

Professor attends Presidential Inauguration

BY JACKIE CARBAJAL
Editor-in-chief

While some students gathered in Commons 206 and professors tuned in during class to watch the inauguration of President Barack Obama, at least one member of the CSUSM community got to enjoy the experience in person.

Due to her involvement with politics and tribal government, Professor Joely Proudfit, Program Coordinator for Native Studies, Director of Native American Academic Strategic Planning, and Associate Professor Department of Sociology at CSUSM, had her pick of inauguration tickets.

"I'm the Vice Chair of the Native American caucus for the California Democratic Party and I have been for about eight or nine years. I'm very active in democratic politics and making sure American Indians are adequately represented in the democratic process," said Proudfit. "I received two tickets. I received the first ticket from Congresswoman [Lynn] Woolsey and the second I received from my colleague from another tribal nation. She had a better ticket than the one I had so that is what I went with."

Her colleague, Vice Chairwoman Maryann Martin Andreas of the Morongo Band of Mission Indians, accompanied her throughout the trip.

"This was my first inauguration," said Proudfit. "I thought my first inauguration was going



to be the Gore inauguration in 2000 but we all know that didn't work out that way."

Proudfit and Andreas, along with other tribal leaders had the opportunity to watch the inauguration from the National Museum of American Indians located on the National Mall, an open national park located in downtown Washington D.C. that includes the Washington Monument and U.S. State Capitol.

Proudfit and Andreas, however, wanted to experience the inauguration from a different perspective and share it among the roughly 1.8 million people gathered outside.

"She and I said the morning of the inauguration, 'Well, we can watch it from the National Museum of American Indians at the balcony with hot chocolate and food and have a very wonderful p against everybody...

but I've never experienced people so polite, so kind," Proudfit remarked.

"You could have stepped on somebody's toe and broken it and they would have said, 'That's fine. I'm just happy to be here.' People were so jovial. They were so optimistic."

Though optimism for the upcoming events had a euphoric

effect on those in attendance, panic set in for Proudfit and those still waiting in a line that had not moved in hours.

"I was beginning to panic. Its 10:30, 10:45. We kept asking people behind us, 'What can you

see?'

People kept saying, 'Don't worry. We're all going to get in.' I said to Marianne 'Maybe we should go back to the National Museum of the American Indians.'"

When Proudfit told the people around her in line that she had passes for the balcony, "they said, 'Wow you do? Heck, what are you doing here? That's where you should be seeing it from.'"

But Proudfit saw the inauguration as an opportunity to unite with her fellow Americans and experience it in the crowd of people who traveled from all over the country to watch the historic event, comparing her desire to be up front to a U2 concert.

"Do you really want to be in the skybox or do you want to be in the front row? I want to be in the front row," she said.

While stalled in-line, Proudfit and those around her noticed a

police officer standing on top of a lamppost watching all the people. When someone asked the officer why the line was not moving, the police officer informed everyone that the generator broke and the security scanners were no longer working. As a result, security was no longer admitting people into the venue.

With the inaugural ceremony less than an hour away, Proudfit's goal to get a front row view of the swearing in of

the forty forth President no longer appeared to be a reality. In fact, Proudfit feared she may miss the inauguration altogether.

The trip up to that point was almost too good to be true for Proudfit. Andreas had hotel reservations at the Ritz Carlton and offered the extra bed in her room to Proudfit.

"The Ritz Carlton is the premiere hotel in D.C. That's where all the movie stars were staying. Jessica Alba was there, Josh Groban, Sharon Stone, the list goes on and on, Larry King," said a star-struck Proudfit.

All guests in attendance received star-studded treatment from the Ritz Carlton.

"Every night they would bring us these amazing gifts. I got a pillow with the presidential seal that they wrapped up for me and I got to take home," said Proudfit. "They would put in our room

See INAUGURATION, Page 4



Photos courtesy of Joely Proudfit

Gathered from
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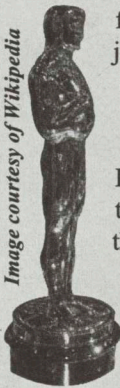
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Bill of Rights Oscars rob Disney again

BY BILL RHEIN
Senior Staff Writer

For the second year in a row, Disney's amazing work will go unnoticed in the Best Picture Category. "Beauty and the Beast" remains the only animated film nominated for Best Picture.

Image courtesy of Wikipedia

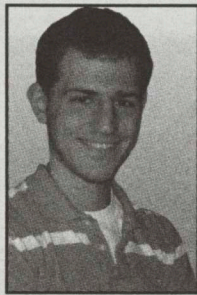


Arguably, the best film of 2008, "Wall-E" joins the ill-fated bunch including "Aladdin," "The Lion King," and "Toy Story" as a Disney classic failing to receive a nod in for the highest honor. I am enraged about this situation.

There was no better film in 2008 than "Wall-E". It was beautiful, poetic, and entertaining. The Academy's prejudice against animated films irks me.

While I agree with most of the nominations for Best Picture, I am livid about the inclusion of "The Reader." This is an insult and a slap in the face to Disney. "The Reader" was fair at best. It really was not that great.

The same thing happened last year when the average "Michael Clayton" stole the spot from "Ratatouille." I cannot understand how these average films



with big names in them can steal the spot from an obviously better film.

Several films from "The Wrestler" to "Gran Torino" and even "Ironman" and "The Dark Knight" would have been better choices.

"Wall-E" tallied up the most nominations for a computer-generated film, including original screenplay, sound, and original score. I guarantee it will pick up the prize for Best Animated.

Once again, Disney will not receive a Best Picture nod for its fine work. Yet, I do not expect them to stop. From the looks of the trailer, their next feature "UP" will be just as amazing. I expect it to soar over the summer blockbusters including "Wolverine," "Star Trek," and "Terminator: Salvation."

Once I see a few more films, I can say for sure who will take home the top prizes, but for now I am leading towards "Slumdog Millionaire," but I wish it could all go to "Wall-E."

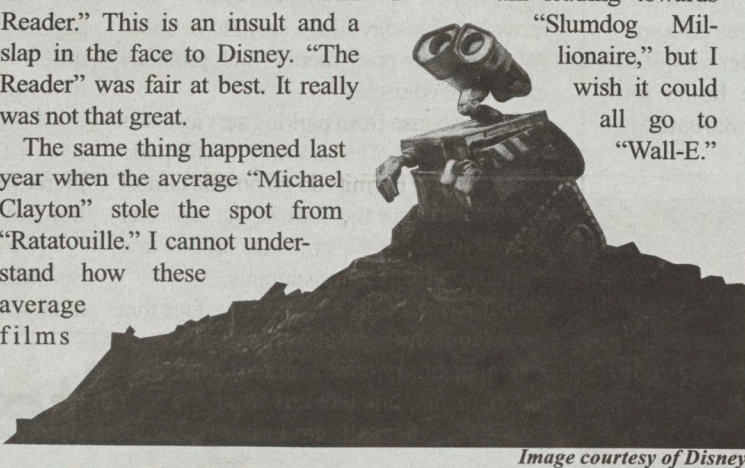
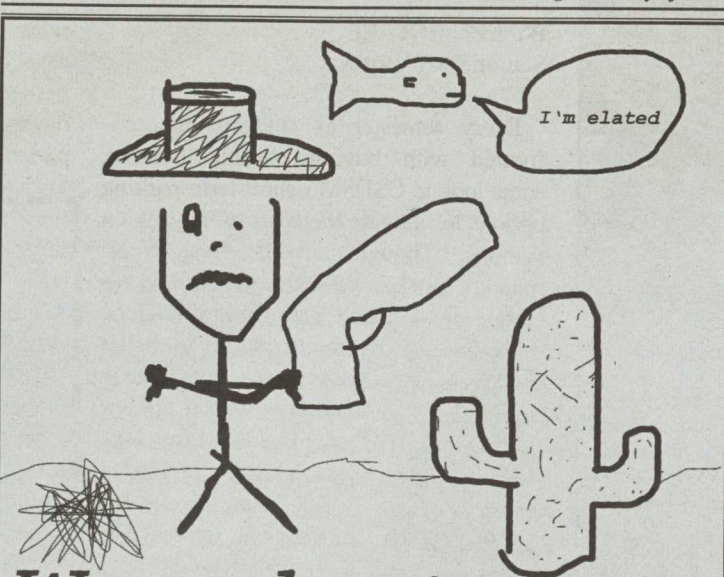
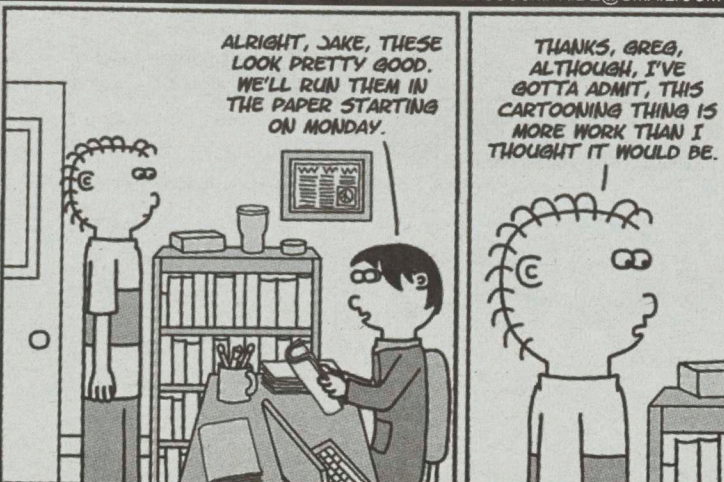


Image courtesy of Disney



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SEX 101!

