



Women's History Month exclusive

The women of CSUSM reflect on their own role models

BY GABRIELA MARTINEZ
Pride Staff Writer

Women's History Month is about giving women the opportunity to voice their

story. For Women's History Month, "The Pride" shines its spotlight on a handful of the many accomplished women that distinguish Cal State San Marcos.

Dr. Veronica Anover



Photo courtesy of Veronica Anover

Anover also published textbook in French that accompanies the "A vous!" textbook along with a textbook in Spanish that accompanies the textbook "Plazas."

Anover is currently working on her third workbook/lab manual in Spanish. As a contributor of the "French Review," Anover writes book reviews of contemporary women authors. Four book reviews are published per year. Anover also published scholarly articles in "Second Language Acquisition" and in "French and Spanish Contemporary Literature" written by women. Benoîte Groult, a woman now in her 80's has been Anover's role model in many ways.

Groult was one of the first French feminists who participated in the MLF (Mouvement pour la Libération de la Femme) the French Feminist Movement born in 1968. Of Groult, Anover's says "she reminded me how lucky we women are today. We should not take for granted what our 'mothers' and 'grand-mothers' accomplished for us."

Dr. Veronica Anover is Cal State San Marcos' 2008-2009 award recipient for the Outstanding President Award for Teaching Excellence. Anover received her Bachelor's Degree in translation and interpretation from L'Institut Catholique de Paris. She went on to receive a Master's degree in French and Spanish from FSU.

Dr. Anover continued on to receive a Doctorate in French from Florida State University. Anover is a professor of Foreign Languages. She published a French textbook, "A vous!," along with two workbooks/lab manuals.

Dr. Soheila Jorjani

Brakebill Award recipient, Dr. Soheila Jorjani, has been teaching on campus for 17 years. Jorjani received a PhD from the University of California, Irvine in Operations Research. Jorjani has applied her knowledge and pursued significant scholarly activities. Jorjani was one of the first researchers to apply operations research models to environmental problems. Her work has been published in prestigious journals in the field of operations management and management science, such as the "International Journal of Production Research" and "Journal of Optimization Theory and Applications."

Jorjani has made many contributions to the College of Business Administration. Since the beginning of her career on campus, Jorjani helped develop new classes and programs such as the Senior Experience Program. In 1993, Jorjani and three other faculty members designed the unique program that remains the most important class of the curriculum for students of the CoBA. Every semester, graduating seniors work collaboratively to address real-life projects proposed by local businesses.

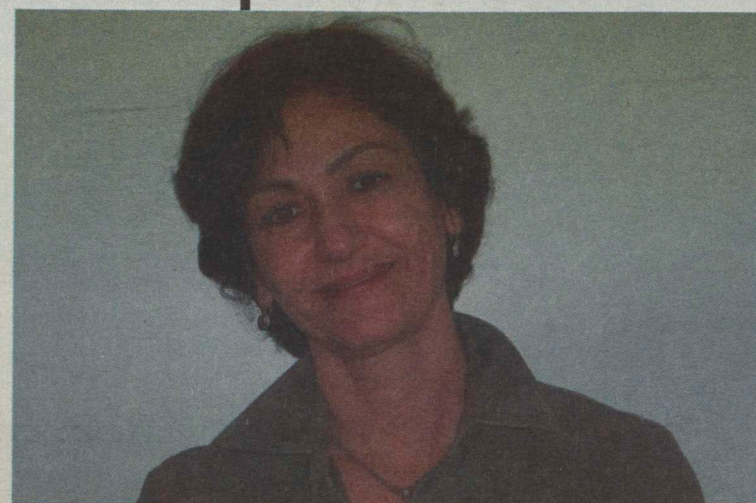


Photo by Gabriela Martinez

In 2005, Jorjani became the chair of the MBA committee, since then she has led the committee in revision of the program. The MBA program courses are each based on one of the four themes of environment, ethics, global, and technology. Since 2007, Jorjani has served as the director of the MBA Program and she explained that her biggest challenge is to make sure the program is implemented correctly.

Outside of campus, Jorjani has a second job, being a mother. With a 19-year-old daughter and her youngest at the age of 15, she wants nothing more than to be a good role model for them. Jorjani is trying to follow in the steps of her role model, Trini

Melcher, a former professor who she always admired. "She was the best mom, her kids were so accomplished," confesses Jorjani. Jorjani is an Iranian who broke apart from a culture in which women are not thought to be career women. "It was a challenge to break away from that stereotype that they have for Middle Eastern women," says Jorjani. Jorjani has a passion for being a housewife and a workingwoman. "I love doing both, to have a balance, to be comfortable in both roles," she says. Education is what allowed Jorjani to have that opportunity and she advises students to "get a high education, get a PhD, especially to women. Get a higher degree, because then you have a choice."

Dr. Martha Stoddard-Holmes

"Fictions of Affliction: Physical Disability in Victorian Culture" is Dr. Martha Stoddard-Holmes' biggest accomplishment. Stoddard-Holmes began thinking about her ideas for this book since 1989 when she was still a graduate student.

The book itself was published in 2004, a year after its completion.

"The reason why I always think of this as my biggest accomplishment is that it did something that nobody else had

done before. And it has a link not just to literature and history, but also to peoples' lives now," says Stoddard-Holmes.

Stoddard-Holmes' writing is about how society got ideas about what it means to be physically disabled.

Aside from her book, being a parent, and raising her 15-year-old son is another major accomplishment for Dr. Stoddard-Holmes.

Stoddard-Holmes holds a BA in English from Cornell University, and an MA in Creative

Writing, followed by a PhD in English Literature. Stoddard-Holmes received both her MA and PhD from the University of Colorado in Boulder.

There are many friends and role models that Stoddard-Holmes knows who helped her become a better scholar. One being Rosemarie Garland-Thomson, a scholar from Emory University. Since 1993, she has been like a big sister to Stoddard-Holmes.

"She has been my mentor and my role model in terms of

being a good scholar... she's a terrific scholar, she's my teacher, she keeps guiding me along the way," says Stoddard-Holmes.

Stoddard-Holmes is the youngest in her family, giving her a wide variety of role models to look up to.

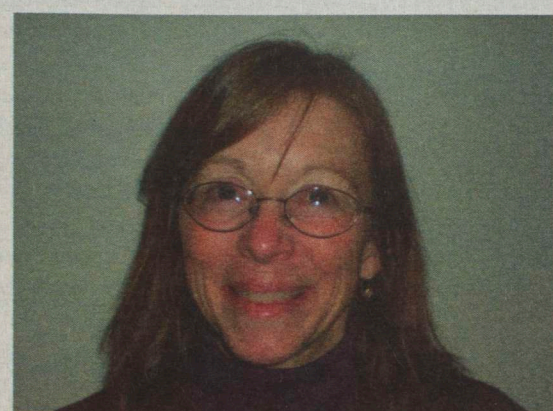


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The Pride

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SEX 101!

Friends with benefits

BY IVAN GARCIA
Pride Staff Writer

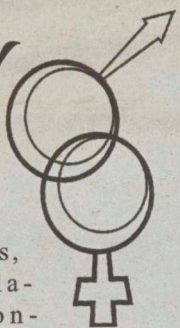
Yes, relationships (and Disneyland) are expensive, but all the more worthwhile and satisfying when you throw down \$13 on that delicious partner-

ship churro.

Well look at you Mr./Mrs. Selfish! All you want to do is have sex and be adventurous without paying the emotional toll? Well, aren't you just a piece of work! You think you can just use that person like your own personal sex machine? You make me sick! Unless it's what you both want...then in that case, I'm happy for both of you. I'm glad that you both understand that you don't want a committed relationship and all you want is that sexual satisfaction, but let's be realistic, you're human. Personally, I don't think there is any person out there that wouldn't create an attachment to another when it comes to sex. Sex is such an amazing bonding experience, there doesn't seem to be any possibility of not growing attached to your partner. I mean, unless you both wear paper bags over your heads (pun intended, wow, I'm good at being immature), but then again, that would be going into the realm of S&M...very cheap S&M. That'd be a little sad...not even leather, but I digress.

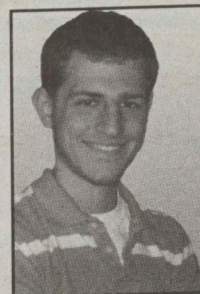
The concept of the f*ck buddy is something that seems a little selfish to me. To me, a relationship is like a toll road. Yes, there are a varying amount of emotional potholes and tolls you have to pay, but at the end of that road, is probably Disneyland! And who doesn't love Disneyland? But with the idea of the f*ck buddy (is there a more appropriate term by the way?), it totally removes this analogy. It just makes someone seem like they took the back road from Tijuana in the back of a window-less van (those always have the best candy) and entered the park without paying.

So what makes someone desire a f*ck buddy? Besides a severe addiction to sex and the lack of wanting to use your own hand? (I call mine Jill). Maybe just the physical satisfaction, maybe it's the need to relieve stress, or the fear of commitment. Just remember, not all people that have these kind of non-monogamous relationships are not committed to a relationship. Some could have been hurt before, and some just may not have the time or ability to fully commit. But this does not excuse the fact that they might still be using someone for their own personal pleasure. If it's pleasurable that is...you never know, it could be like doing a dead fish. If you are going to participate in this type of relationship, just remember that there is a good possibility that you may be hurting yourself and your partner. And if you need to learn more about sex addiction or just want to get off by hearing about it, head on over to Markstein 102 at University Hour for Ask the SEXperts: Sex Addiction. You can thank the H.O.P.E. & Wellness Center for putting on this great program, just so you can get your jollies off, you sick puppy. It definitely is going to be a great event with food, fun, and best of all, knowledge.



