

Hurt Again

Women in abusive relationships

BY AMANDA KEELEY
Pride Staff Writer

When choosing a partner, why do some of us behave like outright masochists, seeking pleasure in pain? How else could we describe people who stay in relationships filled with physical/verbal abuse, unyielding selfishness, or plain, old-fashioned oppression?

Often dismissed with pity, disdain, or indifference, it's important to note that, of those who 'get out', many inevitably wind up back in similar situations without fully understanding why.

In asking around, the Pride discovered some interesting similarities between people on the short end of such arrangements. The women interviewed seemed to understand logically that their relationships were not satisfying, but that something emotional, or otherwise hard to place, kept them from making better choices.

Sonia Ruiz, an assistant professor at CSUSM's psychology department, shared some interesting insights.

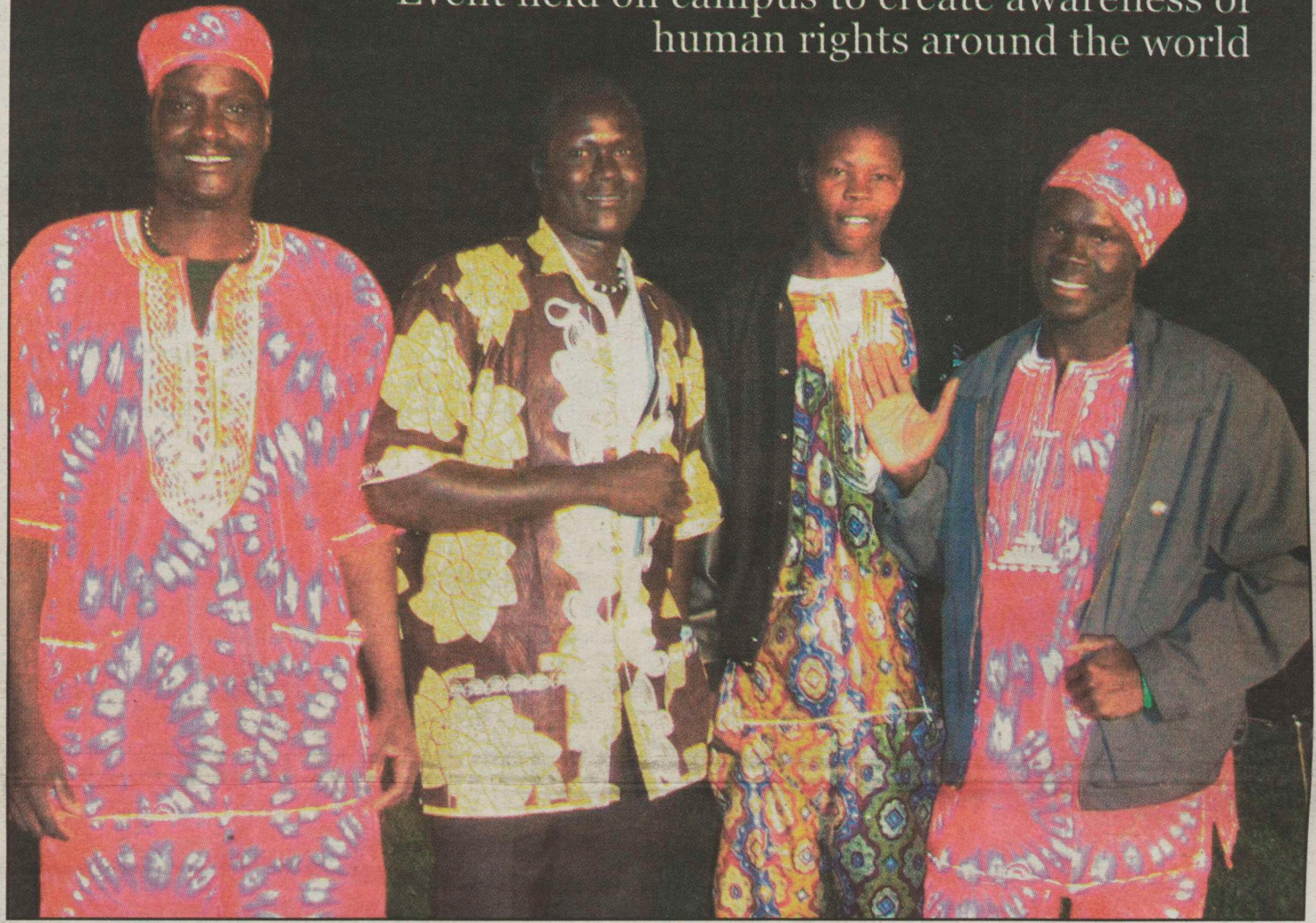
"The most important thing to remember is not to 'blame the victim' and to look outside the box at all the factors involved."

Pride asked Dr. Maureen Fitzpatrick, another of our assistant psychology professors, what some of the sociological or psychological factors might be. What would cause a woman to create and even main-

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Lost Boys of Sudan

Event held on campus to create awareness of human rights around the world



The Lost Boys of Sudan, Thursday, Oct. 20.

Photo by Erin Young / The Pride

BY ERIN YOUNG
Pride Staff Writer

It was 'an evening to remember, learn and celebrate life.' On Thursday, Oct. 20, The Lost Boys of Sudan, Alephonsion Deng, Benson Deng, and Benjamin Ajak, shared their life stories with over 150 students and citizens at Cal State San Marcos. These 'lost boys' now in their mid-twenties told and sung about their harrowing journey and escape from a war-ravaged country.

The special event was given to promote and create awareness of human rights around the world. Only three traumatic stories were shared last Thursday night out of the hundreds of thousands around the world. But one story is enough to make a difference.

"You meet someone one time, hear their story and know it will change your life," said Bernstein. This kept in mind of the event sponsors was to host an evening to advertise the injustices that are still prev-

alent in today's society. These sponsors included the CSUSM Amnesty International, ASI, Student Life & Leadership and the M.Gordon Clarke Field House.

As cookies and juice were served, the sounds of Alepho and his band Thong Jieng filled the Forum Plaza. The audience thoroughly enjoyed the concert as several students got up and danced in front of the stage. The music lasted for a little over an

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'Sluts Unite' event comes to CSUSM

Activist and sex-worker campaigns on campus

BY CHRISTINE VAUGHAN
Pride Staff Writer

Sluts Unite, presented by ASI, welcomed speaker, activist and sex-worker advocate Carol Leigh, known in her profession as Scarlot Harlot, to campaign for prostitution rights and political unification of sex workers and allies. The event attracted over 50 students to Commons 206 on Monday, Oct. 24 from 12 to 1:30 p.m. utilizing Har-

lot's personal experiences and publications in a multimedia presentation.

Harlot was a guest speaker back in March during Women's History Month and was asked to return to Cal State San Marcos by ASI to share her experience and knowledge with the student body.

Audience members were receptive, laughing and warming up to Scarlot Harlot's satirical slogans, arguing for 'prostitution without apology' and demanding the 'U.S. out of my underwear: No BUSH should be in these panties.'

"It's a personal issue: being accepted," Harlot said about her experiences of being

a bigger-girl and continually struggling to be accepted by society at large for being a sex worker. "I've taken my self-esteem issue to the streets of social politics." Though Harlot has never been arrested for prostitution in all her 27 years in the profession, she has been detained for participation in protests and demonstrations seeking to unite sex workers and decriminalize prostitution.

Harlot has spent more than her share of 15 minutes in the lime light. Since 1978, Harlot has been featured on ABC News,

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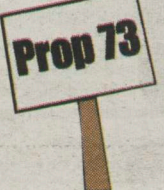


Photo by Christine Vaughan / The Pride

Carol Leigh, also known as Scarlot Harlot.

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hour in a half and received a loud applause when finished.

