commitment to the historic mission of public higher education is continuing to move forward. Not only does achieving HSI status align with two of our campus strategic priorities, Educational Equity and Academic Excellence, but it speaks of our commitment to reflecting and serving our region while raising the educational attainment rate of all students," said President Haynes.

From TEACH IN, page 1

all sectors of public education...the participants voted democratically to call for a Strike and Day of Action on March 4, 2010."

The CFA Board of Directors officially endorsed the idea on Dec. 5, 2009 with a resolution calling on campus CFA chapters to hold "large on-campus actions that are effective, strategic, and highly visible" on March 4.

Lillian Taiz, President of the CFA said, "The future of our country and our state are at stake. Our kids need public education from pre-school all the way to Ph.D. The slashing of education funds has to stop, and the only way to fight back is for the entire education community to stand together," said Taiz.

Participants in the demonstrations are expected to address budget cuts, student fee increases, dwindling course selection, admissions restrictions, layoffs, furloughs, and a myriad of other issues plaguing California's public education estab-

lishments.

Don Barrett states, "the goal of organizers of the event is to apply pressure on the legislature to reconsider the funding of public education, encourage the campus community to be actively involved in demanding support for public education, and stimulate North County and broader civic interest in issues of public education and funding."

While California will be in the spotlight on March 4, there is also a push to make March 4 a National Day of Action. The California Coordinating Committee, among the first to do so, states, "All schools, unions

and organizations are free to choose their specific demands and tactics — such as strikes, rallies, walkouts, occupations, sit-ins, teach-ins, etc. — as well as the duration of such actions."

TEACH-IN/RALLY MARCH 4, 2010

STATEWIDE DAY OF ACTION FOR HIGHER ED

Classes too large, tuition hikes, jobs at risk, poor course selections, reduced services — what's next?

Why Public Funding Matters: Privatization & California's Master Plan for higher education

California State University, San Marcos
333 S. Twin Oaks Valley
San Marcos, CA 92096

10:30 to 11:45 Faculty Teach-In and Public Discussion
ACD102 & overflow in UH 100
Simulcast/Discussion at www2.csusm.edu/cfa/

11:50 – 12:50 Rally, Kellogg Library Courtyard

FOR MORE INFORMATION, EMAIL CFA@CSUSM.EDU OR CALL 760-750-4161



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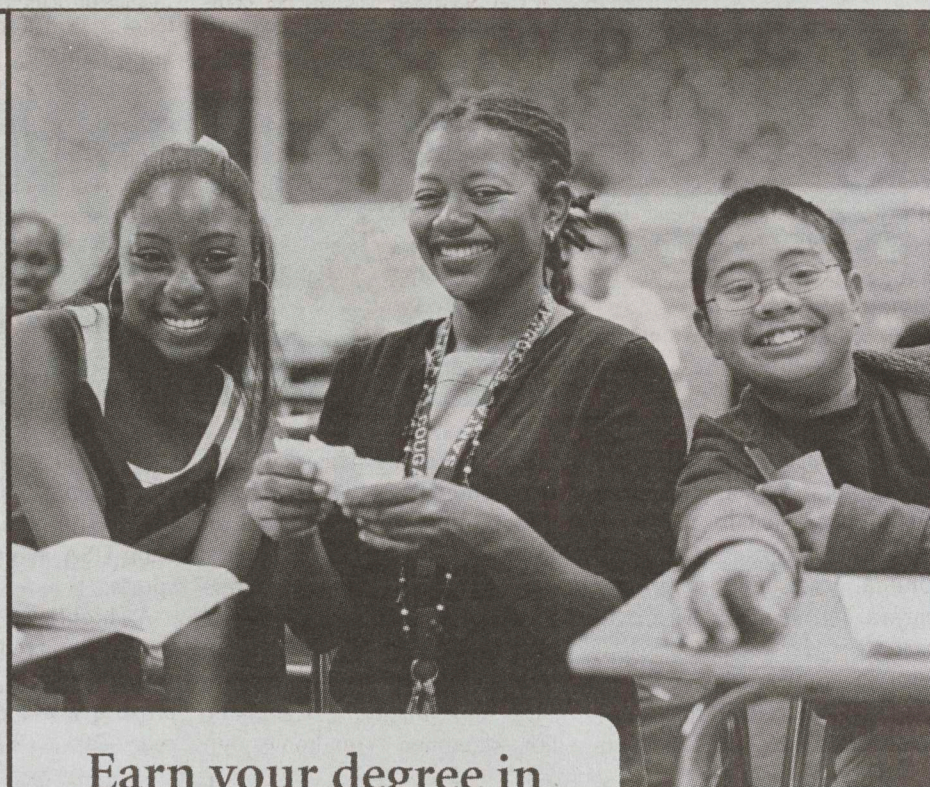
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Winter athletes at their finest

