

Inside: Young voters' guide on the issues (Pages 6 and 7)

Pizza and Politics returns to campus Project spotlights campaigns of this election's hopefuls

BY JONATHAN E. THOMPSON
Pride Staff Writer

Last Thursday, Oct. 2, American Democracy Project hosted first Pizza and Politics event for the Fall 2009 semester during University Hour. The small room filled with approximately 60-70 students and CSUSM staff with the focus of the 45-minute discussion on Obama and McCain's presidential campaigns and



See Pizza, Page 4

Student open forum with President Haynes this Thursday

This Thursday, Oct. 9, CSUSM President Karen Haynes will connect with students in an open forum from during University Hour in the President's Boardroom, Craven Hall 5302.

The forum is an opportunity for students to present the questions and concerns of students on an individual or general level and as such, anyone interested in attending may participate.

Previous Student Open Forum discussions touched on tuition fee increases, parking permits, and athletic programs.

Palin v. Biden Vice Presidential candidates face off

BY AMY SALISBURY
Opinion Editor

Vice presidential candidates, Alaska Governor Sarah Palin and Delaware Senator Joe Biden took on the issues last Thursday from Washington University in St. Louis, Missouri. The high-profile



debate further emphasized the polarity between the Republican and Democratic parties. While the majority of dialogue focused on the financial crisis of late, both candidates confidently supported their running mates' policies.

Gwen Ifill, senior correspondent for PBS's *The NewsHour*, moderated Thursday's debate. Though her prepared questions spanned every aspect of the respective candidates' campaigns, Palin and Biden focused on addressing the economic crisis, energy, and the war in Iraq.

The 90-minute broadcast pitted a seasoned Sen. Biden against D.C. freshman Gov. Palin, who admittedly joked, "How long have I been at this, like, five weeks?"

Although Biden's years of experience may contribute to his credibility, Palin's persona garnered a few laughs from the otherwise silent audience.

A trend among both Palin and Biden was their polite refusal to respond to Ifill's

direct topic suggestions. Immediately following Palin's first rebuttal, Biden preferred to continue discussing McCain and his views on the stability of the market.

Biden stated, "That doesn't make John McCain a bad guy, but it does point out he's out of touch."

Palin focused on her running mate's strengths rather than stress disagreement.

Concerning energy, Palin used her track record as Alaska's gov-

See Debate, Page 4



Images retrieved from Washington University in St. Louis

CSUSM Republicans attend Palin rally

Students make trip to Carson to watch the Republican vice presidential candidate speak

BY [REDACTED]
Pride Staff Writer

Oct. 4, 2008 -- CSUSM's College Republicans attended a speech rally by Republican vice-presidential candidate, Sarah Palin at the Home Depot Center's tennis stadium in Carson, CA.

While approximately 8,000 were in attendance for the event, protestors positioned outside the stadium, accosting rally attendees and drivers with Obama chants and posters. A small plane circled the stadium with a banner reading "Sarah Palin, Thanks But No Thanks: No on Prop 4!"

VIP-status supporters, including the College Republicans, surrounded the speech stage. Shelley Mandel, President of the Los Angeles' National Organization for Women, made a short introduction, announcing, "...America, this is what a feminist looks like, Governor Sarah Palin."

After applause from supporters, Palin began her speech with a recalled quote from a Starbucks cup that complemented her introduction from Mandel, "There's a place in hell reserved for women who don't support other women." Palin slightly

See Rally, Page 4



Photo by [REDACTED] / The Pride

Gathered from www.csm		WED	THURS	FRI	SAT	SUN
Hi 92°	Lo 68°	Sunny	81° 58°	78° 56°	77° 57°	78° 55°
			Sunny	Sunny	Sunny	sunny

THE PRIDE

EDITORIAL STAFF

EDITOR IN CHIEF
VIRIDIANA PACHECO-ISAAC

MANAGING EDITOR
BEN M. ROFFEE

NEWS EDITOR
JACKIE CARBAJAL

FEATURES EDITOR
CRYSTAL EVANS

ARTS & ENTERTAINMENT
EDITOR
KATHRYN MCBRAYER

OPINION EDITOR
AMY SALISBURY

COPY EDITOR
TIFFANIE HOANG

LAYOUT EDITOR
NICK STRIZVER

ASSISTANT LAYOUT EDITOR
RUDY MARTINEZ

ONLINE EDITOR
JACKIE CARBAJAL

BUSINESS MANAGER &
SALES REPRESENTATIVE
KRISTINA LAWLER
PRIDEADS@CSUSM.EDU

DISTRIBUTION MANAGER
NICK STRIZVER

ADVISOR
JOAN ANDERSON

STAFF WRITERS
SANDRA CHALMERS
BILL RHEIN
LANCE ROSENBERGER
JONATHAN E. THOMPSON

Bill of Rights

The waves of new media

BY BILL RHEIN
Pride Staff Writer



The release of *Dr. Horrible's Sing Along Blog* this summer brought about more than entertainment. This 40-minute online musical confirmed the idea that the entertainment industry could use the Internet as a new form of media.

This revolution gained motion with the release of YouTube, allowing anyone to post video online. However, *Dr. Horrible* was different, because it was the first widely released professionally made production without backing of a major studio.

Dr. Horrible is a comedy musical set around the world of super villains. The story follows the titular character, Dr. Horrible, in his quest to defeat his nemesis and get the girl of his dreams.

Behind this was director Joss Whedon, the man responsible for *Buffy the Vampire Slayer* and *Firefly/Serenity*. The idea came about during the Writers Guild Strike, when Whedon and a crew wished to make a production without a high budget or backing of a major studio.

Though it did not take a great deal of money to make, it had the appearance of high production value. The each segment of the three part series reached the top of the iTunes sales chart. Upon release, the soundtrack, released only on iTunes, made it in the top 40 album sales.

Yet, the real significance does not lay in its popularity or cost. The online-based release ushered in a use of the Internet. It proved a professionally made film could gain success without cinema or DVD release. *Dr. Horrible* also showed that entertainers could use the Internet for more than home-made videos on YouTube, movie trailers, or television reruns.

Dr. Horrible subtly raised the quality of online media, which should lead to more development in this medium.

The idea of an Internet only release of a major production was elusive until now. Though companies used the Internet as tool paired with movies and television, it is now beginning to stand on its own, thanks to *Dr. Horrible*.

One would be naïve to assume the Internet would take over, because these mediums will continue to benefit from each other.



Image retrieved from www.drhorrible.com

All opinions and letters to the editor, published in The Pride, represent the opinions of the author, and do not necessarily represent the views of The Pride, or of California State University San Marcos. Unsigned editorials represent the majority opinion of The Pride editorial board.

Letters to the editor should include an address, telephone number, e-mail and identification. Letters may be edited for grammar and length. Letters should be under 300 words and submitted via electronic mail to pride@csusm.edu, rather than to the individual editors. It is the policy of The Pride not to print anonymous letters.

Display and classified advertising in The Pride should not be construed as the endorsement or investigation of commercial enterprises or ventures. The Pride reserves the right to reject any advertising.

The Pride is published weekly on Tuesdays during the academic year. Distribution includes all of CSUSM campus.

The Pride
Cal State San Marcos
333 S. Twin Oaks Valley Road
San Marcos, CA 92096-0001
Phone: (760) 750-6099
Fax: (760) 750-3345
Email: pride@csusm.edu
<http://www.thepride.com>
Advertising Email:
pride_ads@csusm.edu

Hidden treasure The library

BY JONATHAN E. THOMPSON
Pride Staff Writer

If you knew where gold was and it could be yours, would not you make an attempt to find it? Well, I present you with a treasure map, the treasure being our Kellogg Library.