BY IVAN GARCIA
Pride Staff Writer

Now that I have your attention, let's talk about it! While the subject of sex may be considered taboo or in bad taste to openly discuss, knowledge is essential for those of us that are sexual beings, a.k.a. everyone! Yes, we are a university full of sexual beings: heterosexual, homosexual, bisexual, etc. And no matter the views that one may have on the subject, safety is the number one concern when discussing this matter/activity. Now, I'm not saying that I am the severely younger/taller version of Dr. Ruth, but I am more of an open ear, willing to listen, discuss, and provide some humor to this.

The (scholarly) Uneducated Introduction to Human Sexuality: Depo-Provera

That being said, let's discuss a personal experience that this writer recently had. In the onset of the current semester, I was particularly excited for the start of my first Human Sexuality course (Psychology 352)...ever! Dare I say, more excited than a thirteen-year-old boy before his much anticipated first sexual experience? But with the eagerness of this new "sexual encounter" came the depressing thought of opening the awkward condom of homework.

Indeed, I was expecting homework, but I was hoping for a more experience-based assignment: Such as writing an essay based on the most unorthodox place one has had intercourse. Mine would have been about "doing it" in the back of a 67' El Camino... if it were true. But nay, this first assignment, like all relationships, is based on potential experiences. What will you do, where will you be in five years? I'm sure that your first answer wouldn't be to be inflicted with an STD.

Even though those particular situations aren't the most popular to mention, nonetheless, these events occur. And sure enough,



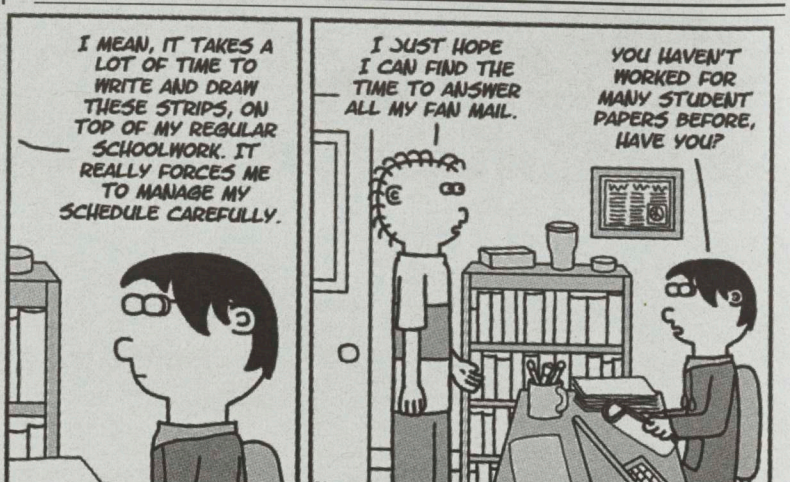
that was my first assignment, to study the financial, emotional, political, etc effects of dealing with a situation that may not be planned. These events ranged from contracting an STD to a family/friend being arrested for a sexual misdemeanor.

I'll be honest, I was hoping for something emotional, yet left room for information and self-enlightenment...like gonorrhea. I figured I could perform an entire Shakespearean opera based on a severe burning sensation one receives when they pee. But instead, my situation consists of researching the effects and potential side effects of a particular contraceptive known as Depo-Provera.

According to its official website (depoprover.com), Depo-Provera is an injection that women may choose to take every 11 to 13 weeks which prevents pregnancy for 3 months. Imagine that? Never again will you partner have to fumble with that hard-to-open condom wrapper, which leads me to mention, a condom is NOT a bag of Doritos. You can't simply pull it open, I suggest a tearing motion to effectively open your new fashion piece, but I digress.

While this injection may effectively prevent pregnancy, it does not protect against HIV or any other sexually transmitted disease. Side effects include menstrual irregularities, pregnancy-like symptoms, weight changes, and depression. Along with these side effects, prolonged use of Depo-Provera could result in significant loss of bone density.

While the side effects may be significant compared to the convenience of not having to remember to take a pill everyday, like all contraceptives, it is a matter of choice and what works best for the individual. Even with all the great choices, keep in mind that abstinence is the only sure fire method of knowing you are safe and protected. But no matter what your views on sex, remember, be safe, be healthy, and have fun!



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Gripe of the week: Parking

Students sound off on over zealous parking enforcement

Parking enforcement, common sense?

BY JASON GANAVARIS
Pride Staff Writer

On Tuesday, the first day of school, I started the new semester off by receiving a \$50 parking ticket.

Like many students, I did not buy my parking pass online. For the last 6 semesters I have opted to stand in line for an hour or so during the first week of school to buy my parking pass in person. In that time, I have never been issued a ticket for parking in one of the general lots without a valid parking pass.

Tuesday was different.

Considering that the number of free and metered parking spots on campus is dwarfed by the number of students who would need to use them to comply with parking laws, it would be next to impossible for students to follow the rules in the first week of school.

With construction closing down the northern parking lot, just finding an open parking spot on the first day of the semester was like winning the lottery. The line of cars waiting for the drive-through parking pass machine in the Markstein lot

alone stretched well past the Lot E traffic light Tuesday morning.

A good friend of mine, who was also issued a parking ticket, was standing in line at the Transportation Services office waiting to buy a parking pass when his parking ticket was issued.

Parking enforcement, in their enthusiasm, has lost their sense of good judgment.

Students are not trying to cheat the system. A vast majority of student drive to campus, which requires them to purchase a parking pass. The Parking and Commuter Services Department would not miss out if they allowed a grace period for students like me to buy their parking passes. Paying a \$50 ticket on top of a \$250 pass is a slap in the face if you are ineligible to appeal the ticket.

If you feel you have wrongly been issued a parking ticket, I suggest you try to appeal your ticket with the Parking and Commuter Services Department. Their contact number is (760) 750-7500, and their office hours are Monday through Friday, 8:00am to 5:00pm in FCB-107.

CSUSM wants YOU (and your money)!

BY JAMES SEBRING
Pride Staff Writer

I had suggested to the Administration that it would be a nice gesture to have a Parking Permit Moratorium the first week, since students who are buying passes are going to pay anyway, and it would be nice to give them a few days to purchase the pass. I thought it would be a nice break for the students scurrying to their new classes in the rush of excitement, bewilderment and frustration that seems to happen those first days with so many trying to find parking, classes and all the things associated with the start of a new term. Other colleges do it, so why not us?

I mistakenly thought that it would not cost them all that much, then I realized very early this morning (2:30 a.m.) that there was a great deal of money to be made, \$5 to \$7 per student for a temporary pass... times maybe 1000 students. Ouch! As it turns out, Tuesday likely brought in about \$6000 in day-pass money and probably more on Wednesday.

The response from parking services was this, "We do not offer moratoriums for parking, as Spring permits do go on sale almost 2 months before the start of the semester and are available for purchase on-line and in multiple locations on campus..."

There was no mention of the fact that

they make a lot of MONEY from the temporary day permits. Now to be fair, they do give "one" permit away in a lottery drawing.

In surveying a number of students standing in line at parking services the first day, all had purchased a day pass because they did not know how long it would take to get the pass, some knew you could purchase on-line, and one student's educational funds were not available for early purchase. A staff person told me that during the university hour the line wrapped around several times and then snaked out the door into Tukwut Court.

A couple students reported getting parking violation tickets while they were over at the day pass dispensing machine. The moral of this story is, park next to the machine first. I was surprised to learn that a parking pass is not included in your on-campus housing fees.

A first week moratorium would be a fractional percent of the annual amount Parking Services generates in parking permits and day passes alone. The funds are directed to paying for the multi-level parking garage now under construction across from campus housing. Its completion is projected for 2010 though it will take 30 years to pay for it. An 18% increase is planned for Fall 2009 increasing annual earnings by over ½ million dollars.

My suggestion is ride a bike or take the Sprinter. Between gas, traffic and parking fees it doesn't seem rational to drive.

Parking alternatives

BY BEN ROFFEE
Senior Staff Writer

Every semester as students are confronted with buying parking permits, some look to CSUSM's short-term parking options to mitigate the costs of parking on campus. Though these daily/hourly permits are less convenient, it is common for budget-minded students to forgo purchasing expensive semester passes in the belief that paying per use can cut personal parking expenses measurably. The Pride put this theory to a test and compared common parking/schedule scenarios to determine which is of the greatest economic advantage to students.

The rundown on purchasing semester parking permits or daily/hourly permits:

In most circumstances, the full semester parking permit is a better deal for students with a typical school week of 12-15 units. Factoring in breaks between classes, U-hour, and other on-campus activities, it is likely that a student with a full course load would require a 5-hour permit or even an all day permit to park on campus. If students can manage to pack all of their classes into 2 days, then daily permits are the clear choice.

With more school days at these longer durations, the cumulative costs of daily/hourly permits push past that of the semester permit, which makes this a less attractive option for students with long school days. Only under special conditions would daily/hourly permits be more economical, namely when students have periodic access to alternative forms of transportation (i.e.

rides from friends, walking, biking, bus, etc.) For those that do opt for daily/hourly permits, it is generally cheaper to park 2 days a week for longer durations than it is to park 4 times a week for briefer durations.

