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SPORTS



3 - This issue's "Athlete Spotlight" features CSUSM pitcher Terrance Buchanan. Read about how passionate he is about the game he loves.

FEATURES



4 - As you make plans for Valentine's Day, read here about a more meaningful way to spend this romantic day.

And

5 - Hungry? Read "Jessie's Recipe Corner" or this issue's "Restaurant Beat" where we visit the Money Pit.

OPINION

6 - Whether in a relationship or single, do you have that Valentine's Day "feel?" Read one writer's opinion on how Valentine's day is more than just a day of love.

And

We did a Facebook poll on the issue of a wet vs dry campus. Do you think CSUSM is ready for a transition towards a wet campus? See how CSUSM voted.

A & E

7 - "For your Entertainment" is back once again with a great selection of movie and TV show suggestions. Read all about "Good Will Hunting" and "American Horror Story."

And

8 - Looking for a new kind of love story movie? Read about the top films that are perfect for Valentine's Day that you probably have never seen.

OUR NEXT ISSUE

February 20

Slate election and other changes to ASI elections sure to spark competition

BY JULIANA STUMPP
A & E EDITOR

As one election winds down, another starts up. There were many changes made regarding the rules of the 2013 ASI elections, they were discussed and altered when the Associate Student, Inc. Rules Committee met last semester. Many of these changes include candidate's eligibility as well as running on a "slate," a new approach that is being tested this year.

The Cougar Chronicle interviewed current ASI President Scott Silveira to get a closer look as to what students can expect for this year's elections.

Question: What are some changes the Rules Committee decided for this year?

Answer: The biggest

changes made in the Rules Committee were the changes to election code so that the minimum GPA requirement moved from a 2.0 to a 2.5, the change to grant candidates the ability to campaign in the UVA/Quad area upon receiving permission of the director of the facilities, as well as a change to allow candidates to run together on a "slate" and that the maximum amount a campaign can spend was raised from \$150 to \$500.

Q: How does the GPA requirement affect students running for ASI positions?

A: The GPA requirement affects students running for ASI positions in that it raises the bar for qualifications. By having a higher GPA requirement, we are hoping to have candidates who have a high



The ASI Board of Directors

Photo courtesy of <http://www.csusm.edu/asi/bod>

enough GPA that they can handle the work of the Board of Directors without having to worry about their grades dropping, since being a student comes first with student leadership.

Q: Can you explain the process of running for ASI? Is the presidential position more difficult to obtain? Are there more requirements and/or qualifications than other positions?

A: The process for running for an ASI position is very simple. We will send out notifications throughout campus two weeks before the deadline to submit your ELECTION CONTINUED ON 2

UPD Beat: How students stay safe

BY MELISSA MARTINEZ
NEWS EDITOR

As college students, safety on campus is an immediate concern for students, staff and parents.

Since the recent shootings in the U.S., students are taught to take extra safety precautions to ensure their well-being, since being a student on any campus creates an immediate vulnerability to potential danger.

With the recent recognition of CSUSM as the safest four-year university in California by Stateuniversity.com, we may wonder what law enforcement practices to keep our campus safe.

On Nov. 4, 2011, CSUSM experienced a gun scare, prompting the University Police Department to send out emergency notifications consisting of emails, text messages and voice mails promptly alerting students to lock and barricade entrances and exits on campus. Out of the 9,700 students enrolled fall 2011, 4,000 students are signed up for the emergency notification system.

Since then, the University Police Department has taken extra precaution regarding the safety of students.

"I feel very safe at CSUSM. My friends tell me what goes on at other campuses and I'm glad I can focus on my studies without my safety being threatened," said student Jo-

seph Deragisch.

When visiting the University Police Department's website at csusm.edu/police/, students will find the vision and mission of UPD, Emergency Management and video information of safety precautions to take when at school or in a workplace. There is a database where members of the community can identify and gain information on registered sex offenders, as provided by Megan's Law. Students will find information on RAD, information of rape aggression defense,

along with their safety tips for date rape drugs and campus safety. UPD offers an escort service between the hours of dusk and dawn to escort students from campus buildings, parking lots, immediate bus stops and areas adjacent campus property. Along with their escort service, UPD offers defensive driving courses, a critical response unit and ride-along opportunities for students interested in observing the duties and responsibilities experienced by officers.

To utilize these services offered by CSUSM and get information regarding safety on campus, please visit UPD's website at csusm.edu/police/services.html.

Do you feel safe on campus? Check out last issue's Chronicle Facebook Poll to see if your feelings match others.