Each semester students get whacked with massive research papers, reports, and every Cougar's favorite, group projects. Often times, given the stresses of balancing school, work, and a social life, students wait until the last minute to complete these time intensive assignments.

Yes, there are responsible students who do not procrastinate, but typically as due dates near and word documents remain blank, students utilize the Internet. The Internet is an awesome tool for research. However, students ignore the golden egg they see every day, the library.

Being a fifth-year college student I have come to realize a few things and I would like to share my opinion on the library. The first three years of my college career I would always wait until the last minute to compete projects. I would mainly use the Internet.

I began to take really difficult classes my fourth year. I quickly realized that ignoring a paper for the whole semester was not going to work anymore. I knew I had to change my ways.

It happened in LTWR 300A. I saw a student come into class with seven books. Naturally, I was curious and asked her what they were for. She informed me they were for the term paper that was due at the end of the semester.

I was dumfounded, what a brilliant idea. So I decided to go to the

library and scope it out.

I had probably checked out less than 20 books in my first three years at CSUSM. I checked out 10 books that day, my first semester of my fourth year of school.

It felt good. I got a good start. Some of the books were useless. I went back and got more.

I took this habit to all of my classes. The sources in my papers became more powerful. I felt even more confident. I recently was given an assignment in my MIS 426 class. The assignment is not due until the end of the semester. I have 12 books for the assignment. I have already written over a page.

In my BUS 444 class is where the library really came in handy.

I had a 9 page 1.5 single spaced industry analysis due the fifth week of school. I first began searching the Internet to get a general feel for the subject. I started using the search databases available at www.csusm.edu/library. I even used the online library chat option for instantaneous service.

I had an hour between classes and went straight to the library. I searched around for a bit. Thirty minutes into roaming around stacks of books I found gold. It was exactly what I needed. I could not have found such good information on the Internet.

All I am saying is give yourself some time, slap on the iPod, and cruise the stacks.

Start with searching for a general term or subject. Look at books near the book you select. Look inside and scan over the chapter content.

We have such a valuable resource. With almost 10,000 Cougars the library remains mainly unused. Take advantage of the library. You will thank yourself later.

Mac vs PC

Insight into the endless debate of differing computer platforms

BY JOSEPH DERAGISCH
Pride Staff Writer

Some battles have been raging since the dawn of time. Coke and Pepsi, the Yankees and the Sox, and Cain and Able are all great examples of these.

Great rivalries often become staples in pop culture. One of the most hyped and commercialized rivalries in recent years have been that of Apple and Microsoft. There are millions of people who will defend either company's products, citing many reasons why one is better than the other.

Both companies' products excel in different areas, so this article will focus on a few areas that most people consider when buying a computer that suites their needs.

1. Gaming:

For people who plan on using their computers for more than Solitaire and Pinball, PC's are definitely the way to go.

PC's dominate in this category because they are endlessly customizable, can use a much wider range of parts, and are compatible with about a thousand percent more games out there than Macs.

Another important factor is that gaming technology has a lifespan of about 2 years, meaning that a computer older than that won't be able to play current games to their potential.

PC's are easily up-gradable by replacing the graphics card, processor, adding more RAM, etc. It is almost impossible to do this on a Mac, since Apple is much slower at producing new and improved products for its users to install themselves.

Oh, and one last thing.

Yes, they sell Apple compatible doubles for a lot of games out there but these copies are more often than not last minute ports whose controls are wonky at best, with a lot of the game experience being lost to confusing control schemes.

Winner: PC

2. Security:

It's safe to say that Macs are the clear winner here.

Security doesn't mean third party software downloaded from the internet. Security refers to the risk of getting a virus on either platform or the steps taken by the operating system to eradicate such problems.

Macs win because so few programmers try to develop viruses for the machine compared to the mirage of trojans that get sent to Windows every few seconds.

Less threats = more secure.

Security also has to do with the internet browser. Internet Explorer is widely known as the most inferior browser in terms of both speed and security, with Apple's Safari being miles ahead in both areas.

Winner: Mac

3. Function:

There are many other low key elements that either machine has its strengths in. Macs are really good for editing and putting together videos, making and recording music, and using image manipulating tools such as Photoshop. The Mac interface and desktop doc make multi-tasking a breeze.

PC's are the way to go for multimedia. Thanks to Windows Media Player, streaming all of that pirated content is easy as pie. Apple's Front Row pales in comparison.

Both companies produce adequate laptops to suit anyone's trav-

eling needs, and both come with enough software to keep anyone's hobby satisfied.

Winner: Both

4. Cost:

Macs just tend to be more expensive. Basic PC's just used for e-mail and surfing the web can be found for about \$500, while the cheapest iMac sells for about \$1199.

There is also a much wider price range for PC's, something for everyone's unique budget. Or you could always build one with the parts that fit your budget. With Macs, you are forced to choose between 5 or 6 models, with little to no wiggle room.

Winner: PC

Last but not least, which has the most elitist and pretentious fan base?

Winner: Mac

So all in all, when looking for a machine to take care of your home video editing and your garage band recording, go with a Mac. If you want your rig to be a gaming and multimedia wonder, take a PC for a spin.

Just Soy You Know

"Superfood" might be villain

BY AMY SALISBURY
Opinion Editor

People all over the world adopt a vegan lifestyle for several reasons. Vegetarianism promotes health, is cruelty-free, and is even required by some religious schools. For those of us who grew up eating meat, the commitment for change raises a crucial question: How do I get enough protein?

In the Western world, the answer to this difficulty comes in the form of a happy little protein-packed bean. When I first explored alternative proteins a few years ago, I could hardly tell the difference between meat and meatless variants, let alone other vegan products. Companies like WholeSoy and Boca Foods leave nothing to be desired in recent converts, right?

Not so fast. Have you ever wondered what is so "super" about soy? Companies promote soy as a miracle food to cure what ails, replace what needs replacing, and even make less of an impact on the environment. As convincing as the advertising appears, it's time to take a reproachful look at the myths surrounding soy and see what science has to say.

Soy partially gained a reputation as the perfect food from the Asian community. Asians, especially the Chinese, have a longer average lifespan and decreased risk of heart disease than Europeans because of their diet. However, farm-

ers originally used soybeans in crop rotation, not as a food source.

In fact, they realized as early as the 2nd century BC that raw soy contained large amounts of natural toxins, or "antinutrients." Further research shows these toxins include enzyme inhibitors that block the absorption of proteins, phytic acid that retards the uptake of essential vitamins and minerals, and goitrogens that suppress thyroid function.

The Chinese discovered that only fermented soy, like tempeh, natto, miso and soy sauce, was fit for consumption. Average use of soy in Japan and China is only about two teaspoons per day, and most of it is condiments. A more likely reason Asians experience better health is their frequent use of fish and low intake of saturated fats.

Environmental claims suggest soy is a "greener," more natural food source than any other mass produced crop. Unfortunately, most soybeans grown in the Americas are GM, genetically modified, so they can still develop while doused with large amounts of herbicide.

Research in GM soy shows that women consuming soy on a regular basis increase their risk of breast cancer, specifically.