Bill of Rights

Free Entertainment at your fingertips

BY BILL RHEIN
Senior Staff Writer

The miracle our economy needs has not arrived yet, and you may be considering cutting your entertainment budget. To stay satisfied by mainstream media, consider some tips that will not cost a thing.

First, I have a hard time revealing this secret because this source has limited resources. The name of the website is www.insidered-box.com. Here users can sign up with their email address to receive a code for a movie rental at those Red Box movie dispensers in grocery stores.

The catch is the codes are only available on Mondays, which is traditionally the day before most studios release new DVDs. Yet, it is a great service. The Red Box and other DVD vending machines are a great deal because one can rent a film at the rate of a dollar a day, but it is even better when movies are free.

The only problem is the limited availability of some movies. The machines only carry a limited amount of copies per title, so be sure to go early on Mondays to get the best selection.

The Internet is responsible for another great source of entertainment as well. Most television studios allow Internet users to watch full episodes of shows for free on their website. In 2008, Hulu entered the scene.

Hulu, found at www.hulu.com, is an exceptional website where users can watch full episodes of television shows free in a high quality browser. Rather than browse the studio's site rid-

dled with advertisements that slow the page down, users can watch episodes of most current and recent shows from several big name studios.

Hulu is able to do this due to their agreements with the

studios and advertisers. Users do have to watch thirty seconds of commercials at regular intervals, or a two-minute commercial at the beginning, but this is more than tolerable.

Hulu could make television obsolete. It is more convenient to watch shows during free time, rather than trying to make time for the actual broadcast. It is awe-inspiring to have control of so many shows, such as "24," "Scrubs," "Family Guy," and even "Saturday Night Live," at one's fingertips.

Lastly, I recommend the library. If you are like me and do not have time for reading outside of class work, your local library still has something to offer for you. The San Diego County Library system has taken advantage of the Internet to expand options for cardholders.

Most people do not realize the library gets copies of new DVDs and video games every week, just like any other video store. If the item you are looking for is not at your library, you can request the library to ship it to the one closest to you free.

I use this awesome service often. I get new movies every week and even audio books for novels I need to read for class. If you have not been to your local library in a while, do it and stay entertained without paying a cent.

Letter to the editor

The graduation process is an exciting time in a student's life. Juggling work, family, and school commitments for a sustained five or more years makes the graduation day a huge relief as well as a feeling of achievement. Unfortunately, it seems that at Cal State San Marcos it takes more than just finishing your graduating requirements to successfully meet that all-important day.

I recently graduated, or so I thought, from CSUSM with a BA in Literature and Writing with an emphasis in Literature. I was a transfer student from several universities and junior colleges and my transcripts were quite varied. The job of sorting through my courses and applying them to the right classes here at CSUSM went to my

Faculty Advisor. I first met with her after the urging of my Academic Advisor, to sort out my course approvals. My Faculty Advisor and I discussed what classes we thought would match CSUSM's. She filled out the necessary paperwork and I thought everything was in order. I met again with my Academic Advisor to see if everything was in order and she said that it was.

A week before the end of my college career I got a cryptic e mail from my Academic Advisor saying that one of class numbers on my University transcript did not correspond to my Faculty Advisor's paperwork. My first question was why wasn't this noticed in our last meeting? Why had she waited until the week before the semester ended to tell me? To compound matters, my Faculty Advisor was teaching that semester from another state. I tried to get more information from my Academic Advisor and her only response was that she wouldn't tell me what the problem was because she would not guess what the Faculty Advisor "meant" to write.

As the student, I found myself as the liaison between my two advisors. I found that my Faculty Advisor didn't know what the Academic Advisor was looking for and the Academic Advisor couldn't tell me what she was looking for either. Why is there not better communications between the two facets of advising?

Eventually I figured out that my syllabus from a study abroad course listed the course as a 300 level class and on my University transcripts it

was a 400 level class. I had given my Faculty Advisor the wrong information. My question is why it wasn't caught sooner.

After that mess was sorted out I found that I still did not have the green light on my graduation. WTF!!! It seems that I didn't fill out a concentration form when I matriculated. No one told me that I had to do that, and no one reminded me of that. What is the job of the Academic Advisor, if not to tell you all of the elements you need to graduate. I e-mailed her about this and she told me that it was my responsibility to know that. She also failed to mention that I had to reapply for graduation for the following semester because I had missed the timeline for that semester.

I now live in the UK and can't stroll into Cougar Central to fill out paperwork. I did everything I thought I needed to do to graduate and now even I feel like there is probably something that I am missing that was my "responsibility" to know.

Could someone please tell me what the Academic Advisor's job is? I thought it was to walk you through the matriculation process. I guess

you are on your own students. You have to know what questions to ask. For those of us who are not in University Administration, how are we supposed to know what questions to ask? I have to say one more thing about the Admissions and Records staff at CSUSM. Every time I have gone in there or called to get some more information and help I feel like I am inconveniencing them. I call and they want to hang up the phone as soon as possible with only giving me as many one-word responses as possible.

The University Administration at CSUSM NEEDS to be reformed. There needs to be better communication between the faculty and administration. There needs to be more information for students available.

I know I am not the only one who has had difficulties with the graduation process at CSUSM. I encourage everyone who has had difficulties to write President Haynes and let's get some changes made.

Kathryn McBrayer
Former Pride Arts & Entertainment Editor, Staff Writer

CougarList

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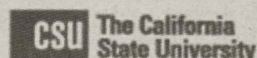
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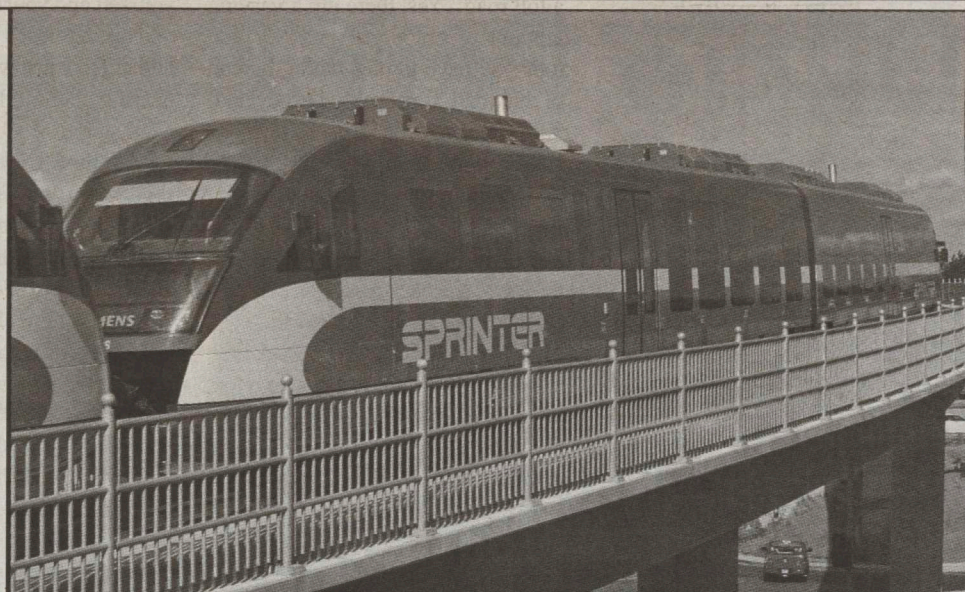
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From WOMEN, page 1

Dr. Kim Pulvers



Photo by Gabriela Martinez

At the age of eight, Dr. Kim Pulvers' family was involved in a dreadful car accident. Both of her parent's were seriously injured. As a result of the accident, her mother's entire left side became paralyzed, and at one point, doctors did not believe her mother would survive. "They said, 'She's never going to go back to work, she'll never really regain normal functioning,' but she was fortunate, she did survive. She pursued intensive rehab for two years, everyday, all day. And as a result of her courage and her

tenacity, she went back to elementary school teaching, she was able to go back to work, go back to living her life," says Pulvers.

This tragic accident that led to a miraculous recovery is the reason why Pulvers first became interested in Positive Psychology. This life changing experience is what defines what Pulvers does, her focus on human strength and resilience. Pulvers followed her desire to learn about psychology, and graduated from Westmont College in 1994 with a BA in Psychology. She went on to complete a Practitioner Oriented Master's Degree. Pulvers later moved to Kansas City where she attended University of Kansas to receive a PhD in Clinical Psychology where she was trained in clinical work, research, and teaching.

Another interest of Pulvers' is health, "I wanted to really understand more, on how to change people at the population level." In order to have that population level training and learn how to help people, she completed a Master of Public Health Degree in 2005 also from the University of Kansas. During her clinical training year

at Veterans Affairs Medical Center, Pulvers worked with drug and alcohol addiction. Following a Postdoctoral at UCSD FROM 2006-2008, Pulvers worked at the Cancer Center and focused on nicotine addiction.

As of fall 2008, Pulvers is in her first year at CSUSM, where she came on board as a full time ten-year track faculty member. Pulvers was awarded a University Professional Development grant to study adaptive pathways for dealing with acute pain amongst smokers. In her studies, Pulvers wants to learn what thought strategies her subjects have and wants to teach these strategies to people battling addiction.

In order to support her studies, CSUSM's Psychology department will be building a smoking lab. This unique asset will allow Pulvers to work with her undergraduate and graduate students through active learning. "I'm thrilled to be here. I'm happy to be at a place where I can do my research with great students," says Pulvers.