"It was a wonderful event about an amazing story of survival mixed with great music and full of culture," said Ryan O'Connor, a student present at the event.

Also available for purchasing was their book, "They poured Fire on us from the Sky: The true story of three Lost Boys from Sudan." The book tells of their detailed

lives of "living in Ethiopian refugee camps while fending off lions, hyenas and crocodiles, as well as starving adults who stole their food. They suffered abuse, hid from soldiers and were plagued by yellow fever and river blindness, they watched friends die," said Bernstein.

The authors were available throughout the concert and briefly after to sign books and write personal messages to their fans. This remarkable

book is still available for \$25 dollars at www.theypoured-fireonus.com.

Alephonsion Deng, Benson Deng, and Benjamin Ajak continue to speak out of behalf of The Lost Boys throughout San Diego. To hear their stories of hardships and concert, Wednesday, Oct. 26 they are presenting at Estancia La Jolla Hotel and Spa at 6:30 p.m. also on Sat., Nov. 5 at Cane's Bar and Grill at 4 p.m.

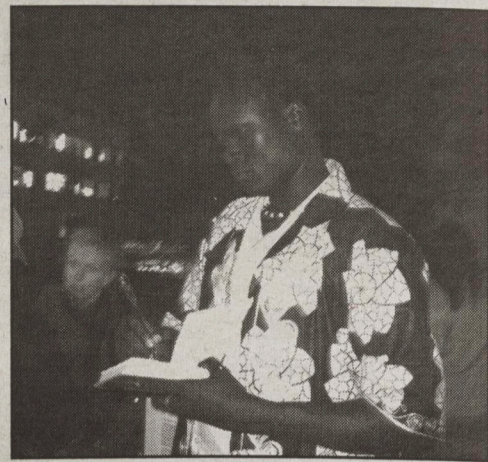


Photo by Erin Young / The Pride

SLUTS UNITE, from page 1

The Geraldo Show, Access America, Nightline, The Late Show with Arsenio Hall, Maury Povich, Montel Williams and The Rosanne Show campaigning for sex workers rights and political representation. Dedicated to expanding sexual awareness and tolerance, Harlot takes her advocacy beyond television by attending conferences, holding presentations, performing her own art and sharing her experiences on tours.

"Women are sluts and men are studs. It's not fair. If we (women) are sexual, we've transgressed," said Harlot about the contradicting social attitudes of sexual experiences for men and women.

Harlot, referred to as an artistic activist by event hostess Cheyenne Barr, highlighted her publications in print and media. Her artistic activism can be found in her book 'Unrepentant Whore', a collection of lyrics, poems, self-disclosure and photographic

timelines documenting Harlot's experiences and fight for prostitute's rights. In an exert taken from her book, Harlot expresses the difficulty of being on the forefront for sexual liberation.

"Disclaimer (for those that walk on the wild side): If you get into trouble, don't blame (or sue) me. People can get hurt when they engage in illegal, stigmatized activities. Men (and women) try to fool you. Poetry ≠ Money. If you run away from home you might get into trouble. Don't be poor, homeless, sick or addicted to anything illegal or expensive – as if you have a choice. Life on the sexual frontiers can be dangerous at worst, or simply a cross to bear."

"The solution (for prostitution rights) must be found by sex workers and the community on an ongoing basis. The solution must be guaranteeing rights and making sure we're not discriminated against," said Harlot on behalf of sex workers.

In seeking a solution, Harlot

promotes decriminalization of sex workers, established labor laws, equal rights on the same basis as other independent contractors and employers, no taxation of the industry without proper political representation, zero tolerance policies for coercion, violence, sexual abuse, child labor, rape and racism, clean and safe working environments, the right to deny a client and say 'no', access to training to ensure professional standards, access to health clinics without being stigmatized and an end to social discrimination toward sex workers.

"Models are walking down runways topless and they're glamorized making hundreds of thousands, and prostitutes do similar things and their criminalized and arrested," said audience member and communication major, Brandon Brown about the double standard prostitutes face in our society.

"The right to be a prostitute is just as important as the right not to be a prostitute," Harlot said.

Harlot also highlighted how detrimental pornography is to her industry. "Pornography is the antithesis of eroticism" showing women in suppressive roles with violence directed toward them, mentioned Harlot. Such representations put her line of work in harm's way.

In the 27 years in the profession, Harlot has worked for massage parlors, call-girl companies, within social circles and independently serviced private clientele. She has been a victim of rape and believes that through legalizing the prostitution business laws and regulations can provide security to the workers preventing violence from manifesting.

"Sex work is a noble and risk-taking profession" said Harlot. Her mission has been to be an advocate for sex workers and their allies pushing to decriminalize prostitution and make it a shameless profession. For more information about Scarlot Harlot, her publications and her cause, visit <http://www.bayswan.org>.

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The Pride
Cal State San Marcos
333 N Twin Oaks Valley Road
San Marcos, CA 92096-0001
Phone: (760) 750-6099
Fax: (760) 750-3345
E-mail: pride@csusm.edu
<http://www.csusm.edu/pride>
Ad e-mail: Pride_ads@csusm.edu

Omar Yañez clarifies 'open forum' article

BY: PATRICK B. LONG
Pride Staff Writer

Omar Yañez, the student who spoke out against Cal State San Marcos' Professor Carlos von Son in an open forum on Sept. 28, came forward to clarify some vague topics discussed in the Oct 4 issue of The Pride. The Pride news article printed Oct. 4 about the denial of tenure for von Son explained the open forum after a

M.E.Ch.A. meeting.

The news article explained that von Son was allegedly denied tenure based on three topics. The first two topics, the lack of community service and the lack of being published, are not credible according to Yañez. He states that these two topics were satisfied by von Son. The concern Yañez had was with the statements regarding evaluations. Since Yañez is a student he is not privy to the

information on evaluations and stated that he did not bring up that topic.

"I've not had enough exposure (to von Son) to know if he is a good teacher," said Yañez. Yañez also stated that he is unaware of the administration holding the Spanish language in higher importance than the 'Mexican language'. Also, he was not aware of which staff and faculty were subpoenaed. Yañez is also unaware if the administration is trying to discipline von Son, as stated in the article.

As for the two teachers that von Son is currently seeking legal action against, they are both female, as opposed to the statement in the article of one male and one female.

According to a 'North County Times' article from Oct. 12, von Son is pursuing legal action against California State University San Marcos Board of Trustees for his denial of tenure and claiming harassment against two faculty members, Sylvia Rolle and Jill Pellettieri.

As for von Son's tenure, Yañez stated that he is not in the position to make a decision one way or the other.

"His behavior should be looked at (for tenure)," said Yañez. He went on to say, "If you're going to support him, know this is going

on." "I interacted with him on a personal level," said Yañez. Yañez has a working history with von Son which includes the upcoming movie "Ofrenda Desnuda". Yañez explained that his motives for coming forward were to inform students, staff and faculty of his experience with von Son.

"Get informed, make an informed decision," Yañez said. As for the affects of the open forum, Yañez explained that he has had a lot of students go to him to express gratitude for coming forward. Yañez believes it is easier for men to come forward with information since it can be embarrassing for women to talk about sexual harassment.

An article published in the 'North County Times', on Oct. 12 said, "charges in the lawsuit he (von Son) filed in December 2003 that two fellow professors sabotaged his chances to get tenure by submitting 'false and defamatory' material to the university's peer review committee on tenure." The article went on to say that "Superior Court Judge Michael Orfield has refused to dismiss the case" even though Cal State San Marcos has denied all claims made by von Son.

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A Step Beyond Donating

BY JESSICA DAMBKOWSKI
Pride Staff Writer

The San Diego Blood Mobile blood drive on Oct. 18 and 19 was not as successful as expected according to the San Diego Blood Bank. Nonetheless, 38 pints (which calculates to four and three quarter gallons) of blood were donated during these two days, reported Lillian Gonzalez, Donor Recruitment Consultant. Also, according to Zelma Nixon, the licensed vocational nurse (LVN) on duty said they received six donors in the

“Hospital patients depend on blood donations every three seconds ... it saves lives.”