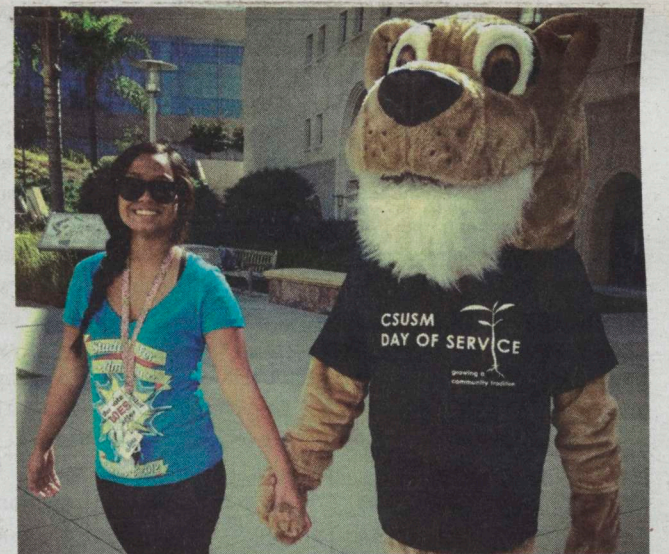
Associated Students, Inc. aims at creating a positive campus experience

BY MELISSA MARTINEZ
NEWS EDITOR

Whether students are just beginning their academic career at CSUSM or are ready to check into their furthering education, it is never too late to become involved on campus. Associated Students, Inc. (ASI), student government on campus, aims to empower students, giving them a voice on campus as well as providing student advocates.

Along with their mission statement of "Serves, Engages and Empowers Students," ASI offers core values in promoting advocacy, communication, diversity, efficiency, social justice, visionary and unity throughout campus. ASI also works through the Gender Equity Center which values feminism and creativity and The LGBTQA Pride Center, providing a community of support and mentorship for LGBTQA students, staff, faculty and allies.

The Campus Activity Board (CAB) aims at pro-



viding school spirit through campus-wide events geared to creating an inclusive community through students. Cultural Events Specialist for CAB Kat Atienza was inspired to join ASI from her high school experience being involved in ASB.

"I've been a member of ASI CAB for two years now and it has helped me grow so much. From my organization skills to communication skills to planning events,"

said Atienza. "Importantly, all the training that comes along with being a member of ASI helped me understand more about Social Justice and the need for it on this campus. Being in ASI helped me become a better advocate for students. I want their voices to be heard."

ASI's goals for this semester are to continue empowering students and be advocates. In promoting events as AIMS CONTINUED ON 2

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AIMS CONTINUED FROM I well as social justice (an important piece in creating an inclusive campus) ASI sheds a positive light on campus.

Along with many events throughout the semester, ASI has a variety of socializing opportunities for students to enjoy. From free movie nights and U-Hour events to the highly attended Undie Run, ASI aims at engaging students in socializing, networking and enjoying their time on campus.

"ASI advocates for students. We want students to be able to express their concerns or opinions. While

promoting awareness of issues that this campus faces as well as providing different programming that benefits the students. The presence of ASI on this campus is essential and at the end of the day, we are here for the students," said Atienza. "As an ASI CAB member, we hope that all the students enjoy and benefit from all the different programming we host on and off campus. Whether it is a social, cultural, issues, or a community service event. I hope CAB's events shed a positive light on this campus for the students."

Photo courtesy of ASI

ELECTION FROM I formal application with your intent to run for a certain position. Then, you must participate in at least one election event, or submit a campaign video. After two weeks of formal campaigning there is one week of online elections after which the winner is announced. Running for ASI President is the same as running for any other position. There are the same requirements, and qualifications needed for the position, but since it is the highest position, it is generally the students who have a set of qualifications they

expect.

Q: Running on a slate was never available to students before, why the change?

A: The reason why we changed the rules to allow candidates to run on slates is because it made the most sense to the board. Before, students from the same club or organization could not say who they were voting for let alone campaign with someone else. This did not make sense to us since many clubs would lump candidates together anyway while the candidates were not allowed to say anything.

Q: What are the positives

and negatives to running on a slate?

A: Since we have never done slates before, it is hard to tell what positives or negatives running on a slate will have for a candidate. All we know is that now candidates at least have the option to run together if they so choose.

Q: What do you hope the new changes will bring to the process of running for positions on ASI?