Dilcie Perez



Photo by Gabriela Martinez

In 1995, Dilcie Perez became a CSUSM graduate with a BA in Political Science. Perez went on to receive her Master's from Central Michigan University in 2000. In 1998, she once again became a cougar as Assistant Outreach Coordinator and, over a five-year period, became the Associate Director of the Outreach Program. As she was about to say goodbye once again to the university, the Associate Director of Multicultural Programs position became available. The position was to a brand new program that Perez had the honor of establishing in 2003. Soon after, Perez decided to live in Japan until CSUSM proposed she return as the Director of Student Life and Leadership.

Perez took the opportunity and has held the position ever since. Dilcie Perez was a recipient for the Student Affairs Student Leadership Award and Employee of the Year Award. Aside from the official awards she has received, Perez has been honored with many unofficial awards that have touched her heart deeply. "I feel that an award for me is gratification, when a student calls me and says, 'I'm at this leadership conference and I had to think of someone who is a leader and it's you,'" adds Perez.

Perez also sees being selected to complete difficult projects as an award, "When even my boss or someone will come and say 'Hey, we have this assignment that we

really need done. Can you do it, right?'" says Perez. Perez is currently the American Council on Education Office of Women in Higher Education Southern California Regional Coordinator. There are only two in the state and Perez represents all of Southern California. "I think awards come in many shapes and sizes," voices Perez. "If you're looking for awards and official things, for me that not what drives me. It's the individual relationships and people that I come in contact with."

Perez believes that role models are all around. She encourages women to believe in themselves. Though Perez can think of the traditional role models like her mother and previous supervisors, what draws her to someone is their fortitude in the mist of a crisis. "It's hard sometimes, because we see women who have never had someone tell them how awesome they are, and how incredible they are and half the battle is having confidence in yourself," Perez says, adding, "it's important to laugh at yourself, you're going to jack it up...we all do...you have to remember to have fun, live life, stretch yourself, don't get comfortable in your comfort zone."

Joyce Bruggerman



Photo courtesy of Joyce Bruggerman

Joyce Bruggerman has held several paid and volunteer positions throughout her years. Bruggerman received her BA in Spanish with an emphasis in Bilingual Education from the University of California, Irvine. Previous to Bruggerman's employment at CSUSM, she worked in market research for a real estate company, held various administrative positions in educational settings as well as small businesses, and was the co-owner of a small farm with her late husband. In 2001, Bruggerman began working at Cal State San Marcos where she also held numerous positions. Bruggerman worked in the Psychology department, acted as the Budget Manager for "The Pride Student Newspaper" as well as Assistant to the Dean of Students. In 2005, Bruggerman became the Resource Analyst for the Division of Student Affairs. Bruggerman believes this is a perfect fit for her, "I have the opportunity every day to help facilitate the various services that help our students at Cal State San Marcos." Aside from her work on campus, Bruggerman volunteers at public schools, community youth organizations, and church. "I have had the opportunity to serve my community as well as develop my professional skills by providing leadership, lecturing, teaching seminars, organizing events, and training other leaders" says Bruggerman. However the most fulfilling part of Bruggerman's life has been raising her two children, Katie, 21 and Brian, 26, with her late husband. "They have faced many of the same

challenges as their peers and have developed into amazing young adults. I am especially proud that when life handed them the worst, they met the challenge head on with their best. They are both strong, courageous, and loving individuals who consistently exceed my expectations" says Bruggerman. Though Bruggerman has had both male and female influences in her life, two women come to mind: a professional leader and a spiritual leader. Current Vice President for Student Affairs, Patricia Worden, is her professional role model. In Bruggerman's personal life, Barbara Brown has been her spiritual mentor. "These two women are phenomenal leaders and although their spheres of influence are vastly different, the characteristics that mark their leadership are strength, dignity, and grace. Sitting under their leadership has been a privilege as they have both given me the opportunity to develop, encouraged me to grow, and prepared me to freely embrace the future, both professionally and personally."

Dr. Joely Proudfit



Photo courtesy of Joely Proudfit

Dr. Joely Proudfit tenured three times in the California State University system, once in Cal State San Bernardino, another in San Francisco State University, and at Cal State San Marcos. Proudfit is of Luiseño heritage, and is also the first in her family to get a high school diploma, let alone a PhD. Proudfit received her undergraduate degree in Political Science from California State University, Long Beach, and received her Master's and PhD from Northern Arizona University. Proudfit is the owner and founder of a public relations firm, Naqmayam Communications, which works in social marketing and with tribal government. Proudfit serves on numerous boards and committees. She is currently Vice Chair for the Native American Caucus of the California Democratic Party. Proudfit also served as its spokesperson in numer-

ous television ads for both Proposition 1A: California Constitutional Amendment, Indian Self-Reliance Initiative, and Proposition 5: Indian Self-Reliance Initiative. Proudfit has a book coming out, called "American Indian Political Power in the New Millennium," published by the University of Texas. Proudfit is devoted to serving the American Indian community and serves as a role model for Native American youth. Proudfit's role models include her mother, "She always encouraged me to get an education and to help others. She inspires me to be a better person and to live simply, and to be appreciative of everyday, and really has taught me some valuable lessons." Another woman that inspired Proudfit in terms of leadership is Patricia A. Dixon, a professor at Palomar College and a member of the Pauma Band. Vice Chair of the Morongo Band of Mission Indians, MaryAnn Martin Andreas is also a role model for Proudfit. For her act of courage, Rosa Parks also influenced Proudfit. "I like people who stand for integrity, and they take risks, and show leadership even when it might be detrimental to them," says Proudfit.

CSUSM says goodbye to Anita Nix

BY JESSENIA LUA
Pride Staff Writer

After nearly twenty years of service to the Cal State University community, Anita Nix is retiring. As I sit down for the interview, I witness a nearly tearful goodbye with her close friend Catherine Cucinella. She hugs and tells Cucinella, a Literature and Writing Professor at CSUSM, they will be in touch and see each other soon.

Before Nix started working for CSUSM, she was employed at Cal State San Bernardino. She joined CSUSM in 1992 when she decided to move closer to where her children were residing. Her

daughter, who is currently working for the College of Business department at CSUSM, has been working longer than Nix at the university.

When she first applied to CSUSM, she was hired to work in Facilities and Public Safety. But for the past ten years, Nix has been the Administrative Coordinator for the Literature and Writing department. When asked what she will miss the most after leaving CSUSM, she answers, "All the people I've worked with and the close relationships I've developed. I really enjoyed working with the people here and the students."

From the first day on the job to her current retirement, Nix has

been around to see the wonderful changes the university has made. When she first started her job with CSUSM, the campus was located in a strip mall on furniture row, which is a couple miles away from the university's current location. It was an "everybody knows everybody" community back on furniture row and Nix is happy to know she was a part of the university's growth over the past years.

When asked what her daily routines will be like now that she is retiring, she jokingly answered, "I think the most exciting part is that I won't have to set that alarm in the morning unless if I want to!"

A retirement party was held

in honor of Nix on March 3. She said the celebration was wonderful and much more than she expected. She added, "Everyone was so sweet and it has been a very emotional, up and down time. It's going to be a big adjustment and I am going to miss so many people. It's hard to explain."

It does not take long to notice that both students and faculty are going to miss having Nix around. As I was walking away from her office, I overheard a



Photo by Jessenia Lua

Literature and Writing professor say, "Anita, you will be impossible to replace."

A protest to the "Call to Arms" WSSA says no to war

BY JAMES SEBRING
Pride Staff Writer

Students against the War on Terror will raise their voices here at CSUSM on Thursday, March 19 from 11:30 a.m. to 1:00 p.m. in the Forum Plaza next to Kellogg Library. The demonstration is part of a national movement to protest the continuing war on its sixth anniversary.

The Women's Studies Student Association (WSSA) of CSUSM is sponsoring an anti-war demonstra-

tion. The protest is in coordination with the United for Peace and Justice (UFPJ) organization, which is a coalition of over 1400 local and national organizations who are in protest of the Iraq War.

Consuelo Martinez, Student President of WSSA says, "The demonstration is one of many actions taking place throughout the country. Students will participate in a mock "die-in" as a symbolic reminder of lives lost during the Iraq war. The "die-in" demonstration was started a couple of years

ago with the Progressive Activist Network (PAN)."

War is not just about one country's cost in money and body count. Currently, the US has lost over 5,000 Americans in Iraq and Afghanistan, but on the other side of the fence, approximately one million Iraqis died with another 4.5 million displaced from their homes. Cost estimates for the war run around \$600 billion currently spent and estimates up to \$3 trillion for a final amount (UFPJ).

"I feel as students, it is important

that we remember the destruction that continues after six years of war," Martinez said, and encouraging all to come out and observe the demonstration.

According to Martinez, "the demonstration will not be a rally, but a peaceful event for students to observe and participate in. There will be information tables with pamphlets about statistics on the war, resources for military families, and peace activism." This will be far different from the Vietnam demonstrations of the 1960s with

students clogging hallways and waving signs demanding change in the establishment.

The WSSA encourages students to come out and experience the "die in" as a way to personally experience the tragedy that has befallen the latest generation of young adults. Come out and find out what you can do to change the course of the war. For information regarding any special accommodation that you may require, contact the WSSA at wssa.csusm@gmail.com.