Mary Walter-Brown

first hour after the Blood Mobile arrived on the second day. A seventh donor finished filling out the medical questionnaire while Nixon was interviewed.

The blood drive welcomed the public as well as students, but on Wednesday these first seven donors were students,

and for the majority of them, it was their first time, said Nixon.

Many students may wonder about what happens to their blood after it's donated.

When asked about the trip blood donations take, Nixon explained, “There is a lab they (The San Diego Blood Bank) send it to for testing... It can take one week (for testing).” Nixon said all the blood donations are tested for safety before they are released for use in medical facilities.

Gonzalez informed the Pride that blood donations can be broken down into plasma, palettes, and red blood cells while at the lab.

Nixon also explained that the component selected influences how the donation is preserved, but that in its raw state blood donations are put in the refrigerator and can last for 42 days.

If others wonder what happens if the blood donation is not used in 42 days, they might consider what Mary Walter-Brown said in her Pride interview last week: “Hospital patients depend on blood donations every three seconds... it saves lives.”

Apparently it is unlikely that the donations collected at our school will not be used.

Nixon assured students that The Blood Mobile visits CSUSM fairly regularly, and we can be certain that they will be back in the near future.

For more information log on to www.sandiegobloodbank.org and click upcoming events.

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tain these unhealthy patterns?

“From the research it appears women, move from one bad relationship to another for many different reasons. One is a lack of a good father (or father figure) when they are growing up. Another is coming from an abusive home--one in which the developing child either was abused or witnessed abuse. Some women have learned that abuse in a relationship is ‘normal’ and so they don’t try to get out.”

Speaking further with students confirmed much of this, however, a number of them had their own personal reasons for staying in unhealthy relationships. For some it was simply a lack of self-esteem, making them feel as though they deserved the treatment they get because they are either not pretty, or smart enough to get anything better. Others even seemed to love the drama of a rocky relationship, that without it the relationship would be too boring.

This may remind readers of something stand-up comedian Chris Rock once said, that if you’re in a boring relationship...it’s probably a good one.

An episode of the popular show, “Sex and the City” also touches on this issue when, during the course of an apparently healthy relationship, the character Carrie is suddenly awakened with panic attacks. She comes to realize that they are an extreme reaction brought about by being so unaccustomed to a lack of drama.

Recently, a friend of this reporter who, after four years, finally built up the courage to leave an unhealthy relationship, found herself in a new and somewhat worse one.

One night, while this new boyfriend was away at a USC game, he began sending abusive text messages because she had missed one of his calls. He began to accuse her of cheating on him, along with anything else he could say to make her feel guilty. She was obviously heart-broken and at a loss with what to do. Unfortunately this was not an isolated event, but had rather become a routine in their relationship.

According to Oceanside’s “Women’s Resource Center” and Police Department, this boy was showing behavior characteristic of a batterer.

In only a few short months, this new boyfriend had demonstrated six of these seven signs. Needless to say, this friend was advised not to take it.

This incident further stresses the

Major warning signs of your partner include:

- ...Suspicious whenever you leave home
- ...Gets very angry very quickly
- ...Criticizes or finds fault with you a lot
- ...Has difficulty expressing feelings
- ...Drinks or uses drugs heavily
- ...Feels the need to protect you to the extent that they makes decisions for you
- ...Has broken or thrown objects in anger, especially if thrown at you

importance of understanding that abusive relationships are not limited to physical abuse. In fact, according to “Woman Abuse Prevention”, emotional abuse is responsible for long-term problems with physical health as well as for depression and anxiety.

Those having trouble recognizing or ending unhealthy relationships are urged to seek support from family, or local women’s resource centers. That said, concerned readers should be inspired to know that abuse cycles are neither normal, nor hopeless.

Another personal acquaintance recently married a new partner after getting out of a “masochistic” relationship. Now she is happier than many of her friends have ever seen.

When asked what made this partner so much better, she replied “For one, he can openly talk to me about his feelings, where the last guy wouldn’t. Secondly, he’s generous and cares about my feelings. And third, he’s grounded, and that makes me feel secure.”

It’s vital to understand that not all men are out to, or willing to abuse you. Another male friend stated, “I don’t care how submissive the girl was, I would never treat her badly.” There are wonderful guys like this out there everywhere, but it’s about having the self-respect and support to find them. Ladies, if you don’t want to be mistaken for a masochist, remember that when it’s a power struggle, the last thing you want to do is hand all the power over.

STUDENTS:

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Please recycle this paper

Vacation ideas come early

BY ANTOINETTE JOHNSON
Pride Staff Writer

Mexico. Usually, upon mention of this place, most of us are flooded with visions of shady nightclubs packed with individuals who can't legally drink in the states, drunkenly flailing their bodies on small and sweaty dance floors. We think of dirty streets with speeding taxis and small children peddling tourist items on corners. We think of party spots like Tijuana and San Felipe as the core of what the country is about, and of course we remember not to drink the water there.

And yet, there is much more to our southern neighbor than what is displayed in spring break brochures. Mexico is host to a fantastic array of land and water activities, wildlife preservations, and a cultural history.

I recently traveled to three different Mexican locations and was given an even better taste of what the country truly has to offer.

Mexico takes on an exotic feel in the daytime to perfectly accent the vitality of its nightlife. The activities offered both inland and on the beaches were of such a tropical nature that I almost mistook our surroundings for an island in the Bahamas.

At Cabo San Lucas, visitors are invited to first tour the city

by jeep, and then explore the bay by glass bottom boat. These two means of transportation are sold in one reasonable package for individuals and groups. Guides also ensure that each traveler's Cabo experience is complete with the inclusion of on-shore shopping, dining, and historical sightseeing, as well as a glimpse at the ocean life surrounding the region. I was able to peruse village shops for authentic tanzanite and fire-blown glass, as well as snorkel off the coast at El Arco.

A visit to Mazatlan provides a more vivid look into Mexico's working class. The city is largely industrial, with outlying tropical areas—a contrast to the atmosphere of Cabo San Lucas. I learned that Mazatlan came under historic settlement by the Spanish in 1531 who sought to export the gold and silver produced there at the Sierra Madre mines. Because of this, there are no ancient ruins to see at Mazatlan. The city's main attractions are its aquariums, Iglesia de San Sebastian, and the 40-foot high cliff, El Mirador, which hosts cliff diving shows twice daily when weather permits. Primarily, the tourist sites at Mazatlan are products that showcase the labor of its citizens.

