

# THE COUGAR CHRONICLE



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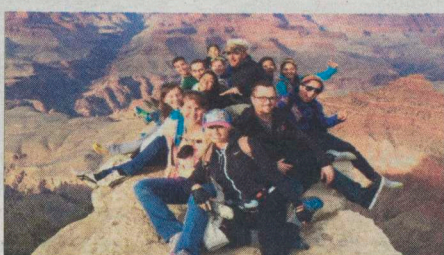
CALIFORNIA STATE UNIVERSITY, SAN MARCOS, INDEPENDENT STUDENT NEWSPAPER

## SPORTS



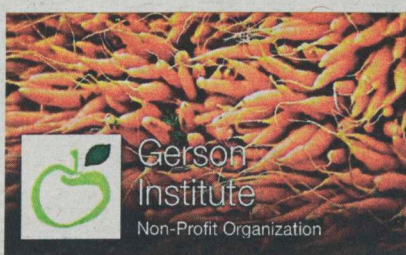
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# SAE passes ban against pledging for all chapters

CSUSM's California Alpha-Gamma chapter institutes changes with enthusiasm

BY KATLIN SWEENEY  
EDITOR-IN-CHIEF

The nationwide fraternity Sigma Alpha Epsilon has made national headlines as the country's "deadliest fraternity." But, the organization, including CSUSM's chapter, has moved quickly to change its reputation.

Last December, bloomberg.com published an article criticizing the fraternity for the disciplinary actions that have been taken against multiple chapters across the country in recent years. It also focused on the nine people that have died in what were referred to as "events related to Sigma Alpha Epsilon" since 2006, which Bloomberg reported as more than any other fraternity.

This March, bloomberg.com brought SAE back to national headlines when JPMorgan Chase & Co. made the decision to stop managing the fraternity's investment account due to their negative reputation. On the same day that JPMorgan



Photos courtesy of Mike McKinney and Spencer Joseph.

made their decision, SAE's national president, Bradley Cohen, announced the fraternity's resolution to nationally ban pledging in all SAE chapters. The decision, which had been in discussion for months leading up to the announcement, was put into effect in an effort to eliminate the hazing that often occurs when fraternities and sororities are initiating new members.

The 80 members of CSUSM's SAE Califor-

nia Alpha-Gamma chapter, which is currently in its fifteenth year of being active at CSUSM, have welcomed the ban with open arms. Chapter President Mike McKinney says that all fraternities and sororities should follow SAE's example and ban pledging altogether.

"I love the decision that the [SAE] supreme council has made. Our chapter collectively has been in favor of the ban. We looked at hazing and saw that it wasn't neces-



sarily an issue at CSUSM, but since we are a national organization, we respect and support it. There needs to be a change and this will help us nationally and locally," McKinney said.

While hazing has been a problem with other SAE chapters across the country, the California Alpha-Gamma chapter has not experienced the issue firsthand. When recruiting new members, the chapter contacts individuals pre-rush, which is stand-

ard for all CSUSM Greek organizations. In the past, McKinney said that SAE would have a rush week during the third or fourth week of school.

"We're going in a new direction; we have to revamp that whole process. We are looking to create a closer bond with potential new members to have deeper conversations about who they are and what their goals/ambitions are," he said.

The California Alpha-

Gamma chapter seeks to follow the "true gentleman" principles of SAE to the best of their abilities.

"I have studied SAE history and rituals, and pledging was actually never in our founders' beliefs," McKinney said. "Pledging was introduced after WWII as a way to educate members more on the fraternity and what it meant to be in SAE, but this wasn't the case for all chapters."

The bloomberg.com article listed California Alpha-Gamma as a SAE chapter that experienced one of the nine fraternity-related deaths since 2006. McKinney explained that while the individual was a member of SAE that passed away in 2009, the death was not directly associated with the organization.

"We took that [article] with a heavy heart, but we understood that as reporters they were just trying to get all of the information possible," McKinney said. "We focus on our Minerva

SAE continued on page 10

# Student group weighs in on net neutrality

BY RYAN DOWNS  
SENIOR STAFF WRITER

In Issue 10 printed on March 5, 2014, the article "Demolished Net Neutrality unlikely to hurt customers" discussed the Supreme Court's decision to end net neutrality and the effects it will have on the layperson of average socioeconomic status.

Those who have taken notice have a variety of opinions on the change, many of which are negative. There have been critiques concerning the fact that little press has discussed how cable companies are permitted to charge popular websites to use their bandwidth. On campus, several students were willing to talk about the

issue, including the Association for Computing Machinery.

The ACM is a CSM-affiliated student organization. According to csusm.edu links, it is responsible for putting together "a weekly lecture series on academic topics on computer science, mathematics and entrepreneurship. Additionally ACM organizes field trips to local businesses and offers workshops on various topics. ACM meets every Tuesday during U-hour in SCI II, Room 242."

"It's like DLC for the internet," said Kevin, referring to the controversial practice of video game companies charging extra for downloadable content. "It's just another way for companies to get more money from clients who are already paying!"

"It also has a lot to do with control. If a website is undergoing a copyright dispute; like if it features a video or music that the owner has a problem with, the cable company can shut the whole website down," another student, who wished to remain anonymous, said.

This naturally carries issue for many of the Internet's more popular critics and entertainers, many of who have dealt with copyright claims meant to take down their videos, despite the fact that they are generally protected under satire and critical law. Nevertheless, a corporate-controlled Internet could do a lot of harm to these smaller businesses.

"[Net neutrality] is important, but growing difficult with ISP's [Internet Service Providers] creating a mo-

nopoly. It will be interesting to see how it all plays out in the next couple of years," the President of CSUSM's Association for Computing Machinery, Maxwell Partington, said.

Chief among these more financial concerns are the growing worries over the anticipated merger between Comcast and Time Warner Cable, which could allow the groups to practically monopolize the cable industry; which, for the moment at least, controls the Internet. The only other option lies in Cloud computing, which is very quickly being dominated by Amazon.

The backlash on the Internet is more common, with Tim Berners-Lee, the man credited with the creation of the world-wide-web showing a large amount of concern.

"When I created the web, I didn't have to ask anyone's permission," Lee said during an interview. "Control of information is hugely powerful. In the US, the threat is that companies control what I can access for commercial reasons...there is a very strong short-term incentive for a company to grab control of TV distribution over the Internet even though it is against the long-term interests of the industry." In the end, the frightening thing is how our only option is to wait and see.

There is however some dissent to the move for net neutrality as taken on by the Federal Communications Commission.

"The Internet was free and open before the FCC adopted net neutrality rules. It remains free and open today.

Net neutrality has always been a solution in search of a problem," FCC Commissioner Ajit Pai, one of two Republicans on the Commission, said.

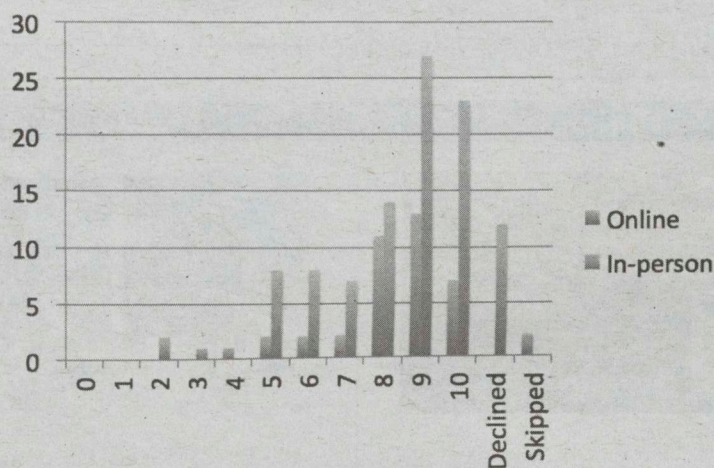
Some argue that the legal action is unnecessary and some that it is an attempt for the government to claim more power.

"Republicans have opposed the FCC's attempts to enact net neutrality rules, arguing that the Internet has thrived because it has been free from government regulation," Jim Puzanghera reported in the LA Times.

It does remain clear that without net neutrality, businesses like the less than six major companies that control cable, can strangle bandwidth and loading speeds of content as they see fit and order search results similarly.



**Number of Participants vs. Magazine Person's Rating**  
In your opinion, on a scale of 0 to 10, 0 being the least attractive, and 10 being the most attractive, the average person in a magazine rates as what number?



## Students believe magazines don't affect them

By SARAH HUGHES  
NEWS EDITOR

Two non-scientific surveys of convenience were conducted online and in-person at CSUSM to measure how the San Marcos and online communities feel about the use of Photoshop in magazines.

Done as a follow-up to Alex Maravillas' article in issue eight, Feb. 5, 2014, the surveys shed light on CSUSM perception of magazines and body image. There were some differences between the online and in-person survey responses.

The online survey conducted Jan. 23 to Feb. 24, using the "online survey platform" surveymonkey was distributed online through various Facebook pages, emails and had a link placed in a previous article. The in-person survey was administered Feb. 20 and Feb. 24, on paper surveys to individuals on campus, in classrooms, near the Clarke and the University Student Union. Most of the respondents were young students. Both were samples of convenience and were anonymous. There were 40 total participants in the online survey and 102 total participants in the in-person survey.

In the online survey there were 27 female participants who responded, 10 male participants and three individuals who skipped the question identifying gender. In the in-person or physical survey, there were 58 female participants, 38 male participants and six who declined to state or left their gender blank.

### Differences:

Participants physically at CSUSM read magazines slightly more than the participants in the online survey.

The most chosen answer in the online survey for "How often do you read magazines that use Photoshop or retouched photos?" was "Not at all often" online, selected by 25 percent of participants. The most chosen answer in the physical survey was a tie between "Slightly often" with 24.24 percent choosing this response and "Not at all often" with 24.24 percent choosing this response.

Although both groups claimed to have "good self-esteem," the participants who were physically on campus rated themselves lower than the online group. The most chosen ratings to the question "To what degree do you agree with the statement, "I am a very attractive person" on a scale of 0 to 10, 0 being completely disagree, and 10 being completely agree" online were eight (33.33 percent), seven (17.95 percent) and ten (12.82 percent). The most chosen ratings to the same question in-person were seven (28.86 percent), eight (22.68 percent) and six (11.34 percent).