CSUSM gets a lesson in women's history

BY GABRIELA MARTINEZ
Pride Staff Writer

March is here and it is the month of HERstory. CSUSM's Women's Center has organized a calendar of events to recognize women and what they have achieved, there are 15 events scheduled to take place throughout the entire month. Programming and Events Specialists for the Women's Center, Phylisa Wisdom (2009) says, "Women are often left out of mainstream history, so March being women's herstory month is a time to be able to appreciate women's contributions in history and have more program-

ming for the learning center." Herminia Ramirez, Community Outreach Specialist for the Women's Center and editor of their newspaper *The Rag*, adds that these events highlight things that are happening to women now.

Ramirez says, the March 5th event 'Women in Latin American Politics, is information that is still happening and is still relevant. Ramirez follows by saying "Some of them are developing nations still, it is important to see what women are doing or what they should be doing."

The Women in Latin American Politics event took place Thursday, March 5 during University

Hour in Markstein Hall 101. Cynthia Chavez Metower leading the discussion touched on topics like quotas. She stated that third world countries have said that there is a quota of a limit that 30% of candidates must be women for both the upper and lower Housing. She continued to explain that this does not mean that 30% of women will be elected.

It simply means that 30% must stand to be elected. Metower says, "indeed there are women who are capable and usually it's not the matter of whether you can find qualified women, but it's rather trying to change the structures of discrimination. The

structures have kept them from running." She mentioned that the effectiveness of the quotas depends largely on the nature of the countries electoral system, but that they work best where the laws are as specific as possible and there aren't loops holes in which they can get around and say no.

The 50-minute presentation touched on today's important political areas, and allowed room towards the end for students to ask questions. For students who politics do not spark an interest in them should consider attending one of the many more remaining events. Wisdom is thrilled

for this semester's events, she says, "The cool thing about this semester is that there is such a wide range of events, that there really is something for everybody. You do get people with different majors and with different interests...they can come for support or for information if it's an academic event... the nice thing is we draw all kinds of people in." Upcoming Women's HERstory events to look forward to include: "Feminist Arts and the Maternal" in Commons 206 as well as "Women in Islam" in Mark 103, both events occur during University Hour at 12 p.m. today, March 17.

UniversityVoice

Photos by Kevin Chatham /Pride Staff Writer

"Did the time change hit home?"



"I can't fall asleep before 3:00am"

Sara Durben
Grad Student



"I always feel like I'm running late to everything."

Bryce Manning
Senior



"Seriously, I have to wake up an hour earlier... gross!"

Janis Evora
Senior



"I don't like it at all. It's so dark in the morning."

Oscar Pizano
Sophomore



"It threw my whole schedule off, it's making it easier to stay awake longer. But then I sleep in longer."

Nastassja McDonald
Sophomore

The world celebrates St. Patrick's Day

Cliché turns cool

BY JESSENIA LUA
Pride Staff Writer

It's that time of year when local Irish pubs are going to be serving mugs full of green beer and all will be celebrating St. Patrick's Day. We all know the history of this holiday and even though some of us are not Irish, we play along and wear the color green to celebrate just so we won't get pinched.

Other than the original ideas of

green items of clothing, displaying shamrocks, and eating corned beef and cabbage to celebrate St. Patrick's Day, other ways to celebrate this day have become a part of the holiday. For one, creative teachers in elementary schools have come up with a way for children to try to catch a leprechaun. On the night before St. Patrick's Day, children can build a makeshift trap out of a shoe box and inside they place a treat to lure the leprechaun in. Inside the box along with the treat is a secret note with a wish written in it from the child. The next day, if the trap is successful with the note gone and the treat left behind, the child's wish will come true.

Another way to celebrate St.

Patrick's Day happens in Chicago when the city turns the Chicago River green. Since the early 1960's the city of Chicago has dyed the water in the Chicago River to celebrate this holiday. Many cities have tried this attempt with their local bodies of water but have failed to do so. Chicago locals believe that a little leprechaun comes in and helps with the process as the color dye is actually orange and not green. When the dye hits the water it appears orange, but give it a moment or two and it magically appears the perfect shade of Irish green. This is where locals believe the little leprechaun appears and comes in to help.

For our local celebrations, San Diego has its own way of recognizing this holiday. This year, the city of San Diego hosted its 29th annual St. Patrick's Day parade on March 14th. Known as the third largest St. Patrick's themed

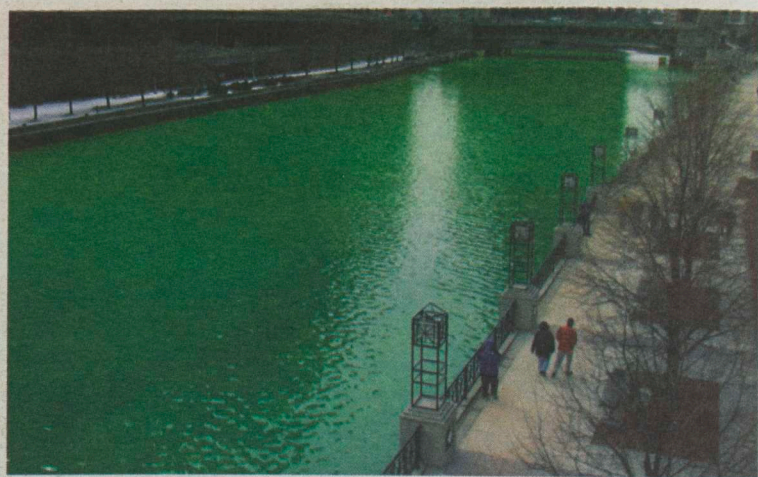


Photo courtesy of acabamas.continua.wordpress.com

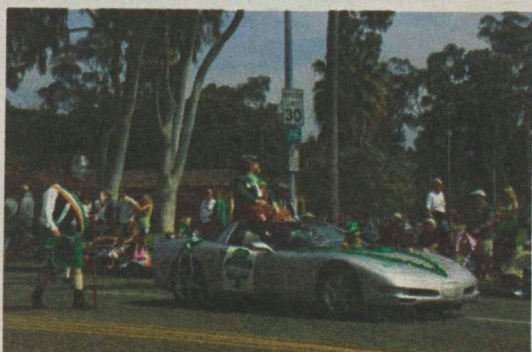


Photo courtesy of www.newtosandiego.com

parade in the country, as many as 150,000 people come out to celebrate this annual event. The celebration began at 10am and ended at 5pm. This year's festival featured a Celtic village, vendor booths, youth performers, carnival rides and games, and a beer garden.

For Tuesday night's celebration (March 17), San Diego's Gaslamp

Quarter will host with its 13th annual 21-and-up ShamROCK party. Each year F Street covers 60,000 square feet of green artificial turf for the party and draws in about 20,000 people. More than 30 downtown bars and restaurants will offer holiday specials and tickets can be purchased online at www.gaslampquarter.org.

Facebook closes the gap

Social network connects generations

BY DIANA VALDIVIA
Pride Staff Writer

According to Facebook's website there are approximately 175 million active users. It might come as a surprise to learn that the fastest growing demographic of users is those who are 30 years of age or older.

Facebook is barely five years old. In 2004 Mark Zuckerberg and co-founders Dustin Moskovitz, Chris Hughes and Eduardo Saverin created Facebook while they were students at Harvard. It was initially open to students attending Harvard, but during 2005, it became available for students at other college campuses. The same year Facebook was open to high school networks. In 2006 and 2007, Facebook expanded to work networks and it became internationally available for anyone to join.

Facebook's millions of users span from usual college student users to parents, faculty, staff, and public

figures like Ellen DeGeneres. Even President Barack Obama has a Facebook page.

Associate Director of Multicultural Programs, Sara Sheikh, got a Facebook while working at Chapman University. Sheikh decided to get a Facebook to mostly stay connected with her friends. "I am able to see what is going on in their community," Sheikh says.

When asked why she thinks more parents are getting Facebook pages, Sheikh explains that she sees how parents communicate through "walls" with their children, adding, "parents can stay in touch, see what's going on a daily basis."

Student Tiffany Jackman jokes about why her mom got a Facebook, "I think my mom got a Facebook so she could spy on my life since I don't live with her."

Jackman describes the real reason her mom decided to acquire a Facebook page, "My mom got a Facebook because a bunch of her

friends had one and that was a way she could keep in touch with her girlfriends from high school and college."

Jackman does not mind having her mom as a Facebook friend, "Sometimes I can mention things like 'Can you please have your friends donate money to relay for life?' and I know her friends will see that. I think it's cool having my mom on Facebook, she is young for having a daughter in college so it brings her back to her old days."

Professor and Director of LGBTQ Pride Center, Rodger D'Andreas, decided to get a Facebook page after getting e-mail invites from his friend. Another reason is D'Andreas wanted to become familiar with Facebook since both D'Andreas and Sheikh will be giving a presentation on Facebook and its relationship to social justice at CSUSM Social Justice and Equity Symposium on April 10.