Lastly, the scenic atmosphere and cultural prevalence of Puerto Vallarta provides a semi-indus-

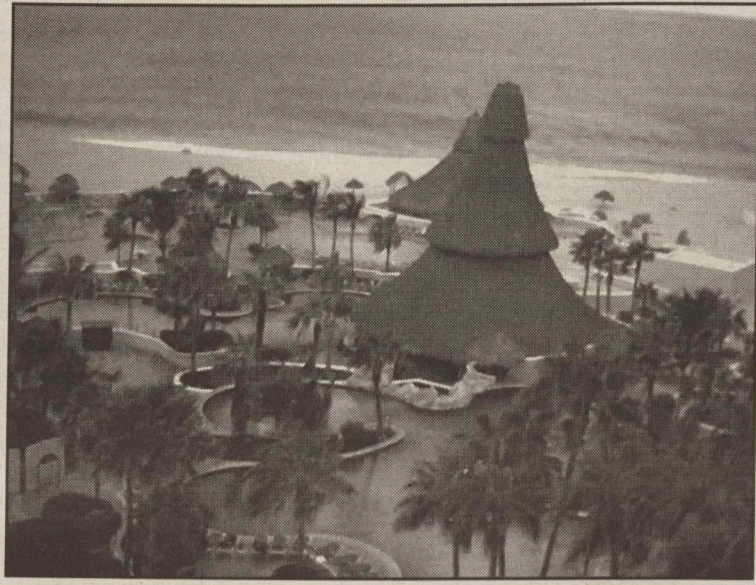


Photo by Antoinette Johnson / The Pride

trial, semi-exotic blend of both Cabo San Lucas and Mazatlan. The terrain there takes a dramatic shift from warm water beach surfaces to severe mountain regions, less than 10 miles inland. With the mountains surrounding this oasis, Puerto Vallarta exists in peaceful isolation. The lasting impressions of the city were made by its accessibility to shopping, dining, and lounging, as well as the friendliness of the citizens. Puerto Vallarta has a newer face than Mazatlan, but still contains the authenticity of a Mexican culture. Visitors are given the opportunity to watch and learn salsa dancing at the Malecon Main Square in down-

town, tour Elizabeth Taylor's 9-bedroom 11-bathroom house at Casa Kimberley, and explore mountain wildlife on horseback. Banderas Bay also provides snorkeling, dolphin swimming, and parasailing.

Given these descriptions, one might turn away in disbelief that all of these glorious sights are encompassed in the nation of Mexico, but it is true.

There is a lasting culture that continues to thrive beyond the TJ's nightclubs, and I urge everyone to experience it. An escape to the real Mexico can broaden one's cultural horizon beyond that of only the states, or namely, Southern California.

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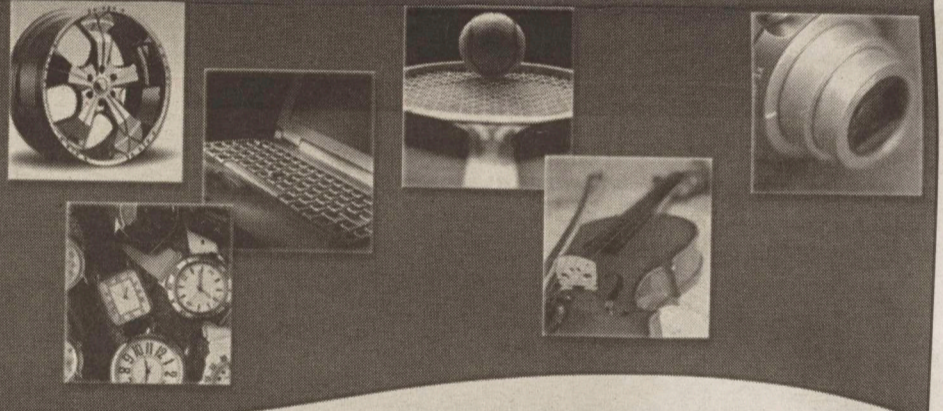
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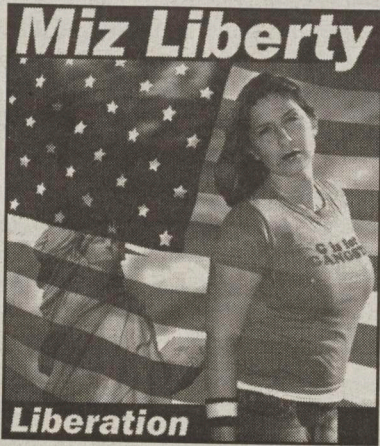
Successful Student: Stacy Goldstein

BY SHELLY MONROE
Pride Staff Writer

Stacy Goldstein is a person that if you ever get a chance to know you will understand why she has such an impact. Her dreams and goals are sure to blow you away. Stacy recently graduated from California State San Marco with a double major in communication and sociology. She spent a year in England through the study abroad program at Cal State San Marcos by herself, to expand her mind and meet new people.

Stacy's real passion lies in her music and using her word to get through to people. Stacy goes by the name Miz Liberty and has gained tremendous attention as a white female rapper. She says, "I'm a feminist political rapper and use education as my weapon." Miz liberty finished her first album called Liberation, and it is now available at any local Music Traders. Miz Liberty puts on shows at a local place called Longshots.

One of her first songs was "First Woman President" off her Liberation CD. This song talks about being the first woman president, which is Miz Liberty's all-time goal in the future, to be the first woman President. She has taken things she has learned in college and applied them in her music and



life practices. Miz Liberty's parents are very supportive and push her toward her goal as being a successful female rapper.

Miz Liberty recently did a fundraiser to raise money for the Katrina victims. All the money raised went to the Katrina victims and turned out to be a successful event. She is doing a special promotion: if you go to her website and enter your address she will send you a free Liberation CD. If you go to Miz Liberty's website you can also see the support she has for her music. The next Miz Liberty performance is scheduled December 10, 2005 at Longshots. To get some more inspiration and just some good entertainment with an educational lesson check out Miz Liberty's website AKA Stacy Goldstein. www.mizliberty.com

UniversityVoice

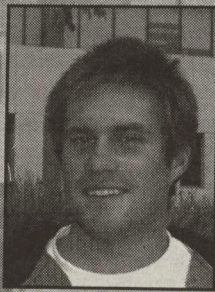
"What is the greatest Halloween costume you've ever seen?"



Spencer Gooch

"I'm going to go with, the person who went as a carton of orange juice."

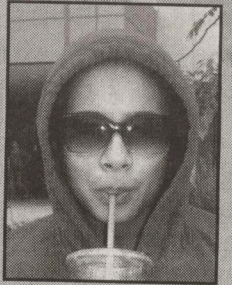
Junior
History Major



Chris Gray

"A very legit-looking Mario & Luigi (and some garden gnomes)."

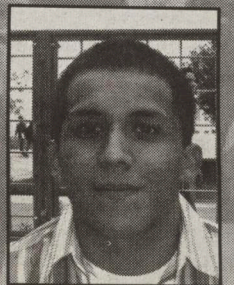
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Krystal Sevilla

"I saw a couple go as an electric plug and an outlet"

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Athletics Program on the Rise

BY HEATHER M. ZEMAN
Pride Staff Writer

The CSUSM athletics program is continuing to grow with the addition of softball and baseball in the spring of 2007. According to Athletics Director, Dr. Stephen Nichols, there has already been an abundant amount of interest regarding the teams.

"I'm receiving phone calls, emails, snail mail, even skills tapes from in and out-of-state regarding the teams. There seems to be lots of interest which is great," explained Dr. Nichols.

The recently named coaches, Jennifer Milo for softball and Dennis Pugh for baseball, have informally begun recruiting. The ideal roster is about 20 ladies and 30-35 men. Dr. Nichols explained that after the recruiting cycle, it will be up to the coaches if an actual try-out will be held.

The teams will be a part of the National Association of Intercollegiate Athletics (NAIA). Other schools that will be competitive within this association include Point Loma Nazarene, Biola, and Azusa Pacific. As the schedule is still being put together for the spring of 2007, CSUSM will aim to play other Division II and III schools including USD and UCSD.

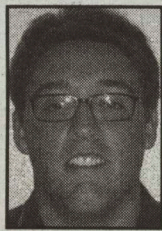
One of Dr. Nichols' goals is to raise money for scholarships, for the upcoming athletics teams. As of now, partial scholarships are offered to some athletes. A greater scholarship may be awarded at the coach's discretion and based on the total endowment for the team.

A further addition to CSUSM's athletics program will be taking place next fall, with men's and women's soccer teams. The name of the chosen coach has been withheld at this time, due to their current contract elsewhere. The soccer teams will also begin recruiting, hoping to gain a roster of 18-20 athletes per team.

Dr. Nichols has high hopes for the future of the athletics program. His vision is to see the addition of women's volleyball, swimming, diving, water polo, and tennis, all in due time. As for now, he explains, "There is no shortage in work in preparing for the new coaches and teams, but it really is fun."