BY KATRINA KISTLER
Pride Staff Writer

The Winter Olympics 2010 takes place February 12-28 in the Canadian cities of Vancouver, Whistler, and Richmond. The Winter Olympics is now underway showcasing some of the world's best athletes for spectators to see around the globe.

Within the Winter Olympics athletes can participate in skiing, figure skating, the luge, snowboarding, alpine skiing, the biathlon, bobsledding, cross-country skiing, curling, freestyle skiing, ice hockey, the Nordic combined, the short track, the skeleton, ski jumping, and speeding skating. This year, like most, each competition proves to be challenging and competitive for each athlete.

The Olympic Winter Games Opening Ceremony took place at Vancouver's British Columbia Place Stadium at 6:00pm on February 12, but was overshadowed with the death of Russian luger Nodar Kumaritashvili's. Kumaritashvili, during a training run, flew off the Olympic luge track smashing into a metal pillar and was killed instantly. With this devastating tragic event, the Winter Olympics started with a very solemn tone.

The Olympics is a modern revival of ancient games and is a major international event, which includes both summer and winter sports. Thousands of the world's greatest athletes participate in a variety of competitive sports during the Olympics.

26 countries have earned medals within the Winter Olympics thus far.

The United States is sitting in the top seat with 23 medals: seven gold, seven silver, and 10 bronze medals. Germany and Norway closely follow the United States with Germany earning 14 medals and Norway earning 12 medals. Along with these countries, Korea, Canada, Austria, France, Switzerland, Sweden, Russian Fed-



BC Place Stadium opening ceremony for the Vancouver 2010 Winter Olympics.

eration, China, Netherlands, Poland, Italy, Slovakia, Japan, Australia, Czech Republic, Latvia, Belarus, Slovenia, Great Britain, Estonia, Finland, Kazakhstan, and Croatia have all placed and received medals so far. With so many

game," but a new hockey champion has been born. But even team USA's hockey coach still believes Canada dominates the hockey sport in pride and spirit. "I think Canada is the best team," said Ron Wilson even after winning.



Images Courtesy of vancouver2010.com

countries having success within the Winter Olympics, most are now looking either to place or to earn even more medals.

In the most recent news, hockey obsessed Canada took a humiliating defeat by losing to the United States 5-3, on Sunday. Canadian fans screamed "Our home, our

"I was just trying to whack it, that's hockey," said Ryan Kelser on making the final goal for team USA as quoted by Yahoo sports.

A highlight of this global event occurred when Simon Ammann, of Switzerland, broke a world record. On February 20, at Whistler Olympic

Park, Ammann blew away the long hill competition more than two rounds with a 144-metre and a 138-metre jump, setting a new world record by earning four gold medals at the Olympic Winter Games.

Another highlight of the winter games occurred when Apolo Ohno, of the United States, won bronze on February 21 in the short track 1000-meter race. He has now become the most decorated U.S. athlete with the most Winter Olympic medals. In addition, Ohno is competing in several competitions, this coming week, and could walk away with up to nine medals.

