# THE COUGAR

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# CHRONICLE

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CALIFORNIA STATE UNIVERSITY, SAN MARCOS, INDEPENDENT STUDENT NEWSPAPER



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#### FEATURES



4 - Ross Edmunds talks about his time at CSUSM and being involved with multiple entities on campus.

#### **OPINION**



6 - Students weigh in on whether parking prices, and penalties for failing to pay, are fair on campus.

#### A&E



7 - Is Hemlock Grove worth binge watching on Netflix? We review the storyline and its character development.

# Students take initiative for new Raza Center

By KATLIN SWEENEY EDITOR-IN-CHIEF

Members of the student body and various student organizations are uniting to advocate for the creation of a Raza Center on campus.

Translating from Spanish to mean People Center, a Raza Center would function as a means of providing support to Latino students and cultural education to the student body as a whole. Primary goals including creating a sense of community and motivating students to succeed in school, a Raza Center would cater to the needs of the Latino population on campus and those arriving in upcoming years.

The idea for a Raza Center has continued to develop as the amount of Latino students on campus has increased, currently totaling 36 percent of the student body. In Spring 2010, CSUSM gained the title of Hispanic Serving Institution from the U.S. Department of Education, whose guidelines mandate that at least 25 percent of the student population be Hispanic/Latino for this distinction to be awarded.



Members of various Latino/a club members on campus coming together for one cause, photo from the CSUSM's USCC Facebook page.

Combined with this title and the high volume of Latino students in the surrounding communities, research was conducted to develop a plan for laying out the foundation for the center.

"The school promotes unity and working together, but I also think that having your individual space where you can breathe, relax and be yourself should be on campus and respected," United Students of Color Coalition President, Thiana Ruiz, said. "I believe that having your

own space is not isolating yourself. We all have different experiences, cultural beliefs and it is important to acknowledge that everyone is different. Our goal is that the center would be in the USU and would have a homey environment so that everyone felt welcome."

Established last year, United Students of Color Coalition (formally known as Estudiantes Unidos) invited all Latino and multiple student organizations on campus to participate in discussing Latino issues on campus, which resulted in the proposal for a Raza Center. Students utilized multiple avenues in order to begin working towards their vision, which included petitioning for support from their peers and garnering about 600 signatures in total. Participants, which included M.E.Ch.A, Ballet Folklorico, United Students of Color Coalition, S.T.A.N.D., Feminists Unite, Muslim Student Association and American Indian Student Association, also met with Cipriano Vargas, Vice President of Operations on ASI's Board of Directors to learn more about the process of creating a center. Vargas wrote an ASI Resolution for a Latino/Hispanic center on campus, which he presented to the Board of Directors to be voted upon. They also had meetings with Arturo Ocampo, Associate Vice President of the Office of Diversity and Inclusion, who provided them with resources and different routes that could be taken to make the center a viable possibil-

"We're in a new spot in the CSU [system] where money is going into higher education. 2008 and 2009 [at CSUSM] saw major cuts when tuition was going up, classes being cut and teachers and staff with the furlough days," Vargas said. "Right now, this is an opportunity where the state is investing more in education and opportunities for growth."

The Resolution was passed by the Board of Directors on Feb. 28, 2014 and was then sent to President Haynes to be either approved or dismissed. It received positive remarks, Haynes creating a Work Group that will consider the possible development of a center, with conclusions decided on by the latest in December 2014.

"When you bring in centers like these, I have seen that it is an opportunity to help Latino students and all students in general," Cipriano Vargas said. "Being a part of the ASI Board of Directors, I've been wanting to help establish this and start the conversation about it."

Center continued on page 7

## Lucas Dunn memorial scholarship to send students abroad

By Amanda Lenox FEATURES EDITOR

the French Club try to keep one student's memory alive through the Lucas Dunn Memorial Scholarship after he died from a rock-climbing accident.

Lucas Dunn was a CSUSM student who tragically passed away on May 17, 2013, before he was going to leave to study abroad in Aix-en-Provence, France in the fall. Dunn's life was cut short while he was rock-climbing; a rock went loose and hit him. Although he wore a helmet and harness, it ended

OUR NEXT ISSUE

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Dunn was one of Professor Dr. Veronica Anover and her French 201 class in Fall 2011.

"Lucas sat in the back of the class with a permanent smile on his face. The first time he spoke (in French!), I was surprised by his deep voice coming from a very young face. And his French was beautiful," Anover said.

Professor Anover felt Dunn would be the perfect candidate to study abroad in

"I always mention to my students the importance of studying abroad and how it is a life changing experience. I give my students full support and help them prepare their trip abroad along with my wonderful colleagues in Global Education," she said.

Because Dunn was unable al scholarship to help fund students to go to France and study abroad. With the permission of Lucas' parents, Kathy and Al Dunn, Professor Anover was able to begin raising money for the memorial scholarship.

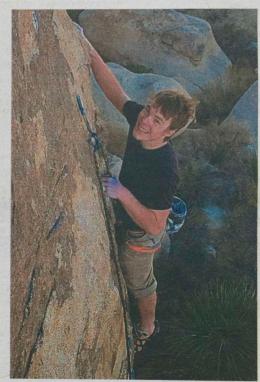
To create an endowment with Cal State San Marcos, Anover and the French Club must raise \$25,000.

"An endowment is permanent. Cal State San Marcos will give a percentage of the funds (\$25,000 is the minimum) for life. Lucas will be "immortalized" for life. A small consolation that will never replace Lucas, but such a big help for the students who need financial support to go abroad," she said.

Currently, they have raised to make it to France, Anover. \$10,000 and hope to reach Anover's French students in decided to create a memoritheir goal by 2015. They are currently organizing events for next year to help in their fundraising. In the Fall, the French Club will hold a "garage sale" on campus and in the Spring, Professor Anover hopes to have a 5K run/walk.