### Similarities:

Both groups read for the same primary reason, entertainment: online (32.50 percent), in-person (29.26 percent).

Both groups claimed that they took the information presented in fashion magazines "not at all seriously - nothing in a fashion magazine is truthful." Online participants chose this response 58.97 percent of the time. In-person, 48.51 percent chose it. Both groups perceive the general population as taking fashion magazines "moderately seriously," with online choosing this response 48.72 percent of the time and in-person participants 40.20 percent. This means that participants believe other people generally take magazines more seriously than they do.

Most participants said they had good self-esteem. The rates were comparable, with a 76.92 percent majority online and 79.41 percent in-person majority saying they had good self esteem.

Participants were asked, "In your opinion, on a scale of 0 to 10, 0 being the least attractive, and 10 being the most attractive, the average person in a magazine rates as what number?" Rates between the two groups were similar, but the orders were different. Online the ratings chosen were nine (34.21 percent), eight (28.95 percent) and ten (18.42 percent). In-person ratings chosen were nine (28.12 percent), ten (23.95 percent) and eight (14.58 percent).

When asked to rate their same sex closest friend, both groups chose the same top three numbers of nine, eight and seven in the same order. Online rated their "bestie" as a nine (26.32 percent), an eight (23.68 percent) and a seven (18.42 percent). Similarly, In-person participants rated their "BFF" as a nine (23.65 percent), an eight (18.27 percent) and a seven (17.20 percent).

Many participants were advocates against measuring their bodies against what they saw in magazines. "Models in magazines are unnatural and often touched up so to compare them to oneself is unrealistic and impossible to reach," one participant answered in the in-person survey. "I believe everyone is beautiful in their own unique way. There is physical beauty and beautiful personalities. I primarily look at fashion magazines in passing and when I do, it is for the clothing and make up. I don't compare myself to the models in negative ways only for inspiration," another participant answered online.

The two surveys suggest that people don't take magazines seriously, yet believe that others take them into moderately more consideration. Both groups believe they have good self-esteem.

## Natural beauty is preferred aesthetic

By RACHEL SMITH  
STAFF WRITER

Magazines and advertising companies are beginning to give into demands for natural beauty.

Key movements from 2012 on seem to suggest that the beauty industry is changing to relieve social problems associated with low body-image. CSUSM's opinion on the matter is examined.

On Feb. 5, 2014, the Cougar Chronicle released the article 'Reshaping Perception: The Vogue Image Creating Controversy' by fashion columnist Alex Maravillas, regarding the subject of utilizing Photoshop in fashion magazines and manipulating images for unrealistic expectations of beauty.

As image retouching has been a trend in advertising for decades, CSUSM students were not surprised when the Vogue controversy erupted.

"People these days are far too much into looks and should be into learning more," one student wrote anonymously in an in-person survey conducted by the Chronicle.

"Many magazines, especially fashion magazines do not portray "average" people. People should not compare themselves to them,"

another participant wrote in the online version of the survey.

Learning more is exactly what some magazines are beginning to do. Back in 2012, a petition with over eighty-thousand signatures was filed by a fourteen-year-old girl against Seventeen Magazine, hoping to "celebrate every kind of beauty." This spurred a movement in many magazines and even advertisements for lines like, Aerie, American Eagle's lingerie line that launched in January. This is an astonishing advancement and may continue in the coming years, as the need to change negative perceptions of beauty and the levels of self esteem, in both men and women become apparent.

Out of 102 participants in a survey handed out on campus, 58 female respondents, 38 male respondents and six who didn't specify their gender, 29.26 percent of people that read magazines primarily focus on the entertainment.

Also to be noted, many of the individuals at CSUSM who took this survey have a higher opinion of their friends of the same sex than they do themselves. Participants were asked to rate themselves on a scale of one to 10 on agreeing with the

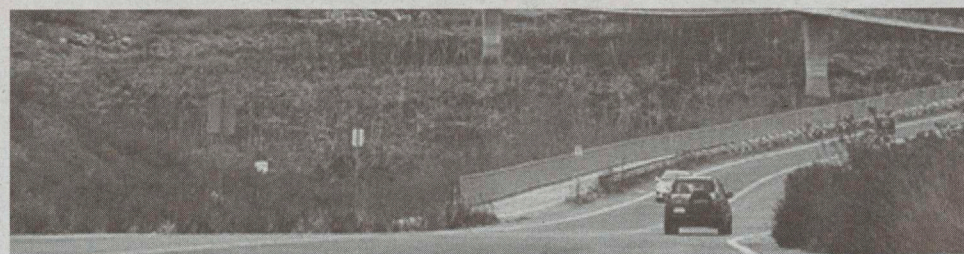
statement "I am an attractive person."

The majority of people at 52.57 percent viewed themselves at a seven or lower and 39.17 percent responded as an eight or higher. Eight individuals (8.24 percent) declined to respond. But when looking at the attractiveness of their friends, 34.02 percent answered that their friends of the same sex were at a seven or lower, while an overwhelming turnaround showed that those at eight and above were 56.70 percent.

"Attractiveness sadly determines a lot of how people are treated in life even if attractiveness is socially constructed," one survey participant answered in the in-person survey.

As seen in a social experiment sponsored by Dove in 2013, a forensic artist drew portraits of women based on how they described themselves and how other women described them. The results showed something similar to the results we received in the survey, the women viewed themselves as dowdier, sadder and more wrinkled than they actually were.

The campaign for natural beauty images is growing every day and hopefully will benefit the self-image of those to come.



Governor Jerry Brown has declared a state of emergency and urges Californians to conserve water. By Sarah Hughes.

## Drought affects students directly

By ELIZABETH CRUZ  
SENIOR STAFF WRITER

Much of California is experiencing exceptional drought conditions for the third consecutive year, making it the driest 30 months in over 100 years according to climate.gov. Currently, California is suffering from depleted amounts of water, as well as below average rainfall, causing crops to fail. Such a threat affects all Californians, as food and water may be at risk. Even around campus, there are changes one can make to conserve water.

Drought is defined by Webster's Dictionary as a period of dryness, especially when prolonged. Droughts are more dangerous than dry spells in that they last longer and can sometimes take decades to fully develop. They are in the top three threats to world population, according to weather.about.com.

In Southern California, imported water is relied on heavily. Only 20 percent of the water consumed is local according to sdcoastkeeper.org. The rest is imported from the Colorado River and Sacramento/San Joaquin River Delta. With those

areas also affected by drought conditions, Southern Californians have to recognize the value of conservation.

USA Today reports that President Obama authorized \$100 million in drought aid to farmers in order to cover the loss of livestock. He ordered the Agriculture Department to expedite applications so farmers can receive aid in a timely manner. Obama has also advised federal facilities to limit water consumption.

Governor Brown signed a \$687.4 million dollar package on March 1 to aid California during the water crisis, calling it the worst in modern history for the state. The bulk of the funding will go to local governments for water conservation projects. The rest will be given to Californians who need general food assistance and house related assistance as a result of the drought, as well as the Emergency Water Fund.

The storm that hit at the beginning of March helped reduce the risk of wildfires, but did not bring enough precipitation to end the drought. Unfortunately, most of the snow caused from the storm will flow into the

ocean instead of into our reservoirs, according to the Union Tribune.

Adam Allgood of the National Oceanic and Atmospheric Administration's Climate Prediction Center anticipates drought conditions will persist or worsen in many of the already affected areas.

More efficient equipment can conserve water and regulatory practices can monitor human behavior. Water reused for landscaping can help to save drinkable water. CSUSM has many drought-tolerant plants that may help reduce water used in landscaping.

Students and staff can conserve water at home by simply waiting to run a dishwasher until it is full. This can save 10 to 20 gallons of water a day, according to the U. S. Environmental Protection Agency. For those without dishwashers, washing dishes by hand in a stopped sink or container is an excellent alternative to letting the sink run.

Also, turning off the faucet while brushing teeth or shaving and taking shorter showers lasting one to five minutes can help the water supply.

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## Women's basketball turns season around



BY RESTY GREY  
EDITORIAL ASSISTANT

CSUSM women's basketball team finished the season under .500 but they took home their first A.I.I. Division 1 Championship title.

The Lady Cougars were allowed the opportunity to compete in the NAIA championship tournament, but lost in the first round against number 1 seed, Vanguard.

Heather Thompson and MacKenzie Harnett were named 2014 Daktronics-NAIA-Scholar-Athletes.

"They're also great people, which is what the NAIA hones in on; balance and character. You're talking about two kids that have great character and they have their priorities straight," Coach Crystal Harris said.

Thompson was named A.I.I. player of the week earlier this year. According to CSUSM athletics, she was the first woman in CSUSM basketball's history to be named NAIA All-American as an honorable mention.

"She deserves it; she's a double-double every night," Harris said. "It not only speaks with her ability to score or just rebound, it speaks about her entire game."

Although CSUSM's leading scorer Shirika Miller is graduating this semester, Coach Harris has high hopes for next season.

"We're gonna get better every game, we're gonna do better every season," Harris said. "Through athletics and through basketball, we're trying to mentor and teach them how to be successful, high functioning and intelligent people."

With almost the entire team returning for another season, the sky's the limit for CSUSM cougars.

The Women's Basketball team finish their season 15-17, but leave their mark in their final games of the season.

"Winning this Division 1 Title helped put our name out there," Coach Harris said.

## Get Out! Batiquitos Lagoon

BY ALISON SEAGLE  
SPORTS COLUMNIST

Nestled between Carlsbad and Encinitas, the Batiquitos Lagoon offers home to many birds, fish and other wildlife as tides sneak in and out of the lagoon under Interstate 5.

Hikers can often catch a glimpse of many of these critters while meandering the trails and enjoying the fresh air.

There are many trails to venture out along around the Batiquitos Lagoon, but the main trail has its trailhead at the end of Gabbiano Lane. That's also where the Nature Center is located. There is only a handful of parking spots specifically for the lagoon but plenty of street parking is available.