The Winter Olympics continue this upcoming week with athletes hoping for medals and world records to break. This coming Tuesday, February 23, the main medal events include Nordic combined, men's speed skating, and alpine skiing, along with, women's biathlon, and ski cross finals.

On Wednesday, February 24, the medal events are men's cross-country skiing, women's speed skating, alpine skiing, bobsled, short-track, and freestyle. Thursday, February 25, the medal events are women's ice hockey, cross country skiing, and figure skating, as well as men's freestyle skiing and Nordic combined. On Friday, February 26, 2010, the medal events include women's alpine skiing, snowboard, short track, and curling and also men's biathlon and short track.

This coming Saturday, February 27, proves to be a busy day and the medal events are men's ice hockey, bobsledding, snowboarding, speed skating, and curling. Within women's competition includes cross-country skiing, and speed skating. On Sunday, February 28, the only two medal events are men's cross-country skiing and ice hockey. This week will show international competition at its finest.



Julia Mancuso (left), and Lindsey Vonn (right) from team USA celebrate their wins in the women's downhill on Wednesday.



US Hockey upset Canada over the weekend with a 5-3 win.

Images Courtesy of L.A. Times

Toyota recall: How safe is your ride?

BY MALLANE DRESSEL
Pride Staff Writer

Toyota makes a majority of the vehicles seen here on campus because they are known for being dependable and fuel-efficient vehicles that are affordable to maintain. Recently, the trust in these vehicles has been put into question by the enormous amount of Toyota vehicles being recalled.

The purpose of the recall was brought to the attention of Toyota by a series of accidents, but many Toyota customers have come forward since the recall announcements to indicate that they had complained about unwanted acceleration before these accidents took place. Toyota's improper handling of these complaints has caused some Toyota owners to realize that not only can they not have trust in their vehicles performance, but they also can't have trust in the company's ability to provide quality service that insures their safety.

A fatal accident involving a Lexus ES 350 took the lives of four people in Santee, where the vehicle speed up to 125mph on the freeway before it crashed past a truck and went air born off an embankment. According to Toyota, the crash was caused by the throttle being wedged down because there is, "...potential for accelerator pedals to become trapped near the floor by out-of-position or inappropriate floor mat installations."

Toyota owners who are affected by this floor mat recall are instructed to take out the removable driver's mat and to not replace it with any other mat. The Carlsbad Toyota Supervisor, Jana Leopard, said that this recall job would require them to have the vehicle for a whole day. The padding underneath the accelerator, under the carpet, will be reduced. They will also shorten the accelerator pedal, and install a flash in the vehicles computer that causes the fuel line to be shut off when the brake and throttle are being pushed at the same time, so that the brakes are able to prevail over the accelerator.

The other recall is to solve the sticky accelerator problem, which will take the dealership a half-day to perform the modifications. For this recall, the customer can have access to a rental car, but they must be twenty-one years old. To fix the problem the dealership will install a reinforcement bar behind the pedal to lessen friction. Leopard said that concern for this recall is higher involving high mileage vehicles and vehicles in colder climates.

Toyota had first believed that the unwanted acceleration was only due to the floor mat wedging the accelerator, but with instances such as the one that occurred in Southlake, Texas, the company had to question their analysis. In Southlake, a 2008 Toyota Avalon sped out of control into a pond, and it was determined that faulty floor



Image Courtesy of nhtsa.gov

mats did not cause the accident because they were found in the trunk.

Toyota is making the correct steps to fix these faults by issuing the largest recall ever, but the question is have they really learned their lesson?

Jim Lentz, President of Toyota Sales in the USA makes a statement that implies that the Company wants to minimize the blame. "With respect to unintended acceleration, a rare event for which all automakers have received complaints, the causes can indeed be difficult to identify." He boasts about the company, "Confirmed incidents of unintended accelera-

tion are a very small fraction of vehicles on the road, and Toyota's track record for reliability remains strong."