The Numbers:

\$248: Cost of full semester permit.
\$7: Cost of all day permit.
\$5: Cost of 5 hour permit.
\$4: Cost of 3 hour permit.
\$2: Cost of 1 hour permit.

Scenario 1: 4 day school week

\$448 on all day permit.
\$320 on 5 hour permit.
\$256 on 3 hour permit.
\$248 on semester permit.

Scenario 2: 2 day school week

\$248 on semester permit.
\$224 on all day permit.
\$160 on 5 hour permit.
\$128 on 3 hour permit

Scenario 3: Varied school week.

\$368 on 2 5-hour permits and 3 1-hour permits.
\$352 on all day permits and 2 3-hour permits.
\$336 on 3 all day permits.
\$288 on 2 5-hour permits and 2 3-hour permits.
\$248 on semester permit.
\$240 on 3 5-hour permits.
\$192 on 3 3-hour permits
\$176 on 2 5-hour permits and 1 1-hour permit.



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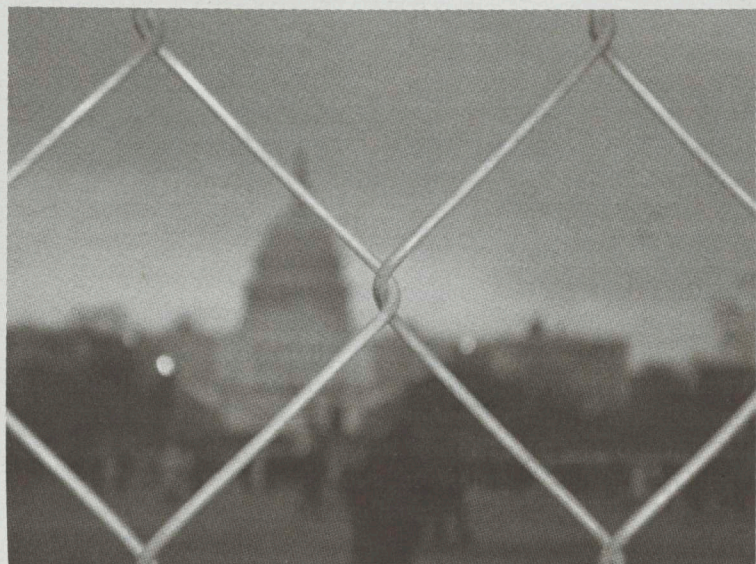
Purchase through the Parking and Transportation Services office (FCB 107).

Passes go on sale the 25th of the month, but purchase yours early! The number of passes is limited.

From INAUGURATION, page 1

Chanel makeup, courtesy of the Ritz Carlton with the presidential seal on it. It was just one thing after the other. I got a jar of Michelle Obama's cookies that had her favorite cookie recipe on it made by a job-training program."

At 11:10 a.m., standing in an endless, non-moving line of people, among a crowd of millions, Proudfit believed she had seen the last of her good luck streak.



Fencing was installed throughout the National Mall for security.

"We're in this mob of people and I'm thinking, 'Oh, my God, this is where the other shoe falls, I guess, and we're not going to get to see it.'"

Instead of accepting defeat, Proudfit took action and decided to head back to the National Museum of American Indians.

"We were walking through this crowd and I said, 'Come on Maryann' because she was getting tired. I said, 'We gotta keep going. We're going to miss it if we don't.' And there were these concrete dividers and they were probably about half our height," Proudfit explained. "I made her hop it! I mean she's a sixty four year old woman with two knee braces and I think she was running on straight adrenaline because she climbed it and she got over it and she

"That night I went to two balls. This chairman of another tribe asked me what I thought of the speech and of course, a few other folks were asking me my opinion as a political scientist. I kept telling people that I experienced so much joy during the speech that I can't say that I analyzed it that thoroughly," Proudfit said. "I know people were looking for that catch phrase or the one word. I just looked at the whole movement, the experience, the presence. It wasn't about his words as

"Unfortunately for the last eight years, we were united as a country by fear. Post 9-11 we did come together the following few days and weeks after 9-11 but we came together based on fear. And we did not stay together," Proudfit said. "But [now] we're united by hope and that's such a difference. It is such a different feeling. It is my instinct and I believe that is what's going to keep us united. It's not going to be for a few weeks or months or years. I think being united by hope is far different than being united by fear."

The unity, Proudfit spoke of was prevalent throughout her experience in Washington D.C. from the eagerness of perfect strangers to help each other find their way through the crowds to the cab driver that took her to the airport.

"The driver was from Ethiopia. He was just so happy and telling me how he took the day off and took his family to the inauguration. They didn't have tickets but they went down to the mall and went to witness it," Proudfit recalled. "He told me [that] him and his wife could not stop crying. He kept saying this is such a wonderful day for the world, for the world...It's so much bigger than what we know. It's not just about one individual. It's about a new kind of moment that people feel so energized."

After they reached the airport, the cab driver got out of the cab, handed Proudfit her luggage and gave her a hug.

"He was just so happy. Strangers are giving you a hug. It was bizarre but it was wonderful," Proudfit said.

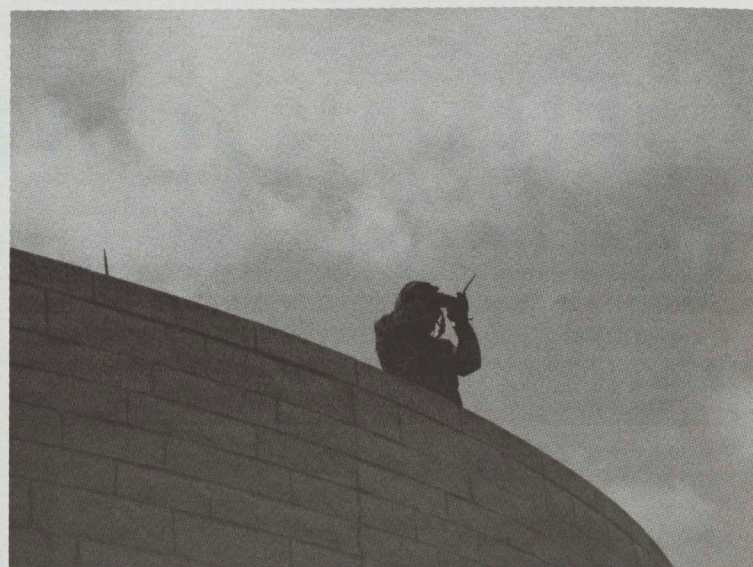
Proudfit also attended two of the balls that followed the inauguration throughout the evening. After the American Indian ball, Proudfit went

to the Western States ball, one of the ten or eleven that the President and First Lady attended.

"It was just so amazing to see them there and see them dance. He's got rhythm and that break in his step and the way they look at each other is just phenomenal," Proudfit said.

The experience for Proudfit was just one example to give to her students to prove that politics are not boring.

"I always tell my students that politics are fun and interesting. They are not just about policy issues. They can be very, very exciting. These are some of those events," Proudfit said. "I remember at the DNC [Democratic National Convention], I took one of my former students when I was a professor at San Francisco



State. She was the Valedictorian ones that saw it live on television, all expressed a shared optimism



Singer Josh Grobin stayed at the Ritz Carlton where Proudfit stayed.

at San

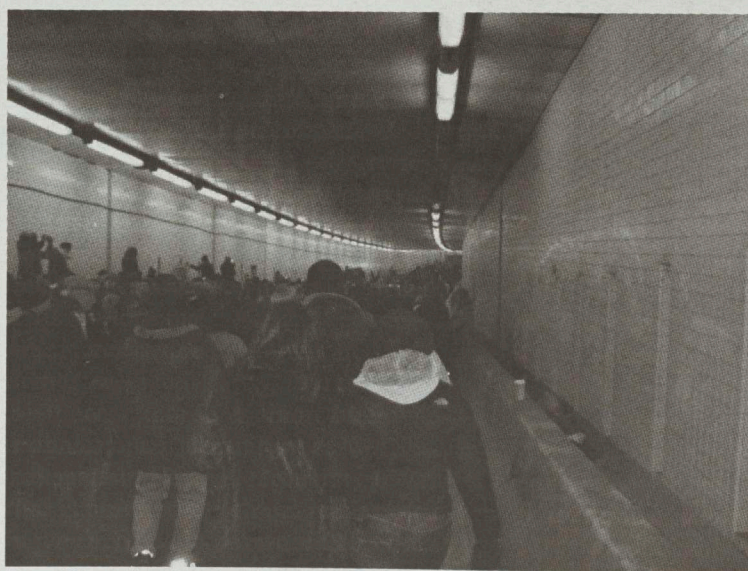
Francisco State and she was the first California Indian to be the Valedictorian. She is now writing her dissertation and she is earning her PhD for Political Science at the University of Chicago."

for the future of the country and the world as a whole. With the country in a recession and involved in two wars, the President already has a lot on his shoulders but

according to Proudfit, people realize that they must do their part to see change happen.

"I think this President is bringing out the best in all of us and I just think that people realize that it is much bigger than him and that we have to change. We are the change. So when we talk about change it's not necessarily Obama being that

change, it's us being that change," Proudfit said. "I think we are in good shape. It's going to take us a while to get out of the situation we're in but with a little hope and optimism we'll get there."