The abuse continues in processing. The patents associated with preparing

GM soy and "chemically phosphorylated soy proteins" require

**Not so fast.
Have you ever
wondered what
is so "super"
about soy?**

"alkalifying the soy proteins to pH 11-12 by the addition of concentrated alkali in a short time." To get an idea of what an alkaline environment is like, ammonia is pH 11, and bleach is pH

12. I can't remember the last time the FDA called bleaching food "natural."

The former grievances linked to soy pale in comparison to its lesser-known dangers. A vegan couple in New Zealand believed soy-based formula would be a suitable alternative to cow's milk or traditional formula for their 6-month old child.

Soy contains high amounts of phytoestrogen, a hormone that affects future reproductive maturity in infants. The child experienced 13,000 to 15,000 times the amount of hormones she should have had in her developing body before dying of malnutrition by her first birthday.

With all the supposed health benefits of soy, it's almost

impossible to avoid it, as more mainstream companies notice the craze. An estimated 60% of processed foods include soy protein isolate, a preservative.

The fact of the matter is that the point of being vegetarian or vegan is to eliminate meats or all animal products from your diet, not find "innovative" ways to trick your tongue.

Soy may seem like an easy way to get your daily allowance of protein, but organizations like the Vegan Society and American Vegetarian Association explain how to prepare safe, complete proteins free from animal and GM products.

A little personal innovation never hurts, especially when health is an incentive.

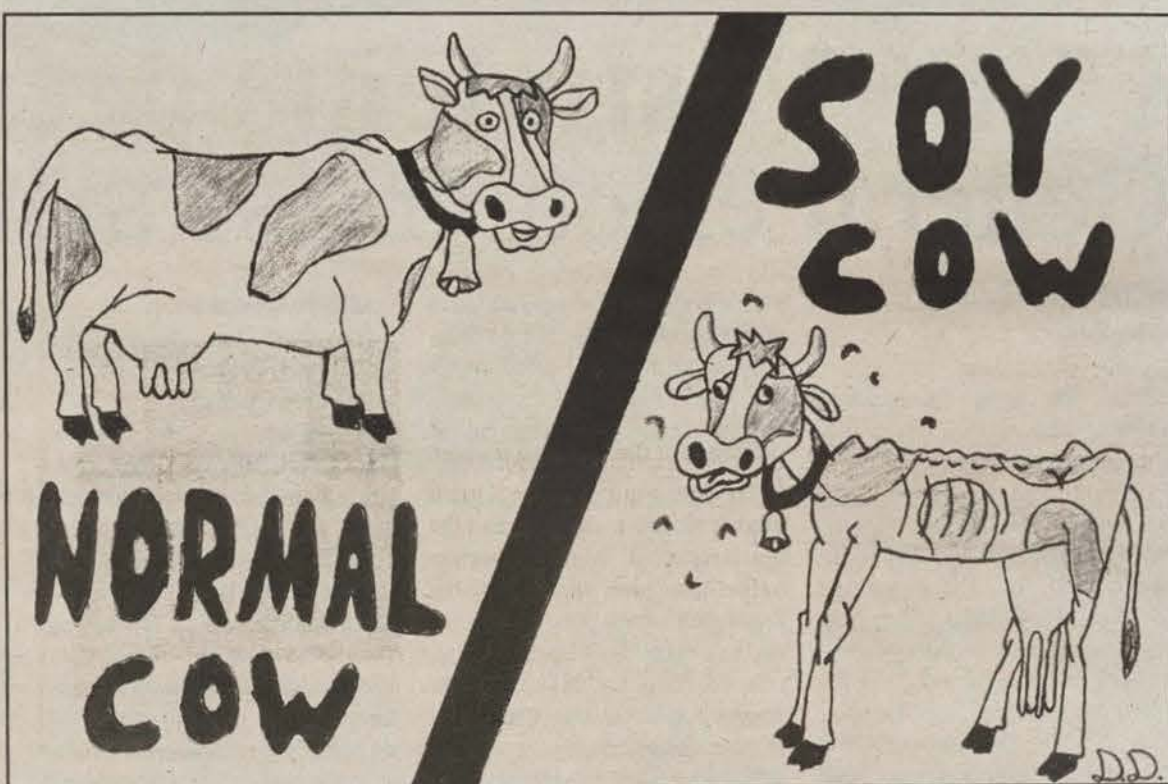


Illustration by Dorian A. Deptuch / The Pride

Vice presidential debate is a draw

BY CRYSTAL EVANS
Features Editor

During the vice presidential debates both Governor Sarah Palin and Senator Joe Biden had strong points and weak points, but neither one stood out as absolute winner.

Palin without a doubt has small town charm. She is easy to like and fun to listen to. And during the debate she came out with another quirky phrase, Joe Six-pack, that has already become part of the American vocabulary.

However, being likeable and easy on the eyes does not necessarily make you the right woman for the job.

Palin brilliantly called on all politicians who have been coined as flip-flopers to be honest and tell the public why they vote differently today than they have in the past.

After all, Americans do not want a leader who cannot admit when they are wrong. And a politician who does not change their stance when evidence that contradicts their position is brought to light isn't worthy of their position.

Palin addressed the economy several times and also stressed the importance of becoming energy independent. While she stressed her experience as governor of Alaska to negate the claims that she is unqualified to fill the vice president seat, the thing she did the most during the debate was to be a cheerleader for McCain.

Biden, on the other hand, came to the debate with 35 years of experience to back him up.

Biden focused most of his speaking on supporting the middle class. Biden claimed that McCain and Palin would

widen the gap between the rich and the poor and would do nothing for the middle class.

Both of the candidates often completely failed to answer the questions that were posed and talked around the issues instead, which can only be expected in a political debate.

But even more importantly, both of the candidates presented facts that were untrue.

The main inconsistencies between what the candidates said and the truth had to do with voting records. You would think that Palin and Biden, or at least their writers, would do a little research and be sure that they had their facts right.

So who is the winner in a debate that is filled with a lot of words, inaccurate finger pointing and very little substance? That depends on the person being asked.

**Have an opinion
you would like to
share?**

Write us!

**Visit our website
at [www.](http://www.thecsusmpride.com)**

**thecsusmpride.com
to read our latest
issue and write a
letter to the editor**

From DEBATE, page 1

error as leverage. Palin supports domestic drilling as a means toward independence from foreign oil, claiming she already "broke up a monopoly" established by corporations including Exxon and Conoco-Phillips.

Biden opposes drilling in favor of continued research in clean coal technology. He also maintains the position that global warming is man-made, which is "the biggest fundamental difference between John McCain and Barack Obama and Sarah Palin and Joe Biden," implying that the McCain-Palin ticket feels global warming may be attributed to natural cycles of the planet. Palin feels it necessary to take advantage of all of Alaska's oil reserves.

Foreign policy discussions adopted the classic viewpoints of the GOP versus more left-winged arguments, with Palin opposing a timed withdrawal from Iraq and

Biden desiring to shift responsibility to Iraqis.

"We're spending \$10 billion a month while Iraqis have an \$80 billion surplus," Biden continued, stating that Obama believes it is time for Iraq to spend its own money. Conversely, Palin believes that the U.S. is not finished in Iraq until "the Iraqi government can govern its people and when the Iraqi security forces can secure its people."

Despite the expected disparity, both Sen. Biden and Gov. Palin agreed concerning gay marriage. Neither candidate believes marriage should be redefined to apply to same-sex couples, yet they do not believe a civil rights distinction between homosexual and heterosexual couples is the way to go either. Palin frankly wrapped up the discussion, declaring, "[The] question to [Biden] was whether he supported gay marriage and my answer is the same as his and it is that I do not."