Along with these statements Lentz has released sincere apologies to all those effected by these recalls, as well as insuring improved quality service. He said, "I hope you will give us a chance to earn back your trust," which was addressed to Toyota owners. He may be asking too much, depending on how greatly this recall has affected a Toyota owner's safety, inconvenienced them, and how much it has diminished their confidence in Toyota.

Locations:

Carlsbad – 760-438-2000

Escondido – 760-746-0601

They recommend making an appointment.

List of Vehicles Affected

2005-2010 Avalon
2007-2010 Camry
2009-2010 Corolla
2008-2010 Highlander
2009-2010 Matrix
2004-2010 Prius
2009-2010 Rav4
2008-2010 Sequoia
2005-2010 Tacoma
2007-2010 Tundra
2009-2010 Venza

What is ailing you? Seven cold remedies you didn't know you had

BY AMY SALISBURY
Editor-in-Chief

We've all seen those signs on campus: "If you're sick, stay home!" Most people would not hesitate at the chance to skip a day of class, but when you are not feeling so bad that all you want is to stay in bed, taking a sick day has the potential to be boring.

If the common cold is what ails you, there are a few cold fixes most everyone has at home to fill a day with healing power (or at least something to do).

Have some OJ with your breakfast. Fresh squeezed orange juice not only takes a little time to prepare, but it is also one of the most vitamin C rich foods in existence. According to biologist Thomas Peel, vitamin C is not only effective in fighting colds, but it helps in the growth and rebuilding of bone and muscle. Stay away from chalky vitamin C wafers, as the U.S. Food and Nutrition board recommends nutrient intake primarily through foods rather than multivitamins, since the latter are synthetic and less

easily absorbed.

Go lay out. Here in San Diego, tanning in February is certainly not out of the question. Getting some sun helps your body produce vitamin D, and it can affect your mood in a positive way. Seasonal Affective Disorder (SAD, appropriately) is typified by depressed moods during Fall and Winter, mostly because of a vitamin D deficiency. According to Mayo Clinic, vitamin D is great for the body and mind.

Listen to mom, have some chicken soup. The old mantra as a standby for cold treatment is more valid than you might think. Soup has much more water in it than other foods, aiding in hydration when your body is trying to fight off a cold virus. Parsley and carrots, traditional chicken soup ingredients, are both rich in vitamin A. Vitamin A helps keep eyes, skin and mucous membranes moist, in case that dry cough is getting tough to handle (lifeclinic.com).

Read: chocolate and peanut butter. This does not mean a Reese's binge is acceptable here,

but both foods are high in zinc, which has the potential to shorten the duration of a cold. Chocolate candy with high concentrations of cacao is preferred, according to the USDA National Nutrient Database. Organic peanut butter made from oil-roasted peanuts and minimal sweeteners is your best bet; only 100 grams of peanuts or peanut butter provides nearly half of the RDA of zinc.

Calm down with chamomile. Sometimes colds cause an inflammatory response on the outside of your body, including the eyes. Calm redness in your eyes with the super anti-inflammatory food, chamomile. Make a weak tea, let it cool until it is barely warmer than your skin, and rinse your face with it. According to the FDA, chamomile causes allergic reactions in some individuals, so test the solution on the inside of your wrist first.

Take a dip in the spa. Ashish Kalekar of inhouseremedy.com said, "Nothing chases away a bad case of congestion better than some good ol' steam treatment." If you are lucky enough to have access to a hot



Image Courtesy of Jim Scherer

tub, this is when to take advantage of it. If not, take a bath or shower and breathe deep. Modify this suggestion if you have fever with steam concentrated on just your face instead of your whole body.

Sleep it off. After a relaxing bit of heat, change into some comfy clothes and pass out. Psychology

Today explains that sleep is one of the most important mechanisms your body employs for healing.