D'Andreas adds that he likes

Barack Obama

Wall Info Boxes Events

Basic Info

Current Office: President of the United States

Detailed Info

Website: <http://www.facebook.com/pages/Students-4...>
<http://www.myspace.com/barackobama>
<http://www.facebook.com/pages/Michelle-O...>

Gender: Male

Relationship Status: Married to Michelle Obama

Birthdays: August 4, 1961

Religious Views: Christian

Interests: Basketball, writing, spending time w/ kids

Favorite Music: Miles Davis, John Coltrane, Bob Dylan, Stevie Wonder, Johann Sebastian Bach (cello suites), and The Pogues

Favorite Movies: Casablanca, Goodfather 1 & 2, Lawrence of Arabia and One Flew Over the Cuckoo's Nest

Favorite Books: Song of Solomon (Toni Morrison), Harry Potter, Shakespeare's Tragedies, Persepolis (Marjane Satrapi), Self-Reliance (Emerson), The Bible, Lincoln's Collected Writings

Favorite TV Shows: Sportscenter

Favorite Quotations: "The Arc of the moral universe is long, but it bends towards justice." (MLK)

Work Info

Positions: President of the United States

Time Period: January 2009 - Present

Employer: United States Senate

Positions: Senator

Time Period: January 2005 - November 2008

Education Info

Grad School: Harvard '91

Law: Columbia '93

Colleges: Political Science, with a concentration in International Relations

Occidental '93

Image courtesy of facebook.com

Facebook because it gives him the opportunity to stay connected with the most influential people in his life from graduate school. D'Andreas also described that one of the advantages of having a Facebook page is a quick easy way to stay updated with his friends. "I hate telephones. I like being online." For D'Andreas, it is also an opportunity to network with other campus, "One of my friends is the Coordinator of the Pride Center

at SDSU." He is able to see what is happening at other campuses and how they deal with different aspects of the center.

"Myspace feels more youthful. In Facebook, I don't feel that way. It is more of a network use," DeAndreas expresses this as the reason why parents might be getting connected with other generations, "It is more welcoming for other generations."

ASI EVENTS

BE SURE TO **VOTE**
VOTE
IN THE ASI ELECTIONS.
MARCH 23-26.
AT "WWW.CSUSM.EDU"

SPRING FLING
AT CANES IN MISSION BEACH.
8-12PM.



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Barbie turns 50

And still doesn't look a day over 25

BY BLAINE H. MOGIL
Pride Staff Writer

Barbie® has been a role model for girls around the world for half a century, and still hasn't aged a day. Her status as a role model is confirmed on license plate holders all over. A rough translation of the message reads, "I wanna be Barbie, the little (woman) has everything." Through fifty years of ageless, good living, this highly coveted doll of a woman does seem to have everything.

Even as the original Material Girl, through the years she has given much more than she has gotten. She has given three generations of young girls the confidence to pursue anything and everything in life they can imagine. When Astronaut Barbie® was introduced in 1985, it was hard to imagine that one day, and very soon at that, women would be an important part of the NASA space program. And while she has pursued equality for women in a down to earth fashion, the manner in which she has done so is fitting for royalty. While many would consider her the Queen of the dolls, Barbie® has never forgotten her purpose, and has always watched after her loyal subjects with a gentle touch of noblesse oblige.

Barbie® has matured gracefully and with a quiet sophistication. She



Heidi Klum in the Malibu Barbie closet admiring the Barbie shoe collection

Photo courtesy of Associated Press

is no longer the toy of a young girl that she was in 1959. She has blossomed into a woman that major fashion designers pursue, seeking to have their names associated with the most popular doll in history. The short list of haute couture fashion designers who have designed for her includes Bob Mackie, Versace, Escada, Giorgio Armani, Kate Spade, Nolan Miller, Ralph Lauren and many more. As Barbie® matured, she kept young girls loyal into their adulthood with

these and other fabulous, limited edition Barbie® dolls. Outgrowing her original limited role as a childhood plaything, she has become a highly sought after and treasured collectable. Women who have grown up with Barbie® have not only found their place in the world with her help, they have made a place in their hearts, lives and homes for her. Her success seems particularly well earned.

Perhaps Barbie's® good fortune is due in large part to the company

she keeps. Her employer/promoter Mattel placed 7th on the list of the 100 Best Corporate Citizens 2009 list by thecra.com (Corporate Responsibility Officer). Earlier in the year, Forbes ranked Mattel 48th on their list of their annual list of the "100 Best Companies to Work For." After all, you are judged by the company you keep. There is no doubt that Mattel appreciates Barbie's contributions to their success.

To honor her success, on March 9th, 2009 Mattel announced that

they celebrated the 50th birthday of Barbara 'Barbie' Millicent Roberts by "throwing a pink-carpet birthday bash at her real Malibu Dream House®." According to myfoxla.com, "The guest list included model Heidi Klum, singer Katy Perry and actresses Ginnifer Goodwin, Holly Robinson Peete, Melissa Joan Hart and Elizabeth Berkley for a soiree hosted by 'event planner to the stars' Colin Cowie." But the party doesn't stop there. Mattel also says that "After Malibu, the Barbie® Dream House® travels to The Palms in Las Vegas, where The Palms' Hot Pink Suite will be transformed into the Barbie™ Suite, opening in May 2009."

Throughout 2009 celebrations will be held in honor of Barbie® around the world in all the major fashion centers. So you can expect to see her in New York City, Paris, Milan, Sydney, Tokyo and more. In this world Barbie® party, Mattel has even created a customized pink Nissan Micra convertible which gives buyers the opportunity to live the same top down driving fun that Barbie® has enjoyed in her pink Corvette. After all, if you really want to be Barbie®, why not take a spin in your very own Barbie® Nissan. Just maybe, in the end, you'll start seeing license plates holders that say "I wanna be you!"

Federal funding now available for embryonic stem cell research

BY SANDRA CHALMERS
Senior Staff Writer

On March 9, President Barack Obama declared the start of a new scientific era for Americans.

President Obama signed an executive order to revoke the Bush administration's federal restrictions on funding stem cell research thus now opening doors to doctors and researchers for scientific exploration through the use of embryonic stem cells.

"Today, more than ever before, science holds the key to our survival as a planet and our security and prosperity as a nation. Its time we once again put science at the top of our agenda and work to restore America's place as the world leader in science and technology," said Obama in his speech as he introduced his new Presidential Executive Order, "Removing Barriers to Responsible Scientific Research Involving Human Stem Cells."

The Bush's administration limited embryonic stem cell research for eight years, due to ethical and moral opposition making some feel as though American health advances were put on hold.

"Federal funding will make it easier for labs to do research, with only private funding there are less resources and the process will inevitably go much slower, so hopefully we will see results that can benefit patients quicker," said Anna Hasselberg, a CSUSM biology professor.

In Obama's executive order, section one policy states that human embryonic stem cell research has the potential to lead to better understanding and treatment of disabling diseases and conditions. Many of these diseases that are believed to be great beneficiaries of stem cell research are Type 1 Diabetes, or more commonly known as juvenile Diabetes, Parkinson's disease and even Alzheimer's.

The controversy that follows human stem cell research concerns the use of particularly embryonic stem cells. Human embryonic stem cells are derived from a blastocyst, a five-day-old embryo. The stem cells from a blastocyst are essentially blank cells that have the potential to become specialized cells.

"Stem cells, directed to differentiate into specific cell types, offer the possibility of a renewable source of replacement cells and tissues to treat diseases including Parkinson's and Alzheimer's diseases, spinal cord injury, stroke, burns, heart disease, diabetes, osteoarthritis, and rheumatoid arthritis," according to the National Institute of Health (NIH).

Doctors and researchers intend to manipulate these embryonic stem cells to become insulin producing cells for diabetic patients, or memory cells to reverse symptoms of memory loss from Alzheimer's disease.

"The embryonic stem cells used

in research need to be leftover cells from fertility treatments and should otherwise have been discarded. If the use of these cells can benefit someone who is suffering then why not?" said Hasselberg.

This blastocyst has the potential to become human life if it implanted into a woman's uterus lining, but in the process of retrieving the embryonic stem cells for research the blastocyst dies. This dying blastocyst is argued strongly as a loss of life and perceived to many conservatives and former President George W. Bush as immoral.

"I can understand the arguments against embryonic stem cell research, but I don't necessarily agree with them. As has been proposed by proponents of stem cell therapy, these cells have the potential to become a human being if put in a womb and if implanted in the endometrium. There are many

conditions that need to be fulfilled in order for this ball of cells to differentiate into a human fetus," continued Hasselberg.

In 2004 Calif. voters supported Proposition 71, a constitutional right to pursue stem cell research and allowed for approximately \$300 million annual state funds for 10 consecutive years, according to the Calif. Institute for Regenerative Medicine.

"I think it is healthy to have a discussion about science and the application of science, so it doesn't become something obscure that the public has no insight in," said

Hasselberg.

INH will be in charge of making sure research is done ethically and follows the law to its full extent, according to a White House press release. The INH director will also be responsible for creating guidelines and rules to restrict potentially harmful and unworthy scientific research.

"We will ensure that our government never opens the door to the use of cloning for human reproduction. It is dangerous, profoundly wrong, and has no place in our society, or any society," said Obama.

ROCK OUT 2009

SPRING BREAK AWARENESS WEEK

MARCH 16
UVA ROCKTAILS
COMMUNITY CENTER - 5:00PM
GOY ECSTASY
PRESENTATION WITH UPD
UVA - 6:00PM

MARCH 17
ASK THE SEXPERTS
MARK 102 - 12:00PM
CLOVER FRENZY
LIBRARY PLAZA 12:00 - 1:00PM
FOOD & ENTERTAINMENT

MARCH 19
SAFER SPRING BREAK FAIR
LIBRARY PLAZA - 11:00AM - 1:00PM
Y DUTY INTERACTIVE PLAY
ARTS 2:40 - 6:00PM

MARCH 20
SPRING FLING
CANES - MISSION BEACH
8:00PM - 12:00AM

MARCH 23
J-SPOT
A SEX EDUCATOR TELLS ALL
THE CLARKE - 6:00PM



**Pledge to be
Safe and Sober
during Spring Break
and get
Free Pizza or
Chick-fil-A on
Thursday.**

In theaters this week

BY BILL RHEIN
Senior Staff Writer

There are several limited release films this week, but most filmgoers will direct attention at three other films. This week there are two unim-

pressive action films and a comedy with potential to be great.