Jock talk with Josh

BY JOSH SANDOVAL
Special to The Pride



Now that the World Series is almost over I am going to need an everyday sport to keep me busy during idle moments. I love football season, but having games two days a week just doesn't do it for me. Thankfully my favorite reality show begins in one week when the basketball season tips off.

Just like every other basketball fan, I have some predictions on what is going to happen this year.

Now let me start off slowly with some easy predictions.

Sometime between now and Nov 3: An NBA player will be charged with possession of marijuana. He will then use a creative excuse when he claims he was just holding it for a friend.

Sometime between Nov. 1 and Nov 7: The Phil Jackson, Kobe Bryant, and Shaquille O'Neal triangle of hate will dominate the headlines again, when Shaq opens his yap and instigates reporters to beat this story to death once again.

Nov. 2 (The Indiana Pacers first game): Ron Artest will be

suspended for the rest of the year when he gets in a fight with a water boy who looked at him the wrong way.

Nov. 2: Kobe Bryant returns to the Denver area to play the Nuggets...well lets just leave that one alone.

Nov. 18: The Atlanta Hawks defeat the New Orleans Hornets, to win their first game, putting their record at 1-8.

Dec. 25: Before the Lakers versus Heat game on Christmas day, Phil Jackson, Kobe Bryant, and Shaquille O'Neal will celebrate Christmas together. Phil will only bring one present to the gathering. Shaq and Kobe will then lash out at one another in the newspapers over who deserves the gift more.

Jan. 7: The Atlanta Hawks win their second game of the season, putting their record at 2-29.

Jan 12: The Pistons return to the scene where they lost last season's NBA finals in San Antonio. The Pistons lose this game, but the Spurs lose Tim Duncan when he attempts to block a Ben Wallace dunk and is lost in Ben's enormous fro.

February 6: 6-0, 165 pound Allen Iverson dunks on 7-6, 310 pound Yao Ming. Realizing he is an embarrassment to the center position, Yao tries his luck at another sport and becomes the world's tallest jockey.

March 2-5: In the four day span, the Bulls and Cavaliers play twice and ESPN will compare LeBron James to Michael Jordan 985,041 times.

April 9: The Clippers sweep the season series against the Lakers, causing the city of Los Angeles to think the Apocalypse is upon us.

April 19: The Atlanta Hawks lose the final game of the regular season to the Cleveland Cavaliers. They end the season at 2-80 causing NBA commissioner David Stern to banish them to the WNBA.

Okay, now that the easy predictions are done with, here are the tough ones.

I believe the Miami Heat will win the Eastern Conference title. Shaq and Dwyane Wade is the most lethal combo in the NBA. Not to mention the Heat went out and acquired Gary Payton, Antoine Walker, Jason Williams, and James Posey. They also had a very good draft acquiring Wayne Simien and Matt Walsh. Some people claim that too many superstars will cause disharmony. I disagree because I believe all of these guys know that they NEED to dish the ball to Shaq or Wade.

In the Western Conference, I like the San Antonio Spurs, because they are the definition of what a team should be. Their entire team is back and they have acquired Michael Finley

and Nick Van Exel. The Spurs also had an excellent draft acquiring Jawad Williams and Stephen Graham.

Now for the awards. For the MVP I see Jason Kidd making a run at it this year, if he can stay healthy. He now has running mates for a full season in Vince Carter and Richard Jefferson. I also see LeBron making a run at the award, if he can get the Cavaliers into the playoffs. For rookie of the year I see Hakim Warrick of the Grizzlies flourishing in his first year. He has the abilities and stature that usually produce great rookie years. The most improved team this season will be the Los Angeles Lakers, because of two words: Phil Jackson. The team with the biggest drop off this season will be the Phoenix Suns because Amare Stoudemire will be out four months to start the season. Not to mention it would have been hard to win 62-games even if Amare was healthy.

Alright, just to make sure I get one prediction correct; I predict that more predictions from the first half than the second half of this article will come true.

Story suggestions, questions, comments, or concerns can be sent to Sando026@csusm.edu. Thank you to those of you that have been sending me feedback.

CSUSM Cross Country Finishes in Top Three at Fullerton

The men's and women's cross country teams closed out their regular season on Oct. 21, 2005, with two strong finishes at the Titan Invitational Cross Country Meet Friday afternoon at Cal State Fullerton. The men's team place second in the 8,000 m race among eight teams (103 runners) with a team score of 51. The women's team placed third out of eight teams (85 runners) in their 5,000

m race with a score of 67.

Men's Individual Results (Top 7)

Sergio Gonzalez, 9th, 25:16
Phil Hoffman, 10th, 25:16
Jace Getskow, 20th, 25:54
Tim Irwin, 26th, 26:00
Moises Alvarez, 29th, 26:03
Richie Gray, 37th, 26:14
Thomas Thys, 40th, 26:17

Men's Team Results (Top 5)

1. Cal Coast Track Club, 22 pts.
2. Cal State San Marcos, 51 pts.
3. Pepperdine, 98 pts.
4. Run with Us, 113 pts.
5. Runner's Zone, 121 pts.

Women's Individual Results (Top 7)

Ava Jones, 4th, 17:21
AnneMarie Byrne, 5th, 17:31
Danae Hough, 26th, 19:10
Aimee Bradley, 31st, 19:24
Anna Hough, 37th, 19:33
Kristina Hill, 43rd, 19:42
Christina Saldana, 56th, 20:25

Women's Team Results (Top 5)

1. Cal Coast Track Club, 27 pts.
2. Run with Us, 54 pts.
3. Cal State San Marcos, 67 pts.
4. Pepperdine, 108 pts.
5. Cal State Fullerton, 126 pts.

Information courtesy of Paige Jennings

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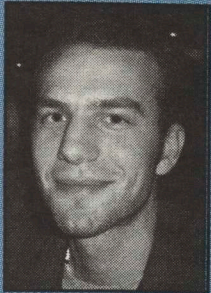
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OMBUDSMAN'S NOTES

BY MATTHEW SCHRAMM
Pride Staff Writer



Ok, I've got a lot to talk about this week so I'm going to get straight to the point.

nice article on the "University Hour," and Erin, awesome back page: topics, pictures, and layout.

Now the issues...

Issue One: The Katrina Mishap. Well good God, and I thought the issue of The Pride a couple of weeks ago was controversial, what with its denial of tenure article and the abortion prop, but the "Hurricane Katrina Forum" trumped them all. I mean talk about some venom - cause it was in that article. Then we had that letter to the editor from a member of the community who saw the article online, before the issue even went to print! And you know what, that community member, my hats off to him for having the courage to write that letter.

Now I don't care what color your skin is or where you're from, or whatever, the "Hurricane Katrina Forum" was not a News story; it was biased - probably unintentionally - and presented the theoretical views of a very small group of CSUSM professors as if it were fact. Think back to the article, if you read it. You know why so many people walked out of the forum? Dr. Dreama Moon apparently had the answer: those stu-

dents who left were unable to accept their own "racial consciousness," as the article put it. Yet why was Dr. Moon's statement used to express the views of those students who left? Nowhere in the "Hurricane Katrina Forum" was a view presented from one of those students who walked out. Nor was there any structure to the article that denoted that the theories quoted in it were just one perspective and not necessarily a solid fact.

The "Hurricane Katrina Forum" article read as if it were an editorial, and was unbalanced and offensive in its presentation, and never should have appeared on the front page of The Pride. Oh, and if that wasn't enough, there were a dozen or so, (yes, not just one or two) typos and wording errors in the article.

Well at least it was a controversial and an entertaining read, right?