Community reading to create discussion, enhance literacy

BY JACKIE CARBAJAL
News Editor

The Campus Read, a collaborative program by the CSUSM Library and the American Democracy Project is hosting its first event of the semester on Thursday, Oct. 9 from 12-1 p.m. in Arts 240.

Due to the success of last semester's Campus Read book, *They Poured Fire on Us From Above*, author Alephonsion Deng is returning to the campus to discuss his true stories as one of the Lost Boys of Sudan. Co-author Judy Bernstein is unable to attend the event.

This semester's Campus Read book is #1 New York Times Bestseller, *Three Cups of Tea*

by Greg Mortenson and David Oliver Relin.

The book, quoted by the Bloomsbury Review as being "a stunningly simple story of how to make peace," depicts Mortenson's journey, which involved a failed attempt to climb Pakistan's K2 mountain and eventually led to leading the construction and implementation of schools in some of the most isolated areas of Afghanistan and Pakistan.

"Some faculty are using our campus read book from last year in the classroom, Prof. Kim Knowles-Yanez for one, and others are using this year's book, *Three Cups of Tea* in the classroom," American Democracy Project Director Professor Pamela Stricker said.

"The Campus Read is a pro-

gram started by my predecessor, Prof. Fran Chadwick. The point to the Campus Read is to have as many members of the campus community reading the same book as possible. That way we can have a point of commonality from which to have discussions not only of the book but to carry us forward to other issues as well as enhance literacy on the campus," Stricker said. "This is not a type of program unique to our campus but part of a larger trend on university campuses to have this 'common experience.' We read *They Poured Fire on Us* last year and the *Kite Runner* the year before."

Copies of the book are available at the library and from the American Democracy Project.

CSUSM students get political General election less than a month away

BY JACKIE CARBAJAL
News Editor

With the country's national election just weeks away, the campus is making preparations of its own to generate buzz among the local community. Today, during University Hour in Academic Hall 102, the presidents of CSUSM's College Democrats and Republicans will face off in a mock election debate co sponsored by the American Democracy Project. Tonight, CSUSM students will appear on television at 6 p.m. in a debate held at the Escondido City Council Chambers. On October 21, the College Democrats will hold an Obama Rally in the Forum Plaza during University Hour.

"To my knowledge this is the very first College Democrat v College Republican debate on campus," ADP Director, Professor Pamela Stricker said.

While current issues and government policies are a daily topic of discussion in the classrooms of political science majors, Stricker stressed the importance for college students to be aware of the issues of focus in the presidential elections regardless of their academic focus.

"While students pursue a vari-

ety of courses of study, they are all still citizens of this country and need to be informed about the issues of the day. Policy choices and political decisions made by politicians affect students their lives in a myriad of ways," Stricker said. "Our representative form of democracy necessitates our participation in governing ourselves. Electing our next president is one important way, but not the only way, we participate in this vital form of governance."

Sergio Cruz will represent the College Democrats and Obama's position while Chasen Bullock represents McCain and the College Republicans.

Professor Cynthia Metoyer will serve as moderator for the event. The prepared questions regard issues such as climate change, the economy, education, energy security, health care, and the wars in Iraq and Afghanistan. Stricker encourages students to prepare questions of their own and are asked to neatly print their questions on index cards that the moderator will address during the "Student Q&A" portion of the debate.

ADP plans to videotape the debate and streamline it on the ASI website.

Debate Questions

(provided by the American Democracy Project)

Climate Change

According to the current US Environmental Protection Agency website, "For over the past 200 years, the burning of fossil fuels, such as coal and oil, and deforestation have caused the concentrations of heat-trapping 'greenhouse gases' to increase significantly in our atmosphere. These gases prevent heat from escaping to space, somewhat like the glass panels of a greenhouse." What specific policy solutions do you have to deal with climate change (both human-caused and natural)? (Source-US Environmental Protection Agency website, accessed Sept 2008).

Economy

The unemployment rate as of September 2008 stands at 6.1 percent, the highest level in five years. What will you do to create new jobs and how will you ensure that when CSUSM students graduate they will be able to obtain good jobs? (Source- US Bureau of Labor Statistics)

Education

College costs have skyrocketed for students across the country—up some 439% since 1982. How specifically will you make college

more affordable and more accessible to students? How will you pay for that? (Sources – CNN, Money Magazine)

Energy Security

The US - with 5 percent of the

"To my knowledge this is the very first College Democrat v College Republican debate on campus"
- Professor Pamela Stricker -

world's population- uses about 20.7 million barrels of oil per day. That's 25% of the world's oil consumption. Oil production in the United States peaked in the 1970s (both on and offshore). This year 80 percent of our oil has been imported (from Canada, Mexico, Saudi Arabia, Venezuela, etc). How specifically will you reduce America's

dependence on foreign oil? What forms of energy will you seek to expand and why? What are the benefits and drawbacks of these alternative sources? (Sources-US Energy Information Administration (US Govt)).

Health Care

Expenditures in the United States on health care surpassed \$2 trillion in 2006, almost three times the \$714 billion spent in 1990, and over eight times the amount spent in 1980 (and 77 times since 1960). 47 million Americans are uninsured and another 25 million are underinsured. How specifically will you make health care more affordable and more accessible to students, families etc.? How will you pay for the increased costs of insuring more people? (Sources - Kaiser Family Foundation on Health Care, PBS NewsHour).

War in Iraq/Afghanistan

More than 4100 American men and women have lost their lives in Iraq. The war, so far, has cost more than \$600 billion dollars. First, What will be your strategy/policy be regarding the Iraq War? Second, what should our policy be with respect to Afghanistan? (Sources-Global Security military information website and Congressional Research Service Report July 24, 2008).

From PIZZA, page 1

their focus on the economy.

Professor Ranjeeta Basu led discussion with a PowerPoint highlighting key statements and facts by the presidential hopefuls.

"Learn about the plans of the two candidates and the rationale behind them. I believe there are stark differences between them and it is important to know where they plan to take the country over the next four years. Ask questions and

then when you think you have enough information then vote for the candidate based on the issues," Basu said.

Obama and McCain's tax policies and possible solutions to the housing crisis dominated the open discussion.

ADP will host its second Pizza and Politics event discussing foreign policy on Thursday, October 16 during University Hour in Commons 206. Visit www.csusm.edu/adp for more information on upcoming events.

From RALLY, page 1

misquoted the line from Madeleine Albright, a former Secretary of State and UN ambassador. Albright's quote should have read, "There's a place in Hell reserved for women who don't help other women."

Palin spoke of her continued support of the troops to the crowd's rapport. Palin's speech took a turn from her usual speeches, "There is a time when it's necessary to

take the gloves off and that time is right now," she said, adding that McCain and she will "start to tell Americans more and more aggressively, I guess, about the choices" in the upcoming election.

Palin also made a point to accuse Obama of being "pals" with domestic terrorist, William Ayers.

"This is not a man who sees America as you and I see America. We see America as a force for good in this world. We see America as a force for excep-

tionism...Our opponent though is someone who sees America, it seems, as being so imperfect, imperfect enough that he is paling around with terrorists who would target their own country," Palin said.

Following applause from the crowd, Palin shook hands and greeted her supporters.

Any students interested in becoming more active in local Republican Party organizations can visit the Republican Headquarters in Escondido, located at 565 W. Grand Avenue.