From the trailhead, the trail

turns from paved to dirt past the Nature Center, but it is well maintained and relatively flat. A bit down the path the trail begins to run along the Aviara Golf Course but not close enough to have to worry about stray golf balls. At this point the whoosh of cars from the 5 dissipates into the chirps of birds sitting in the trees. The distance from the trailhead to the turnaround is 1.66 miles.

There are other places along the trail that offer access points and parking. There are no restrooms or water along the trails, but there are plenty of benches for resting and observing the wildlife. More information about the Batiquitos Lagoon Foundation and the Nature Center can be found at [www.batiquitosfoundation.org](http://www.batiquitosfoundation.org).



Get Out! photo courtesy of Alison Seagle.  
sports photo provided by CSUSM athletics.  
Visit at [www.csusmcougars.com](http://www.csusmcougars.com)

## Lady Cougars keep on winning

BY SHAINA PARDO  
SENIOR STAFF WRITER

This season the Lady Cougars are excelling on the diamond.

With a 22-3-1 record, they have been racking up wins all seasons long and nothing seems to be slowing them down.

The Lady Cougars' success can be attributed to both how they have played and how they have bonded.

"The team bought into a family dynamic outlook and the fact that they are understanding it is okay to fail, but all that matters is reaction," Coach Ledesma said.

According to Junior Genna Main, this season has been nothing but great so far.

"The team is getting better and better each and every day. Since day one we have

had a sense of camaraderie; we find the holes to get better and better. Just as coach says we have seven little battles each game and each game we take seven little battles seriously. We have improved each and every day, when we work and stay together as a team we become one unit," Main said.

This season the women have been doing great in every aspect, especially their ability to trust a brand new coach in her first season at CSUSM. The Lady Cougars have quite a while to go before they go to nationals in May.

According to Coach Ledesma, every single game is important and every game is a new opportunity to be better.



## Heart Beat

### Exploring benefits of the paleo diet

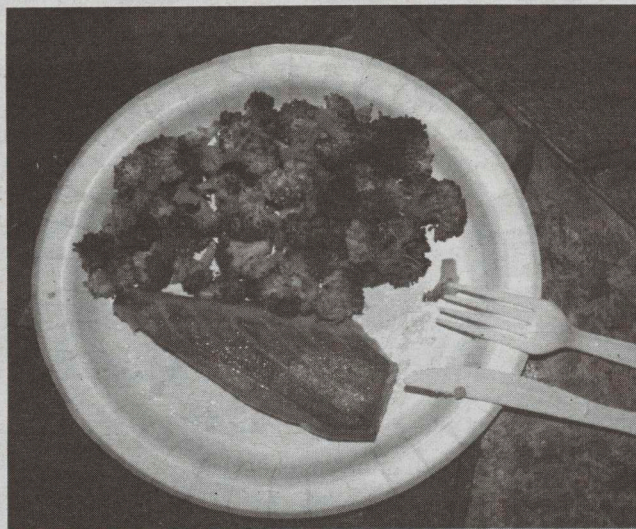


Photo courtesy of Rachel Gallego.

BY RACHEL GALLEGO  
HEALTH COLUMNIST

The Paleo diet, in simple terms, is what the cavemen ate. If you haven't jumped on the bandwagon yet, you might be missing out on some major health benefits.

This modern nutritional plan suggests that you'll be leaner and reduce your risk for diabetes, heart disease and cancer.

If our prehistoric ancestors didn't eat it, diet rules say you can't either. The paleo

diet involves eating high-protein and high-fiber meals, without having to count calories. Foods include fresh lean meats, fish, fruits, vegetables, eggs, nuts and seeds. Foods to avoid are anything dairy. This is because the Paleo diet (like our ancestors) is all about "hunting-and-gathering" type foods. It does allow for some cheat days, which is anywhere from one to three meals per week. It just depends on how far you are willing to take this meal plan.

There has been some research on the health benefits of going paleo, but not enough to make any conclu-

sions. Some researchers even go as far as saying this diet may improve athletic performance, because we are genetically made for it. The theory behind this is that our genes were made to survive a tough lifestyle in the ancestral age, so by eating as they did, we may be able to perform to that level as well.

Something to look out for is missing out on specific nutrients, such as Vitamin A, D and calcium from dairy products. You may need to take supplements, but before making any changes to your diet, talk with your doctor.

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## Restaurant Review

# Intertwined pleases with food aesthetic

By NIKKI THOMAS  
RESTAURANT REVIEWER

Intertwined is a romantic wine bar and bistro located in the heart of Escondido. The ambiance is elegant and traditional, with bohemian accents that make this newer restaurant inviting.

There are three different seating areas for your enjoyment: The first can be seen as soon as you walk in and is used for a normal dining experience, complete with booths and tables.

As you continue throughout the space, there is a cozy lounge with plush couches and hanging lanterns accompanied by a wall filled with different varieties of wine.

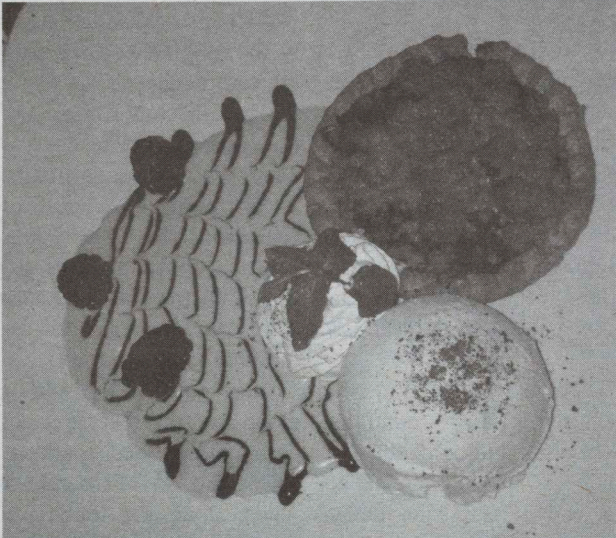
Continuing on towards the back of the bistro, there is a full wine bar with bar top tables that seem great for enjoying some of their Happy

Hour Specials that are every Tuesday through Friday from 4:00 p.m. to 6:30 p.m.

The menu is diverse and includes: beginnings, soups and salads, signature selection entrées, flatbreads, noodles and a meat and cheese plate. They also offer some side additions and a separate dessert menu.

Their happy hour consists of \$1 off wines and beers, and on average about \$2 to \$3 off appetizers that are still a full portion. On Wine Wednesdays they also offer wine flights ranging from champagne to whites, reds and many more in-between. The prices vary from \$12 to \$16.

We started off with the Crispy Chicken Lollipops (\$9). The name sounded unique, so we gave it a try. It was hands down one of the best appetizers I have ever



Delicious desert presentation of pie alamode photographed by Nikki Thomas.

had. It was three pieces of chargrilled dark meat chicken that was presented with the bone-in to give the look of a lollipop.

The exterior was perfectly crunchy and dressed in a chili-honey glaze topped

with chives. The meat was tender and juicy and made to be dipped into their srrachaplum sauce that gives it a bit of a kick. I was tempted to order a second helping.

Moving on, we tried the Goat Cheese & Arugula Flat-

bread (\$13). This wasn't a regular flatbread; it was on a different level.

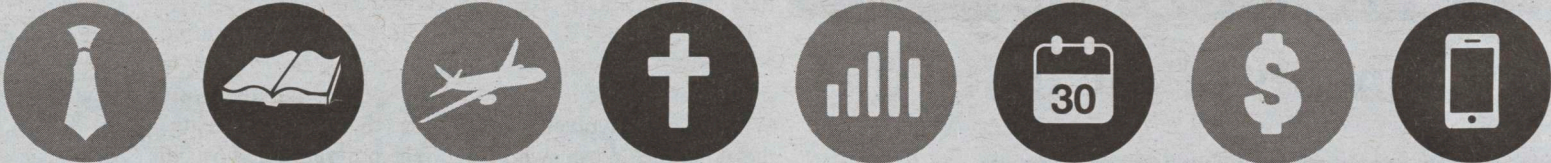
This item included roasted garlic and herbs, a layer of goat cheese, topped with arugula and parmesan shavings and then drizzled with a mustard vinaigrette. The bread was crispy, the arugula fresh and the cheeses earthy and savory which complimented some tang from the vinaigrette. Simple but excellent.

The next entrée was the Lobster & Shrimp Ravioli (\$20). This item was plated exceptionally beautiful, with about eight medium sized raviolis stuffed with moist lobster, topped with three plump shrimps, julienned tomato slices. It was finished off with micros greens, edible flower petals and chives, all in zesty lemon butter cream sauce that made this

pasta melt in your mouth.

We completed our meal with a Berry & Apple Crumble (\$8.50). This dessert was stunning; the berry and apple tart had a sweet crumbly crust, paired with a double vanilla scoop of ice cream next to a blackberry coulis crème-anglais with a few blackberries aside. It was ideal to share and satisfies any sweet tooth cravings.

Intertwined provided an amorous atmosphere and impeccable service. Our server was well informed of the menu items, preparations, as well as any specials and never hesitated to add any special touches to our dining experience. This is a great place for a nice evening out to dinner, so be sure to check it out for your next date. Intertwined is located on 113 E Grand Avenue, Escondido 92025.