The best choice of action is to take it easy when you have any kind of illness. With some planning and knowledge, you can ward off boredom and the cold virus at the same time.

COUGARS

VISITORS

Across the board in Sports

CSUSM Baseball defeats San Diego Christian 4-3

BY KYLE TREMBLEY

A Kevin Silvett RBI single in the 8th inning made the difference, as CSUSM baseball went on the road to defeat San Diego Christian on Friday.

The Cougars are now 7-5-1 on the season, while the Hawks drop to 0-3.

It was a close game from start to finish, with both pitching staffs doing a good job of limiting the opposing offenses. Cougar ace Brett Miller was back on his game after a rough last outing, throwing six innings of two-hit ball. He struck out a career-high 8 batters.

Meanwhile, San Diego Chris-

tian starter Ranulfo Grijalva was solid as well, and the game stayed scoreless for the first four innings.

Finally, CSUSM broke through in the fifth, taking a 3-0 lead. Mike Pena drew a walk, and with two outs, Matt Jenkins continued his hot hitting with a big RBI double. That brought up Ricardo Moran, who gave his team some

breathing room with a two-run homer, his first of the season.

But San Diego Christian would tie it back up with one swing of the bat in the seventh, as Luis Perez hit a three-run homer with no outs to chase Miller from the game.

The Cougar bullpen would hold strong, however. Relievers Auggie Richardson and

Ricky Chavarria combined to get through the seventh, and after Silvett doubled in Omar Manzanarez in the eighth, Spencer Pardon and Mitch Ferguson would each throw scoreless, hitless innings to secure the 4-3 victory.

These teams will meet again tomorrow at Poway High School at 2:00 PM.

Same old story: Softball defeats HNU, falls to #1 Cal Baptist

BY KYLE TREMBLEY

For the second straight day at the So-Cal Smash, #20 Cal State San Marcos softball defeated Holy Names, but fell to #1 Cal Baptist. CSUSM won today's first game 14-0, but lost 7-3 to the host school.

The Cougars are now 7-5 on the season. Holy Names is 2-6, while Cal Baptist continued its undefeated run and is now 15-0.

The early game was over fast, with CSUSM scoring 4 runs in

the first, 3 in the second, 2 in the third, and 5 in the fourth. The 14-0 game was called at the end of the fifth inning due to the mercy rule.

Though no home runs were hit in the contest, many Cougars posted great numbers at the plate. Ciera Ashman, Alyssa Droneburg, Erica Coelho, Shanti Poston, and Kimi Villalpando each had two hits. Ashman and Poston drove in three run apiece as well.

On the mound, Brenna Sand-

berg was excellent, throwing a five inning complete game shut-out. She allowed just three hits and no walks.

After Friday's 12-1 loss to Cal Baptist, #20 CSUSM got another shot at the top ranked team in the NAIA on Saturday. While this game was much closer, the Lancers would once again prevail.

After Sloan McHann gave the Lancers a 2-0 lead in the second, CSUSM would answer right back and tie the game 2-2. Ashley Estepa was hit by a pitch,

Elizabeth Bush drew a walk, and Alicia Ingram singled to load the bases. That brought up power hitting Dronenburg, who patiently drew a walk to plate the Cougars' first run. With two outs, Lauren Nelson added a sac fly that scored Bush – but Ingram was thrown out at third trying to advance.

From there, Cal Baptist's offense would chip away, building the lead with two runs in the third, one in the fourth, and another in the fifth.

But down 7-2 in the seventh, CSUSM would rally. Coelho and Poston led off the inning with singles, and after a fielder's choice and a walk to Tasha Stokes, an error in the outfield allowed a run to score and make it 7-3. With the bases still loaded, the tying run was at the plate with just one out – but pitcher Tory Ferreira would retire the final two hitters to end the game.