Issue Two: Grappling with Grappa. Buried behind the "Hurricane Katrina Forum," and just inside the A&E section, was a short restaurant review, you might recall it, of the Italian restaurant Grappa, right across the street from CSUSM. Now the article read fine, don't get me wrong, but The Pride put the wrong author's name above the article, giving credit to Melissa Baird when it was actually Kimberly Raymond who wrote it. This has happened in every issue of The Pride this semester, where one staff writer is given credit, erroneously, for another writer's work. It's just plain ridiculous that this is continuing to happen, and it's got to stop.

Not only was Kim's name omitted, but her article was also edited down in a fashion I don't think she appreciated. I've seen both versions of the Grappa

article: the one printed, the one we all saw, and the original one Kim wrote. Now, Erin is the A&E editor, and in all fairness to her, I can see why she edited some parts of the article the way she did, mainly small stylistic points, but I also understand Kim's concern over her article being edited in a way she did not approve.

I've heard complaints from numerous staff writers both this semester and last, over the way their articles have been cut and edited. The Pride's editors need to make it clear to writers why they've changed an article the way that they did; they need to do it before it goes to print. Writers also need to be more open to change with their work, no written work is perfect when its submitted to publication - well except the Ombudsman of course, although the editors keep taking out my AIM smiley faces.

Issue Three: What's Your Sexual Preference? Apparently the sexual orientation of The Pride has been called into question one too many times lately, or at least enough that there is consideration in the upper echelons of The Pride to changing its name in the near future. The Pride - think about it - it sounds kind of like it might be aimed toward what sexual group... maybe something like Gay Pride? Apparently I'm just slow because I've never made this association before, but enough people have, the worry is that some people think we're something we're not and thus aren't reading the paper. I'd like to suggest that people simply aren't reading the paper because they think its gay period (as in crap).

Now I could simply come up with as many jokes as possible over the possible name change, but I'm not going to,

because I really don't care. The Pride has been good for me - I say keep it; but if it's got to go, why not just call the paper the Daily Tukwut or something, in honor of our original school mascot - still a cougar, just in a Native American translation - before they decided upon the easy to pronounce English version. I should also note that its been pointed out to me that calling the paper The Pride is inaccurate. Apparently cougars don't live in packs, or prides, and are actually solitary animals, or at least so I am told.

So those are the issues, at least the three I'm telling you about, at The Pride this week. And while it's always easier to gripe after the fact, admitting that isn't going to stop me from griping. Yet in defense of the editors - Christine, Zachary, Erin, and Patrick - besides just being nice people, they all work really hard each week to put out every issue of The Pride. I don't think people realize how much responsibility it takes to be a Pride editor, or the political, financial, and even legal concerns that come with it. Nor do the editors get a big reward for taking on the task of overseeing The Pride; usually they don't even get much praise.

Still, the editors are really the ones who hold both the prestige and shame of The Pride in their hands each week. The issues I brought up this week are just a few of the things they need to deal with. Until then, The Pride remains, whether it's good or bad.

Now that I'm done offering my criticisms, why don't you offer me some at schra009@csusm.edu.

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Prop 73, a return to reason

By Lee Joseph Mitchell

I realize I'm in the minority most of the time, me being a religiously conservative, predominately Caucasian, among a mixed bag of leftist college hippies who think they have to challenge every concept or establishment, but luckily for me, the minority is growing. Decency seems to be making a comeback. On the ballot this Nov. 8 will be a piece of legislation that could possibly be an indication of a regression back to the days when morality and common law were synonymous.

I have always felt abortion is perhaps one of the most heinous acts of violence and ungodliness one could perpetrate, and I am vehemently opposed to its prevalence among American society, but I would vote any day of the week for a woman's right to choose (as long as the abortion is within the first trimester. Partial birth abortion is something altogether different, biologically speaking).

I believe that a minor—an individual under the age of 18, and considered by the legal system to still be under the care and supervision of their parent or legal guardian—is neither sufficiently

responsible nor mentally prepared for the very serious decisions involved with issues of adulthood (I would even venture to say that most under the age of 25 are of the same character). That a 14-year-old girl could have an abortion without the consent or notification of her parents prior to—when the removal of a bunion from the toe of that same child requires written parent approval—seems unimaginable, but hey, this is California, a state in which a Superior Court Judge ruled that the mention of God in the Pledge of Allegiance is unconstitutional. Parents are wholly responsible for the welfare of the child, as long as that child is under the age of 18, but it seems that society, or at least that of California, has decided that matters that could affect the life of that child are matters of 'privacy and personal choice'.

Children have neither the faculties nor the privilege of making such choices without the participation of their guardians. While a parent can't prevent their child from engaging in promiscuity (any more than the sound teachings of church and family can), matters that involve medical attention and surgi-

cal operations do require, in all other circumstances, the consent and notification of the parents. Why then is something as life-altering as abortion so different? The abortion may not, at first glance, significantly change the life of the young girl, but it most certainly affects the life of the unborn child within her.

The answer is simple. We as a society have decided to preach to our children, not a message of morality and personal responsibility, but instead the venom of promiscuity and self-gratification. Now, if one has sex and—oops!—get's pregnant, instead of taking care of the child, the result of one's choices already made, we can simply "undo" the mistake! A redo, if you will. Suddenly, childbearing has become something of a game in which abortion is the quick fix to a night of passion absent of reason. Being an individual that came quite close to being aborted (thanks to my grandmother, Voila! The miracle of birth occurred after all), I think it's important to stress that abortion isn't a solution for a mistake, but a medical operation that should be used only in the case of a medical emergency; when the life of

the mother is in danger.

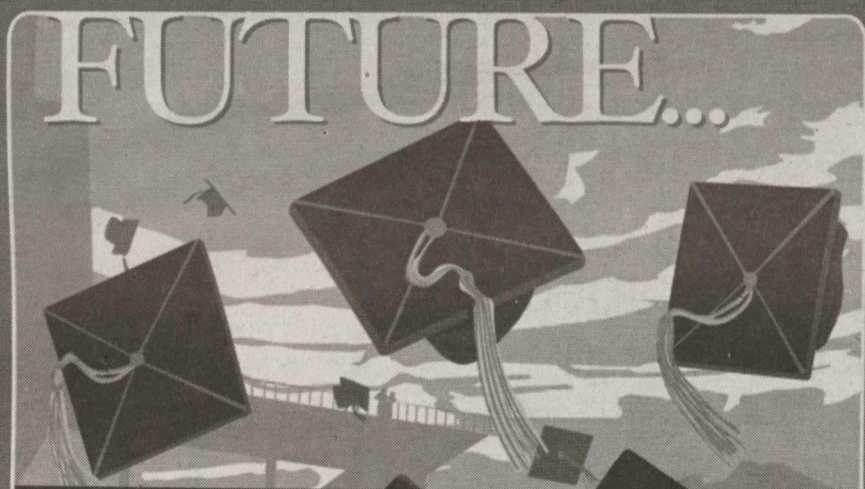
But a teenager doesn't understand this. It's not theirs to understand. They're not supposed to be dealing with such weighty issues. These are items of adult proportions, which require the faculties found exclusively among reasonable adults—the parents of these troubled youths. In California, however, a parent's consent is not needed for a minor, even a 13-year-old to have an abortion. Still, at the least, the parent should be notified, should be privy to such information before the abortion. Some may say that such required notification is still an invasion of privacy, but minors don't have such rights, and such has been demonstrated in cases involving eavesdropping and the like, which are more obvious occurrences of an 'invasion of privacy'. In order to be under the care and supervision of one's parents, there simply cannot be such blockades to understanding. If parents are expected to morally and emotionally support their daughter in such a time of distress, they should be given fair notice of such a course of action.