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# CAMPUS EVENTS

## Thursday April 10th

- Library Video Contest: all submissions due April 10th!
- Job Fair 2014 at USU Ballroom 11 AM - 2 PM

## Tuesday, April 15

- Student Veterans Organization (SVO) Meeting @ U-Hour Craven 3701

## Thursday April 17th

- 12th Annual International Fair 11 AM - 2 PM at Library Plaza
- Library Video Contest Screening @ 5- 6:30 PM

## Tuesday April 22th

- Zotero Citation Manager Kellogg 2303 @ 12 - 1PM
- Arts and Lectures: Dr. Terrence Roberts Lessons From Little Rock Nine - 6pm in the Student Union

## Saturday April 26th

- Pre-Dental Society joins Boy Scout Merit Badge @ Qualcomm Stadium @ 8 AM - 3 PM
- French Club Restaurant Dinner at "Au Revoir" 5PM RSVP to sulju002@cougars.csusm.edu

## Thursday May 1st

- Off-Centre Dance Performance + Arts 111 @ 7 - 9 PM

## Friday May 2nd

- Off-Centre Dance Performance + Arts 111. @ 7 - 9 PM

## Monday May 5th

- Vocal Ensemble Performance + Arts 111 @ 7 PM

## Thursday May 8th

- Pause for Paws + Library Plaza @ 10 AM - 2 PM
- Veterans Center Memorial Day Observance @ TBA

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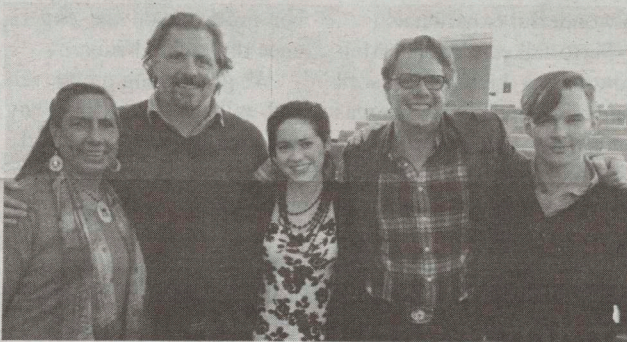
# Film Studies minor motivates cultural awareness in film

By RYAN DOWNS  
SENIOR STAFF WRITER

For the last several years, Professor Rebecca Lush has served as the coordinator for one of CSUSM's more elusive programs: Film Studies.

With 15 students currently involved, as well as countless teachers and classes across multiple disciplines, CSUSM's film program features classes to instruct students on how to understand and analyze both independent and studio films.

However, as Prof. Lush was keen to point out, the program has a lot of growing still to do, as currently only a minor is offered. With only 18 units spanning a wide variety of courses, Lush hopes



From L-R: Casey Camp-Horenik, Alex Smith, Rebecca Lush, Andrew Smith, and Ken White. Photo courtesy of Professor Rebecca Lush.

it will attract the attention of those with a mind for film.

"It provides a great opportunity for students who enjoy watching and analyzing film," Professor Lush said, who teaches the Children's Literature into Film class.

While there is not a huge

focus on directing or creating film, which would belong more in the field of video production,

Lush is confident that providing an education in critical analysis in the film medium is a more than worthy endeavor in its own.

"Critical analysis is something that can help people in multiple walks of life," she said.

However, the class does provide collaboration with the video production program. It also works with history, literature and independent study classes, along with the obligatory film studies classes.

"In fact, the majority of professors in Literature and Writing are involved with the program," Lush, who is also a Literature & Writing professor, said.

But the program offers far more to the campus than just classes. The program also facilitates film showings on campus, free for students.

Recently this included the

independent film *Winter in the Blood*, which premiered to a sold-out theater on campus on Wednesday, March 26.

It featured a discussion panel with co-directors Alex and Andrew Smith, screenwriter Kevin White and one of the actresses in the film, Casey Camp-Horenik. Generally, there is little more than one or two film showings a year, but they often prove to be popular events.

The program also hosts the yearly Student Media Festival, in which students may submit and display short films or other media created as assignments for courses on campus.

This is another way to celebrate the film medium and

student's involvement with it.

The Student Media Festival, which is currently in its ninth year, will be hosted from 6:30 p.m. to 9:30 p.m. on May 9 in Arts 111. Students are encouraged to submit work they have created in the last two academic years for a chance to win prizes and to show their films to the public. Submissions must be sent in by 5 p.m. on May 1. For more information, students can go to <https://www.csusm.edu/vpa/mediafest/index.html>.

For more information on the Film Minor, students may look online at <http://www.csusm.edu/filmstudies/>, or contact Professor Lush via email at [rlush@csusm.edu](mailto:rlush@csusm.edu).

## DIY Corner

# Spiked Strawberry-Lemonade Cooler

The perfect spring season beverage

By LAUREN HAMMOND  
OPINION EDITOR

Spring has finally sprung! Now is the perfect time to stay refreshed with a Spiked Strawberry-Lemonade Cooler.

Ingredients include:

- 1.) 3 ounces of your favorite vodka
- 2.) ¼ cup of diced strawberries
- 3.) 4 leaves of mint, torn in half
- 4.) Half a lime, diced
- 5.) Your favorite lemonade
- 6.) Club soda or sparkling water

### Instructions:

- 1.) Place torn mint leaves, diced lime and vodka into a cup. Use a muddle to muddle the mint and lime into the vodka.
- 2.) Pour ¼ cup of diced strawberries into a separate cup and fill with ice.
- 3.) Pour about half a cup of lemonade into the cup with strawberries and ice.
- 4.) Pour muddled mix of vodka, mint and lime into the second glass and gently roll the ingredients three times.
- 5.) After rolling the lemonade, strawberries, mint, lime and vodka, fill the remaining room of the cup with club soda/sparkling water, gently stir and then serve!

OR.

For non-alcoholic version, repeat instructions but eliminate the vodka and add Sprite in place of club soda/sparkling water.

From Right: Sample photo of luscious lemonade provided by Lauren Hammond.





# CSUSM Campus Recreation Hosts Spring Break Trip to Utah

BY NADA SEWIDAN  
STAFF WRITER

From sightseeing in the Grand Canyon, to eight mile hikes in Utah's Canyonland and mountain biking in Moab, students from CSUSM's recreational club had a lot to enjoy during their adventurous spring break.

Students Gabriel Escobedo and Brenda Ferro were among 11 others who attended the spring break trip hosted by CSUSM's Campus Recreation. The week long trip was both recreational and educational.

Gabriel Escobedo, Intramural Coordinator of Campus Recreation, said that one of the best moments on the trip was mountain biking in Moab. Escobedo described how crazy mountain biking could be in Moab. A great deal of people travel from around the world to experience mountain biking here.

Escobedo explained how different mountain biking was because of shifting gears and the changing terrain, and how a person tends to get absorbed in the moment.

"With mountain biking you focus on the moment and forget about any stresses, about homework and whatever else is going on in your life," Escobedo said.



Participants spending spring break in an exciting way. Photos submitted by Beatriz Quintero from Campus Recreation.



It isn't only about being adventurous, the trip also allowed students to interact with nature and learn to appreciate it. Escobedo explained how important it is to experience nature and step outside of the everyday life.

"Experiencing how life is like outside of our cars, outside of iPhones and interacting with nature itself is important," Escobedo said. "It is realizing that there is truly something there in nature to preserve."

The spring break trip also had its educational moments where students were taught principles used when experiencing the wilderness. Escobedo explained how the staff presented these principles through activities, films and group discussions.

Whether it was hiking, sightseeing or mountain biking, the truly memorable aspect of the trip was the connections that were forged and the friendships made along the way. Escobedo

expressed how much he enjoyed the group of students that accompanied him on the trip and how inspired he was by seeing those students gain a wonderful experience.

Ferro talked about her fellow spring breakers as well and how appreciative she was of having them on the trip. "During our cross country mountain biking, my sister and I were so slow, I thought they would say come on lets go but they were so supportive," Ferro said. "They were

very patient even though they had to wait for us."

During hikes, Ferro explained that although they were challenging, being with her group made the experience that much better.

"We got a along pretty well and talked the whole way and took pictures," she said.

The trip included 13 people: 11 CSUSM students and two staff members. The total cost of the trip was approximately \$350, which included activities and lodging. The

trip to Utah occurs every year during spring break.

There is also an upcoming three day trip hosted by campus recreation to Sequoia National Park. Sign-ups are held at Campus Recreation beginning Monday, April 7.

"The outdoor and recreational activities in general is a great opportunity to get away from the stresses of life and experience nature," Escobedo said. "CSUSM students should join and take to advantage of it."

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## Taking Back the Night

By KATLIN SWEENEY  
EDITOR-IN-CHIEF

Take Back the Night starts off with entertainment like dances, music, spoken word and speakers. During the performances, various clubs, community members and classes will set up tables that offer resources on issues like violence against women. Then the evening transitions into a survivor's circle. Everyone sits down and candles are passed out to the group. This is an opportunity for sexual/domestic violence or sexual exploitation victims to share their stories.

"For a lot of people, it's their first time. You ended up having a significant amount of people going up to share their stories," one of the event organizers, Karen Guzman, said.

After the discussion circle, Take Back the Night transitions into a march around campus where participants chant to reclaim their bodies and voices. Afterwards, the group gathers to list their demands for promoting recovery against sexual assault and ending sexual violence against women. Take Back the Night occurs on college campuses across the country and generally only reaches students.

"One of the really cool things that the student committee coordinating Take Back the Night is doing is that they are making the program bilingual and encouraging the community to attend," Guzman said.

Take Back the Night will take place from 5 p.m. to 9 p.m. on April 17 in Kellogg Library Plaza.

## Misrepresentation of Christian values on campus

By GLORIA MAGALLANES  
SENIOR STAFF WRITER

During U-Hour on March 3, CSUSM students heard some unusual commotion coming from Library Plaza.

A crowd began to gather around a woman standing on top of a cement bench with a Christian Bible in hand. Those who stopped to listen glanced at each other out of confusion as the woman condemned everyone around her to a pit full of fire.

Although shocking, scenes similar to this happen several times throughout the school year. As many CSUSM students have gotten used to hearing the judgment and condemnation that comes with these ignorant rants, it still never fails to leave a bad impression.

"I thought it was rude because they're judging, the Bible says you shouldn't do that. It's kind of hypocritical," a CSUSM student, Tayeler, said.

The people responsible for the controversial speeches are not CSUSM students. They are older folks who come every once in a while to remind us that we are sinners.

These folks call themselves Christians and believe they are doing God's will by preaching the gospel of salvation, which says, "And he said unto them, Go ye into all the world, and preach the gospel to every creature." (Mark 16:15).