Website reports the facts on politics

Factcheck.org evaluates politician statements for truth

BY CRYSTAL EVANS
Features Editor

With the most controversial presidential election less than a month away, it is essential that voters be educated on the issues and the candidates. FactCheck.org makes being informed a bit easier.

Voters are constantly bombarded with a host of information and it is often difficult to decipher what to believe as every political commercial on TV contradicts the one that aired before it. So much is thrown at the public and they are often left to figure out whether or not the information that is presented as fact is in fact true.

However, unless voters are driven enough to do lengthy, time consuming research on political topics, it is impossible to really know what is factual and that is where FactCheck.org comes in.

The Web site takes a variety of political sources, whether they are campaign commer-

cials, debates, or another form of information and breaks them down. The site is run by a non-partisan, non-profit organization associated with the Annenberg Public Policy Center of the University of Pennsylvania.

All of the writers either have a degree in a political field of study or have had years of journalism experience covering politics.

The staff members do research to confirm everything major politicians claim in their debates, speeches, TV commercials, interviews, and news releases.

The site has a list of recent postings that cover topics such as the presidential and vice presidential debates, who is at fault for the economic

crisis, as well as the mudslinging that occurs in both parties.

It breaks down the issues and explains the truth with a list of

sources where the information was received.

Everybody lies, so check the facts and become informed.



How to throw a wicked Halloween party

BY LANCE
ROSENBERGER
Pride Staff Writer

Throwing a good party is hard enough and a Halloween party can be even more challenging, and a lot of fun. But in order to get the right mix

As it is Halloween costumes should be mandatory. Challenge the guests to get creative by hosting a costume contest with prizes for the winners. Judgment can be in various categories such as most original, scariest and best overall costume.

Having awesome snacks for a Halloween party is essential. Candy is always a good standby, but don't be afraid to get creative with appetizers.

Use Halloween cookie cut-

ters not only to make cookies but to cut out finger sandwiches in the shapes of moons, bats and pumpkins. Shape cheese with a paring knife to make it look like fingers and wrap cocktail wieners in tortilla strips to look like mummy toes. The Internet also has a variety of recipe ideas for creepy food.

A great sound track is essential to the perfect party, and the monster mash is a must for Halloween parties. Halloween CDs make a great, and easy, way to fill the party with eerie music.

Decorations are not only important to set the mood at a Halloween party but are a lot of fun. Cover the area with spider webs, tombstones,

bats, skeletons and other Halloween decorations.

And to keep the guests entertained while they mingle have a few fun activities planned, such as bobbing for apples and a pumpkin carving contest. For more party activity ideas visit partyamerica.com or pumpkinnook.com.

The only thing left to do is fill the party with great company and enjoy.



A program for American Indian families

Tribal TANF



You can receive:

- Cash Assistance
- Educational Development
- Career Development
- Child Care Stipend
- Transportation Assistance
- K-12 Clothing Allowance



If you need help paying your bills, call us at:

San Diego

Escondido

1-866-913-3725

1-866-428-0901

SAN DIEGO HYDROPONICS & ORGANICS

BEACH CITIES

4122 Napier Street
San Diego, CA 92110

(619)276-0657

NORTH COUNTY

802 N. Twin Oaks Valley Rd
Unit 108
San Marcos, CA 92069

(760)510-1444

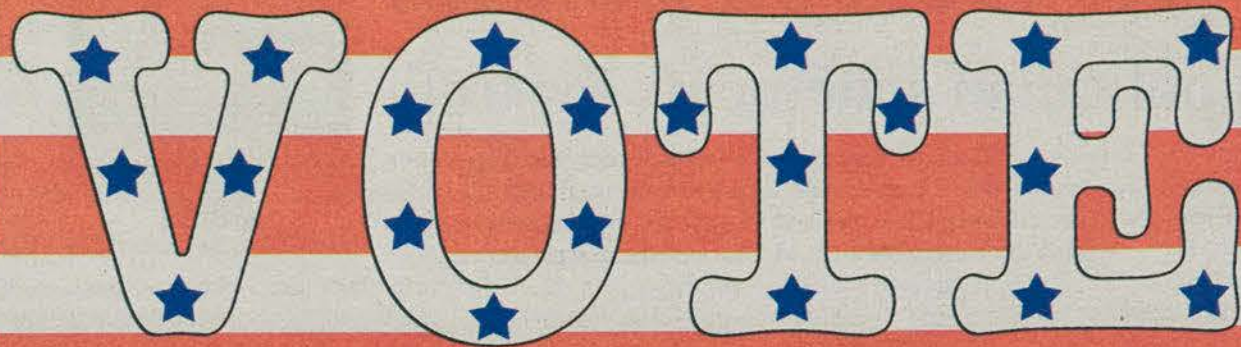
EAST COUNTY

11649 Riverside Dr.
Suite 141
Lakeside, CA 92040

(619)562-FARM

WWW.FAMILYHYDROPONICS.COM





Young Voters Guide



COMPILED BY JACKIE CARBAJAL
News Editor

For some college students, the 2008 General Election will be their first opportunity to vote in a National Election. Choosing the nation's next leader is more than just name recognition and Saturday Night Live skits. While it's safe to say that most col-

lege students are aware of the stakes in this upcoming election, not all may fully understand the impact the youth vote has on the general election.

Information obtained from Rock The Vote, Declare Yourself, The Easy Voter's Guide and The State of California Voter's Guide

Political Parties

The **American Independent Party** stands for traditional moral values and the God-given rights of life, liberty and the pursuit of happiness. This party believes government should uphold the United States Constitution, including protection of life and property, and provide a strong national defense, free of waste.

Party Candidate: Alan Keyes

Top Priorities:

End illegal immigration.
Balance the state budget.
Address levee repairs/state water problems.

This party has more than 331,000 members in California.

For more information, call 707-359-4884 or visit www.aipca.org.

The **Democratic Party** believes the role of government is to educate its citizens, protect their rights, including a woman's right to choose, and ensure a stable, prosperous and safe nation with a strong, expanding economy benefiting all Americans.

Party Candidate: Barack Obama

Top Priorities:

End the war in Iraq; protect all Americans.
Quality education; expand college opportunities.
Health care for all; a cleaner environment.

The party has more than 7,053,000 members in California.

For more information, call 916-442-5707 or visit www.cadem.org.

Greens stand for peace, social and economic justice, nonviolence, grassroots democracy, respect for diversity, women's rights and protection of the environment. Greens advocate valued practices that protect the planet, its people and promote peace.

Party Candidate: Cynthia McKinney

Top Priorities:

A living wage; health care; education for all.
Clean energy and environmental protection.
Election reform.

This party has more than 120,000 members in California.

For more information, call 916-448-3437 or visit www.cagreens.org.

The **Libertarian Party** is your best choice for reasonable government. If you're socially tolerant and fiscally responsible, you're a libertarian! You, not the government, should decide how to run your life, checkbook, education and family.

Party Candidate: Bob Barr

Top Priorities :

Increase individual liberty and responsibility.
Shrink government, reduce taxes.
Liberate education, commerce and personal choice.

This party has more than 79,000 members in California.

For more information, call 877-884-1776 or visit www.ca.lp.org.

The **Peace and Freedom Party** stands for democracy, cooperation and sharing. They want to organize and educate the public to work together to meet human needs. This party believes the role of government should be to make sure that everyone has jobs, housing, education, health care and equal rights.