CSUSM softball will face another tough test at Point Loma on February 27th.



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BY SARAH GADDIS
Pride Staff Writer

Amiastreet.com is every music lovers dream. It isn't only an avenue for new music, but an active community for every musical taste.

The site is a place to buy, in their words, "dynamically-priced MP3 downloads." Their claim to fame is the way they sell the music. All tracks start out at a very low price, sometimes even free, and as their popularity rises the price does as well.

Albums are also available to purchase. The way it works is when a track is being constantly bought, the price will go up. If a song is new or not as popular, the price remains low. Prices can range from free or \$0.01 to \$0.98 and

albums from \$0.00 to \$8.98. The platform is very simple and effortlessly navigated by users with simple links and features and is easy for anyone with basic computer knowledge.

Their process is a great way for a person to search for new music. If the price is high, many people enjoy the song. If it is low, chances are it is not as well liked. They also have great rewards for using their site. As you buy you can recommend (REC) music that you like. By recommending, you can earn money to your account to be able to purchase more.

With this purchasing mechanism comes a new way for artists to gain steam within the industry. Amie Street lets artists develop a following through their website as they make more money.

But that's not the best thing about them. A

self-proclaimed, "filter for under-exposed music," the real beauty of the site is its ability to learn more and more about your tastes and direct you toward the music that's just waiting to be found. The site literally learns what you like and what kind of music you would most likely have interest in.

This site is a hidden gold mine that could potentially blow up into the next iTunes with tracks being compatible to iPods and MP3s.



Image Courtesy of amiastreet.com

With millions of songs to choose from your music needs can find their match here.

Caught in a Gaga romance

Why we can't get enough of Lady Gaga

BY SANDRA CHALMERS
Editor-in-Chief

Many call her the new Madonna, some might think of her as a new age, progressive monster, but when you hear her name, you know who she is.

Lady Gaga, born Stefani Angelina, takes risks in her ultra avant-garde, progressive sound and image. She has revolutionized the leotard and the once hated shoulder pads and has influenced the music, fashion and political scene of this generation.

Making waves and getting noticed, Lady Gaga in interviews has never stuck with the friendly American civil norms. She openly talks about her sexuality and delivers a raw answer to the most simple questions asked.

"I write about what I know. Sex, pornography, art, fame, obsession, drugs, and alcohol. I mean, why would anyone care to listen to me if I wasn't an expert in what I write about?" said Lady Gaga in an *Elle Magazine* interview. "I am completely 100 percent honest in what I do and who I am, and I've got nothing to hide."

Her mega fame stardom boomed when her debut album *The Fame* hit radio stations, American Idol, and MTV. Lady Gaga is becoming a household name and not just for her electric beats, but for mixing a little business with pleasure. In her latest project, she has used her iconic style for a featured limited edition Lady Gaga lipstick to be sold though M.A.C., a cosmetic brand aimed at setting the latest make up trends and offering the boldest selection of make up for all sexes.

Teaming up with M.A.C. cosmetics, she is spreading the message about safe sex by selling her very own lipstick shade and having all purchases go to benefit the M.A.C AIDS fund to help prevent the spreading of AIDS.

"I don't want Viva Glam to be just a lipstick you buy to help a cause, I want it to be a reminder when you go out at night to put a condom in your purse right next to your lipstick. Let's be strong women together," said

Lady Gaga in an interview with *Marie Claire Magazine*.

"I had an HIV test two days ago and it's not because I'm taking off my clothes every night with a different man. When I'm on the road, I forget about taking care of my body. I don't go to the doctor as regularly as if I were in one place all the time. So I woke up and thought, Oh, I'm home in New York. I'm going to see my gyno and I'm getting an HIV test."