A: We hope that these new changes will create more competition in the elections, and spark new creativity in ways students campaign. Voter turnout for ASI elec-

tions is always extremely low, so we hope that by having more people running, campaigning together, in new places, and by giving the candidates more freedom in this process that more students will be aware and invested in choosing who will represent them in their student government.

Applications for an ASI position will be available on Feb. 13, 2013. Election week is planned for Mar. 25 - 28. For more information about electoral positions and to view the new elections code visit csusm.edu/asi/bod/asi-elections

CAMPUS CALENDAR

2/7 Frontiers In Science

Noon - 1 p.m.,
Science Hall 2, 242

Frontiers in Science (FIS) brings to campus the latest in innovative research in the STEM disciplines with guest speakers from local industry and college campuses as well as CSUSM students and faculty.

2/7 International Coffee Hour

Noon - 1 p.m.,
Tukwut Courtyard

Come enjoy a campus tradition. Meet people from around the world, discuss travel and international issues, and grab some free coffee and snacks.

2/11 Father Boyle 6 - 9 p.m., Clarke 113

Father Gregory Boyle, the Executive Director of Homeboy Industries in Los Angeles, will speak about his work with female and male gang members at Homeboy Industries, the largest gang prevention, intervention and suppression program in the country, as well as his recent award-winning book.

Read more about this event on page 7.

2/12 ASI'S Mardi Gras Celebration

Noon - 1 p.m., U-Hall Plaza
Join ASI as they celebrate Mardi Gras! Free food and treats!

Cougar communication

By KARLA REYES
SENIOR STAFF WRITER

The Cougar Chronicle partners with the Office of Communication to provide timely newsworthy information for students.

Presidents Report to The Community.

On Feb. 7, President Karen Haynes will host the ninth annual Report to the Community. She will cover our campus' accomplishments and future goals. It is expected to host 500 people. Some of the guests include Chambers of commerce, members of nonprofit organizations and Governor Jerry Brown.

It will be an interesting speech due to all the recent growth CSUSM has experienced the past semesters and because of all our plans to continue expanding.

Senior Class Gift

The graduating senior class, alongside the Board of Directors (BOD) decided that they would like to strengthen the tradition of a "senior class gift," going about it in a unique way. Starting an emergency fund for students, BOD decided it was more beneficial than the traditional gifts such as benches. They hope that this will help financial alleviate students who for unforeseen events, like a flood or fire, need financial help start their semester at CSUSM. Anyone can donate, students, community members, faculty and staff. They suggest \$20.13 in honor of the Class of 2013, but anything helps.

This campaign began in 2011 and has been growing ever since. The Senior Class Gift Campaign (SCGC) student committee, hopes that by starting this they can build a culture of philanthropy on campus. For more information visit their website csusm.edu/giving/



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Athlete spotlight: Terrence Buchanan Pitcher with a passion

By KATLIN SWEENEY
FEATURES EDITOR

Senior pitcher Terrence Buchanan combines two crucial elements when he plays baseball: heart and dedication. The talented baseball player is looking forward to continuing his career at CSUSM this year and seeing his team have a successful season.

Question: When did you start playing baseball?

Answer: I began playing tee ball when I was 5 years old.

Q: Do you currently or have you played any other sports?

A: No baseball is the only sport I play, it's the only sport I'm so passionate about.

Q: How has your experience been on CSUSM's team?

A: It's been fantastic for only being part of the squad for a semester so far. We have a great coaching staff and a talented group on the field.

Q: In what ways do you think you have improved?

A: Coach Clements has brought a whole new approach to my attention with fine focus and details that

I probably wouldn't have even thought about before. He teaches in a way [that] allows you to simplify the game.

Q: What are some of your goals for this season?

A: I'm actually undergoing season ending surgery on my throwing shoulder. But I still plan on supporting my team from the dugout and passing on all my knowledge to the younger guys who I will be playing on the field with next year.

Q: What is your favorite thing about baseball?

A: It's a thinking man's game; it's the only sport that the defense has control of the tempo. Plus the length of a normal baseball season give you plenty of opportunities to redeem yourself since a successful baseball player only gets 3 hits out of every 10 at bats.

Q: Who has motivated you the most in your career?

A: My head coach from high school. He was the first person to plant the idea in my head that I can play at a collegiate and professional level. That year the Kansas City Royals in the Major League Draft took me in the

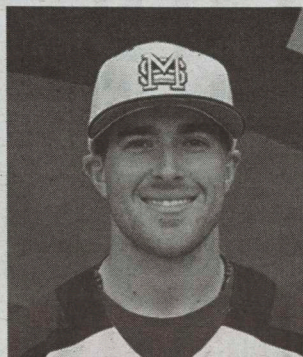


Photo courtesy of <http://www.csusmcougars.com>

48th round in 2008. I chose to go to school and get an education with a little guidance from Coach Giaime.