Party Candidate: Ralph Nader

Top Priorities:

Bring all troops home now.
Double the minimum wage.
One system of free, quality health care for all.

This party has more than 56,000 members in California.

For more information, call 510-465-9414 or visit www.peaceandfreedom.org.

The **Republican Party** is committed to improving our quality of life in every part of California. We are working to achieve this by creating jobs, improving schools, keeping communities safe, and improving the state's health care and environment.

Party Candidate: John McCain

Top Priorities:

Promote an economy that creates new jobs.
Improve education and health care systems.

Dates To Remember



28 days until Election '08—November 4

Voter Registration Deadline in California:
October 20

If you have not registered to vote or have moved since you last registered, you will need to register by Oct. 20 to be eligible to vote in the General Election on Nov. 4, 2008.

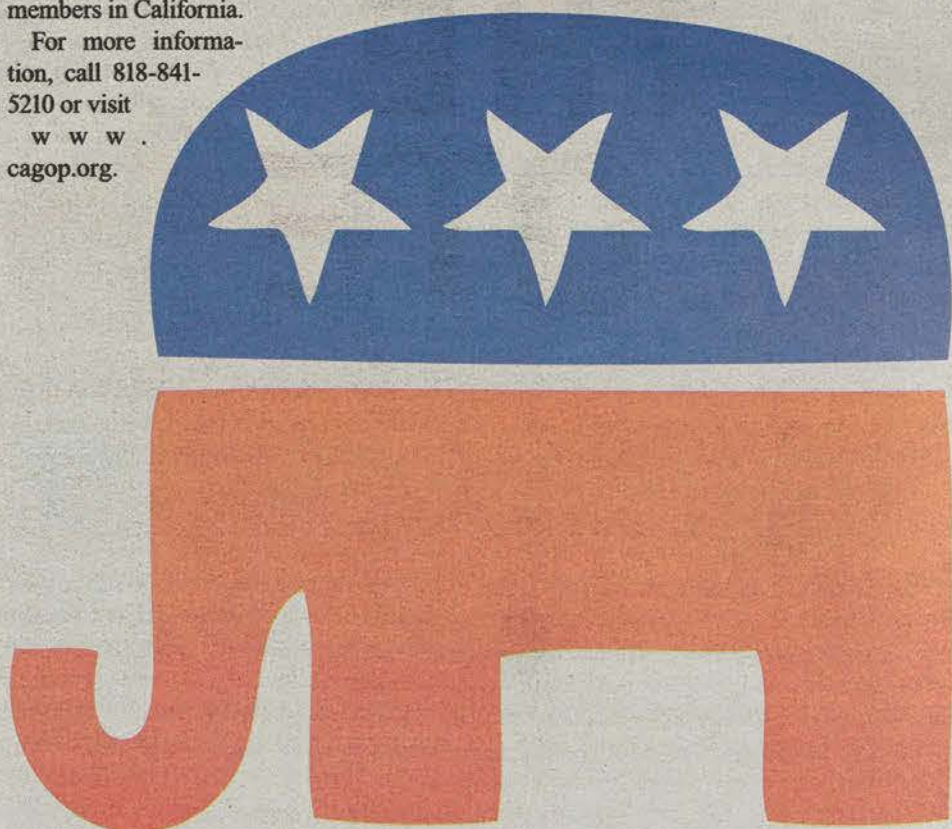
Presidential Debate: Tuesday, Oct. 7, 9:00 PM ET, Nashville, TN (Any Topic—Town Hall Style)

Presidential Debate: Wednesday, Oct. 15, 9:00 PM ET, Hempstead, NY (Domestic Policy)

Protect taxpayers —force government to live within its means.

The party has more than 5,244,000 members in California.

For more information, call 818-841-5210 or visit www.cagop.org.



Classifieds

Paper due? Dictate your paper. Let Kay take care of spelling, grammar and typing. Quick service - affordable rates. www.ICanHelpOnline.net to see how.

Where they Stand

Presidential candidates' stances on the important issues

Republican Issues McCain's take on the issues

BY CRYSTAL EVANS
Features Editor

Abortion and Birth Control:

McCain wants to overturn the Roe v. Wade decision as he is pro-life and believes that the power to either legalize or outlaw abortion should be left up to individual states.

Crime and Punishment:

McCain believes that crimes should be investigated fully and criminals should be prosecuted to the full extent of the law. He plans on increasing the number of police officers on the streets and redistributing funds based on merit and need.

Education:

McCain believes that parents should have the right to send their children to schools that will be safe and give them the best possible education. He wants to make it possible for parents to send their children to the

school of their choice and not require them to attend a certain school because of their address.

Environment:

McCain believes that we have a duty to take care of the planet and plans to implement several policies to aid in a cleaner environment. He believes that the environment must be implemented at the local level as that is where the impacts will manifest themselves.

Energy:

McCain believes that it is essential that America no longer be dependent on foreign oil. He supports off shore drilling and plans to invest in the research and development of clean alternative energy sources.

Gay Rights:

McCain believes that marriage is a sacred union between one man and one woman and does not believe that the term can be used to describe a union between homosex-

ual couples. He believes that the power to define marriage is an issue that should be dealt with at a state level.

Gun Control:

McCain believes that the right of law abiding citizens to keep and bear arms is fundamental to this country. He believes that criminals should be prosecuted to the full extent of the law instead of taking away liberties of the innocent.

Health Care:

McCain wants to give every family a \$5,000 health credit and a \$2,500 credit to individuals. He wants to open up insurance so that individuals can cross state lines when looking for health care in order to get the best price.

Iraq and Foreign Policy:

McCain believes that it is essential for America to support Iraq's government until they are able to govern themselves. He believes that pulling troops out without

first making sure that the government is stable would leave Iraq worse off than when America invaded.

Immigration:

McCain wants to secure our borders and make sure that all peaceable undocumented immigrants either leave or begin the process to getting legal status in the states. He believes it is essential to deal with the process in such a manner that families are able to stay together.

Taxes and Budget:

McCain believes in supply side economics and will push to lower taxes on companies in order to allow them to be more productive and therefore able to offer more jobs. He also opposes Internet taxes and cell phone taxes that could hinder the growth of both mediums.

All of the above information can be found on <http://www.johnmccain.com/palin.htm>

Democrat Issues Obama's take on the issues

BY BILL RHEIN
Pride Staff Writer

Abortion and Birth Control:

Obama maintains a stance against the overturning of the Supreme Court decision of Roe v. Wade. He supports abortion in cases of rape and incest, as well as when the

mother's life is at risk. He also supports safe sex and emergency contraceptives.

Civil Liberties and Domestic Security:

Obama opposes the use of torture and other interrogation techniques that impose suffering. He opposes expansion of domestic security programs. He supports giving habeas corpus to prisoners in Guantanamo

Bay.

Crime and Punishment:

Obama supports the death penalty, hate crime legislation, and is opposed to relaxing drug laws and mandatory minimum sentencing.

Education:

He opposes the "No Child Left Behind" Act while supporting charter schools mandatory public service for young people. He is neutral on the issue of using vouchers alternative to public school.

Environment and Energy:

Obama supports alternative sources of energy, but not the expansion of domestic drilling and exploration. He is neutral in international treaties over Greenhouse Gas Emissions.

Gay Rights:

Obama supports the extension of federal benefits to homosexual couples and civil unions but does not support gay marriage. He also opposes the "Don't Ask, Don't Tell" policy of the military concerning homosexuals.