To make a donation for the scholarship you can go to http://www.csusm.edu/giving/makeyourgift.html

(select "other" and write "Lucas Dunn Memorial Scholarship" in the box "I would like to make my gift to support" and then type in the name of the scholarship. Or you can contact Dr. Veronica Anover at vanover@ csusm.edu. Dunn's parents will choose the scholarship beneficiary once funds are raised.



Lucas Dunn enjoying a day of rock climbing, provided by the **Dunn Family** 

# Celebrating the new USU

### Feeling the beat in the heart of campus

By MIGUEL MAGANA STAFF WRITER

The University Student Union kicked off its Grand Opening with cheers and glee from all aspects of the San Marcos community.

The grand opening is being called "The Beat: See it! Hear it! Feel it!" because of it's "heartbeat" function to the campus. The union has brought together students, clubs and other organizations to create more sense of a community. Students have expressed the USU gives more of a college feeling to the campus.

"The USU is a great spot for commuters on campus to hang out between classes and get some lunch or snacks! I love going in the USU because it's really nice and comfortable," commuter, & student, Savanah McPhillips

Sigma Chi member Jared Johnson said that despite the food prices, the USU is the focal point of the campus and makes Cal State San Marcos feel more like a university. "I went to the Frozen movie and felt like everyone enjoyed it," he said.

The showing of Disney's Frozen was one of 12 events



CSUSM celebrations were at their best during the ribbon cutting ceramony. Photo provided by Miguel Magana.

of the USU's two week Grand Opening Festivities.

"Since I had never seen Frozen, it was really cool to be able to go to the USU with not only fellow classmates but with members of the community.

It was a definitely a success," women's golfer, Casanadra Stevenson said, with over 300 people showing up to attend the film.

Initially, USUAB had anticipated 100 attendants for the event. The amphitheater was nearly as filled for the Ribbon Cutting Ceremony where student athletics, Greek life, student organizations, faculty, staff, alumni and community members gathered in anticipation.

The USU has enjoyed tre-

mendous success thus far with their grand opening events. These have included Commuter Appreciation Day, where students that drive to school were given food as they explored the new USU Commuter Lounge. Another was the Art fUSUion event, where a local artist led an art class which kicked off this new program on campus. There also was USU Unplugged, which will also become a series, where students played acoustic songs

A full list of the remaining events can be found on the University Student Union http://www. website at csusm.edu/usu/grand\_opening/index.html#Past%20



The Kellogg Library wants to help choosing the 2014 to 2015 Common Read. Photo provided by Anne Hall.

### Voting for Kellogg Library's Common Read

By SARAH HUGHES NEWS EDITOR

The Common Read program hopes to provide a book that brings the campus and community together over reading it and discussing its themes. The winning book is supposed to be a source of academic unity,

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delving at concerns of mutual experiences and considering cultural context. Students suggest some of their favorite books, which have influenced them as adults or changed their lives.

Five books that have been nominated for 2014-2015 are, The Other Wes Moore, by Wes Moore, Lean In, by Sheryl Sandberg, The Storytelling Animal, by Jonathan Gottschall, The New Jim Crow, by Michelle Alexander and Born to Run, by Christopher McDougall. Though other titles can be suggested in the comment box. Lean In by Sheryl Sandberg

Last year's Common Read was, This I Believe, edited by Jay Allison and Dan Gediman with John Gregory and Viki Merrick

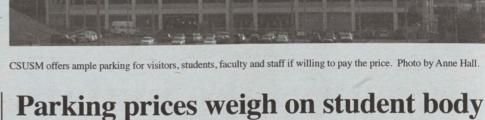
This is the third Common Read at CSUSM. Based on an NPR program of the same name, it is made up of 80 Americans' stories and features famous and unknown







"Parking prices are ridic-



By ANNE HALL DESIGN EDITOR

Students, faculty and staff alike are frustrated as parking prices continually add to the financial burden of attending CSUSM

Since the completion of the 487,000 square foot parking structure in July 2010, Parking and Commuters Services has been trying to make up for the \$27 million expense of erecting the additional 1,605 parking spaces that were made available by the six floors of parking that exist on the north end of cam-

Decisions to create the parking structure were finalized by the administration to accommodate the projected growth of student attendance since 2002. Parking fee plans held what was called a parking service open forum to inform campus community of the population growth. Students had addressed their disapproval of the development plans, according to Alexander Hoang, former ASI President.

The students' disapproval was measured against the issue of the progressive growth, with the vote to move forward with these plans siding with the univer-

These plans for projected fees resulted in a decision to establish parking fee increases as of January 2003, Fall 2006 and Fall 2009 for students and other permit holders for the sake of providing additional parking over time.

Along with these plans came an expense projection to open a second parking structure between 2015 and 2016 to add an additional 1,200 parking spaces "without future drastic fee increases," according to the Parking Fee Plan (3 Tier), which can be found at www.csusm. edu/parking/parkingfeeplanthreetier.html.

There are now 10 lots on campus for parking on this fast-growing campus.

ulous. Where does \$600 go to? That's per student, right? And there are about 11,500 that attend. Makes me wonder. I pay about \$320 a semester because I go to school twice a week," Public Relations Club President, Tracey Engleton, said.

Students held responsible for parking structure expense

The campus was founded in North County as a satellite campus for SDSU in 1989, with a total enrollment of 448 students. By 2004, the number of students enrolled at CSUSM rose to 7,000 students. In 2013, there was a total of 8,180 full time students on campus, with over 10,000 students enrolled and over 1,000 students on a wait list for enrollment according to campus attendance statis-

Because the Parking and Commuters Services Department is not a state funded entity, it is required to be independently funded through its acquiring funding for paying off the cost of development and maintenance over time. Thus, the establishment of parking fees charged to students, faculty and staff.

Estimates to reaching the full rate of the parking fees was estimated to be reached by Fall of 2011 at \$338 per semester and \$225 per summer semester. This projection is reflected in the current total fees for parking that students are paying as of

"Cost of parking is ridiculous. Can I at least get valet?" senior psychology major, David Acosta, said.