Proudfit makes her way through what she called "a sea of humanity" in search of the ticket gate area.



fine."

Riding on that adrenaline and the sheer determination to witness the event, the two women finally reached the National Museum moments before the inauguration began.

Though Proudfit had a share of details of the events leading up to the inauguration, the actual swearing in and the speech that followed played out like a blur.

complain about how long I was walking or how cold I was, I would look over and see an elder African American person with a cane who had trouble walking, walking," Proudfit said.

The hope and optimism that people so often associate with the New Year and Presidency of Barack Obama is a direct contrast to the growing frustrations resonated by the American public under the Bush administration.



Photos courtesy of Joely Proudfit

Lt. Miller attends FBI Academy

BY JAMES SEBRING
Pride Staff Writer

Cal State San Marcos' very own University Police Lieutenant Doug Miller recently received the honor of attending the FBI National Academy.

The FBI trains about 1,000 local and state police officers each year in this program. The trainees are chosen from all over the United States as well as other countries. Besides the usual physical fitness and police training, the Academy also offered college undergraduate and graduate level courses. One that Lt. Miller found particularly interesting was a course that taught you how to analyze witness statements, determine the validity of a statement, and where the statement may be less than factual.

"When someone is giving a detailed statement of what they did and they go from specific details to generalities and use phrases

like 'and then'; that is where you need to look for possible falsehoods," Miller explained.

Miller grew up in Colorado, describing himself as "somewhat of a rebel" until he joined the Marines. His wife, Teresa, is a nurse and currently serving in the US Navy, stationed in Yokosuka, Japan. After serving 7 years active duty, Miller got out of the Marines and went to San Diego State University where he wanted to become an engineer.

"I discovered that my math skills were not up to the task of being an engineer, so I changed directions," Miller said.

While pursuing a different degree field, he was informed of a job with the University Police. His point of contact was a Chief Carpenter.

"I didn't know what statistics had to do with carpentry, but I applied anyway," Miller said. He later discovered that Carpenter was the Police Chief's last name. He took the job

with the SDSU Campus Police working as a statistician, researching and writing grants. Impressed with his work, SDSU Campus Police recommended Miller for police training at the San Diego County Police Academy. Upon completion of his training, he went to work as a patrol officer with SDSU Campus Police, working his way up to Sergeant. Although Miller enjoyed the work and found it satisfying, he felt a desire to move on.

It was at this time that an opening became available at CSUSM Police Dept. Miller applied and was accepted. He became a Patrol Sergeant for CSUSM, but was soon offered a position as a lieutenant. Although the pay was better, he was reluctant to give up being on patrol, which for him remains an enjoyable part of the job.

Ultimately, Miller took the job as Police Lieutenant and moved to his new vehicle: a desk.

When asked whether he found giving

tickets to be the most enjoyable part of his job, Miller replied, "No, not really, but if it prevents some kind of unsafe or dangerous driving situation, that at least there is some satisfaction in it."

What Miller finds most enjoyable is teaching students about his job, about the dangers that are ever present, and how to make good, safe life choices. He enjoys it when the students finally let down their guard and begin asking questions and sharing their experiences or asking for advice.

Looking to the future, Miller notes his number one priority is having his wife back from Japan, and then hopefully a meaningful retirement. They would like to join the Peace Corps or something similar.

"Teresa and I have been involved in service related jobs for many years," Miller said. "But we feel doing that kind of work as a volunteer, rather than as part of our job, would be so much more satisfying."

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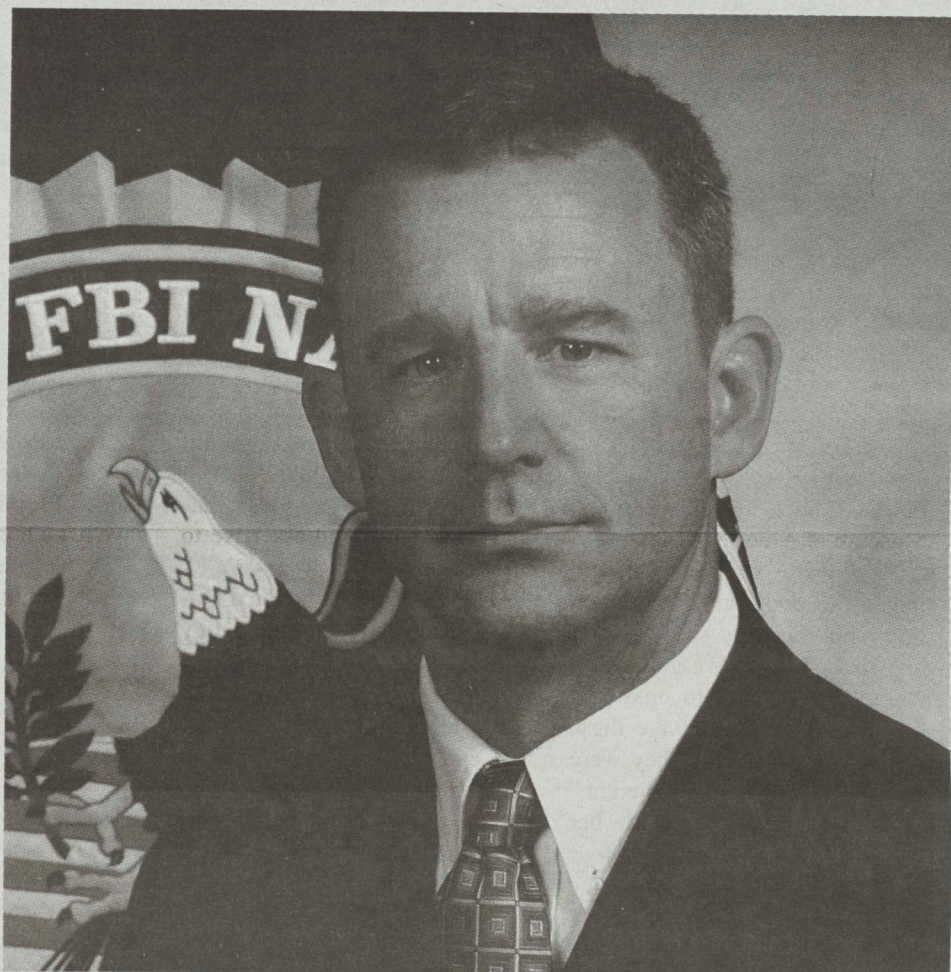


Photo courtesy of Doug Miller
The FBI National Academy is an invitation only professional course of study for law enforcement leaders.

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Sports

Getaway to a Winter Wonderland

The best run for a student's buck

BY SANDRA CHALMERS
Senior Staff Writer

Snow Summit and Bear Mountain ski and snowboard resorts in Big Bear Lake California are a golden opportunity for avid skiers and snowboarders to enjoy great terrain, affordable lodging, and a good time close to home.

Snow Summit and Bear Mountain are located in the San Bernadino Mountains, in heart of Big Bear Lake. Beautiful lake view cabins and unique dining experiences that are within steps of the slopes surround both of these resorts.

According to MapQuest.com, Snow Summit is approximately two hours away from San Marcos.

Snow Summit is considered the big brother of Bear Mountain, a neighboring ski and snowboard resort about 10 minutes away from Snow Summit.

Though both of these resorts are alike in structure, they attract very different crowds. Beginners or intermediate

snowboarders and skiers are better suited for the long trails at Snow Summit, while other more advanced skiers and snowboards are more likely to be attracted to Bear Mountain's freestyle park that features more than 145 jumps and a superpipe line for the brave and daring.

Snow Summit offers 55 runs open everyday, two of the runs being double black diamonds (for advanced and expert riders only) and specially designed fun zones, specifically aimed for younger children, families

and a half long.

With the natural snowfall in the Big Bear Lake area recently staggering, both Snow Summit and Bear Mountain produce man-made snow when nature fails to provide. Though man-made is still considered real snow, the feel of gliding smoothly on powder fresh snow most often cannot be replicated.

The annual snowfall average is 100 inches for both resorts.

Beginners through expert riders can enjoy about 1,700

vertical feet of trail runs at Bear Mountain. According to Bear Mountain's website, its very own Geronimo ski run is Southern California's steepest and highest most advanced run.

What Snow

Summit may lack in boldness is made up with delicious dining options. Four restaurants are located at the base of the slopes. Mexican food, soups in sourdough bowls, salads, a deli, and even pasta can all be found in Snow Summit. The View Haus, a bar and grill, can be considered one of the more upscale dining experiences at Snow Summit. The View Haus offers a variety of beer and a lively atmosphere for relaxing after a long day on the slopes.

The Snow Summit website, www.snowsummit.com and Bear Mountain's website, www.bearmountain.com feature live web cams, panoramic photographs of trails and runs, and also has live snow reports. Directions, and more resort details can also be found on the websites.

A lift ticket purchased for Snow Summit is also valid as a lift ticket for Bear Mountain.



Photo by Sandra Chalmers

Lift ticket prices for regular season is \$43, holiday prices jump to \$66. (Holiday Prices are for Feb. 14-16).

Night skiing and snowboarding are also available for both resorts. Ticket prices for regular season are \$30 and holiday prices are \$42. Night Skiing is from 3p.m to 9:30 p.m. Lift tickets can also be purchased

online.