Where is the line drawn? This woman, who claimed to be free of sin, was verbally

abusing people and picking on whoever passed by. It seems that she and her companions have misunderstood God's purpose.

1 John 1:8 says, "If we say that we have no sin, we deceive ourselves, and the truth is not in us."

In other words, if we did not sin then we wouldn't need God's existence, and there'd be no need for salvation.

"It's distracting on a school campus. I think they shouldn't allow that here but it is freedom of speech and I respect that," CSUSM student, Katie, said.

Summer, who is also a student at CSUSM, had a different perspective.

"I wish the campus would do something about it; it's to the point where they're harassing people. It's not even freedom of speech anymore when it becomes harassment," Summer said.

According to the Christian Bible, when Jesus spoke of repentance and salvation he attracted multitudes of people, reaching thousands of hearts. Jesus approached his people with love, care and no judgment.

Jesus himself ate with sinners, and when those around him judged him for doing so he simply replied, "It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners." (Mark 2:17).

The most troubling part of this commotion is the negative light it sheds on Christianity. If these people leave a lasting bad impression on

students it may even have an effect on the religious groups on campus that are trying to reach out to fellow classmates.

"They make religious groups look bad on campus because they make it seem like God is an evil person but God is not like that, he's the opposite," Summer said.

The truth is that not all Christians are judgmental, hurtful, critical and naïve. In reality, it is ignorance that leads people to do things such as this.

The Bible says, "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear" (Ephesians 4:29).

This world is a big place. Within the walls of every city, state and country exists people with different levels of conviction and beliefs.

People shouldn't allow one bad testimony to have a negative impact on their belief in God, because in the end it's just you and him.

## Celebrate diversity

By KEVIN ADSON  
CONTRIBUTOR

Education is one of life's most valuable opportunities.

With each generation we are pushed to learn more and more at an earlier age. With most educational facilities in the US, they aspire to create a well-cultured and well rounded individual for higher education to follow.

With that being said, there's a huge emphasis on learning about black/African American culture during February, mostly black history.

So why is it that we're meant to be so well rounded, yet we only learn about and celebrate one month and one specific race or background at a time?

Before coming to college I knew absolutely nothing about Hispanic Heritage Month (Sept. 15 to Oct. 15), Women's Herstory Month (March) or even LGBTQ History Month (October). So why is it that there's a huge push to learn about black history, but not other histories?

In my opinion these need to be taught in high schools and

learned about. They are part of the real world, and they deal with the understanding of diversity and inclusivity of others.

Some may argue that learning LGBTQ history or women's history may go against certain religions or rights. Others may argue that if one culture is to be celebrated, like Hispanic Heritage month; and then all should be celebrated.

Other cultures are celebrated throughout the year and I believe that at least by high school courses, they need to be spoken about. This creates tolerance, or at least an education on other cultures and their success.

Some fail to realize that we are a diverse country and many things are contributed from various cultures and identities. The United States is not made of one culture; it's a melting pot full of multiple. There's no reason one culture should be taught more than the next. Bringing these to high schools will help develop knowledge and tolerance of many different people that represent the United States of America.

## Lighting it up blue

By CAITLIN MONNAHAN  
AXiD CONTRIBUTOR

Hannah Hawker, our Philanthropy chair, recently hosted an Autism Awareness Event during U-Hour here at CSUSM. During U-hour, Alpha Xi Delta passed out blue lollipops with facts about autism attached to them to

educate the public about how prevalent it is becoming. It has been recently announced that, "1 in 68 children are being diagnosed as having an autism spectrum disorder" (Autism Speaks). It is important that the public is educated about this disorder because of how often children are now being diagnosed.

April 2 was World Autism Awareness day. During this day, we encouraged everyone to wear blue, as well as to "Light it Up" blue during the entire month of April. This means that an individual can purchase a blue light from Lowes or Home Depot and replace their front porch light with the blue light to spread autism awareness.

Photo courtesy of Caitlin Monnahan.



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## Labels take the mystery out of food

BY RACHEL SMITH  
STAFF WRITER

GMOs have been a topic of heated debate for many years, but we are beginning to see more evidence that companies like Monsanto are what is instigating the problem.

According to a live RT report on Oct. 12, 2013, millions of people in 500 cities worldwide marched against the company Monsanto in the hopes of influencing others to boycott Genetically Modified Organisms (GMOs).

GMOs are organisms whose genetic material have been altered using genetic engineering techniques, and thus do not naturally occur in nature.

GMOs have been around since the early 1990s, and have been a main contributor to the vapid growth in the consumer marketplace.

With the genetic resistance to diseases and pests intertwined with natural DNA, the crops being yielded have been substantially greater than in previous years. But, all it takes is one bad seed to make any fruitful idea go sour.

**GMOs are organisms whose genetic material have been altered using genetic engineering techniques, and thus do not naturally occur in nature.**

Monsanto, one of the largest agricultural biotechnology businesses around the world, manufactured and patented their GMO seeds. This has conflicted with the idea of nature versus nurture in regards to plant growth, as patenting something as untamable as a plant has its consequences.

According to The Daily Show in 2013, Monsanto has filed 145 lawsuits since 1997 against local farmers for unauthorized use of patented seeds.

How could that have happened? Simple, it was the hand of Mother Nature, doing what nature does best: thrive.

However, even with the consideration of cross-contamination, the biotech has consistently come out on top.

In 2012, Proposition 37 proposed to Californians the idea of GMO Labeling. If this proposition had passed it would have made it mandatory for companies to label their genetically modified foods. The loss was by a fraction of only three percent.

Community members have become outraged. In 500 cities worldwide, three million people have marched against Monsanto for the right to know, advocating GMO labeling.

These activists are also demanding that long-term, independent studies be made to further the community's knowledge on exactly what benefits or consequences come from GMO foods.

Proper Federal Drug Association (FDA) statutes should be applied to GMOs, as it is with anything else. 50 countries around the globe have made a stand by banning GMOs. It is time that citizens of the United States demand their right to know what it is they are consuming.

## Supreme Court proceedings televised

BY NOELLE FRIEDBERG  
SENIOR STAFF WRITER

A new ad airing in Washington D.C. is putting pressure on the Supreme Court to televise its proceedings.

This twenty-nine second ad is funded by the Coalition for Court Transparency. The Coalition is calling for cameras in the Court in order to foster a "more open judiciary."

Initially, this sounds like an excellent idea. Why shouldn't Americans get to view Supreme Court proceedings when it is our tax dollars that fund them anyway?

There is one problem with this new initiative. However, it is one that should perhaps be given more thought by those in support of transparency.

The issue is that if Supreme Court proceedings are televised then there is a greater likelihood that what-

**The Court will be run by public opinion instead of the law - which is exactly why many of the justices are against the use of cameras.**

ever the justices say will be distorted by various news sources, and even perhaps politicians, in order to meet their own agendas.

The Court will be run by public opinion instead of the law - which is exactly why many of the justices are against the use of cameras.

While transparency is a pillar of any thriving democracy, in this case there is too much risk that justices will give into the pressure to make decisions simply to ap-

pease audiences.

The reason the justices have their jobs in the first place is because they have dedicated a significant amount of their lives to studying the law, and they know the law far better than the average viewer who would be watching the proceedings. Because of this, Supreme Court decisions should not be based only on public opinion, but in careful deliberation and review of the law.

The Coalition makes the point that there have been other courts in the nation that allow their proceedings to be televised. But the difference here is that there is no jury in the Supreme Court; the justices themselves are the jury.

Courts that allow their proceedings to be televised would never allow the jury's deliberation and discussion to be seen by the public. This is another reason that having cameras within the Supreme Court would not work.

## Acknowledge Cesar Chavez Day

BY ZACH SCHANZENBACH  
SENIOR STAFF WRITER

Cal State San Marcos gave students the day off on March 31 in reflection of Cesar Chavez Day.

CSUSM administration heads are in charge of dictating what holidays the campus will recognize. Everyone needs a break once and a while, however, it is interesting to note that Cesar Chavez Day happened to fall on the first day of Spring Break.

In other words, CSUSM is giving us a day off on a day we have off. There are probably a number of students who find this rather annoying.

What's the point of saying we get March 31 off as a holiday if it falls on Spring Break? That's like saying we get Christmas off. Cesar Chavez Day has fallen outside of Spring Break's radius in the past, so a student's frustration with this is more understandable.

I, on the other hand, don't really care. A day off is a day



Cesar Chavez statue ordained with sunflowers in memory, by Anne Hall.

off, and I'll gladly take it. There's something else that bothers me about this. We celebrate Cesar Chavez Day yet neglect Presidents' Day?

I know Cesar Chavez is a strong historical figure, and his actions as a civil rights activist cannot be underappreciated. I have nothing against honoring his work with a "day off." But if we're going to do that, then

why won't we honor our country's fathers with Presidents' Day? In my opinion, if we had to choose between taking Cesar Chavez Day or Presidents' Day off, we would be obliged to honor the fathers of our country.

I know most colleges don't give students Presidents' Day off, but that doesn't really change much for me and my opinion.



## Holistic care versus toxic care for cancer patients

BY ALEX MARAVILLAS  
FASHION COLUMNIST

Current American medical practices do not necessarily cure or treat patients, but instead prolong the life of those with illness with the use of expensive, artificial and poisonous material.

Cancer is a prevalent evil in our society. According to the California Department of Public Health (CDPH), in 2013 there was an estimated 144,800 citizens diagnosed with cancer: making that 16 new cases every hour. Alongside that data, cal.gov also included that an estimated 55,485 Californians died; approximately 152 deaths each day.

As technology has advanced, so has the life expectancy of cancer patients.

"In the early 1900s, few cancer patients had any hope of long-term survival. In the

1930s, less than one in five was alive five years after treatment, in the 1940s it was one in four and in the 1960s it was one in three. Today, more than three out of five cancer patients will be alive five years after diagnosis and treatment," the CDPH said.

How will those three out of five cancer patients fare in those five years after diagnosis? Unfortunately, the most common practice in the United States incorporates radiation and chemotherapy.

Chemo and radiation definitely have an effect on cancer, but they also have an effect on the patient's body and mental state.