On the other hand, non-bargaining unit employees are charged \$75 a month for parking, while Vendors are charged \$30-\$50 a month. the Vice President is charged \$150 per month and Deans are paying \$130 per month to park in designated lots on campus. If not attending campus full time, parking can potentially be more affordable by paying \$9 for an all day pass.

These expenses are "just another ridiculous charge to make education even more unaffordable," senior Communications major, Ron Summers, said.

Based on comparisons of cost between parking prices at other universities in southern California, CSUSM students pay almost three times more than other campuses for the privilege. Yet, this campus shows to have ample parking for students and guests and does not have nearly as many complaints for lack of parking availabil-

For students and faculty that absolutely cannot see themselves spending such high prices for parking on campus, Parking and Commuter services offer various options for assistance in finding alternate means of transportation. These include carpool options, bus and train passes, as well as potential fee waivers for special needs

"I'm glad that I have the option of taking the sprinter, considering the cost of parking on campus. It sucks to have to abide by the train schedule but you get used to it. You spend 1/3 the cost per semester for transportation by taking the train. Not putting wear and tear on your vehicle and gas mileage are an added bonus when using the train," senior math major, Henry Brooks, said.

When inquiring about parking policies and standards for developing fees for the cost of providing parking for Cal State San Marcos, the Parking and Commuter Services Department declined to

This reporter was unable to find any public record of how much of the campus population use public transportation or utilize any other alternative means of traveling to and from campus.

For more information, Parking and Commuter Services can be reached at (760) 750-7500. Suggestions and comments can be submitted to the department through the campus web site at http:// www.csusm.edu/parking/ forms/suggestioncommentform.html

# Dr. Dalakas leads efforts to bolster the inclusion of Sports Marketing

By Justin Donner SPORTS EDITOR

The United States sports industry is huge, according to Plunkett Research, it's \$422 billion huge.

With that being said, it's fitting that a college campus offer a business class that is focused on this market, and CSUSM is doing just that.

Business professor, Dr. Vassilis Dalakas, teaches CSUSM's sports marketing class. Dr. Dalakas received his doctorate in marketing from the University of

Oregon where he was involved with their Warsaw Sports Marketing Center.

Between the many sports marketing studies he has conducted and his own personal passion for sports, Dr. Dalakas is more than qualified to lead CSUSM's efforts within this realm.

"It's only a two unit class, we are hoping to turn it into a four unit class to do more, but the focal point is mostly marketing to the fan and the basics of sponsorship and licensing," Dr. Dalakas said.

One study done by Dr. Dalakas and his colleague,



Photo of the Dalakas family visiting the Sports Center Studio provided by

CSUSM business professor, Dr. Ben Cherry, studied how the disliking of a team

can reduce the likelihood of helping a person in need.

Dr. Cherry wore a white

t-shirt, a Chargers shirt and bravely a shirt of the hated Oakland Raider rivals, while asking for money near the San Diego Chargers stadium. The comparison found that wearing the Oakland Raiders shirt in Chargers' territory drastically decreased the amount of assistance re-

For the many students interested in pursuing a career in the sports industry, they need to keep in mind that it is extremely competitive.

The positive thing is that numerous companies are heavily involved in this market in regards to advertising through sports.

"A more creative way to get into those sport related careers would be to get jobs with regular companies that have a very strong sports presence. You could be doing sports marketing while working for Home Depot or American Express," Dr. Dalakas said.

You have to be willing to start at the bottom and work your way to the top.

Dr. Dalakas likes to remind his students that the president of ESPN started in the mail room.

### Heart Beat

# Recap benefits of super foods

By RACHEL GALLEGO HEALTH COLUMNIST

Super foods are dense in nutrients that benefit health and well-being.

What is it that makes super foods so super? Four key concepts will help you understand:

Super foods, such as blueberries, kale and salmon, are not only nutrient-dense, but have a high ANDI score, are on the alkaline side of the pH spectrum and have a high ORAC value.

the ratio of nutrients per calorie: vitamins, minerals, antioxidants and phytonutri-

An ANDI score means aggregate nutrient density index system. It rates foods on a scale from 1 to 1,000 for nutrient content. For example, kale has an ANDI score of 1,000, whereas Coca-Cola has a score of 1.

The pH scale is the balance of alkaline and acid in your body - acid being prone to sickness, disease and aging,

Nutrient-dense indicates while alkaline oxygenates your system to balance. Super foods help keep your body at ideal pH levels.

Lastly, the ORAC, or oxygen radical absorbance capacity value, measures a food's antioxidant power to overcome free radicals, which lead to disease and aging. The higher the ORAC number, the stronger the foods ability is to subdue free radicals using antioxidants.

For better health, consider adding a super food to each meal that you eat.

### Get Out!

## Cowles Mountain for the lunar eclipse

By Alison Seagle SPORTS COLUMNIST

As the highest peak within San Diego's city limits, Cowles Mountain offers up the ultimate view of San Diego County.

Clear days even gift views of Catalina, San Clemente and Baja, and they are the perfect reward to hikers who accept the challenge to reach the summit.

The trail to the summit boasts nearly a 1,000 ft. elevation gain. However, the



trail has plenty of rocks and several steep steps that demand a bit of caution.

The hike is quite popular and can also be trekked at night. During the recent lunar eclipse, hikers' flashlights dotted the trail lighting up the mountain like stars in the sky. Many hikers converged on the summit to watch as the shadow grew

across the moon and turned it from bright white to a glowing pink.

There is a parking lot and restrooms located at the trailhead but no facilities are on the summit. Four-legged friends are permitted to hike the trail and can be seen navigating the terrain like pros. The entire route from trailhead to summit and back is a three mile journey.

With awesome views plus challenging terrain, this hike can be summed up as very gratifying.

