Snow Summit and Bear Mountain are now offering an exclusive deal of a midweek lift ticket and lodging packages starting at \$69 per person, per night. A full list of participating lodges available at either Snow Summit or Bear Mountain's website.



Photo by Sandra Chalmers

and beginners to ski at leisure.

Bear Mountain, famous for its freestyle parks, which was recently dubbed "#1 Park in the nation" by *Transworld Snowboarding Magazine's* 2009 resort poll. This park encourages Shaun White antics and extreme snowboarding. Bear Mountain's longest run is a mile



Photo by Sandra Chalmers



Photo by Sandra Chalmers

With the reality of a recession on every student's back, Snow Summit and Bear Mountain are offering a happy birthday gift to ride free on your birthday. Present a valid photo I.D and receive a free lift ticket on your birthday.

UniversityVoice

Photos by Gabi Martinez /Pride Staff Writer

What is your New Year's resolution? How is it coming long?



Resolution: "To cuss less and have better posture."
Progress: "It's good, I'm trying to get people to point out my posture, but they forget. Cussing I cannot get under control; It flies out of my mouth."

Allison Clark
2010



Resolution: "To address all situations that involve me or people close to me in a positive attitude; not be a negative Nancy."
Progress: "Good so far, I've been a positive person so far."

Caitlin Amiton
2009



Resolution: "My new years resolution this year is to get a job."
Progress: "Not good. I applied to six or seven jobs but haven't heard from them. I'm optimistic though."

Arturo Ibarra
2010



Resolution: "To practice punctuality."
Progress: "Going really well so far."

Tiffany Raven
2010



Resolution: "I made a new year's resolution not to make one."
Progress: "Pretty good, I've done nothing."

Kristine Ayangco
2010

Social justice summit

Questions, answers, progress

BY EBONI HARVEY
Pride Staff Writer

In late November 2008, I received an invitation to a Social Justice Summit from January 16 to 18. "What is social justice?" I wondered. Free hotel accommodations and free food. To me, that was what I believed to be sweet social justice. I didn't know what to expect. I could have done anything that weekend but I decided to embark on the mysteries of social justice. Now that I reflect back...I can't imagine myself doing anything else but attending such a life changing event.

When I arrived for check-in at the

Clarke Field House, the only excitement I felt was being able to write my name the way I wanted on my nametag: "eB." I walked into the Grand Salon only to be amongst a bunch of strangers. I just remember asking myself "How in the hell am I going to spend an entire weekend with a bunch of folks I don't know to talk about social justice?" What were we to discuss?

Social justice was a "process and a goal," they told us. First, social justice calls on the individual to examine him or herself, to lift or rid oneself from obstacles of socialization down to the language we use to discriminate, and discourage the cycle of oppression on and off our

campus community. Social justice is an ongoing process, a game of many innings, grand slams, strikeouts, and no end.

As I looked at all the unfamiliar faces in the room, I remembered the feelings I get any other day walking around campus allowing our differences set me apart from them. The retreat began with a celebration of these differences. High-fives on the account of our differences with one another were the icebreaker for turning strangers to friends. I began to think about how much more my relationships with each of these individuals were going to change as we evened the playing field.

We were broken down into smaller groups at times during the retreat. These groups allowed for interpersonal interaction among group members, an important part of the social justice process. Social justice advocates must recognize how power and privilege, and the effects of these concepts, take part in the communities we belong to. It provides a micro look into what happens when social justice issues and ideas are resolved and discussed.

Retreat guest speaker, Jennifer Jefferies, says that anyone, despite



Photo by Eboni Harvey

one's position, can become a leader of social justice. Two facilitators headed each group. These facilitators are CSUSM's Sara Sheikh, Associate Director of Multicultural Programs; Dilcie Perez, Director of SLL; Bridget Blanshan, Dean of Students; Greg Toya, Associate Dean of Students; Scott Gross of Extended Learning; Rodger D'Andréas, Director SSS (TRIO); Tim Bills, Assistant Director, USUAB; Jackie Leak, Cultural Psychologist and lecturer.

The support and knowledge from all participants during this retreat,

including facilitators, yielded many great things. In just one weekend, I recognized the need for a change in myself, and I witnessed change happen in others. In just one weekend, I saw personal walls broken down, eye witnessed vulnerability, and strangers turned into friends and into promoters for a positive change on and off campus. In just one weekend, a group of individuals left Creek Side Inn in Escondido with an eternal flame burning deep within with the intent to start a blaze for days to come.



Photo by Eboni Harvey

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Happy hybriding

A new era in the automotive industry unfolds

BY JONATHAN THOMPSON
Senior Staff Writer

Generations past did not fathom the hybrid platform. Unborn generations will not fathom anything else.

Essentially, hybrid technology involves maximum usage of motion by exploiting electricity and using less gasoline. When accelerating, a hybrid car relies on the fuel powered motor and the electric motor. When decelerating, energy is transferred back into the electric battery. When cruising, granted the vehicle has enough stored energy, the car solely utilizes the electric motor, and not the fuel-powered motor.

Several major car manufac-

turers such as Ford, Honda, and Toyota harness the new technology. Other well-known automobile makers are in the hybrid arena as well. Naturally, the new technology increases the initial cost of the car. The thought behind the technology is that the user ultimately saves more in the future by consuming less fuel, which is also a huge benefit to the planet.

Foreign auto companies invested time and money into research and development for fuel-efficient cars before domestic companies. Regardless of the notions raised as to why that is, both foreign and domestic car producers directly compete for hybrid market share.



Image courtesy of Toyota

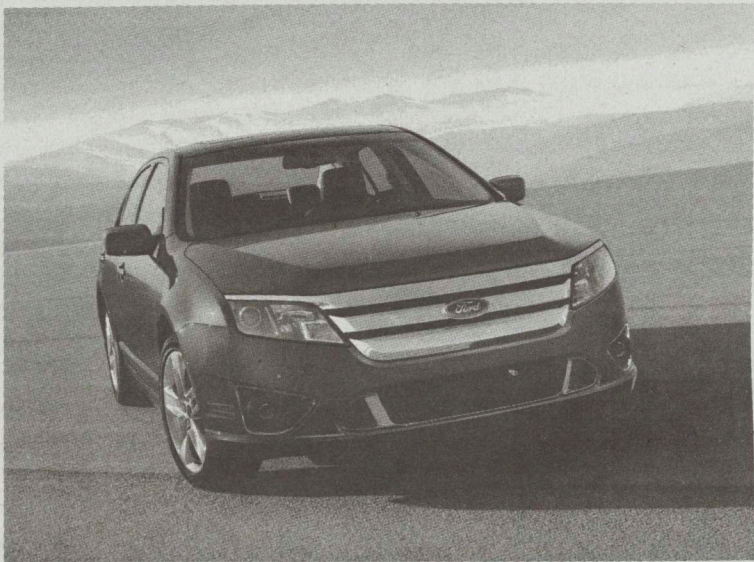


Image courtesy of Honda

(Left) Honda Civic Hybrid 2009; MSRP Price: \$23,650; MPG City/Highway: 40/45

The 2010 Ford Fusion Hybrid retails for \$27,270 netting 41 city miles per gallon and 36 highway miles per gallon. The 2009 Honda Civic Hybrid retails for \$23,650 with 40 city miles per gallon and 45 highway miles per gallon. The smallest of them, the 2009 Prius, retails for \$22,000 with a staggering 48 city miles per gallon and 45 highway miles per gallon.

As the years progress, used hybrids will become more available to the average student. Simultaneously, the hybrid market, and other similar markets, will continue to lower emissions and raise mileage statistics.



(Left) Toyota 2009 Prius; MSRP: \$22,000; MPG City/Highway: 48/45
(Top) Ford 2010 Fusion Hybrid; MSRP: \$27,270; MPG City/Highway: 41/36

Better food, better choices

Tips to be and stay healthy

BY MATT LEWIS
Pride Staff Writer

As students, especially in our first year, it's easy to choose fast and often unhealthy foods. Unbeknownst to some, there are many options at CSUSM for healthy alternative meals that are satisfying and filling.

Many students stop by the Big Cat Food Court for lunch during U-hour, between 12 and 1 p.m. on Tuesdays and Thursdays. Some choose familiar foods like cheeseburgers and pizza, but there are healthier options including the "Lettuce Eat" salad bar, the "Sushi Roll" sushi bar, and the "Stack and Dash" sandwich station.

All these choices offer

a chance to pick something a little less greasy than French fries. It doesn't hurt your wallet either. For the same \$4.99 that gets you a hamburger or two pizza slices, you could get a 6-inch sandwich or two medium salads. The fiber, vitamins, and minerals from the vegetables and protein in these options will give you longer lasting energy and help you focus, a much better choice compared to the fat, sugar, and sodium content in the other foods that can run you down during class.



Photo by Matt Lewis

An even cheaper alternative to the food available at the Dome is a lunch brought from home. While brown bag lunches may conjure up images of days past, swallowing your pride can save you a lot of money in the long run.

"By preparing the food yourself, you're able to control the portion sizes and decide

exactly what goes into your lunch without having to worry about chemical additives," says Renee Cobb, a San Diego-based dietitian.