First, Nicolas Cage loses the wigs and stars in the apocalypse based film "Knowing." Cage plays a professor whose son brings him a note found in a time capsule. The note is a list of number, which cage discerns to be a list of body counts from every modern tragedy. With the remaining numbers, he calculates

a pattern predicting the end of the world.

Recently, Cage and his wigs have been having a contest with himself to make he worst movies of the year. Based his past works "National Treasure 2," "Next," "Ghost Rider," and "Bangkok Dangerous," I lack hope for the success of this film. It will make some money, but Cage has been off the mark he hit with film such as "Leaving Las Vegas," "Adaptation," and "Matchstick Men."

Next, Julia Roberts and Clive Owen, square-off in "Duplicity." They play former spies that become operatives for big corporations in this spy-come-dy-romance-thriller.

I am unimpressed with the

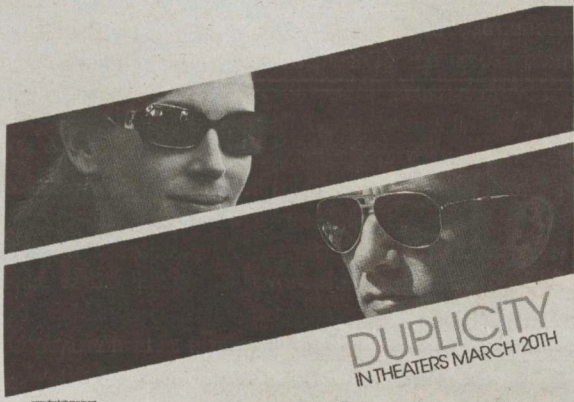
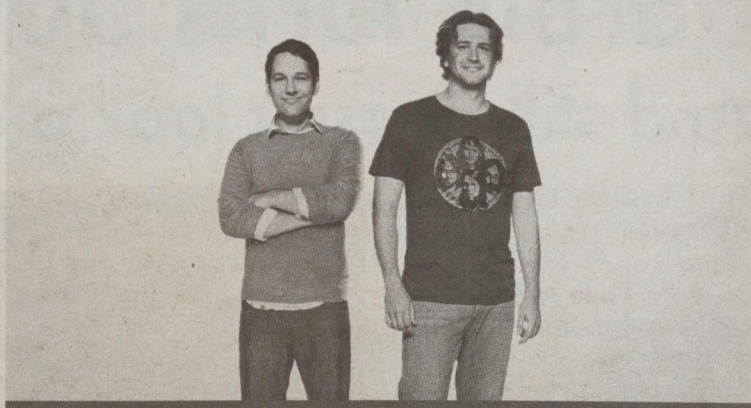


Image courtesy of Universal

ARE YOU MAN ENOUGH TO SAY IT?



I LOVE YOU,
MAN
MARCH 20, 2009

iloveyouman.com

Image courtesy of Dreamworks Pictures

looks of this film. It looks like a little romp that will miss the mark because it has so much going on. The actors will for the romance and the comedy will flop in the genre blending film about figuring out who is working for whom.

Lastly, there is "I Love You, Man," which has all the elements of a movie I would hate, but I want to see it. This concept film about a guy looking for a friend to be his best man stars Paul Rudd and Jason Segel. The

plot is simple, I but I expect big laughs from this film if it can stay away from the crude and stick-to-cleaver writing.

This could be the best comedy of the year. It stars to fresh comedy actors who have great chemistry in the trailer. I like the idea that this film might avoid the over sexuality of a film such as "Forgetting Sarah Marshall." I hope this film about male bonding can hit the heights of other comedy classics such as "Swingers."

What to See on DVD
Read Before Viewing

BY BLAINE H. MOGIL
Pride Staff Writer

This week seemed so short with mid-terms consuming large amounts of time and mojo. This provided the perfect excuse to go back to a couple of known quantities in "Ninotchka" and "The Last Dragon." The one risk this week would be "27 Dresses."

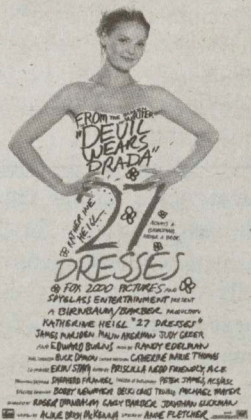


Image courtesy of 20th Century Fox

Read on to see whether the gamble paid off.

"27 Dresses," starring James Marsden and Katherine Heigl. One of the duties of a reviewer is to take one for the team. That way only one person suffers. Any man in their right mind would never even pick up this film after glancing at the cover. This film is a rather mainstream Hollywood production by Spyglass Entertainment. Mainstream Hollywood always makes me shy away, but with the addition of pure chick flick, I would usually pass on the selection. But there was something that prompted me to give this film a go. Guys, please don't prejudge. And, to paraphrase the great Chris Berman of ESPN fame, "That's why we watch the movies!" There are actors and actresses that we hate, there are

those we love and the rest we could care less about. No one chooses movies with actors they don't care about. In this film I found a couple of actors to care about. Heigl plays the main character Jane, and I don't recall much about her from the only film I have seen her in, "The Bride of Chuck." I won't forget about her after watching this film. Here she plays a hopeful(less) romantic who is so committed to helping all of her friends experience their perfect wedding that she leaves no time to her own love life. She thinks she is in love with her boss, but never gathers the courage to let him know. At one of the weddings Jane has prepared she encounters Kevin, played at a Pro Bowl level by James Marsden. Kevin is at the wedding as a writer of the 'commitments' section of the newspaper and feels trapped in this role, much as Jane is trapped in her role as the eternal bridesmaid. The two first meet when Kevin rescues Jane after she bangs her head. After persevering and finding a way to meet Jane again, Kevin convinces his editor to allow him to write an article about her perennial state of bridesmaid on the condition that if he does well, he'll gets promoted out of the 'commitments' section of the paper. The plot is relatively predictable but does hold some nice surprises, but it is solid. Kevin has started a draft on the piece about Jane. The article gets published just as he is getting to know Jane, even though Kevin's request to kill the piece was supposed to be honored by the editor. At this point in the film, Jane is planning here sisters wedding (to Jane's boss). As the article hitting the streets and thanks to some deception on the part of her sister, everything begins to unravel. But with any really good film, it all resolves in the end. This film was

solid from the beginning to the final buzzer-except one scene-when you see the film you will know which one. What I found most surprising in this film was the connection with the Kevin character. Just like on any NFL Sunday, I found myself giving advice to the screen, and hoping he would get it all right. He did. In the end I came away with the same satisfaction that I do when my team wins on Sunday. Oh, and ladies, I am pretty sure you'll enjoy the film too. An all-star What to See ****

"Ninotchka," starring Greta Garbo. Sometimes to appreciate where we are in the world today, it



Image courtesy of doctormacrol.info

helps to go back and see where we have been. If you have never been mesmerized by watching a great early screen actress ply her trade, then do yourself a favor and take two hours and watch this film. In 1940 this film was nominated for four Oscar's including a Best Actress nomination for Garbo. Her star performance as the lead in this film will help you to appreciate how bright the big screen can be. Not only does she captivate the audience, she is surrounded by some of the best talent of the day with including Melvin

Douglas and Bela Lugosi. The plot in this film revolves around three emissaries sent from Russia to sell some royal jewelry in Paris to raise money for the state. The original owner of the jewelry is Grand Duchess Swana. She lives in exile in Paris after the Bolshevik revolution. The three emissaries, overwhelmed by the freedoms in Paris, simply cannot close a deal. Straight laced, tough as nails Ninotchka is sent to set the emissaries right and finalize the sale of the jewelry. The Grand Duchess sends a debonair capitalist named Leon, played by Douglas, to keep Ninotchka from completing her mission. Over time you see how Leon melts Ninotchka's icy heart and you follow her transformation to a state of joy for perhaps the first time in her life. This is a film which can easily get you combing through darkened areas in the rental store looking for more gems like this. What to See ****

"The Last Dragon," starring Taimak and Julius Carry III. Sooner or later I had to review this film. I may give away too much about myself, but this is my favorite film. Ever. Period. Is this a great film? Absolutely, according to me. In reality this black kung fu film from 1985 has everything in a movie anyone could want. Good guys you really cheer for, bad guys you love to boo at, a love story, redemption, and a happy ending. OK, so that doesn't work for everyone. For me, this film not only has one of my favorite good guys, it has my favorite bad guy of all time, Shonuff. Shonuff is portrayed by Carry, and he is brilliant in the comic book character way he should be. He declares himself the Shogun of Harlem, and is always accompanied by his posse of kung fu ruffians. The protagonist Bruce

Leroy is played by Taimak. Bruce Leroy is so possessed by his pursuit of reaching 'the final level' in his martial arts training that he never learned 'the art of making love.' The love interest is Laura Charles, a television hostess, is played by Vanity. She is being strong armed to play music on her show by the mean spirited record producer Eddie Arkadian. But she will not give in to his demands. By the end of the film Arkadian and 'Mr. Nuff' get together to get Bruce Leroy out of their respective lives. In spite of the precision storyline which concludes with boy gets girl and bad guys get justice, this film always makes me feel good. While others might consider this fluff, someone thinks it holds value as a remake is in the works with Samuel L. Jackson, while Rhianna is being considered for the role of Laura Charles. You know who'll be at the front of the line when this film opens, again. Just in case someone asks you "Who's the baddest mofo, low down, round this town?" The answer is Shonuff, Shogun of Harlem. What to See *****



Image courtesy of stargatecinema.com

Cougar Idol gets high ratings

BY EBONI HARVEY
Pride Staff Writer

Fox's "American Idol" is, after eight seasons, one of the most anticipated shows to run prime-time. So it is no surprise that Dana Newton, the Annual Events

and Traditions Specialist for C.A.B., expected big results hosting the 2nd Annual Cougar Idol competition this month. There were a few differences from that of the television show and the C.A.B event at the Clarke Field House Grand Salon: there was

no crazy lights show, no chaotic weeping girls, no huge stage, and no massive crowd ready to roar at the celebrity judges. However, the main elements were present: the contestants, a mini stage, a competitive yet supportive crowd, 3 judges, and a host who was the complete opposite of Mr. "Seacrest out."