Gun Control:

Obama supports gun control concerning decreased access to firearms, banning assault weapons, and increased background checks for purchasing guns.

Health Care:

Obama supports universal health care and

healthcare for minors supported by taxpayers. He is neutral on tax incentives for purchasing private insurance.

Iraq and Foreign Policy:

He supports a timetable for leaving Iraq and opening diplomacy with North Korea and Iran. He is neutral concerning unilateral military force.

Immigration:

He supports creating a border fence while creating means to citizenship of illegal immigrants. He opposes labeling English as the national language.

Medical Marijuana and Drug Policy:

Obama supports legalizing medical marijuana while opposes an international War on Drugs.

Social Security:

Obama opposes investments privatizing Social Security and supports increasing an earnings cap of Social Security.

Taxes and Budget:

Obama opposes an amendment concerning a "Balanced Budget," though he supports tax cuts for middle-income citizens and increasing taxes on the wealthiest people.

Trade and Economics:

Obama supports increasing minimum wage and is neutral on free trade agreements.

All of the above information can be found on <http://www.barackobama.com/issues/>

College Can Be Difficult. Getting Around Shouldn't Be.



Why not leave the driving to us and hop aboard the SPRINTER and BREEZE? NCTD's transit services are cheap, convenient and best of all: stress free.



Your Connection to Campus

Purchase your discounted Cal State San Marcos \$49 SPRINTER/BREEZE monthly pass from Parking and Transportation Services (FCB 107) beginning the 25th of the month.

What if I'm pregnant?

Protect your health.

Ensure your future.

Make informed, healthy, confident choices.

Call **BIRTH CHOICE**
real answers. real help.

760.744.1313

birthchoice.net

277 S. Rancho Santa Fe Rd. San Marcos 92078

- pregnancy tests
- pregnancy options and abortion counseling
- STD education and prevention
- support services

UniversityVoice

Financial Crisis: Who is to blame, Wall Street or Main Street?



"Risky lending, and overspending is to blame."

Alex Romero
Sophomore



"Neither, I feel it is a collective problem throughout the U.S."

Kevin Manley
Junior



"F Street."

Danny Hays
Senior

"Sesame Street."

Michael Barker
Senior



"Both! Because Ben said so."

Kimberly Jordan
Freshman



"Wall Street."

Annaka Karle
Junior



Photos by Sandra Chalmers / The Pride

Visit The Pride ONLINE

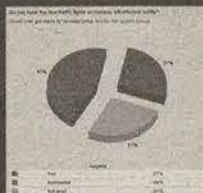
THE CSUSM
PRIDE.com

Be notified of breaking news

Receive the email edition



Comment on stories



Student Polls

www.thecsusmpride.com

CSUSM's Williams sets school record

Men's and Women's cross-country teams enjoy strong showing

BY BRIAN MANN
Pride Staff Writer

CSUSM senior Dallan Williams set a school record by running a 5k in 16:55 at the Riverside Invitational held on Sept. 27. In achieving a first-place finish, Williams surpassed the previous school record of 17:20, held by Jenni Johnson. Williams was the

only participant at the event to finish in less than seventeen minutes. Overall, the women's cross-country team finished in third place, bolstered by strong showings from Morgan Sjogren (16th place 17:45), Whitney Patton (36th place 18:14), and Cady Villareal (37th place 18:15). In the women's event, Brigham Young University finished in first place

followed by host UC Riverside in second.

When asked if she was surprised that Williams was able to set a school record, Sjogren, Williams' friend and roommate, replied "No, not at all. Dallan is extremely talented. She is truly an incredible runner. The times she had posted in previous races gave an indication of what she was

capable of." Speaking of the team's overall performance, Sjogren said, "It's the best we've ever done collectively. We had nine of our girls finish under nineteen minutes."

The CSUSM men's team placed second at the Riverside Invitational. Three cougars finished in the top 30 of the 8k race. Dave Edwards finished in 20th place (25:30), while Tony Guadagnini

finished 24th (25:36) and Chris Capeau 28th (25:36). UC Riverside placed first in the men's event while Pomona Pitzer College followed CSUSM in third.

The next cross-country event is scheduled for October 11th at Vanguard University in Costa Mesa. The CSUSM men's and women's teams will both be competing.

Sports Notebook

Around the world of sports

BY BRIAN MANN
Pride Staff Writer

NFL

The first firings of the season in the National Football League took place recently. The St. Louis Rams fired head coach Scott Linehan after a 0-4 start and the Oakland Raiders fired their head coach, Lane Kiffin, following a 1-3 start and an ongoing acrimonious relationship with the team's owner, 79-year-old Al Davis.

Jacksonville Jaguars offensive tackle Richard Collier, 26, will never walk again, according to his doctor in Florida.

He is paralyzed below the waist and had his left leg amputated following a shooting that occurred September 2nd. He had fourteen bullet wounds following the shooting. One bullet severed his spinal cord, causing the paralysis. No arrests have been made.

According to the Associated Press, he is the third NFL player to have been shot in the last 18 months, following the fatal shootings of Washington Redskins player Sean Taylor and Denver Broncos player Darrent Williams.

Miami Dolphins running back and San Diego native Ricky Wil-

liams admitted to being tempted to smoke marijuana during the team's off-week but said he resisted after considering what was at stake. Williams has been suspended twice previously for marijuana use.

San Diego Chargers linebacker Stephen Cooper returned from a four game suspension, which was served for a positive test for a substance banned by the NFL.

MLB

The first round of the playoffs is nearly complete with the Los Angeles Dodgers needing only one more win to eliminate the

Chicago Cubs. The Philadelphia Phillies also hold a commanding lead over the Milwaukee Brewers.

In the American League, the Boston Red Sox need only one more win over the Los Angeles Angels of Anaheim to advance to the next round and the Tampa Bay Rays look very comfortable in their first-ever playoff appearance, needing only one more victory over the Chicago White Sox to advance.

The San Diego Padres announced they will retain manager Bud Black for the 2009 season. It had been speculated

that he would be fired following a poor 2008 season.

By finishing with the third worst record in Major League Baseball this season, the Padres have secured the third overall draft pick in the June amateur draft.

NBA

NBA teams have begun training camps. The regular season starts on October 28th.

NHL

NHL teams concluded exhibition games. The regular season started on October 4th.

Calendar of Events

October is Cougar Pride Month!

Tuesday, October 7

Campus tour & information session: 10:00 AM - 11:30 AM Craven Hall 3701

Republicans Vs. Democrats debate: 11:50 AM - 12:50 PM Academic Hall 102

Thinking Outside The [Lunch]Box: 12:00 PM - 1:00 PM Commons 206

Priority Christian Challenge Group meet: 12:00 PM - 1:00 PM University Hall 100

Wednesday, October 8

Freshman For A Day Program 8:00 AM - 9:30 AM Craven Hall 3701

Blood Drive 10:00 AM - 3:30 PM Campus Way Circle

CSUSM Tennis Club 3:00 PM Markstein Plaza tables

Thursday, October 9

ADP Campus Read: 12:00 PM - 12:50 PM Arts

Hall 240

Depression Workshop: 12:00 PM - 1:00 PM University Hall 337

ASI - Club Sport Practice: 07:00 PM - 9:50 PM Clarke 130

Friday, October 10

Sierra Vista High School Group: 9:00 AM - 11:50 AM University Hall 272

Biology 215 Supplemental Instruction: 9:30 AM - 11:00 AM Markstein Hall 322

ASI Im Flag Football Tournament: 11:30 AM - 4:00 PM Lower Field

Campus Tour & Information Session: 01:30 PM - 3:30 PM Craven Hall 3701

Saturday, October 11

Last Day Of Classes: First Session Fall 2008

ASI IM Flag Football Tournament: 11:30 AM - 4:00 PM Lower Field

Monday, October 13

Biol 210 Supplemental Instruction: 8:00 AM - 9:00 AM Academic Hall 411B

Thinking Critically About The Election: 5:00 PM - 7:00 PM Academic Hall 305

Risk Management Seminar: 7:00 PM - 9:00 PM Academic Hall 305

ASI Club Sport Practice 7:00 PM - 9:50 PM Clarke 130

October 2008

S M T W T F S

1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30 31

(Email event submissions to csusmpride@gmail.com ATTN: Calendar of Events)

5 Free things to do this weekend

Rediscover Old Escondido East Saturday, Oct. 11, 2008 @ 11:00 a.m.