The reasons for this exception to common medical prac-

tices are quite clear; the first is that we want, as a society, to promote the sexually liberal ideals of our licentious youth, and second, we are always attempting to treat children as adults. The availability of "morning-after" pills is the proliferating message of cleaning-up, rather than dealing with, the "mistakes" of one's behavior. Many argue that 'we shouldn't punish a young woman for mistakes she's made; making her deal for life with an ill-thought out decision of her youth', but, and excuse me, the conception and development of a fertilized egg into a human being is not a 'mistake', it is nature and

Please, help bring back some reason to this state of radical leftists that strip away, year-by-year, more and more of the vital fabric that keeps families intact. Return to the parents their right to know; honor their rights as the caretakers and fountains of emotional support of their children, return back to the parents what has always been theirs, the right to know about the medical condition and welfare of their children.

Please, vote yes on 73.



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Have a "Good Night, and Good Luck."

BY ALFRED CHU
Pride Staff Writer

"Good Night, and Good Luck" has every quality a film should have that would make you remember and applaud it. It chronicles the initial steps of Senator Joseph McCarthy's downfall, beginning with numerous reports from "See It Now," anchor Edward R. Murrow (David Strathairn). Despite cynical criticism and abandonment by sponsors, Murrow and his producer Fred Friendly (George Clooney) push forward to expose

a corrupt, lying government. That's a simple enough plot to last ninety three minutes. However, "Good Night, and Good Luck" makes you forget the length and focus on the more intriguing aspects, such as the performances, the cast, and the authenticity.

The performance of Strathairn is the most memorable. He is not just portraying a real person, but resurrecting Murrow to a new light and a new generation. It would be a shame if Strathairn received anything less than an Oscar nomination. Even though Clooney also gives a fine performance, I'd rather remember him as the director of this film rather than an actor.

Once known as an actor who only accepts leading roles, in "Good Night, and Good Luck" Clooney gives his film and his cast the opportunity to shine instead of him. He creates the film in standard black and white to give a real feel for the time period. He even uses archive



Photos courtesy of Warner Independent

footage of McCarthy himself, instead of an actor. The set design of the offices and the newsrooms answer the question, "What's it like to work at CBS back then?" The supporting cast is not one of big stardom but of skill. Joe Wershba (Robert Downey Jr.), and as Shirley Wershba (Patricia Clark-

son) as the secretly married coworkers, Don Hollenbeck (Ray Wise) as the envious anchor of Murrow, William Paley (Frank Langella) as the CBS news boss, and Sig Mickelson (Jeff Daniels) as a co-producer all shine in their small but respected roles. "Good Night, and Good Luck" joins

"Pulp Fiction," "The Usual Suspects," "Heat", and many more on my list of films with the best supporting cast.

It seems obvious that the film is giving one lesson and one message. The lesson is that what we went through in the past is likely to occur again. The film urges us to learn from our past to predict the future. The message is that there is a connection with the McCarthy years to our current leadership. Murrow's report quotes William Shakespeare, "The fault, dear Brutus, lies not within our stars but within ourselves."



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CSUSM professor presents latest documentary film

BY LIZZ OSBORNE
Pride Staff Writer



Jonathan Berman

Faculty member and independent filmmaker Jonathan Berman will present his latest film, "Commune", free and open to the public in Arts Building room 240, on Wednesday, Oct. 26, at 7 p.m.

The official press kit states, "Sometimes it takes a village to blow your mind," this is certainly true of the village presented in "Commune." The film, which followed a group of young idealists at the influential Black Bear Ranch, in Siskiyou County, where they aimed to reshape the world with free love, common property, and the excited controversy of fear amongst local residents.

Premised on the idea of Free Land for Free People, and financed Hollywood rock stars, the founders of Black Bear bought land deep in the wilderness and raised a rough-hewn homestead. Over the years, hun-

dreds would join the community, and life would be complicated by conflicts about the role of women, child rearing, proper behavior, and most traumatically, a child-snatching cult. The film gave us a revealing look at how our most basic choices about family, work, and the nature of our relationships send powerful and lasting shock waves through the fabric of society.

According to Berman, "The theme of the film, in my opinion, is 'go for it, go for your dreams, but be sure to not get too carried away by them.' You see this in the film with the Commune on the one hand, who is going for it, and the cult who challenge their existence." The cast includes Peter Coyote, Michael Tierra and internationally renowned painter Elsa Marley. Jonathan Berman's previous films, "The Shvitz" and "My Friend Paul" have aired on Sundance Channel, PBS, Discovery, ARTE, Trio and other networks that have screened theatrically and at numerous festivals around the world. Critics have praised Berman's "searing celluloid portraits" as "crackling with energy" full of "swagger and style," and "gritty and funny."

Fiona Apple's "Extraordinary Machine"

BY MELISSA BAIRD
Pride Staff Writer

The sneaky, sinister sounds of Fiona Apple's Extraordinary Machine spark new energy in even the dreariest of listeners.

I figured Apple's new CD would be similar to all the



other angry chick music I've heard. In retrospect, I find the content of Extraordinary Machine much more empowering than depressing.

Apple's tone adds a sense of refreshing fierceness to every track. Listening gives me the image of a boy smirking as he is admonished by a teacher with lettuce in his teeth. While viewed as a meek victim by those who hurt her, in reality Apple is privy to something better that others don't see. She is very intelligent and self aware, despite the pain brought on by having so much insight.

Regarding relationships, Apple states, "You looked just as sincere as a dog does when it's the food on your lips with which it's in love." Recognizing faux admiration comes quite easily for Apple because she's experienced it numerous times before.

The nasty sting of regret pierces as she says, "I wasted unconditional love on some-



Photo courtesy of Sony Music

body who doesn't believe in the stuff." It must be hard to have a relationship with a nihilistic lover. But Apple's honesty and wit make even depressing statements appealing.

Her minimalist approach to life is expressed several times throughout the CD. In one instance she ponders, "What's so impressive about a diamond except the mining?" The inquiry highlights her distaste for wasteful luxuries. Apple's pragmatism makes her stand apart from the typical superficial female.

Extraordinary Machine's soulful feel makes a person want to disregard all problems and simply sway back and forth with a glowstick.

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Halloween costumes for the last minute shopper

BY AMANDA KEELEY
Pride Staff Writer

Halloween is right around the corner and with these great local costume shops you're sure to make a spooky impression. For all those fun and sexy girls out there who are looking to bring some spice to this frightening holiday season, Fredericks of Hollywood is a great place to start. Located in Mission Valley, Escondido and Carlsbad's Plaza Camino Real, Fredericks has a variety of sexy costumes such as: the naughty nurse, sexy cop, and the always popular French maid, just to name a few.

Another great place to find a costume this year is at Fun Shop in San Diego. They carry over 10,000 costumes, costume accessories and party supplies, you're sure to have one ghouling party with these stores in mind. Also Fun 'N Folly, located on Black Mountain Rd in Poway, has a mass amount of costumes for adults and kids, plus an assortment of accessories and wigs.

If you really want a good laugh this Halloween, try Celebrity Heads located in San Diego or look it up online. They have over 60 oversized celebrity heads that you can rent on a daily, weekly or monthly basis. All the heads are hand made and hand painted. You are sure to turn heads

with these great celebrity masks.

If period style costumes are what your looking for, then check out Debbie's Costumes in San Diego or look it up online. Debbie Gluck is a professional costume designer who has designed costumes for over 100 comedies and musicals.

Another great place to find that special costume is Buffalo Breath Costumes, which is San Diego's largest and oldest costume company, known for the quality and selection of their costumes which include: togas and gladiators from Ancient Rome to WWII civilian and military costumes, Victorian gentlemen to Elizabethan queens, scary Halloween costumes to Roaring Twenties flappers, Renaissance peasants to colonial merchants, flash back to the Seventies with Disco costumes and thousands more. Buffalo Breath Costumes sell as well as rent out their costumes.