Image Courtesy of lady-gaga.net

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Coming to theaters

BY BILL RHEIN
Senior Staff Writer

The Crazies

Starring Timothy Olyphant
and Radha Mitchell

Directed by Breck Eisner

Olyphant, famous for his role in the movie "Hitman," stars in this horror flick. The film is set in a small town where a disease is turning the residents into psychotic killers. Olyphant plays sheriff fighting to keep the few uninfected alive from the half-zombie half-serial killer residents.

Cop Out

Starring Bruce Willis and
Tracy Morgan

Directed by Kevin Smith

Comedy icon Kevin Smith takes a stab at a more action based film. This film takes the standard buddy-cop formula of a hardened veteran cop, played by Willis, and a loud-mouth rookie hotshot, played by Morgan, and adds some comedy to the mix. The humor ensues as this mismatched pair track a gangster.

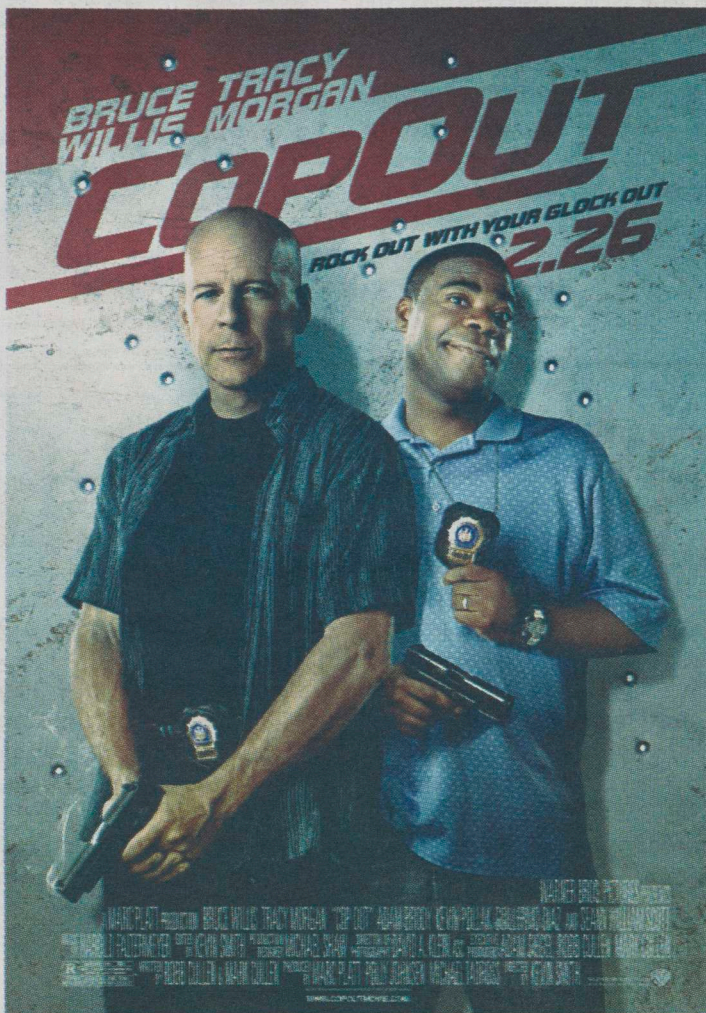


Image courtesy of Warner Brothers

The Anderson Cooper club

Can we talk about our crush on Anderson Cooper?

BY VANESSA CHALMERS

Not only is the CNN anchor-man elegant, intelligent, noble, well-traveled, educated, compassionate, composed (his charms are endless to me), but he is also being invited to be the face and spokesperson of Tom Ford's new summer fragrance.

According to the *Huffington Post*, Tom Ford, former head designer of Gucci and now ruler of his own fashion empire, was spotted wining and dining Cooper at a Manhattan restaurant last month in attempts to woo Cooper into the job. Cooper, CNN reporter and son of denim designer Gloria Vanderbilt, is no stranger to the fashion world, having modeled for the likes of Calvin Klein and Ralph Lauren at an early age. Cooper confesses that the majority of letters he receives are not prodding inquiries about his intentions to save mankind, but more like *Tiger Beat* fan mail, asking who does his hair and where he buys his clothes.