Cobb also recommends foods high in protein and fiber rather than fats or sugars, which can leave you feeling full and benefit your health. Ingredients like whole-grain breads, pitas

and wraps combined with egg slices, tuna fish, cheese, and lean meats can create meals high in good cholesterol and Omega-3 fatty acids.

On the topic of drinks, she adds, "Another tip is to drink water. Most of the calories people get during the day are through sodas, juices, and coffee drinks."



Photo by Matt Lewis




Tuna and Spinach Salad

Ingredients:

- 6 cups baby spinach
- 4 ounces sliced mushrooms
- 1 15-ounce can artichoke hearts, drained and halved
- 1 tbsp extra virgin olive oil
- 1 cup canned white beans, rinsed and drained
- 2 7-ounce packs chunk white tuna
- 1 tbsp lemon juice
- 1 tbsp water

Preparation:
Wash and dry baby spinach leaves. Place in a large bowl with white beans, mushrooms, artichoke hearts and tuna. Whisk oil, lemon juice and water, or place in a small screw-top jar and shake vigorously. Drizzle over salad and toss well. Makes four servings.

Per Serving:
Calories 203, Calories from Fat 29, Total Fat 3.4g (sat 0.5g), Cholesterol 20mg, Sodium 575mg, Carbohydrate 20g, Fiber 5.7g, Protein 23.3g



A recipe from About.com's Fiona Hayes for a Tuna and Spinach Salad that is filling, flavorful, and easy to make.

Spotlight: David Bennett

BY GABI MARTINEZ
Pride Staff Writer

On surface level, CSUSM appears to not have much to offer besides a small but new campus. However, beneath the surface, the campus is filled with a strong hunger for learning, positive attitude, and teachers filled with desire to see their students succeed.

It's also of great benefit to have professors with as much experience as College of Business Administration professor, David Bennett.

Professor David Bennett is an Adjunct Professor of Management as well as Director of Community Business Relationships and Outreach for CoBA. He received his undergraduate degree at Northwestern University before attending the Harvard Graduate School of Business.

After being Vice President of Mail Boxes, etc and running other major corporations such

PepsiCo, Marriot and Taco Bell, David Bennett decided to combine his real life experiences with academics.

Bennett got his first desire to teach while lecturing to major universities in the U.S. while still working at PepsiCo and began teaching at CSUSM in 2000.

Bennett currently serves on the Advisory Board for the College of Business along with five other boards, and specializes in a variety of business disciplines including strategic planning, organizational structure, organizational culture, national/international expansion, and leadership.

Bennett co-founded "In the Executive's Chair," a program inspired by the famous Bravo cable television series "Inside the Actor's Studio." "In the Executive's Chair" provides students with the opportunity to meet top business leaders and listen to them talk about their careers, companies, and

the crucial business decisions they commonly face as a way to help students prepare for their own careers in business.

As founder of CSUSM's Center for Leadership Innovation and Mentorship Building (CLIMB), this Professor of Management and Leadership has nothing but passion to see his students succeed.

"I'm a firm believer (that) in 10 years I'll be reading Business Week or The Wall Street Journal and I'll read about some of my students," says Bennett.

In order to achieve such an in one of the

world's most recognized business magazines or find success in the business world, Bennett's advice is to follow four essential steps: "certainly you

have to have passion; a lot of passion, have to work hard, be willing to take risks, (and) you have to have a mentor."

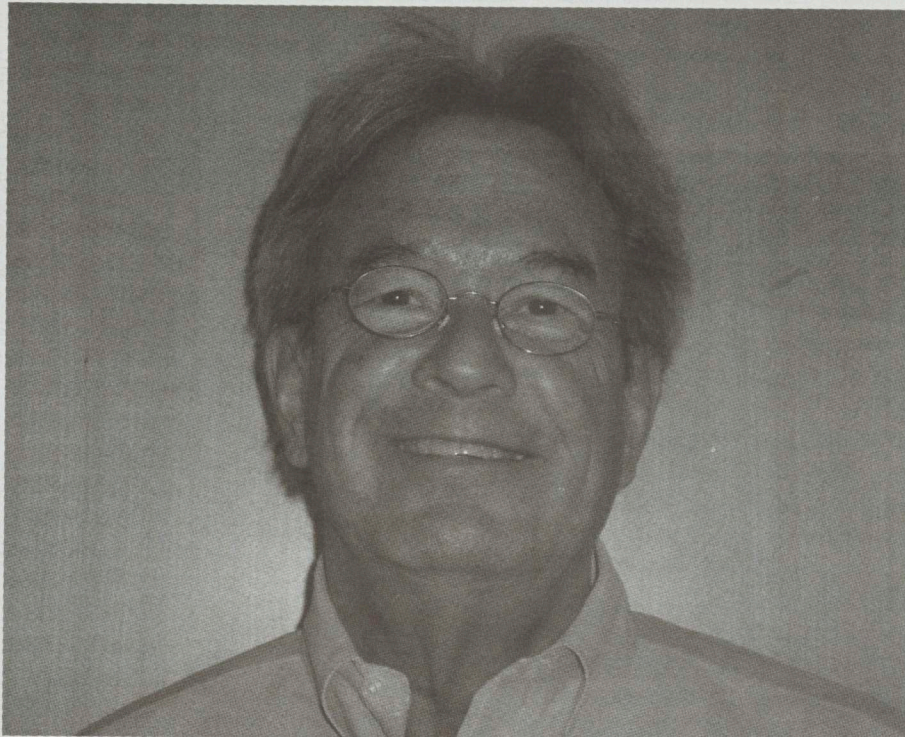


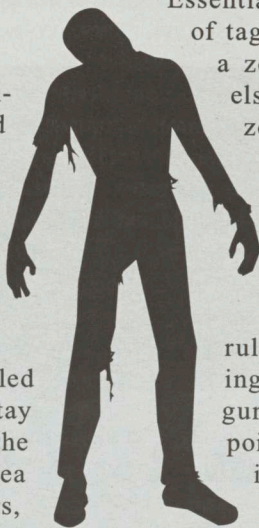
Photo by Gabi Martinez

A Day in the Life of An R.A. The Zombie Game

BY BILL RHEIN
Senior Staff Writer

Each semester all eighteen Resident Advisors are required to hold programs and cover the "Wellness Wheel." There are eight spokes to the wheel consisting of themes such as culture, occupation, and intellect that offer residents a chance to be well rounded.

Last semester, I met the physical requirement, with a program called "Humans vs. Zombies." I try to stay humble but I am very happy with the success of this program. The idea came from one of my supervisors, and I ran with it.

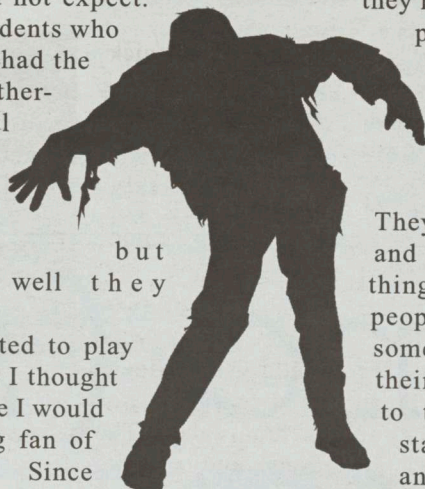


Essentially, HvZ is a big game of tag. One person starts as a zombie, and everybody else is a human. The zombie tags humans who then hunt other humans. Each game lasts about a week and we played twice last semester.

There are more rules to the game concerning safe zones and Nerf guns, but that is beside the point. This was my favorite program last semester and I look forward to doing it again.

The game has had some side effects that I did not expect. I met several residents who I might have not had the chance to meet otherwise. It is surreal when I forget that some people are not my residents, but I know them so well they might as well be.

At first, I wanted to play the game because I thought it would be a game I would enjoy. I am a big fan of zombie culture. Since playing, my favorite thing



be hearing people say how much fun they had and how they met new people. It is hard to stay modest after so many complements.

HvZ and the other programs I put on are multipurpose events. They bring people together and teach residents new things. Moreover, it gives people an opportunity to do something besides stay in their rooms. I look forward to the next game of HvZ, starting February 16th, and another week of excitement and bonding.



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Chinese Astrology

Courtesy of Yahoo

Rat: 1900, 1912, 1924, 1936, 1948, 1960, 1972, 1984, 1996, 2008

The Rat may likely begin the year with a lot of momentum from the year of the Rat. Take an inventory for the next twelve months. Then, with some plans in mind, no matter what area of life, work purposefully towards obtaining those objectives. One pitfall to avoid in the year of the Ox is over-committing to engaging in too many activities at the same time. Self-discipline, careful planning, and applied effort are three wise methods that will lead to a successful year in 2009.

Ox: 1901, 1913, 1925, 1937, 1949, 1961, 1973, 1985, 1997, 2009

The Ox can do well this year through steady progress. There may be a number of experiences that will provide great joy for the Ox. One area, in particular, is the Ox's personal life. You may see an addition to the family. You will be surrounded by those who care. Look for the early summer months to attend many social occasions, providing many new faces in your social circle. One area of focus is to be open to the advice of others, as you tend to keep your issues to yourself.