Walking tour led by Escondido History Center, starting at southeast corner of Grand and Broadway. 760-743-8207.
Draper's and Damon's - Escondido, Outdoors
Admission: Free

The California Rangers Friday, Oct. 10, 2008 @ 4:30 p.m.

Country.
McCabe's Beach Club - Live Music, Oceanside
Admission: Free

Fall Festival Horse Show Thursday Oct 9, 2008 - Sunday Oct 12, 2008 @ 8:00 a.m.

858-794-1171.
Del Mar Horsepark - Del Mar, Sports
Admission: Free

Colin Clyne Friday, Oct. 10, 2008 @ 7:00 p.m.

Acoustic/alternative/rock.
Lollicup Coffee & Tea - Escondido - Escondido, Live Music

Golden Door

Friday, Oct. 10, 2008 @ 7:00 p.m.

Emanuele Crialese's 2006 film showcased for International Film Series in the Little Theatre (room 3601). In Italian with English subtitles. 760-757-2121 x7737 or 7806.
MiraCosta College - Film, Oceanside
Admission: Free

Every night has a soundtrack

BY JACKIE CARBAJAL
News Editor

Who doesn't love Michael Cera right now?

Riding on the success of last summer's "Superbad" and "Juno" and solidifying notability as the star of the former critically acclaimed show, "Arrested Development," Cera is joined by Kat Dennings, most remembered for her role in "The 40 Year Old Virgin," to star in "Nick and Norah's Infinite Playlist."

The story, based on the popular novel by the same name written by Rachel Cohn and David Levithan,

Cera plays Nick, the only straight member of the band "The Jerk

Offs," who is having difficulty getting over his ex-girlfriend, Tris, "I think we both said some things we didn't mean, like... when you broke up with me...on my b-day."

In a valiant attempt to get her back, Nick creates mix CDs for Tris, who in turn throws them away. Dennings' Nora plays Tris' classmate and "frienemy," a girl born into privilege but shies from attention.

Nora recovers the trashed CDs and forms a crush on Nick even though she yet to even meet him. Everything changes when Norah attends one of Nick's shows—also in attendance, Tris and her new boyfriend.

After getting insulted by Tris, Norah claims to be there with her boyfriend. In a desperate attempt to validate her claim, Norah asks Nick to be her boyfriend for five minutes. After witnessing Norah with Nick, Tris decides she wants Nick back and so begins

the night long journey filled with searches—the search for a secret show by popular band, Where's Fluffy?, the search and rescue of a lost and drunk best friend, and of course, the search for young love that lasts.

The cinematography of New York City nightlife appears effortless in the film.

Cera and Dennings permeate the finest on-screen chemistry and successfully feed off one another's banter which include one scene in which Dennings executes a nice punch to Cera's throat. The supporting cast shine in their perspective roles, especially Ari Graynor as Caroline, Norah's wayward best friend who has her own wild adventure for the night that includes getting kidnapped, finding "Jesus," and stealing a turkey sandwich.

Short of an interesting bathroom scene involving throw up and bubble gum that long wears out its welcome, the movie runs

without a skip. Director Peter Sollett's mix of humor and romance translate into a feel good movie that will leave your heart happy and your side cramped from laughter.



NICK & NORAH'S INFINITE PLAYLIST

Pride Comics

Just for Shiggles By Jenny Bigpond



HELL High Watermelon



BY JONATHAN E. THOMPSON
Pride Staff Writer

21st Amendment Brewery
brews and cans Hell or High
Watermelon wheat beer in Cold

Spring, Minnesota. The brewery
operates a restaurant out of San
Francisco, California, offering
more of the company's great tast-
ing hand crafted beers.

The company sticks to their
motto "If it's not original, it's not
worth a damn" by
offering a wheat
beer fermented
with watermelon
and adding extra

watermelon juice.

They choose to can their beer
instead of bottle because cans
go where their craft beer drinker
does, beaches, parks, stadiums,
boats, pools, and golf courses.

BevMo retails six packs holding
12 fluid ounce cans of the wheat
beer for \$8.99. The cardboard
container stands out amongst
other six packs on store shelves
because of vivid
green,

white, and silver colors, coupled
with a large opening on the side
of the container for viewing of
the cans inside.

The 5.2% alcohol by volume
cans contain the same images
but the colors on the cans adorn
metallic specs.

The brew releases a faint sweet
watermelon aroma. The pour gener-
ates a small head that quickly
resides to almost nothing. The
beer enters the mouth cool, calm,
and collected. A slight tingly sen-
sation tickles the mouth and taste
buds. The soothing wheat beer
leaves a yummy

watermelon flavor after descend-
ing below deck.

The fruitfulness of the beer
should pair well with light
lunches such as sandwiches or
deserts such as ice cream.

Avoid consuming the beer with
regular dinner meals. Although
tempting to enjoy straight from
the can, pour into a glass for
maximum pleasure.

School, work and life in gen-
eral often create rigid and sys-
tematic like schedules. To break
away from the norm, escape to la
la land, or to take a minute and
enjoy life, try Hell or High Water-
melon. Salute!



Photo by Jonathan E. Thompson / The Pride

DROPPING: CD RELEASES

Tuesday, Oct 07

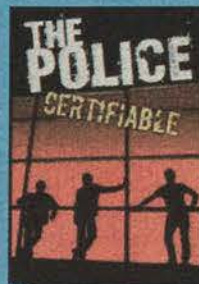
By Joseph Deragish / Pride Staff Writer



INDIE ROCK/FOLK

Such Fun
ANNUALS

Psych folk innovators Annuals return with their sophomore
album of spazzy piano, tribal drumming and excellent
songwriting. They really sound like they're having Such
Fun.



ROCK

Certifiable CD/DVD
THE POLICE

Even though their reunion turned out to be a failure, The
Police's first show together since the early 80's was a
great success. Fans who weren't lucky enough to attend
can now experience the reunion that put the band back
on the map.



POP / PUNK

Appeal To Reason
RISE AGAINST

Politically conscious rockers Rise Against with their fifth
and most accessible album yet. The familiar fist pounding
anthems the band is known for are aplenty, and the energy
is in full swing.



POP / GRIND / ROCK / DISCO

You Can't Spell Slaughter Without Laughter
I SET MY FRIENDS ON FIRE

The dynamic duo of I Set My Friends On Fire have made
one fiery record. Their sound pits thunderous grindcore
against pop melodies and rock sensibilities. For fans of
eclectic insanity.