Should the perfume plan fall through, rumors of an Anderson Cooper clothing line for men have also been floating through

the grapevine. He originally turned down the fragrance gig citing pre-planned summer engagements (returning to Iraq and Indonesia, and oh you know, just some other heroic humanitarian deeds), but he may be reconsidering based on encouragement from mama Vanderbilt who believes, with good reason, that an appearance in the fashion world would only enhance his mega-successful career.

To seal the deal, Ford has offered to donate Cooper's salary to various charities in and around Africa. The final decision has yet to be announced, but let's be honest, who wouldn't want to smell like Anderson Cooper?

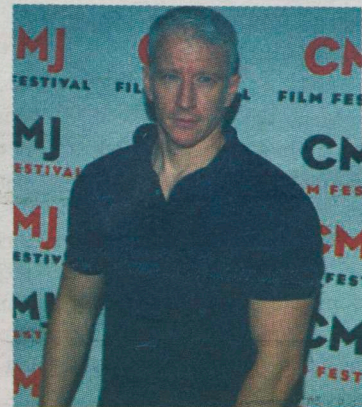


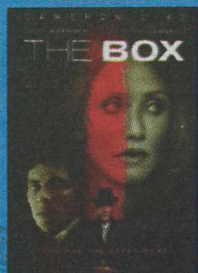
Image courtesy of TMZ Online

DROPPING:

DVD RELEASES

Tuesday, Feb. 23

By Bill Rhein / Senior Staff Writer

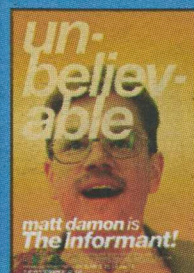


"THE BOX"

Director Richard Kelly, who also made "Donnie Darko," puts forth another psychological thriller. This film questions what people would do for money and the repercussions of those actions. Fans of "Donnie Darko" or other dark thrillers should enjoy this tense flick.

ROTTEN TOMATOES: 44/100

INTERNET MOVIE DATABASE: 6.0/10

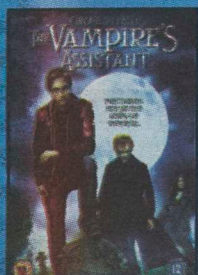


"THE INFORMANT!"

Matt Damon and director Steven Soderbergh team up again in this based on real life comedy. They previously worked together in the "Ocean Eleven" films and their chemistry pays off. This wacky comedy about a high-ranking employee in an agricultural company who becomes a government informer is definitely worth watching.

ROTTEN TOMATOES: 77/100

INTERNET MOVIE DATABASE: 6.9/10 S

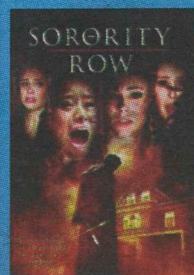


"CIRQUE DU FREAK: THE VAMPIRE'S ASSISTANT"

This story about a boy joining a circus run by a vampire flopped last fall, despite its loaded cast. It got overshadowed by "New Moon" and did not have a strong story to pull audiences. Younger people, especially fans of the source novel, are the crowd that might enjoy this rushed flick.

ROTTEN TOMATOES: 37/100

INTERNET MOVIE DATABASE: 6.3/10



"SORORITY ROW"

There is not much to say about this horror remake. This story about a slasher going after the girls in a sorority relies too much on blood and sex, rather than developing a story and characters. It is predictable and forgettable as it blends in with every other modern horror remake.

ROTTEN TOMATOES: 22/100

INTERNET MOVIE DATABASE: 5.3/10

Rotten Tomatoes scores are based on a percentage of critics who liked the film and are found on rottentomatoes.com. Internet Movie Database scores are based on the average rating of voters on imdb.com.

Images courtesy of Amazon.com