All eight participants made it to the finals with their stage faces ready to convince judges, Ryan McRae, Marilyn McWilliams, and Lisa Dickinson that they were the next Cougar Idol. Standing 4 feet 10 inches, Stephanie Abayan took home the big prize, \$250 Ticketmaster gift card with her version of Dreamgirls "And I'm Telling You." No one would ever expect such a big voice to come out of Abayan, of whom some would believe and say is a small package. After judging the petite performer, Ryan McRae says, "You should be 8 foot 7". Amanda Pollak followed in 2nd



Photo by Jamie Inarda



Photo by Jamie Inarda

Place and received a \$100 Gas Card after performing Shania Twains "Honey, I'm Home." Idol attendee Kayla Robinson was impressed with Pollak's song choice saying "She brought some life back into Cougar idol after a run of sad songs." Singing a cappella was no problem for 3rd Place winner Akeisa Abercrombie took last prize, a \$50 Gift Card to Best Buy for performing Jazmine Sullivan's "Lions,

Tigers, and Bears." Rahim Baker compared this year's competition to the last saying "They did a much better job. They did great. Everyone was more confident this year." There is no doubt that this year's Cougar Idol was a complete success. Participants came with their stage faces. ASI CAB Cougar Idol will continue to be a great event that showcases another CSUSM big talent.

Hits of Sunshine The Frames

BY AMY SALISBURY
Faces and Places Editor

It's only fair for me to talk about an Irish band this week in honor of St. Patrick. The only thing more cliché than wearing green on the 17th would be to talk about "U2" as the end-all be-all Irish export. Sorry, Bono. No need for you this time around.

My brain required little wracking before I settled on Ireland's "The Frames." The Dublin-based quintet formed in 1990 and remains highly influential within the city's music scene.

Glen Hansard, Colm Mac Con Iomaire, Joe Doyle, Rob Bochnik, and Johnny Boyle are the current line-up for The Frames. Hansard founded the band with mostly different members, including bassist-turned-film director, John Carney.

Let's assume you've been living under a rock since the 2008 Oscars. So that means you haven't heard of Carney's award-winning film, "Once." In 2007, the film inadvertently stole the show at the Sundance Film Festival. Hansard stars alongside Czech pianist, Markéta Irglová, as a struggling

Irish musician who falls in love with a Czech immigrant. Sure, the storyline sounds bland and overdone on paper, but the film's musical merit garnered an Oscar for Best Original Song, "Falling Slowly." Hansard and Irglová wrote all of the music for the film while several of the songs were fresh recordings of The Frames' tracks.

"Falling Slowly" originally appeared on The Frames' 2006 release, "The Cost." Hansard and Irglová pared down the track to fit with the romance of Carney's film. The Frames' original version



Image courtesy of www.starkult.de

carries a heavy, minimalist rock vibe. Hansard calls out in the first few bars of the song. Every instrument proclaims its forceful signature until a calmed hush lets Hansard's unusually gentle voice tell a story about a woman he loves. An acoustic guitar lines the foggy atmosphere until a bass drum pushes the singular voice

into a chorus featuring Irglová's mild soprano harmonies. The song's chaotic conclusion releases in a violin-tinged swirl, falling into a still lull.

The Frames are authentic Irish rock and roll leaving the fairness up to the Isle herself. Surely, they wouldn't be caught dead drinking green beer.

Tour dates in San Diego

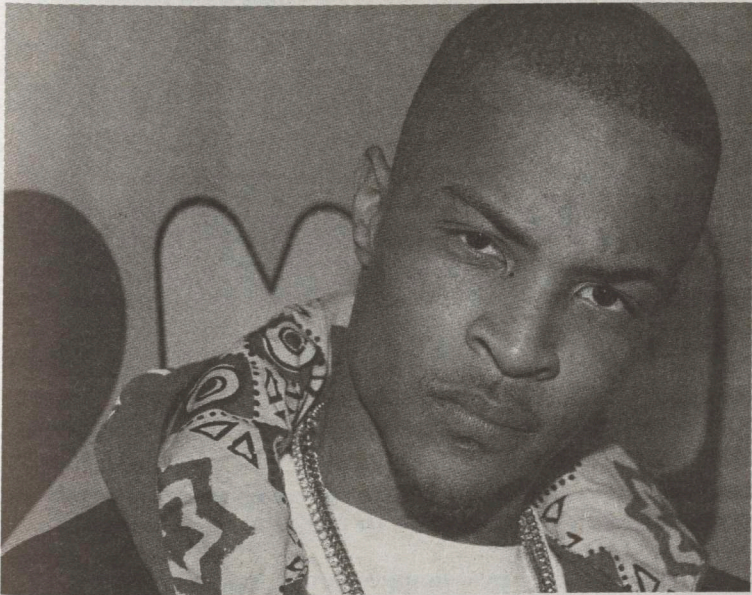


Photo courtesy of Virgin Media

Event: T.I.
Location: San Diego Sports Arena San Diego, CA
Date: Tue, 03/17/09 07:00 PM

Event: OK Go with Io Echo, and Jaguar Love

Location: House of Blues San Diego San Diego, CA
Date: Fri, 03/20/09 07:00 PM

Event: Joe Bonamassa
Location: Spreckels Theatre San Diego, CA

Date: Fri, 03/20/09 08:00 PM
Event: Sycuan & Z90.3 Present Pitbull with Dago Braves
Location: House of Blues San Diego San Diego, CA
Date: Sat, 03/21/09 07:00 PM

Event: 91x Presents New Found Glory W/ Bayside, Set Your Goals, & Shai Hulud
Location: House of Blues San Diego San Diego, CA
Date: Thu, 03/26/09 06:00 PM

Event: Candlebox
Location: Canes San Diego, CA
Date: Sat, 03/28/09 08:00 PM

Event: Lily Allen with Natalie Portman's Shaved Head
Location: House of Blues San Diego San Diego, CA
Date: Wed, 04/01/09 07:00 PM

Event: Plain White T's with

Danger Radio & Vedera
Location: House of Blues San Diego San Diego, CA
Date: Fri, 04/03/09 06:30 PM

Event: The 2009 Saints & Sinners Tour Feat Hollywood Undead & Senses Fail
Location: House of Blues San



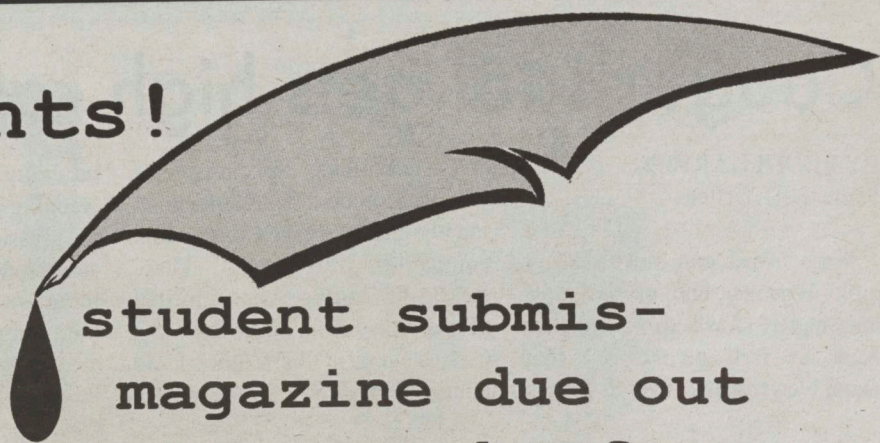
Diego San Diego, CA
Date: Sun, 04/05/09 06:00 PM



Photo courtesy of Bridge 9 Records

Attention all students!

The Pride is looking for student submissions for a literary magazine due out later this semester. Submit your work of poetry, prose, essay, fiction, non-fiction, artwork, or photography to csusmpride@gmail.com with the subject headline titled: Pride literary magazine. Submissions must be under 5,000 words; maximum of 2 submissions per person. Submissions due April 3. Questions? Contact us at 760-750-6099 or csusmpride@gmail.com



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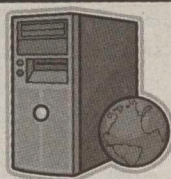
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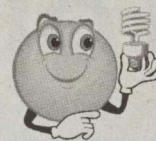
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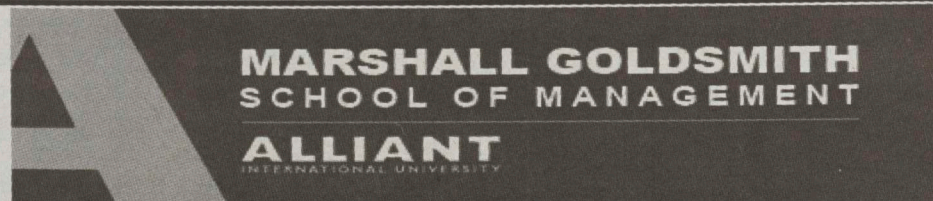


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A Neverending Story

I wonder how it is that I got here. I know that it was up to me to make the plans, but I really thought that Cole would be able to handle making a reservation.