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# Leadership Spotlight

# Ross Edmunds reveals strong force of passion for life

By Katlin Sweeney EDITOR-IN-CHIEF

After transferring CSUSM three years ago, Ross Edmunds made the unique transition from art major to Kinesiology, which has resulted in a wealth of

It was Dr. Todd Astorino's influence that sparked Edmunds' accelerating interest in the fitness and Kinesiology fields. In Astorino's KINES 326 Intro to Exercise Physiology course, Edmunds worked as a teaching assistant to instruct students with machines and as a research

currently undergoing review. He ended up continuing as a research assistant for three years and became a teaching assistant for Dr. Sean Newcomer for two years.

"Dr. A has pushed me to grow. He throws me outside my comfort zone and has kept pushing me to get more passionate about the program and everything we can do at CSUSM and with the body," Edmunds said. "Dr. Newcomer has influenced me to be in the best aerobic shape of my life. He has made it one of the highlights of my week to go out and run. Sean's enthusiasm and passion assistant for a study that is for learning has inspired



Ross Edmund tandem skydiving, provided by himself.

me."

Edmunds has gone on to work on a project entitled Effects of Foam Rolling Versus Static Stretching on Recovery of Quadriceps and Hamstrings Force, which he has presented five times at various fairs and conventions. In May, he will be going to Orlando, Florida with David McMillian and Amy Clarke to present his project at the National American College of Sports Medicine (ACSM) Convention. Dr. Astorino has been encouraging Edmunds to publish the manuscript for this particular project that has received a high amount of positive reviews.

Edmunds is the president of the Kappa Omicron Nu-Nu Upsilon Honor Society for Kinesiology and Human Development majors, vice president of Kinesiology

Club, member of Sigma Chi and a member of the Greek honor society Order of Omega. He was the team captain for Relay For Life in which he represented the Kinesiology Club, was a teaching assistant for Dr. Astorino and works as a rehab aid at San Diego Spine and Rehab. Edmunds was also the team captain for Relay For Life to represent Kinesiology Club and helped organize a blood drive through Kinesiology Club. Throughout his time at CSUSM, he has participated in the Susan G. Komen Race for the Cure, STEM Saturday, Zumbathon, Donate Don't Dump and student

fairs to encourage new students to join Kinesiology.

After he graduates this semester, Edmunds plans on going to school to become a Physician Assistant so that he can do what he loves and help people become the best they can be.

"I like people that are driven, motivated to get better and improve their lot in life. Enthusiasm feeds off of enthusiasm. I'm so glad that I came to this university. I've just had so much fun on this campus; CSUSM is one of the best choices that I have ever made. I can't imagine my life otherwise," Edmunds

# Improv alumni return for reunion show

By Amanda Lenox FEATURES EDITOR

CSUSM's Improv Club brings comedy to the cam-

Currently, there are 16 members participating in Improv. Auditions are usually held once a semester, after the first show. Those who audition are put through a series of games. Downs explains that students aren't

"judged on how funny they are, or even how good they are." They are looking for people who are able to "work well on stage or can work on a team and get along with other people."

President Ryan Downs explains that the club "holds shows where people on the team will get on stage and take suggestions from the audience and based on those suggestions we'll play



games, we'll build scenes, characters and we'll just try and make the audience

The team practices every Monday from 7 p.m. to 9 p.m. They practice methods and quick thinking, but everything at the shows is done on the spot and they have to be ready when thrown curveballs, so the team must learn to be able to respond.

"It's built around teaching people theater, acting, emotion and how to tell a story. You learn a lot about writing and storytelling," Downs said.

The Improv Club will occasionally work with The National Comedy Theater, a professional Improv organization, in San Diego. Members from the organization will come to a show hosted by the CSUSM team and participate onstage.

The Improv Club will be having an Alumni Show at 8 p.m. on April 25 in Arts 101. The show will comprise of a team of alumni which will

include Frank John Tabarez, Ryan Suffridge, Sarah Gibbon and James Wallace competing against the current Improv team. The two teams will be playing comedic games against one another for points.

If you are interested in joining the Improv Club, contact President Ryan Downs at downs005@cougars.csusm.



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### Gaypril gives something to look forward to

By Ryan Downs SENIOR STAFF WRITER

For the remainder of the month of April, CSUSM's Pride Center will once again host Gaypril, its annual month-long celebration of LGBTQ culture and awareness. The celebration features events, lectures, film showings and gatherings throughout the month, bringing together the school's LGBTQ community in unity with its allies on campus. This all, of course, leads up to the famed Pride Walk parade on May 1.

Gaypril is split into four different weeks, with each week focusing on a different subculture in LGBTQ. With the first and second weeks focusing mainly on gay and lesbian subcultures (respectively), the upcoming weeks in the month will focus on some of the more marginalized and less culturally prevalent LGBTQ groups. This includes third week events concerning Bisexual and Queer issues and a fourth week dedicated to transgender issues.

During the third week, the center plans on hosting events to raise awareness of problems faced by those in the bisexual community; including marginalization by both straight and gay cultures that do not understand them, the problems associated with actively avoiding a label to one's lifestyle and the increasing stigma of HIV.

The fourth week, which focuses on transgender issues, includes the screening of Transvisible, a documentary about famed transgender activist Bamby Salcedo, who, along with director Dante Alencastre, will be making an appearance at the event.

The film, which follows Salcedo's life in Guadalajara, her battles with drugs and her eventual activism for HIV and the transgender community, will play at 5:30 p.m. on April 28 in Clarke

Gaypril ends with a university-wide Pride Walk parade, beginning at noon in the USU ampitheater on May 1.

"My favorite part is the Pride Walk, because the number of allies who join us is outstanding. I feel loved!" student Jairo Leon said.

The Pride Walk ends the month by allowing those in LGBTQ culture, including those in the community who ally themselves in solidarity with it's community, to provide a visible show of support as the parade marches around campus.

## Great opportunities discovered at Job Fair

By Amanda Lenox

CSUSM students could be seen dressed to impress with resumes in hand at this year's Job Fair.