If you still don't see anything you like here, try Margaretrose Custom Clothing Design, located in San Diego. This is not a rental shop; they specially design your costume for you. Margaretrose's designs can be seen everywhere from the stages in Las Vegas to television and movies. So if you're at a loss for what you want to be this Halloween, take a trip to one of these great stores and be creative.

Killer Halloween cocktails

BY ERIN YOUNG
Pride Staff Writer



Vampire's Kiss
2 oz. vodka
½ oz. dry gin
½ oz. dry vermouth
1 tbsp. tequila
Pinch of salt
2 oz. Tomato juice

Shake with ice, serve on the rocks.

Jack O' Tini
2 oz. vodka chilled
¼ oz. Bols Pumpkin Smash Liqueur
1 candy corn

Combine vodka, liqueur, and ice. Shake well and strain into chilled glass. Place single candy corn at bottom of glass.

Tequila Ghost
2 oz. tequila
½ oz. Sambuca Liqueur
½ oz. lemon juice
Club soda

Combine tequila, liqueur, lemon juice and shake over ice. Top with splash of club soda.

Brain Hemorrhage
1 oz. Peach Schnapps

1 tsp. Bailey's Irish Cream
2 drops grenadine

Pour Peach Schnapps into large shot glass. Slowly add Bailey's and top with grenadine.

Jagermonster
1 oz. Jagermeister
1 oz. grenadine
Fill with orange juice

Combine in tall mixing glass, mix well and serve.

Smashing Pumpkin
1 oz. orange vodka
¾ oz. Grand Marnier
2 oz. orange juice
Sparkling wine

Combine in tall mixing glass, top with sparkling wine.

Candied Apple
1 oz. Cuarenta Tres
1 oz. Sour Apple Schnapps
1 oz. Triple Sec

Shake and serve straight up, garnish with caramelized rim.

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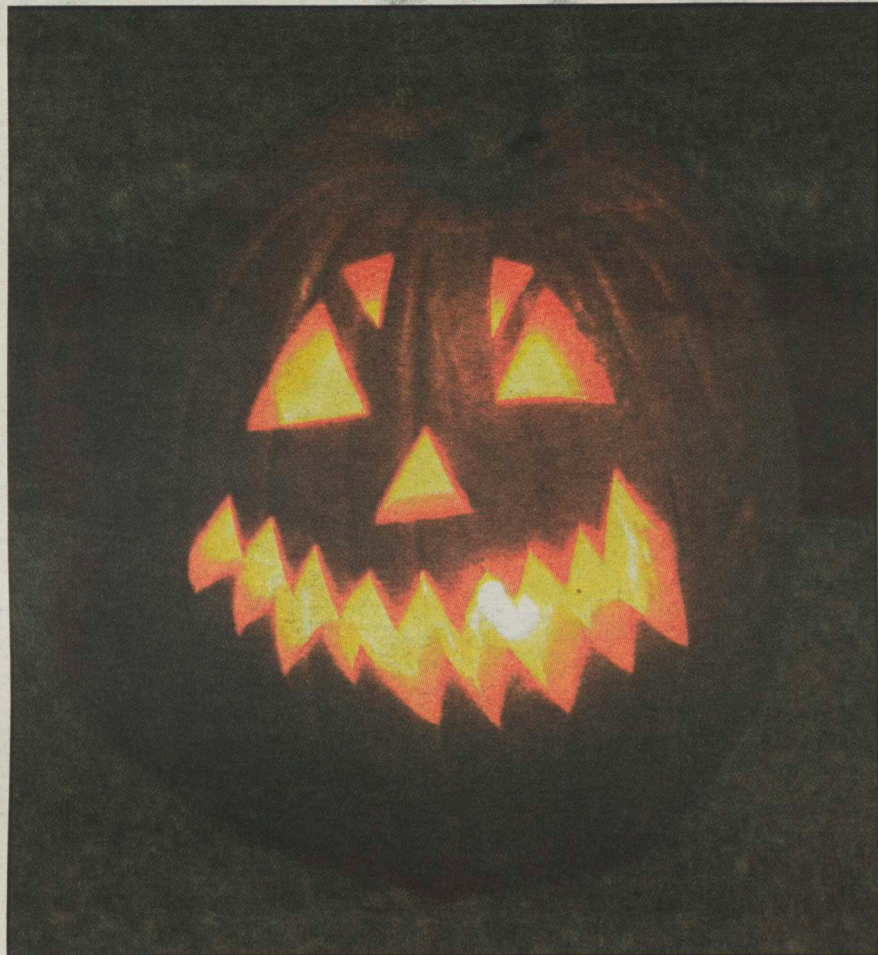
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How to ... Carve a pumpkin



Photos by Erin Young / The Pride

BY JASON SAUMUR
Pride Staff Writer

Witches, warlocks, Jedi Knights, and ghouls will soon descend upon houses and costume parties celebrating All Hollow's Eve.

To match these creative costumes, one needs some festive decorations. The perfect complement is the mighty pumpkin caved with designs of fright, humor, or just plain oddity.

This simple How To creates a unique pumpkin to give trick-or-treaters laughs and possibly screams. Once finished with this creation, the inner pumpkin seeds make a delicious addition to any party.

Here are suggested items to carve a pumpkin:

- A sharpie
- A pumpkin of any size or shape
- A pumpkin-carving knife
- A spoon to scoop out the seeds
- A few old newspapers
- A piece of scratch paper
- Any type of candle
- A bowl for temporary storage of the pumpkin seeds

Carving, come on down!

Step 1: Clear a table or similar area to use as the laboratory surface for the pumpkin

concoction.

Step 2: Place newspapers in the center of this area to enable easy cleanup.

Step 3: Place the pumpkin on the newspaper and ready the sharpie.

Step 4: On a scratch piece of paper draw and design the face for this pumpkin masterpiece.

Step 5: Begin at what feature one finds most appropriate to begin with and go from there.

Step 6-8: Repeat the sharpie drawing until a suitable face is completed.

Step 9: Once finished, draw any shape upon the top of the pumpkin for access to the innards

Step 10: Begin carving the very top of the pumpkin following the sharpie outline created before.

Step 11: Once finished, place the top on the newspapers for later use.

Step 12: Begin carving the rest of the face with no particular order necessary.

Step 13: Once the pumpkin is carved in the appropriate positions, place all of the cutouts on the newspaper near the top taken earlier.

Step 14: With the cutouts finished, take a hold of the spoon and scoop the innards into the bowl until nothing inside remains.

Step 15: Lastly, place the candle in the center of the pumpkin to illuminate this master creation at the wee hours of the night.

Spooky rents for Halloween

BY ALFRED CHU
Pride Staff Writer

1. Exorcist
2. The Shinning
3. Silence of the Lambs
4. Poltergeist
5. It
6. Halloween (original)
7. Psycho
8. The Ring
9. Scream
10. Night of the Living Dead

Photos courtesy of Warner Bros.



Pumpkin seed recipe

BY JASON SAUMUR
Pride Staff Writer

To create scrumptious pumpkin seeds:

- Cold Water
- Salt
- Pumpkin Seeds
- Cookie Sheet
- Bowl
- Cooking Spray

Step 1: Take the innards from the pumpkin and separate the seeds from the pumpkin mucus into a second bowl.

Step 2: Once the seeds are separated, place the seeds under running cold water to wash away any lingering substances.

Step 3: Salt the seeds with as much or as little as needed.

Step 4: Take a cookie sheet and spray it with cooking spray according to the label.

Step 5: Preheat the oven to 250 degrees.

Step 6: Place pumpkin seeds evenly distributed onto the cookie sheet.

Step 7: Place the cookie sheet into the oven.

Step 8: Let the seeds cook until crisp and golden.

Step 9: Remove the seeds from the oven.

Step 10: Let them cool for about 2-3 minutes.

Step 11: Bon Appetite!