Tiger: 1902, 1914, 1926, 1938, 1950, 1962, 1974, 1986, 1998

From the outset, 2009 may present some true challenges for the Tiger. The year of the Ox presents an overwhelming influence upon the Tiger to maintain a steady and well disciplined pace. That is not to say that there won't be opportunities for achievement, but it would be more precise to say that this is a year that would benefit the Tiger in the areas of experience and possibly lay a solid foundation for the year to come. You will have to be resourceful and rely

on your boldness and quick wit to ascertain anything in the year of the Ox.

Rabbit: 1903, 1915, 1927, 1939, 1951, 1963, 1975, 1987, 1999

The past year may have provided the Rabbit with many challenges and difficult situations, but this year will be a relief. The Rabbit has a very favorable outlook this year. Though it is not part of your usual plan, you may find that being assertive and bold will allow you to achieve unforeseen success. Your attraction to the finer life may lead you to living it. Personal relations are of great value to the Rabbit and will be emphasized throughout the year. Put your best foot forward in the year of the Ox and you will reap many benefits and rewards.

Dragon: 1904, 1916, 1928, 1940, 1952, 1964, 1976, 1988, 2000

The year of the Ox may slightly hinder the Dragon's independent spirit. There will be gains, but you may have to adapt to situations with different strategies than your usual style. There are three favorable months to provide periods of substantial progress and you would do well to take notice of these times and make the most of the opportunities offered. The single Dragon will be happy to know that romance is favored this year, so you may find someone to share your experiences. Be conservative in your spending or it could result in problems next year.

Snake: 1905, 1917, 1929, 1941, 1953, 1965, 1977, 1989, 2001

The Snake has an incredibly favorable year ahead. The year of the Ox provides many opportuni-

ties for the Snake to fulfill long awaited career goals and achieve more than he/she ever imagined. Your wisdom and patience are tools that prove successful in all aspects of your life. Relationships could be taken to new heights and deep and meaningful friendships are acquired. This year proves to be one of action, the year that all of your plan-

n i n g
a n d

the year of the Ox.

Goat: 1907, 1919, 1931, 1943, 1955, 1967, 1979, 1991, 2003

This may not be as favorable as a year that you desire. Coming off the year of the Rat, you may be seeking relief from the difficult year. Don't let up now. The Goat is artistic in nature and you may have difficulties finding a way to express your creative passions. It will take an extra effort to rely on the help of others to make it through these times, but if you keep a steady focus on your goals and display painstaking efforts, you will be pleased to see the fruits of your labor arrive next year. Don't fret, as you may learn a lot about yourself in the process. You may learn that you are more versatile, as well as resourceful, than you ever imagined.

Monkey: 1908, 1920, 1932, 1944, 1956, 1968, 1980, 1992, 2004

This year offers the Monkey some opportunities to go far with your talents. The Monkey's generous nature may leave you stretched in several different directions, so it is important to stay focused in order to achieve the goals you have set for yourself this year. You will be given the opportunity to impress the right people both in business, as well as in your personal life. Don't hold back this year, for this could be one that will leave an impression over the course of the next few years.

Rooster: 1909, 1921, 1933, 1945, 1957, 1969, 1981, 1993, 2005

Aside from the Snake, the Rooster has the best prospects in

the year of the Ox. This is the kind of year you have been waiting for, as everything seems to go your way. You have been diligently working towards some long term goals that finally come together this year. Your relations are felt at new levels, as you find a sense of satisfaction that you may not have experienced in a long time. Things you may have thought not possible will become a reality for you in this positive year.

Dog: 1910, 1922, 1934, 1946, 1958, 1970, 1982, 1994, 2006

2009 will present the Dog with a number of challenges. Your patience will certainly be tested in more than one instance. You may not necessarily gain the notoriety you desire in your career, but certain advancement opportunities will surface throughout the year. You will find comfort with your family and solidify bonds that are necessary for your well being. You may have issues juggling your family life with your work schedule, but you will make great strides in both areas by the end of the year.

Pig: 1911, 1923, 1935, 1947, 1959, 1971, 1983, 1995, 2007

The Pig has many opportunities to shine this year. Your generous nature is apparent in all aspects of your life. This year, your inherent generosity plays a large role in areas that you may not even be aware and may pave the way to a possible career change. You have an abundance of friends and you are well loved by your family. this year will only enhance these relations. One area that may create some issues is that you seem to over-extend yourself to a point where there isn't any time left for you. This could lead to a change in priorities and could promote some better organizational skills.

Word(s)

Yoda /n./

Cousin of Kermit the Frog but off the botox.

Both relatively the same age.

Oprah /n./

The world's current Sith Lord.

Bob Saget /n./

The lowest card in a Full House

Tonya Harding /n./

The surprise kneecappin' of noobs to eliminate any future competition.

Frank Sinatra /n./

To do a particular activity however you damn well please, your way.

So you say... Original student work

Dramatist

Best Kept in Kemp

BY JOSEPH IRAGGI

Tall striking poignant outspoken extrovert struts onto the stage with theatrical lights shining blinding.
He can't see the audience and doesn't care.
Another antagonist dashes onstage to put a rapier in the man's chest.
The protagonist dodges the violence and leaves the crowd in silence.
On come three damsels distressed looking for relief from the reliable romancer.
The gang harangues the hero until the big bang.
Curtain closes only to reopen sooner than later with more conflict resolution and revolution.
The nice knight bows and bids adieu to the entire crew.
The deciduous and evergreen forests, oceans, deserts, mountains, and plains all contain the same elements.
Human beings complain, drain, and train only to maim the game.
Living is giving back to the reconciliation of respiration.
Take a deep breath and reflect on personal neglect.
The answers forbidden aren't hidden or exclusive.
Forgive and be included OR be glib and stay deluded.
Back to the play with a cast dissatisfied with their roles.
Mounting mutiny proceeds to illuminate the alliances forged.
Memories don't forget prior behavior.
Get over yourself and see the holistic humility of entirety.
Maybe then drama can turn to comedy and avoid the tragedy of miscues.
Because only YOU lose.

BY JOSEPH IRAGGI

Best Kept in Kemp
Diesel-fueled donkey down South descent into flat wooded myrtle ranch
Park and ride in pick-up position crammed with horses and cows grazing growth and licking windshields
Up to the lodgings suspended in the 70's off balance on the pond where done-in barges and rowboats lackadaisically lay laughing
AK-47 blasts decibels across five hundred acres of property towards rocks and targets
Young people share smoke and zeal for the outdoor excursions on mini dirt bikes
The opal sky extends infinitely toward outer realms reminding the youthful entourage of the meandering clock ticking towards later
Brother and sister enter the tiny vessel with oars aimed at accomplishing the small manmade body of wetness
Uneven strokes stoke zigzags across the murky brown water expelling shits and giggles from the occupants while one stands on deck with fishing line released
Finally back ashore the others return from the hilly terrain being catapulted over to join in mental relaxation and social coercion
Lunch time country Dairy Queen trip with pregnant motor mouth where we appear outcasts among a bunch of bumpkins
Back to the ranch where speckled steed courts the silvery lady Lexus and everyone chuckles
Brother and sister wait for the wily boys to wind down the motocross
Turtles and beavers controlled humanely by those who maintain the hidden escape with Texas care all explained to leave no despair
Daylight departs and the trio travels back to the Metropolitan mayhem with tender mood

Fashion watch

New year, new threads: 9 things to buy for 2009

BY KEVIN CHATHAM
Pride Staff Writer

Vest
The vest can function as your ubiquitous go-to outerwear of 2009. The popularity of the vest comes from its nearly limitless functionality and compatibility. It can be worn with a button down shirt to channel sartorial elegance, or worn with your favorite t-shirt to attain a more rock star vibe. When purchasing a vest opt for one in a darker shade for its versatility and its ability to streamline your silhouette.
Cardigan
The cardigan functions like a vest, it creates an opportunity to layer clothing, creating visual depth and complexity. Think of the cardigan as your go to sweater. Ditch the clunky



Photo courtesy of about.com

wool sweaters of yesteryear for a lightweight and modern cardigan. When purchasing a cardigan invest in a fitted version that frames the body without constricting it. Wear bold primary colors like red and blue to avoid looking like Mr. Rogers.
Dark Jeans
Jeans are an American staple. Think of jeans as the foundation of any good ensemble. Jeans are classic, versatile and stylish. Look for jeans in a darker hue for their versatility and sustainability. When purchasing denim pay close attention to fit. For a more tailored look, opt for straight legged jeans which elongate

the frame. You can also opt for skinny jeans for a more rebellious and urban vibe.
Scarf
In recent years the scarf has moved beyond the realm of functionality and has really transformed to become a choice accessory. The scarf can be worn with anything to create visual interest. This season bold prints are in; take this opportunity to buy yourself a lightweight scarf with a bold print. Look for a scarf with one or two bold colors or risk looking like a rainbow threw up on you.
Sunglasses
There is nothing more basic than sunglasses. Put one of these on and boom, instant rock star. Find shades that work with your unique style. I recommend aviators, which are striking, classic and work with nearly all face types. You may also opt for wayfarers which come in a variety of



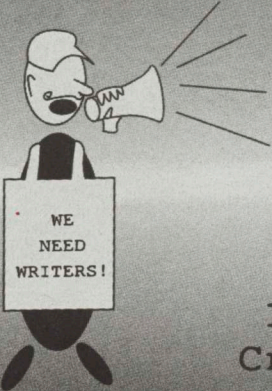
Photo courtesy of hanger94.com

colors, from the classic black and white variety, all the way to neon pink.
Signature Jewelry
Jewelry is always a great accessory when worn purposefully. Find something that really appeals to you and make it your own. For the ladies, a bold ring gives an outfit an appropriate bohemian boost, or just the right necklace can elongate and add emphasis to your neckline. For the gentlemen, a simple silver band or a leather bracelet can look downright debonair.
The Simple V-neck T-Shirt
Simplicity is perfection. A fitted and slim cut white or black V-neck T-shirt worn with appropriate jeans can look edgy and chic. When going for minimal-

ism keep things relatively simple, skip the hoodie and let your confidence carry you through the day. Remember, the key here is to keep things fresh, simple and confident.
The Straw Fedora
The fedora is satorialist favorite. It's just screams collegiate cool. When buying a fedora look for one that is cut slimmer and has a more modern edge. I recommend a straw fedora that can be worn casually with a T-shirt and jeans or dressed up with slim cut pants and a classic white oxford. For the ladies, a straw fedora exudes bohemian glamour and for the gentlemen it emanates James Deanesque confidence.
Style is an expression of self. Find what works for you and rock it! Remember, it's 20% what you're wearing and 80% how you wear your attitude; people gravitate towards confidence, not clothes.