Located in the USU Ballroom on April 10, students had the opportunity to meet with representatives from about 60 different potential employers, some of which included Escondido Union School District, Fashion Institute of Design and Merchandising (FIDM), GEICO Insurance, San Diego Police Department and many more.

Brenda Dumas, Employer Relations and Events Coordinator at the Career Center hopes that students "get a chance to see how their major can apply to some of the careers that are available out there or just gain information about different companies that they might be interested in, and hopefully get some interviews." She also encourages students to come to CSUSM's Job Fair even as

"This has been a fantastic venue. Students are very well prepared, they've been



Many businesses, state and government agencies, as well as nonprofit organizations attended the April Job Fair. Photo provided by Amanda Lenox.

coming in with resumes," a representative for the Drug Enforcement Administration (DEA), Jackie Borboa, said. "We have a vacancy announcement opening for the Special Agent position. We're excited to have Cal State San Marcos students apply for our positions and we look forward to working with the University at future career events."

"I'm graduating this year,

and I'm looking for an entry-level job or an internship," Human Development major, Nina Sonevongxay,

There were many students at the Job Fair trying to network with representatives and learn about the different positions offered by this year's participants. Students are encouraged to participate next year due to how many opportunities it brings.

### Ride Along with University Police Department proves to be exciting experience for aspiring student

By Nada Sewidan SENIOR STAFF WRITER

After accompanying Police Officer David Angulo on a three hour police ride-along I learned why CSUSM is recognized as one of the safest campuses in the state of California.

It was 8 p.m. on a Friday night. I was eager and wideeyed listening intently to the officer as he gave me a tour of the facility. He led me through narrow hallways, scanning his badge to gain access to locked doors.

"The campus police office is equivalent to a full blown police department," Officer Angulo said.

The CSUSM campus police facility is equipped with two holding cells and one padded cell. There's also

officers are trained on how to book weapons, drugs and other illegal items in possession. The officer then led me inside an interrogation room with a two-way mirror. There were also cubicles, conference rooms, lockers and even a little gym in the back of the facility.

Officers on patrol work 12 hour shifts and rotate from 7 a.m. to 7 p.m. while graveyard officers patrol from 7 p.m. to 7 a.m. During my ride-along, I accompanied Officer Angulo on his graveyard shift. I rode shotgun, next to a literal shotgun, which he immediately showed me how to unlock. I needed to know how to unlock it in case anything happens he said to me.

The officer's job is to patrol on campus and outside

lo. Police officers have jurisdiction no more than a mile outside of school. However, officers still hold the same power regardless of where

According to StateUniversity.com, CSUSM campus is acknowledged as one of the safest campuses in the state of California two years run-

"Our main priority is to keep everyone on campus

deter people from reaching campus and thus preventing any incidents on campus.

"Our officers do a lot of patrolling off campus," Angulo said. "About 98 percent of arrests occur outside of cam-

An officer has the power of authority to stop individuals approaching campus. It keeps individuals who are considered transients, individuals who do not belong to the campus, from utilizing the campus.

The officers at CSUSM receive the same training as any other police officers, in addition to training tailored specifically to the campus and its students. In an event where an incident occurs with a CSUSM student where a campus police ofhandle such situations differ-

"If a student on campus commits a crime we have the power of helping them out when they make a mistake," Angulo said.

If an incident occurs, a student has two options, either get arrested, or in certain cases answer to the Dean of Students. Sometimes it is better to hit the students with what Officer Angulo calls the spirit of the law rather than the letter of the law.

"I understand they are college students and are young, and sometimes they make mistakes and that's why we have to tailor to people differently here than other places," Angulo said.

If any students are interested in joining a CSUSM Police Officer on a ride-along, they should contact the University Police Department located on La Moree Road to fill out the necessary forms and schedule a time or call (760) 750-7530.

#### safe," Angulo said. Police officers patrol outficer has to be involved, the the evidence locker where of campus explained Angu- side of campus in order to campus police are trained to

By Caitlin Monnahan CONTRIBUTOR

Alpha Xi Delta's monthly fundraiser is seeking help from the student body to raise money for a charitable cause.



#### MEXICAN GRILL

"Eat For Change" occurs on the last Thursday of every month. Chipotle will give 50 percent of all the proceeds back to Autism Speaks, AXiD's philanthropy. All you have to do is show the cashier the flyer on your phone or a hard copy and it will be counted towards this fundraiser.

Eating out can help to make a difference

The next "Eat For Change" is on April 24. Chipotle is located at 575 Grand Avenue on San Marcos Blvd. and Grand Ave.

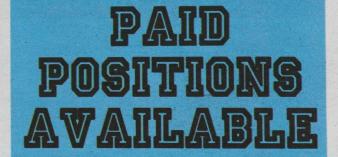
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### Discrimination's 'differences' trivialized

By SADIB KHAN CONTRIBUTOR

"Only White people can be racist." "Only men can be sexist." Have you heard either of these statements before and not used ironically?

I certainly have not, until I attended a lecture at our campus Gender Equity Center earlier this semester. Before the lecture I thought that racism and sexism were simply defined as the discriminations based on race and sex respectively. The GEC kindly explained that their definitions of the words, which I understand is also taught in some Women's Studies courses, also include a power component.

Simply put, since White people and men are in charge of the world, only they are allowed to be racist and sexist respectively. According to that logic, since I did not have the foresight of being born into a White family, I can say whatever I want about any race without being considered racist because my discrimination is not backed up by an institution.

This article isn't about debating whether these definitions have any validity. If you want that answered, check a dictionary. It shouldn't matter who wrote the dictionary. I am also not accusing the members of the Gender Equity Center of any intentional wrongdoing. I know most of them, and they are very nice people. Although, what they are preaching is essentially

By Lauren Hammond

Americans seem to be ob-

sessed with dental hygiene,

particularly teeth whitening

treatments that help keep

However, many people

do not understand the se-

vere side effects associated

ry published a study stating

to whitening treatments. In

smiles looking flawless.