Chemotherapy and radiation ultimately destroy the body along with the cancer, causing patients to suffer in a prolonged state of pain and discomfort. Is that really surviving?

There are alternatives to these toxic treatments. Be-

lieve it or not, eating and using healthy, organic, raw fruits and vegetables can make you a healthier person that lives longer.

Instead of treating the body with nutrition, our hospitals and doctors advise expensive procedures and prescribe harmful artificial chemicals.

Consuming and applying synthetic and poisonous pharmaceuticals actually deteriorates the body and contains absolutely no nutritional value.

Why not start with your own nutrition to heal yourself? Why wouldn't having a healthy lifestyle for yourself help?

Because chemotherapy actually makes people feel better? Really? I mean the answer should be obvious by now.

All you need is yourself and the knowledge of healthy eating to help care (Cancer continued on page 9).

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Letters to the Editor should include a first and last name and should be under 300 words, submitted via email. It is the policy of The Cougar Chronicle not to print anonymous letters. The Cougar Chronicle reserves the right to reject any letter to the Editor for any reason.



## Harming the environment, Fracking ridiculous

By CAITLYN THIBODEAU  
STAFF WRITER

Hydraulic fracturing for natural gas, better known as "Fracking," has been a controversial topic in the news recently because of pros and cons surrounding this new form of obtaining fossil fuels.

Despite all of the talk surrounding Fracking, not many people actually know what it is, and what effects it can have on the environment.

According to What-Is-Fracking.com "Fracking, or hydraulic fracturing, is the process of extracting natural gas from shale rock layers deep within the earth."

This website claims that Fracking will result in both internal and external benefits to our country and suggests that it is a completely safe way to extract natural gas from underground. However, nowhere on this site does it give any indication that this method of extraction could pose a threat to the environment or the people that surround the site.

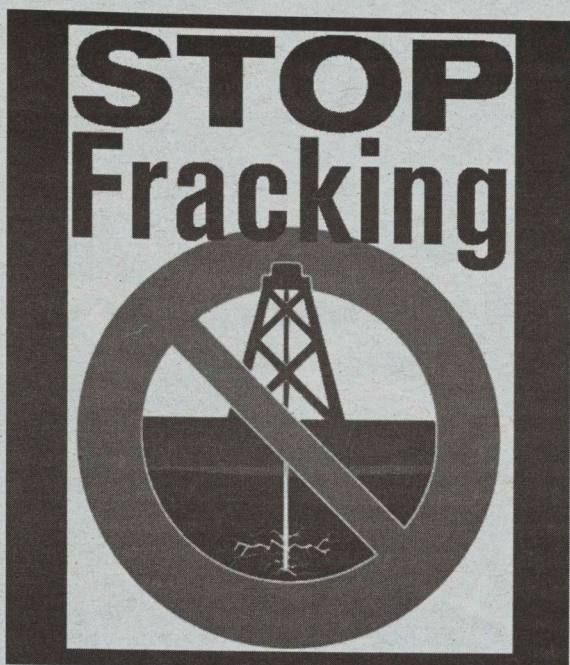
On the other side of the spectrum, DangersofFracking.com dives deeper into the chemicals used to undergo this process.

DangersofFracking.com asserts that during the process of Fracking, "methane gas and toxic chemicals leach out from the system and contaminate nearby groundwater."

Furthermore, in the critically acclaimed documentary Gasland by Josh Fox, Fox travels to areas where Fracking occurs. During his travels, Fox uncovers a number of severe issues related to Fracking; such horrors included sickness and tap water catching fire. He asks his viewers to take action and speak out against Fracking and the negative impacts it has on our environment.

Like Fox, I ask you to look at the biological effects Fracking has on the environment and do research into exactly what it is and how it can affect the environment we live in. It's easy to pretend like it's not important when it's not happening in your backyard, and it's even easier to ignore when money is to be made in our capitalistic society. But, if we continue to let this go on it will eventually lead to detrimental environmental effects that may never be fixed. So get informed and speak out against Fracking.

Dr. Max Gerson and consists of a non-stop treatment of a raw, organic vegetarian diet as well as coffee enemas and natural supplements. According to the Gerson Therapy website, the program "treats many different conditions by healing the body as a whole, rather than selectively targeting a specific condition or symptom." Unfortunately, due to U.S. restrictions on providing holistic medical care for cancer patients, the closest Gerson Therapy Clinic is located in Mexico. The cancer-healing center has an extremely strict protocol. Aside from the therapy's dietary guidelines, all prospective patients must go through an application process and meet a certain criteria before being admitted to the clinic. Once admitted, patients must bring a loved one or companion with them and are recommended to stay for three weeks for optimal care and training. After their three-week stay, patients are then able to go home to continue their treatment on their own. If you are interested in learning more about cancer treatment alternatives, check out the Gerson Therapy's website for further details: <http://gerson.org/gerpress/>. You can also watch the Gerson Therapy documentary and see first hand what they do via Netflix or YouTube, which is entitled "The Gerson Miracle."



## Faculty Profile

### Dr. Edward Balian seeks to encourage students

By AMANDA LENOX  
FEATURES EDITOR

Professor Edward Balian knew he always wanted to own his own businesses.

He owned his first business at the age of 29, before earning his doctoral degree at Wayne State University. He has owned a number of businesses ever since, including a photography magazine, recording studio, vintage car business, publishing company and a consulting business in market research.

A career in business "just felt very natural...I had that entrepreneurial spirit from the beginning," Balian said.

Dr. Balian believes that his experiences in school "was the spark that got [him] into teaching." He explains that the positive feedback he received during class presentations from peers and professors helped him to consider teaching as a career.

"When class presentations are part of a course, students often want to shy away from it. They're intimidated, embarrassed; it turned out to be one of the most important elements for me in my entire career in teaching," Balian said.



Professor Balian had been out of teaching for a few years and was running his other businesses. He realized he missed teaching, so he applied to California State University, San Marcos for an adjunct position and started teaching in January 2007 in the College of Business Administration.

When asked what he loves most about teaching, Balian responded without hesitation that it is the "students...and really trying to help them in their future careers."

He hopes that when students take his classes, they learn "more about the practicality of the real world in business and otherwise." He encourages class participation and engagement with the material.

"You can't afford to be

a good student. In today's world, global marketplace, U.S. economy, you've got to be outstanding," Balian tells his students.

Professor Balian usually teaches Data Analysis (BUS 302), Foundations of Operations Management (OM 302) and Operations Management (OM 305). He also currently has five senior experience research teams. Outside of teaching, Dr. Balian performs in a band called The George-Edwards Group. He also writes and publishes many books (academic and non-academic), including Buddha Plays 18 and The Graduate Research Guidebook (fourth edition). Professor Balian will soon be releasing a new book titled Buddha Meets the Beatles.

(Cancer continued from page 8).

and even cure any illness you may have.

The reality is that eating and applying healthy, organic substances speeds up our immune system and can make it stronger, which can then lead you to heal completely. Most cures start within our immune systems. It's that easy, and there's nothing wrong with it.

Just ask the people at the Gerson Therapy Institute of San Diego. It is a non-profit organization that dedicates its time providing education and training in the Gerson Therapy.

The therapy was originally developed in the 1920's by

Dr. Max Gerson and consists of a non-stop treatment of a raw, organic vegetarian diet as well as coffee enemas and natural supplements.

According to the Gerson Therapy website, the program "treats many different conditions by healing the body as a whole, rather than selectively targeting a specific condition or symptom."

Unfortunately, due to U.S. restrictions on providing holistic medical care for cancer patients, the closest Gerson Therapy Clinic is located in Mexico. The cancer-healing center has an extremely strict protocol.

Aside from the therapy's dietary guidelines, all prospective patients must go through an application process and meet a certain criteria before being admitted to the clinic. Once admitted, patients must bring a loved one or companion with them and are recommended to stay for three weeks for optimal care and training. After their three-week stay, patients are then able to go home to continue their treatment on their own. If you are interested in learning more about cancer treatment alternatives, check out the Gerson Therapy's website for further details: <http://gerson.org/gerpress/>. You can also watch the Gerson Therapy documentary and see first hand what they do via Netflix or YouTube, which is entitled "The Gerson Miracle."

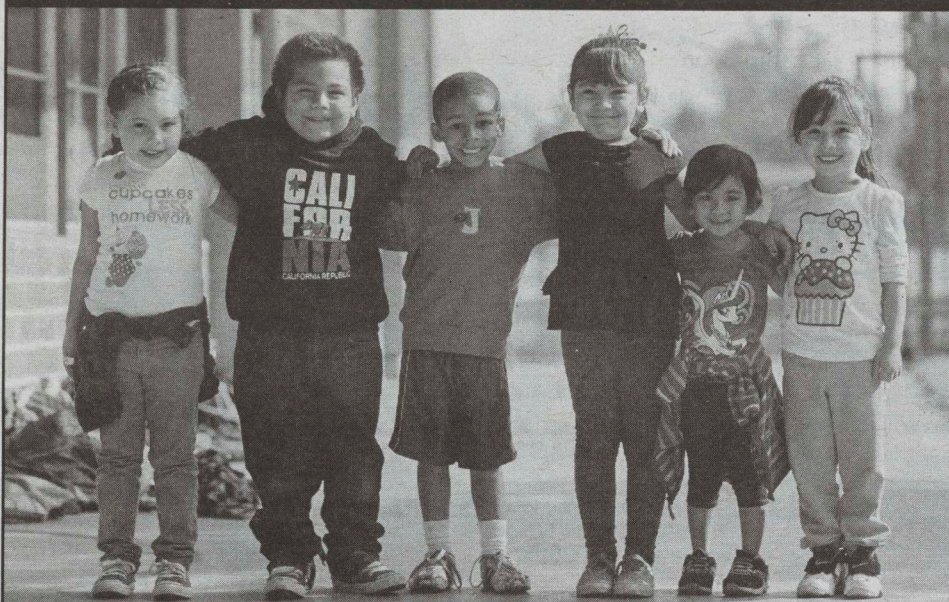
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## Book Review

### Drawn by humor, wit and scifi

By KATIE GARNER  
STAFF WRITER

Enter Zimbabwe, 2194. Political and social turmoil that once plagued this African country cut down more than thought possible.