Oh well, now three days later I am following my ex-boyfriend into the woods to try and find the two morons who decided to get lost while attempting to find a telephone. At least I will finally get some alone time with him.

"So I guess it's just me and you."

He glares at me with the look I have become all too familiar with these past few years before finally speaking to me.

"I don't really feel too much like

talking okay, let's just find the guys and get back," he says.

I sigh. I wonder how he went from being so in love with me to being so cold. It seems like just yesterday that we were back in high school and crazy in love. Then without so much of a word he disappears and leaves it up to me to fill in the blanks. Typical of him to run from dealing with his emotions.

"Well, it's already eerie enough out here in this darkness. I'm not going to just walk in silence. We can talk about whatever you like and besides I don't bite in case you have forgotten."

I let out a nervous smile in his

direction but quickly turn away from him before I lose my nerve.

Evan looks away just as quickly and says, "Well that's not how I remember it."

Why is it that he is being so difficult? I take a moment to look around at the surrounding forest and take in the beauty of the moonlight that is now lighting our path. This moment seems so perfect, but it feels so wrong. I've waited three years for this chance and now here I am letting myself completely fall apart.

"Well you know it's been three years, Evan. I am clearly not the same girl I was in high school and

you well you are definitely not the Evan that I fell in love with."

Evan stops dead in his tracks and freezes.

"Sheesh, I wasn't trying to upset you," I say.

Evan moves his fingers to my lips. I forgot how his touch sent shivers down my spine and I hear my heart beat speed up as he speaks.

"Would you be quiet, I hear something in those bushes over there," Evan whispers.

He points towards a bush about 200 feet in front of us and, even in the distance, I can see the bush moving around.

"Why, are you scared?" I laugh to

try to hide the growing fear inside of me.

"Now is not the time Paige."

He steps in front of me as if to shield me from the danger that is lurking before us. I seize the moment, wrap my arm around his, and pull myself closer. He does not pull away like I was expecting him to.

"I'm scared," I manage to whisper.

For the first time since we went on this trip he turns and looks me straight in the eyes. He pulls me closer to him and whispers in my ear, "I won't let anything happen to you I promise."

Word(s)

Gauche

Lacking any class or manners.

"I can't stand when students text message during class lecture, its so gauche!"

Duckets

Legal tender. Dinero. Cash money.

"I paid top duckets to see the New Kids on the Block during their reunion tour."

Bork

To ruin a chance at; to botch; fail, mess up.

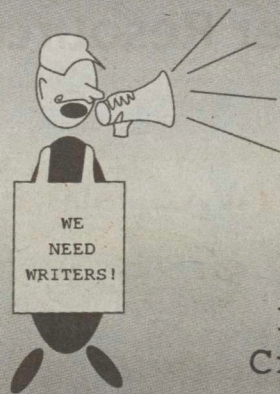
"Jordan completely borked his chance for a job when he accidentally cussed during the interview."

Freeper

A right-winged political activist

"Joe thinks that anyone who oopposes President Bush should be thrown in jail. he's a total Freeper."

Courtesy of urbandictionary.com



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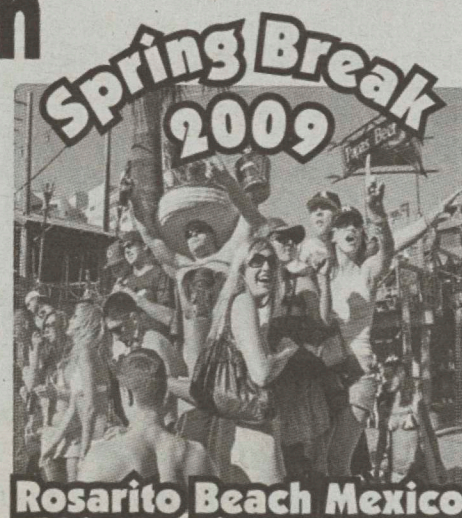
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per night, per person
1 Bedroom - 4 guests

Cougar kitchen
Three layer
chocolate cake



Ingredients:
1 1/3 Cups of water
1/2 Cup Vegetable Oil
3 eggs
Follow for each box of Betty Crocker's Devils delight (2 will be needed)

Directions:
Heat the oven to 350F. A 13"X9" pan is recommended (3 will be needed) butter all sides of pan.
Beat the cake mix, water, eggs, and oil in a large bowl.

Then pour into the pans.
Bake for 29-30 minutes, you can also use a toothpick, insert it into the cake, if it comes out clean. It's ready!
Cool Down, allow 10 minutes for them to cool down before removing from pan.
Frosting, once they are completely cooled down cover each cake with Betty Crocker's Rich and Creamy Hershey's Chocolate frosting.
ENJOY!



Photo by Gabriela Martinez



Kona's Fire Rock
A taste of Hawaii

BY JONATHAN THOMPSON
Senior Staff Writer



Kona Brewing Company brews Fire Rock Pale Ale in Kona, Hawaii. Father Cameron Healy and son Spoon Khalsa founded the brewery in 1994. The brewery has three main brews which are Big Wave Golden Ale, Longboard Islander Lager, and Fire Rock Pale Ale. The company brews other specialty beers throughout the year. The company mainly sells in Hawaii, but also sells in the United States and Japan. The brewery operates two pubs and claims to have utilized recycled parts from surrounding islands such as a roof and bar table for its brew pub.

Fire Rock Pale Ale can be found at multiple locations such as BevMo and Albertson's. Henry's Farmers Market retails a six pack of 12 fluid ounce bottles for \$8.49. The packaging refers to Kona's homeland. The container portrays two tourists taking a snapshot of an ocean liner passing in front of a slightly active

volcano. Yellows, reds, and rich browns define the colors utilized. A yellow bottle caps with company's logo seals a pale ale with 6.0% alcohol by volume. Unique to the brand, underneath the bottle cap defines an English word in Hawaiian. For example, reef in English is laupapa in Hawaiian.

The beer pours smooth generating a quarter inch head. Despite the small head, a semi-thick lancet remains for the duration of consumption. A beautiful orange brown hue glows from the glass. The four time winning award brew exudes a sweet honey aroma. The

pale ale enters extremely soft before an exciting crash of malts and hops rejuvenate the mouth, tongue, and taste buds. The brewery suggests pairing the beer with heavy dishes such as barbeque, but they also assert the brew can be enjoyed with chicken and salads.

If traveling to Hawaii seems currently out of the question, grab Kona's Fire Rock Pale Ale and enjoy, responsibly that is. Aloha!



Photo by Jonathan Thompson



Pizzeria Luigi
Real New York style pizza in San Diego

BY BILL RHEIN
Senior Staff Writer

In a nation filled with chain pizza companies, Pizzeria Luigi is a fresh taste of the Italian pie. Located at 1137 25th Street on the corner of 25th & B Street in San Diego, it is worth the drive down the I-15 after a day of midterms and lectures.

Pizzeria Luigi opened just over four years ago and has grown ever since. Manager and CSUSM senior Kevin Gist says its popularity has grown over the years, adding that business has doubled compared to when owner Luigi Agostini opened the restaurant.

Pizzeria Luigi specializes in Italian cuisine, especially New York style thin crust pizza. The thin pizza is full of flavor. A plain cheese pizza is delicious by itself and they have 18 other toppings available, including pepperoni, pesto, and other meats and vegetables.

The restaurant offers one size pizza that costs \$13 for cheese and each topping is \$1.50. Each pizza is enough for three to four people. They also offer a selection of specialty pizza running between \$14.50 and \$18.50.

The 'Mona Lisa' pizza consists of pepperoni, sausage, bell peppers, mushrooms, onions, and black olives. This specialty

pizza is savory and full of great flavor. The homemade thin crust holds up well considering the weight of all the ingredients and tastes great with the homemade sauce, which consists of sweet tomato and smooth basil flavor.

The restaurant has other flavor filled options besides pizza. Their menu consists of pasta dishes, salads, and Italian stuffed sandwiches such as the stromboli and calzone. All have exceptional taste and are a great bargain running around \$7.

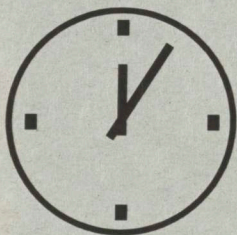
Weekend nights are busy, so the time concerned diner might consider going on a weekday.

Pizzeria Luigi is an exceptional restaurant in terms of taste and quality. Every item on the menu is worth the trip

to San Diego. I strongly recommend it and suggest the daily two slices and a drink special to try all the great pizzas.



Image courtesy of Pizzeria Luigi



Vital
Information

	IN	5 MIN AGO	OUT
Utensils	Brightly colored spoons (for spooning unsuspecting victims)	Butter knives (they don't even cut butter)	Sporks (unusable spoon-fork hybrids)
Teen Books	City of Bones	Twilight	Harry Potter

	IN	5 MIN AGO	OUT
Neck Accessories	Bow ties	Scarves	Skinny ties
Restaurants	Sushiya (I never turn down raw fish)	Subway (I'm tired of eating foot longs)	In-n-Out (I don't do quickies)
Board Games	Apples to Apples (Seriously play it)	Monopoly (The banker always cheats)	Scrabble (I always get crap letters)
Mascots	Ninja (Duh!)	Pirates (Please wannabe sea ninjas)	Zombies (So over-rated)