**OPINION EDITOR** 



Blog posted on September 2013 about the show, Dads, portraying ultimate discriminatory offenses at http://www.kissmywonderwoman.com/2013/09/ pilot-season-dads-racism-sexism-ageism.html.

just a way for people to rationalize racism and sexism by calling them something that sounds less severe.

The notion that only men can be sexist and that only white people can be racist is based on the assumption that an individual who comes from a group with power is better off than an individual who doesn't. Inductive reasoning has never been a very sound form of logic. Inductive reasoning is the root of racism, sexism and the belief that tables are dogs because they both have four legs.

Think of this hypothetical scenario: A White child commits suicide after getting bullied every day for the last year for being the sole White person in an all-black school. Now think of the same scenario, but with the words White and Black switched around. Both scenarios should be valued as equal

tragedies, but some people do not see it that way. "Well, the second scenario was definitely racism, but the first one was only discrimination based on race." Why should there even be a distinction? Do you expect me, or anyone else, to believe that those terms can be separate but still equal? If you read a quote that said, "All [insert race here] need to be set on fire," do you need to know who the speaker was to figure out if the quote was racist or simply only discriminatory?

I believe that equality is about balancing the scales, not tipping them to the other side by deliberately rebranding racism and sexism to fit an agenda. I wholeheartedly believe that whoever coined those definitions doesn't care about equality at all, because trivializing discrimination doesn't solve anything.



Official Ban Bossy at http://quippeblog.files.wordpress.com/2014/03/ban-bossy-quote-graphic\_beyonce.png

#### Ban Bossy is the new female independence campaign

By KATALINA LAWRENCE SENIOR STAFF WRITER

The new "Ban Bossy" campaign focuses on encouraging women to pursue their ambitions, and changing the conversation from what women can't do to what they

The campaign director, Sheryl Sandberg, and Leanin.org confront the double-standard of women being considered as "too stubborn" and "hard-headed" when they are being assertive, while men who act assertive are viewed as a "boss" and a "leader" that was just taking care of business.

Many women that I know, myself included, are strong people that are never afraid to go after what they want. None of them should ever be seen as anything less than a leader. This is why I am in love with the "Ban Bossy" campaign.

The campaign is made to spread the awareness on the word bossy itself. These negative terms prevent girls from being leaders and speaking out because she risks being called "bossy" by men and even some women. These kinds of words can make women become less interested in leadership positions, and I do not think we should be held back any longer. I am sure the word bossy has come out of my mouth before, not even realizing the weight it carried onto the person I was directing it towards.

CSUSM students, male and female alike, should take a second look at the words we all use to brand others, and try to recognize it's impact. Ladies, do not be afraid to be ambitious. Please remember that you have the power within to-lead, even if there are people that are intimidated by your strength. I think we are all too beautifully complex to be called anything smaller than what we truly are. So if anyone has labeled you a high handed and overbearing term, just say to yourself- I am not hard headed, I am the boss. I am not outspoken, I am the boss. I am not BOSSY, I am the



# Letter to the Editor

## Unjust treatment paying day pass prices

By Anderson Gould CONTRIBUTOR

I parked in the parking structure and I purchased a parking pass for the day with my credit card. I placed the ticket in the window in the driver side window as advised. However, as I closed the door and unforeseen circumstances occurred, the ticket fell off the dashboard.

Wednesday, which is the only day I am on campus the longest. I have a class at 2:30 p.m. and another at 5:30 p.m. These classes are back to back and the last class ends at roughly 8:15 p.m.

When I returned to the parking structure and I approached the vehicle I no-

STAFF

ticed there was a green envelope on the windshield. I was shocked knowing that I had paid for parking. I looked in the windshield and the parking permit was not there; it was on the floor of the car.

I immediately called campus police and explained the situation. I was told it could be resolved by stopping by the campus police office and filling out the paper work. I did and I waited to receive a letter of a waiver or warning for the ticket. When I received the letter, I was denied and forced to pay the ticket for \$65.

I was shocked because I had proof that I had paid for parking. Secondly, the charge was on a credit card and the last for numbers from the card was on the parking permit ticket. I could not believe I was denied knowing I had honestly paid and with proof of paying.

In the end, I paid for a day pass of parking \$9 and for a ticket for not paying for parking of \$65. Accidents do happen that are out of our control. I would understand having to pay for the ticket if I did not have the proof of paying. I thought what would have been more reasonable would have been getting off with a warning and having this incident being filed under driver/vehicle information so if it happened again there would not be ex-Photo of campus provided

by Anne Hall.

#### the harmful effects of tooth whitening. conut oil and swish in your Over the counter treatmouth for 10 to 15 minutes.

ments often have painful effects on the gums. Over whitening can cause the gum line to recede, bleed and become inflamed. Excessive

whitening can also lead to

sensitive teeth and enamel depletion. Enamel depletion is the most harmful side effect, as it may lead to severe internal tooth decay.

Teeth whitening naturally vs. over the counter

There are several holistic remedies for tooth whitening. The benefits from using natural products are that they are more affordable and have little to no side effects.

Coconut oil pulling is one teeth. When using this remedy, take a tablespoon of co-Push the oil through the teeth when swishing. Brushing with baking soda has an amazing whitening effect, but when brushing with it be sure to only use this solution

once a week. Baking soda can cause minor irritation to the gums if used excessively. Swishing daily with food grade hydrogen peroxide is another affordable and effective remedy.

Ultimately, when it comes to tooth care it is best to use remedies that are naturopathic and that will not cause one's oral health to be comof the most effective natu- promised. The holistic rem-2009, the Journal of Dentist- ral remedies for whitening edies as mentioned above especially convenient for college students who are looking to save money any way they can. Instead of spending your money on teeth whitening items that can cause harm to teeth, I advise to spend a lot less on a more effective, safer and simpler natural product.