The streets are safer than they were once upon a time, and the one to thank for this brighter future is Zimbabwe's most powerful man, General Matsika. But the gangs of Zimbabwe do not take kindly to Matsika's valiant efforts. His reign is not safe, and neither are his children.

Nancy Farmer's brilliant science fiction novel, *The Ear, the Eye, and the Arm* analyzes a futuristic society

whilst composing a story of adventure and thrill. Still as poignant and charming as when it was published in 1994, Farmer's novel is well worth the read.

If deep novels aren't your taste, then fear not. Farmer delivers humor and clever character writing in spades. When Matsika's children are kidnapped, his wife takes matters into her own hands and enlists the help of three mutant detectives so named Ear, Eye, and Arm.

Ear's powerful sensitivity to sound, Eye's equally powerful, keen sense of sight and Arm's empathic sense of touch all must soon be used to save Matsika's children. But Tendai, Rita and Kuda

embark on a perilous adventure of their own as they flee from danger to safety then back again to danger, meeting both enemies and allies along the way. Their once sheltered lifestyle collides against the brutal practices of the slums, and they must learn how to adapt in this new world if they hope to survive. Survive long enough, at least, for the three odd detectives to hopefully rescue them just in time.

*The Ear, the Eye, and the Arm* earned a well-deserved Newberry Honor Award since its publication, and it remains a powerful piece of literature in the science fiction genre.

SAE continued from page 1.

Shield policy [which deals with alcohol, drugs, hazing and related issues] and our current risk management policy at CSUSM. That article didn't change anything [with our procedures] because we have correct and proper policies in place, but it reminded us that we need to look towards the future."

While SAE has nationally received negative publicity, few articles have highlighted the many chapters doing positive work in their communities. For the past six years, the California Alpha-Gamma chapter has participated in a project in

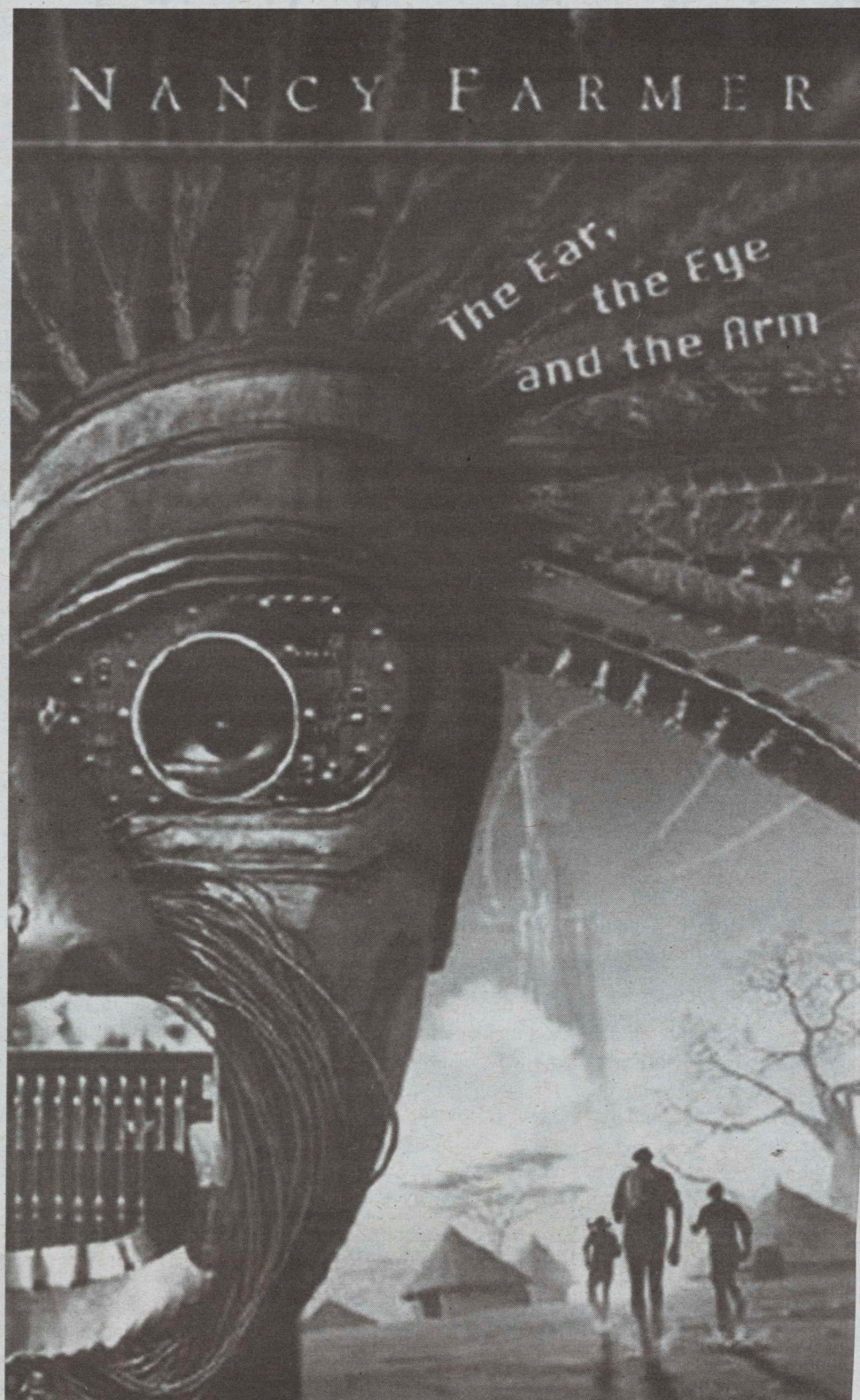
New Orleans where they rebuild the area due to Hurricane Katrina and the recent oil spills. They also do a beach clean up on a regular basis. CSUSM's chapter also donates a lot of money to the Children's Miracle Network and to researching Crohn's Disease. McKinney explained that the fraternity's adoption of the second cause is due in part to the fact that two of their chapter brothers have Crohn's and Colitis.

California Alpha-Gamma believes strongly in not only giving back to their community, but their members being leaders on campus as well.

"We have a lot of brothers

in our fraternity that give back to the community, like ASI President Matt Walsh and Joseph Sandoval, who was the O-Team director last year and currently works for the USU. We also have Charles Sullivan, who worked at the LGBTQA Pride Center for a while," McKinney said.

CSUSM's chapter aims to continue this trend of giving back to the community and building strong campus leaders in future years. McKinney says that implementing the pledging ban is an honor that will help SAE to become even stronger.



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## Cougar Shuffle: The Calm and Chill Spring

By Faith Orcino

As time passes and Spring goes by, this playlist can help you relax and enjoy your time.

### Tracklist:

01. "Touch (Original Mix)" by MitiS
02. "Colors (Kokiri Remix)" by Tritonal x Paris Blohm ft. Sterling Fox
03. "Starworshipper ft. Diana Gen, Starsett & Diamond Cut" by Futurecop!
04. "Let Go ft. Kele & MNDR (Cherry Cherry Boom Boom Remix)" by RAC
05. "What It Is You Dream ft. Malcolm McGannon (Astro Kid Remix)" by hrnmnr
06. "Spectrum (Lovely Extended Remix)" by Zedd
07. "Raise Your Weapons ft. OneRepublic(Compson Sound Remix)" by Deadmau5
08. "Perth Love (Bon Iver & Daughter)" by Isosine
09. "Beta Love (RAC Mix) by Ra Ra Riot
10. "Stranger Things (Wallpaper Remix)" by Local Natives

## Movie Review

### 42 sheds light on Jackie Robinson

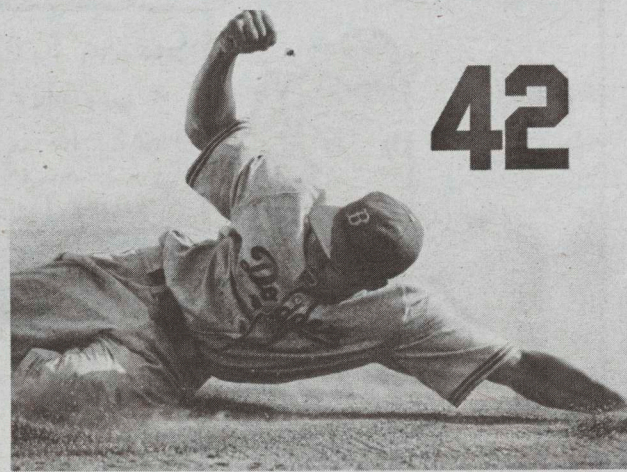
By ZACH SCHANZENBACH  
SENIOR STAFF WRITER

"I don't know about you, but I'm feeling 22." So goes this popular Taylor Swift song about living it up. Well I don't know about her, but I'm feeling more like "42." Yeah, I'm an old soul, but that's not what I'm talking about.

42 is a 2013 baseball movie that tells a true story. Didn't see that one coming, did you? The story is that of Jackie Robinson, the first black player to play Major League Baseball (MLB) and break the racial lines of his day.

Like any true story that deals with race as a basic plot element, the story is inspiring and uplifting. Chadwick Boseman does a wonderful job reincarnating Robinson's story, as do all the other characters.

What surprised me most about this film was who was



chosen to play MLB executive Branch Rickey; Harrison Ford. Most people don't think of true stories when they hear that name, but here he is, and, just like always, he scores big in acting.

Naturally racism gets the boo of disapproval from this movie, which is most prominent in Philadelphia Phillies manager Ben Chapman's (Alan Tudyk) incessant rambling against him during a game about halfway through the movie. Needless to say,

Chapman gets his just deserts.

There's also a strong endorsement of "turning the other cheek," mostly from Rickey to Robinson. 42 makes it clear that while refusing to strike back at someone who struck you first can be painfully difficult, it is the better choice.

42 is a movie that speaks for itself; capturing the essence of a movie like that in a measly 500 words just won't cut it. 42 gets 5 paws.