Photo courtesy of newurban.co.uk



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In theaters this week

BY BILL RHEIN
Senior Staff Writer

This week's additions to the big screen include a run-of-the-mill romantic comedy, a clichéd action thriller, and another remake of an Asian horror film. Sadly, none of these are worth devoting any attention.

Renée Zellweger stars in the predictable "New in Town." She plays a busi-

nesswoman who leaves the big city for a small town to advance her career. Unsurprisingly, she falls in love with the town and one of the male residents.

I expect this movie to be just like any other modern romantic comedy. Our main character enters an odd situation and hilarity ensues. Then she will meet a wonderful guy, but things will become complicated before they end up happily together.

Like most modern romantic comedies, I have a feeling the romance and comedy will come in two parts rather than blend like classic films in this genre. I would not go see this film, unless you are looking for some undemanding fluff.

Next "Taken," starring Liam Neeson boasts a slick poster, but is behind the times. "Taken" plays out like a condensed version of

"24." Though there is fancy fighting and gunplay, it ends up looking like another "Bourne" wannabe.

The plot is quite contrived. Sex traders kidnap a girl on vacation in Paris, but it just so happens her father is an ex-CIA agent. He goes on a relentless and bloody quest to get her back. It is eerily similar to Steven Soderbergh's "The Limey." With so many other good films to see, there is no room for "Taken."

Lastly, there is the horror remake "The Uninvited." I could go on with puns about the title and how I would not welcome it into the local cinema, but it is too obvious.

Kim Jee-Woon's "Changhwa Hongryon" joins the list of Asian horror films remade for American audiences. Like all the others, it

will not live up to the original. While the Korean version has terrifying moments, the remake will consist of some freaky bits and be difficult to understand, but it will all make sense in the end. Interested viewers should rent the original and put on subtitles.

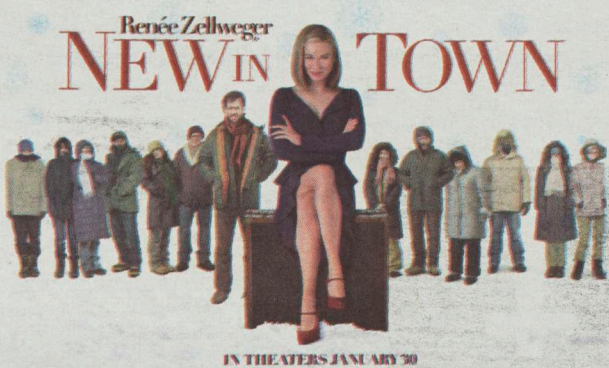


Image courtesy of Lionsgate

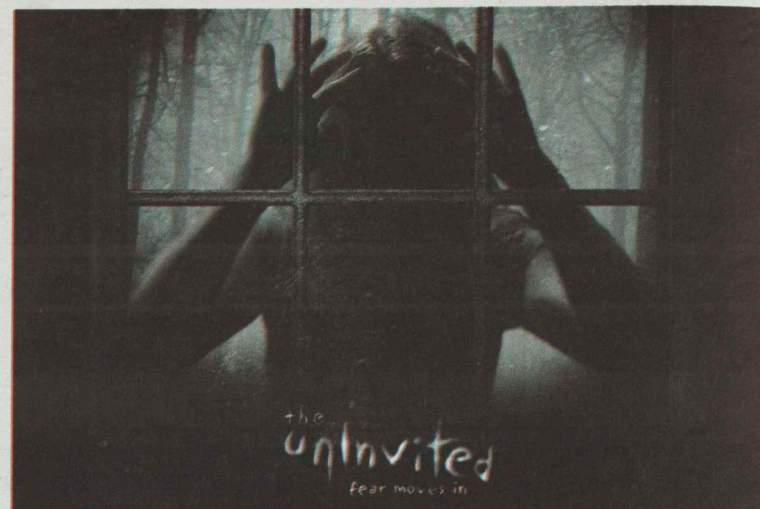


Image courtesy of Dreamworks

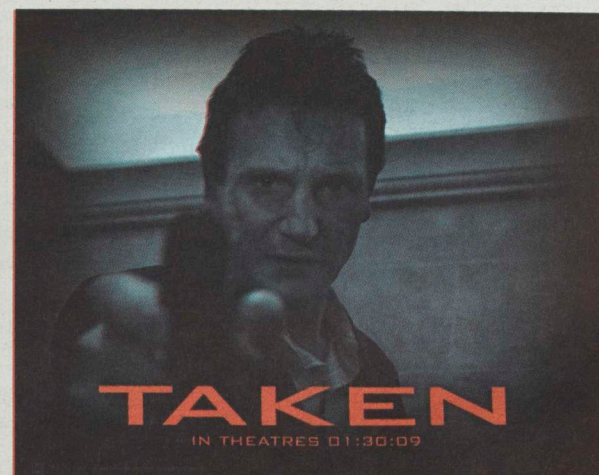
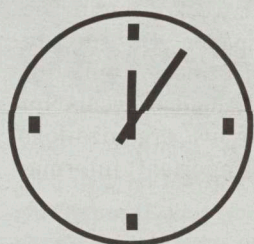


Image courtesy of Fox



Vital Information

Women's Fashion:
In: Opaque stockings
5-Minutes ago: Tights
Out: Sheer hose



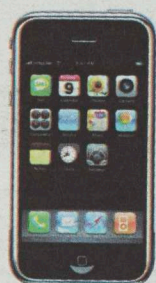
Music:
In: Electronic
5-Minutes ago: Indie
Out: Alternative

Alternative Modes of Transportation:
In: Bike
5-Minutes Ago: Scooters
Out: Motorcycles



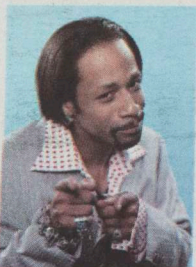
Men's Fashion:
In: Raw Denim
5-Minutes ago: "Affliction" t-shirts
Out: Girl jeans

Social Networking:
In: TUMBLR/Twitter
5-Minutes ago: Facebook
Out: Myspace



Phones:
In: iPhone
5-Minutes ago: Blackberry
Out: Just about everything else

Comedians:
In: Kat Williams
5-Minutes ago: Sarah Silverman
Out: Dane Cook



Male Actors:
In: Robert Pattinson
5-Minutes ago: Shia LeBeouf
Out: Zach Efron

Images courtesy of Wikipedia and Apple



The fountain of youth: Gatorade G2

BY JONATHAN THOMPSON
Senior Staff Writer

The New Year and new semester have brought about new changes to "The Pride." The changes intend to provide fellow Cougars with an even better newspaper. "Beer of the Week" enjoyed numerous weekly columns in the semesters past. "Exclusively Fluid" is essentially a hybrid of the beloved "BOTW." The new column runs weekly and brings an exciting change by showcasing the best of both alcoholic and nonalcoholic drinks.

Debuting as the first beverage for the new column is Gatorade's relatively new line of G2 sports drinks. The 32 fluid ounce sports drink retails from \$2-3 and is found at most grocery stores, mini-marts, and gas stations. The six tasty current flavors are grape, strawberry-kiwi, orange, lemon-lime, blueberry-pomegranate, and fruit punch. The G2 line might see additional flavors in the years to come as is Gatorade's trend of gradually introducing new flavors.

Distinguishing G2 from the original Gatorade lineup are 50% fewer calories and extra vitamins such as Vitamin B, C, and E. Despite the reduction in calories, G2 retains the same fundamental benefit of electrolytes, making the sports drink an even better choice for normal

consumers and athletes.

The G2 fruit punch flavored drink tastes absolutely delicious. The scent and experience seem like a throwback to the good old days of cherry flavored Kool-Aid. G2, regardless of the flavor, feels a lot lighter than regular Gatorades. The ability to stop drinking fades away with each yummy gulp.

G2 is a revamped, renewed, and overall better tasting Gatorade with less calories and the same amount of electrolytes. The G2, especially the fruit punch flavor, can be enjoyed by all Cougars. With a raised glass of G2, cheers to new beginnings!



Photo by Jonathan Thompson