#### G HRONIC

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Letters to the Editor should include a first and last name and should be under 300 words, submitted via email. It is the policy of The Cougar Chronicle not to print anonymous letters. The Cougar Chronicle reserves the right to reject any Letter to the Editor for any reason.

# Book Review

# 'Speaker For the Dead'

By KATIE GARNER SENIOR STAFF WRITER



For myself and many others, science fiction tells more than mere stories. Science fiction imagines our future

It imagines a future where humanity seeks life in the stars, fascinated by and celebrating our differences rather than shunning them. This genre calls up a sense of wonder for technology and exploration that we might not revel in today but could well tomorrow. Science fiction is the human testament to our ability to hope. But there is a darker side to this genre. As desirable as it is to envision a shining future, science fiction easily provides accurate social commentary on the nature of man. At times we must be forced to confront the fact that the more things change, the more things stay the same.

Orson Scott Card creates its publication.

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an air of shivering realism in his novels. The most famous of which, Ender's Game, has long been considered one of the most renowned works of science fiction for the past 30 years.

However, it is the sequel to this novel that deserves the brunt of the accolades. Speaker for the Dead takes place 3000 years after Ender's Game, and the titular character, Ender Wiggin, seeks redemption for the genocide he committed during the war. Space travel has allowed Ender to freeze his body in stasis, letting Ender search the universe. His journey leads him to a Portuguese colony on the planet Lusitania, where new alien life has been discov-

Pig-like in appearance yet communicative, there may be hope for humanity to redeem itself with this new alien race. But fear of the unknown and the colony's firm hold on Catholic ideals threaten to damage their relationship. Ender must intervene before humankind makes the same mistake, destroying Lusitania in the process.

Speaker for the Dead is a gorgeous novel. It addresses issues that humans face to-day while teaching tolerance and accepting the different. There is no science fiction novel more worth the read and I highly recommend it to all. This novel has won two prestigious science fiction awards, the Nebula Award and the Hugo award, since its publication

Make a

difference in a

child's life this

summer!

# Netflix Review

### Hemlock Grove

By CAITLYN THIBODEAU STAFF WRITER



Based on the novel by Brian McGreevy, Hemlock Grove is a Sci-fi original that only appears on Netflix.

Some critics such as Entertainment Weekly's Jessica Shaw stated "Hemlock Grove takes its time with story lines, ensuring that each one has plenty of room to ripen. It carries out every dastardly deed with gusto, but still offers enough moments of levity" while other critics such as The Hollywood Reporter's Tim Good-

man called it "plain bad."

I have to unfortunately agree with the latter; I found Hemlock Grove to be unbelievably frustrating and confusing with its multiple plots and storyline twists. Frankly they just tried to put too much into one show. There were werewolves (who were more like shape shifters to me), demons and other fantastical creatures that tied in both as mystical beings as well as with their own sub-plots that include love triangles, family drama and a of hiding the truth. I talked to multiple people about the show and those that have read McGreevy's book seemed to have a lot better things to say about it than those that had not.

Maybe that's the part that I'm missing, but it felt like a low budget horror flick with a cast they just threw together to see how their mess of a story line would work. Though, I will commend the visual effects artists on is the transformation scene when Peter shifts into a wolf, which was sick.

#### Center continued from page 1

"We need the Raza Center to nourish confidence, belonging, academic and professional growth for students, specifically Latina/o students who are the biggest population on this campus yet have the lowest retention rates," M.E.Ch.A President, Yohita Mendez, said. "What I envision for this center is academic and professional

support, that is my vision. I do however encourage other students to get involved in this movement in order to push forward a culturally intelligent and equitable campus inclusive of all."





## Movie Review

#### Returning Golden Boy - Captain America 2

By Lexy Perez Staff Writer

Every year, we find ourselves listening to Tony Stark's witty comments as he puts on that iron suit, admire Thor's ability to be a masculine "Goldie Locks," root for Peter Parker as he is trapped in a "web" and watch the Hulk turn into a big, green guy, who clearly needs some anger management classes.

Out of all the superheroes, Captain America is the only one that seems to be the epitome of what we aspire to be and hold principles that we should abide by: to be true to who you are and stand for what you believe in. In this year's first superhero return to the big screen, "Captain America 2: The Winter Soldier" delivers everything that every Marvel Fan would hope: Visual effects, gut-wrenching action sequences and familiar faces such as the characters Black Widow and Nick Fury.

The film, reintroduced Steven Rogers (Chris Evans) as the once scraggy soldier who transformed into a "macho man" with super strength, speed, abs of steel and, not to mention, glowing skin and pearly white teeth that makes you wonder whether he is a long lost relative of Edward Cullen, Mr. Clean and Barbie Ken. Dedicated to stopping Hydra's evil plan to control humanity, with assistance from Black Widow (Scarlett Johansson) and his new friend Falcon (Anthony Mackie), Rogers is forced to battle the bad guys, while questioning the loyalty of the U.S. government and his S.H.I.E.L.D. headquarters. Adding more drama, Captain America is acquainted with Keanu Reeve's lookalike, the Winter Soldier, a mysterious assassin questioned to be a familiar face from his

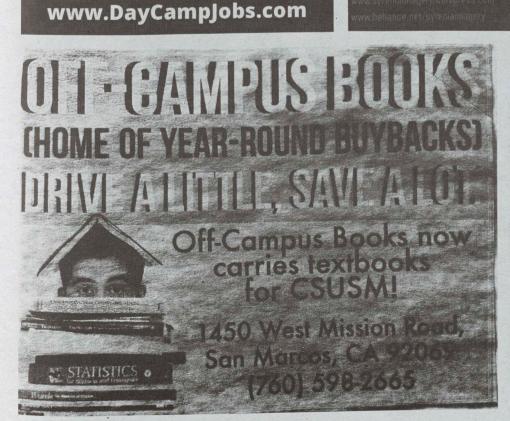
Sometimes it gets old to watch the typical battle between the good and bad guys. Call me old-fashioned,



but I can't help but prefer a film with a genuine story rather than one that focuses purely on Hollywood glitz and glam and who can throw a punch better. Although the film is nothing short of being an enjoyable, edge of your seat "Superhero" tale, it is the hidden vulnerability of the story that makes it all that much better.