## Movie Review

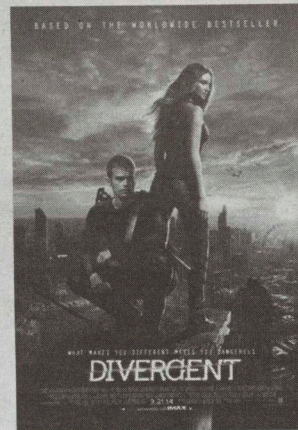
### Divergent: "The Mediocre Dark Horse"

By LEXY PEREZ  
STAFF WRITER

A teen heroine living in a dystopian society realizes a need for corrupt government to be taken down. Throw in some action sequences, impressive visual effects, young up and coming actors/actresses, a love story and a best-selling novel as inspiration and you have the formula for a successful Hollywood blockbuster.

Centered in post-apocalyptic Chicago, Veronica Roth based her story on a dystopian society where citizens are divided among five groups (factions): the Selfless "Abnegation," the Honest "Candor," Peaceful "Amity," Knowledgeable "Erudite" and the Brave "Dauntless." In their society, they evaluate every coming of age teen in order to determine which faction they belong in.

Abnegation-born, Beatrice "Tris" Prior (Shailene Woodley) learned that her results were inconclusive. This causes her to be "Divergent," someone the government cannot easily manipulate and control. Eager to keep her identity hidden, Tris claimed Dauntless as her chosen faction and must not only prevent the government from discovering her threatening identity. However, she must prove she is Dauntless worthy.



While fans of the novel eagerly anticipated the screen adaptation, it was disappointing that the movie missed pivotal moments in the novel or rushed and wrongly reinterpreted them.

The film attempted to appeal to both the dedicated book fans and new audience members. However, it was frustrating that it based its plot with the assumption that fans will infer story components not explained throughout the movie, leaving new fans confused about the overall plot.

Although an imperative component of the novel is the love story between Tris and Tobias "Four" Eaton (Theo James), their playful, romantic chemistry seemed rushed.

Even with a cast of rising young actors (Woodley, James, Miles Teller and Zoe Kravitz) the film, overall, failed to create the emotional

attachments that the novel developed. Rather than be the enemy of Tris, Peter (Teller) was more as an immature boy only present to add a comedic appeal. Maggie Q portrayed Tori, a trusted confidant in the novel, as a distant stranger.

The only characters shown with accurate depictions and steady character development were the two main characters. Although starring in her first leading role, Woodley proved she had the potential to be more than an American teen living a secret life. The film demonstrated that she was capable of being an admirable heroine, conveying more emotions than other Hollywood actresses.

Meanwhile, James was able to embody everything a YA leading man is supposed to convey: a masculine mysterious soul, with a kind heart, leading him on the path to becoming Hollywood's new eye candy.

With two more installments of the franchise, there is a potential for redemption. Fans can only hope that their beloved story can be better executed by abiding more truthfully to the novel, as well as to be respected amongst newcomers, for the underdog can always be rooted for.



COMIC-CON INTERNATIONAL PRESENTS  
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## Comic Book Corner

By FAITH ORCINO  
A&E EDITOR

Avid comic fans join industry guests and stars at the Anaheim Convention Center for WonderCon 2014.

A former northern Californian convention established by comic vendor John Barrett, this event grew to become a "sister" show of the famous Comic-Con International: San Diego (SDCC). Organizers, according to the Comic-Con website, moved the show to Southern California when the Moscone Center in San Francisco went through construction in 2012. A year later, it received a new name: Comic-Con International Presents WonderCon Anaheim (WCA), after having successful years at its new location.

WonderCon will take place this year during Easter weekend, April 18 to 20. The special guests include co-publisher Jim Lee of DC Comics, artist Cliff Chang and writer Kelly Sue DeConnick. Earlier in February, the



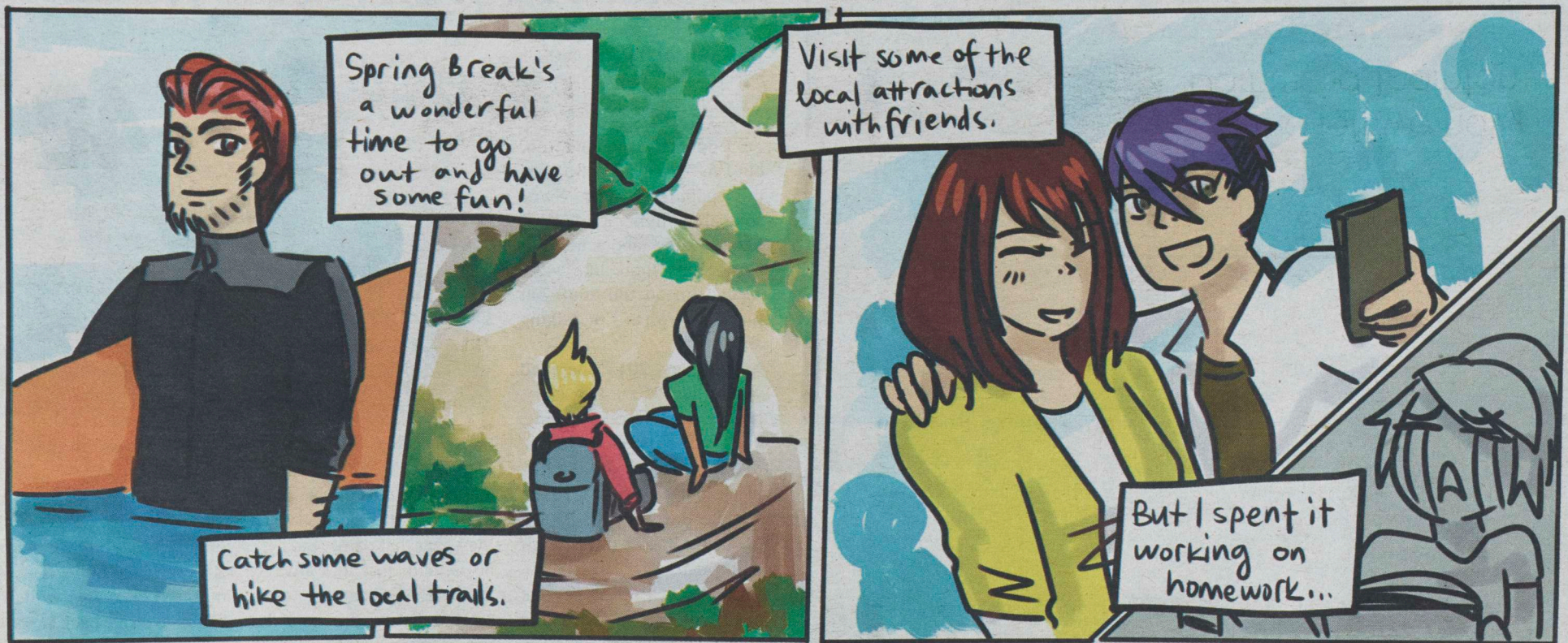
SDCC blog released news that WCA will premiere the newest DC Universe animated film, Son of Batman. The PG-13 feature brings motion to the tale of the Dark Knight and his son, Damian. While his father fights for justice, his mother Talia al Ghul lives a life of evil.

Its official public release is May 6, but WonderCon goes will get a sneak peek of this

movie. Other events include panels on a wide variety of topics and a costume masquerade. Tickets may still be available for purchase, but only through their online service in comic-con.org. This year, there will be no onsite badge purchases. For more information, visit the WonderCon website: <http://www.comic-con.org/wca>



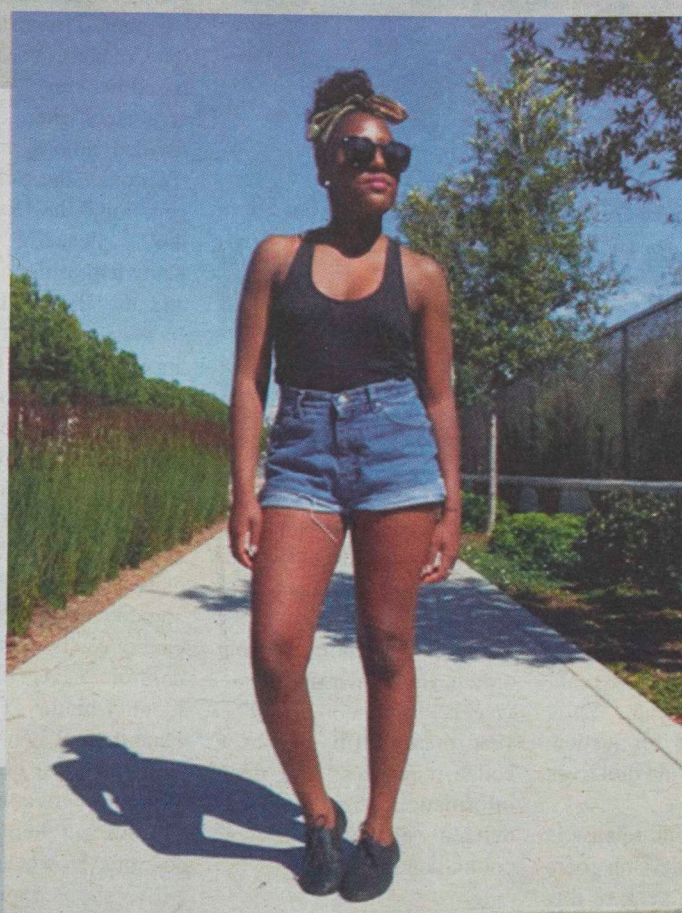
## STUDENT A: "WISHING YOU WERE THERE" by Faith Orcino



### SDBWD 06

By Alex Maravillas  
Fashion Columnist

Step into spring with style! CSUSM students Jazmine Jones and Darniesha Thornton show their "Outfit Of the Day".



Here we have CSUSM student Jazmine Jones (top photos) from Pasadena LA. You can follow her on instagram **@jazzstyle**. On the left, we have Darniesha Thornton. You can follow her on instagram **@DARNIIIESHA**.

Photos taken by Alex Maravillas