As Captain America battles new enemies, he consistently expresses his loyalty to only doing what he thinks is right for himself and society, refusing to let anyone convince him otherwise. Being that Marvel already confirmed future installments, it is pointless to add dramatics over whether Rogers will survive at the end of the film. At times it can almost seem as if the film is a documentary on Rogers' new transformation to being the American Yoda (Becoming Society's guidance and Patriotic "force"). "Captain America: The Winter Soldier," is proof that a sequel can outdo the original. The Avenger becomes an admirable and likeable hero, proving to be more than just a handsome man that can throw a shield.







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### Life of a Nursing Student #2: Nursing Student 24/7







By Kate Chillanonda



\*CVA pain is experienced when tapping on the area of the back that lies over the kidneys. Pain may be a sign of infection or kidney stones.

Super Smash Bros.

## Cougar Shuffle:

### Summertime Playlist

#### By Alex Maravillas

Can't wait till summer? Got the Coachella-ticket Blues? This playlist will rejuvenate your 'Summertime Sadness'.

#### Tracklist:

- or. "West Coast" by Lana Del Rey
- 02. "Deadbeat Summer" by Neon Indian
- 03. "Hey Ya!" by OutKast
- 04. "Bed Peace feat. Childish Gambino" by Jhené Aiko
- 05. "Latch feat. Sam Smith" by Disclousre
- o6. "Walking On A Dream" by Empire Of The Sun
- 07. "Crave You Feat. Giselle" by Flight Facilities
- 08. "Coming of Age" by Foster the People
- 09. "Pursuit of Happieness feat. MGMT" by Kid Cudi
- 10. "Happy" by Pharrell Williams
- 11. "Slow Down" by Poolside
- 12. "Stay the Night feat. Hayley Williams" by Zedd
- 13. "Feel It All Around" by Washed Out

## delight fans everywhere By ZACH SCHANZENBACH SENIOR STAFF WRITER

When Masahiro Sakurai revealed trailers for his fourth installment in the popular Nintendo crossover fighting series Super Smash Bros. at E3 2013, fans across the nation rejoiced. Along with revealing a number of returning veteran fighters, Sakurai also unveiled a few new characters joining the fray for the first time: Villager from Animal Crossing, the Wii Fit Trainer and, perhaps the most exciting of all, Cap-

com's superstar cyber hero,

Mega Man.

Since then, Sakurai has slowly but surely showed little details about the game as development went on, primarily through the pictures he posts on Miiverse. Over the course of these past 10 months since Smash Bros. 4 was unveiled for the first time, they announced several returning characters including Olimar of the Pikmin series, Lucario from Pokemon and, much to Smash Bros. Brawl fans' delight, Sega's blue blur, Sonic the Hedgehog. In addition, Sakurai also revealed two new characters: Rosalina and Luma of Super Mario Galaxy and Little Mac from Punch Out, who was an Assist Trophy character in the previous installment of the franchise.

On April 8, Sakurai devoted a full, 40-minute-long Nintendo Direct to release even more information about the highly anticipated Smash Bros. 4. Here he presented several new aspects of the game, including the differences between the 3DS and Wii U versions.

The most recognizable of these are: stages and game modes. When Sakurai said that the two versions would have different stages, he wasn't kidding.

As far as anyone can tell right now, the only two stages the two games have in common are the franchise's signature stages: Battlefield and Final Destination.



said race. Other than that, Sakurai also talked about new and returning Assist Trophy characters from Brawl, including Andross (Star Fox), Knuckle Joe (Kirby), Nintendog, Skull Kid and Midna (Legend of Zelda), Dark Samus (Metroid), Chain Chomp (Super Mario), Elec Man (Mega Man), and a rather hilarious trophy called "Color TV-Game 15" that, as far as Sakurai shows, is a large game of Pong taking place on the stage, knocking the players around.

competition involving a race

for power buffs that will be

used in a match following

Although it's on the same plane as every other franchise represented, Pokemon has a special place in Smash Bros in terms of items. Whether a new fan or old, every player knows the value of a PokeBall. If one drops onto the stage, the reaction of everyone is the same: get it before the others! This time around, however, those red and white balls aren't the only thing players will want to get their hands on.

THIS time, Sakurai has included a new kind of Poke-Ball that is easily more valuable: the Master Ball, which will only contain rare or legendary Pokemon, where a regular PokeBall will contain common Pokemon. New Pokemon include Arceus (4th generation), Eevee (1st generation), Fennekin (6th and newest generation), Meloetta (5th), Gogoat (??), Palkia (4th), Kyurem (5th), Victini (5th), Keldeo (??), and the well-known mascot

Also, players who had a problem with characters with multiple forms will no longer have that problem. In previous games Brawl and Melee, Two returning characters had alternate forms that they could switch to in the middle of a battle: Zelda (Zelda) could transform into Sheik, while Samus (Metroid), by using her Final Smash, could shed her armor and become Zero Suit Samus, while performing another Final Smash would restore her armor. In Smash Bros. 4, these characters have all been split into their own, solo forms, with Zelda and Sheik getting new attacks to replace the one they would use to transform.

In addition, Sakurai also made the anticipated confirmation of a returning fighter who hasn't missed a game yet: Yoshi (Mario), whose revelation was delayed because the developers were working on remodeling him and didn't want to upset fans.

After Sakurai bade his fans farewell, he dropped one more trailer for us, dropping two more exciting pieces of information: the return of the massively popular Pokemon Charizard, now as a solo fighter, and the introduction of a new Pokemon fighter: Greninja, the fully evolved form of the 6th generation starter Pokemon Froakie.

Super. Smash Bros. for Nintendo 3DS is set to be released in Summer 2014, while Super Smash Bros. for Wii U is set to be released the following Winter.

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