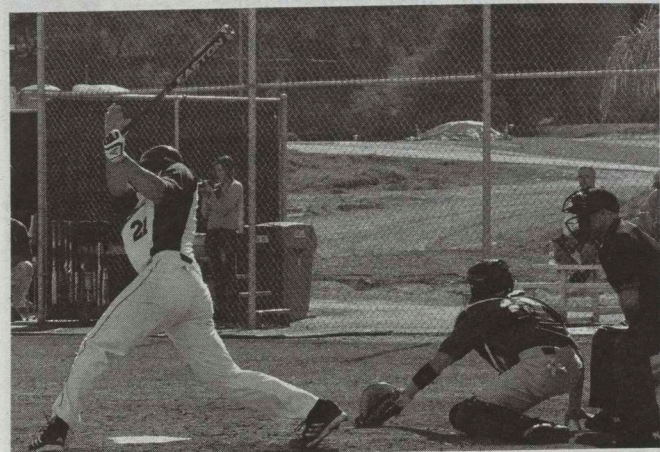
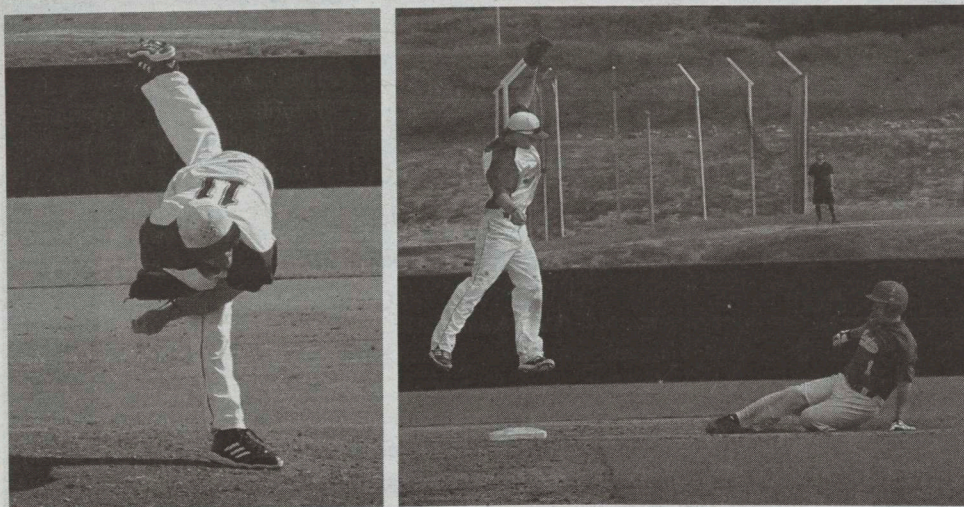
Q: Do you see baseball as part of your future after college?

A: I definitely do see baseball in my future. I still talk with Major League scouts along with having some ties with scouts in Japanese Professional Baseball as well. If neither of these routes work out in my favor I plan on coaching high school baseball at Del Norte High School in San Diego.

Q: What is the best advice you have ever received from a coach/parent/etc?

A: Coach Giaime said something to me when [I was a] junior in high school as I sat at his dinner table in his home. "Do the right thing when no one's watching, [it's the] mark of good character."

CSUSM Baseball sweeps Concordia



Cal State San Marcos baseball team beat No. 11 Concordia in both games of a doubleheader, 4-3 and 5-4, to complete a three-game sweep in its opening series of the 2013 season on Saturday Feb. 2 at the CSUSM Baseball Field.

CSUSM returns to action on Friday, Feb. 8 against Chapman at home. The first pitch is set for 2 p.m.

Photos by Anne Hall



Photo by: Anne Hall

Scorching men's basketball winning streak reaches double digits

By ALEX FRANCO
SPORTS EDITOR

The past two weeks of men's basketball has been more of the same of what we have come to expect from Coach Jim Saia and the Cougars.

The team began a three game stretch on Jan. 23 in a road game against Point Loma Nazarene, which the cougars won 81-64, shooting an astounding 50 percent from the field and hitting 7 three pointers to outpace the Sea Lions of PLNU.

Point guard Danny Redmon led all CSUSM scorers with 16 points and 3 assists. Joining Redmon in the double-digit department were forward Jacob Ranger and guard A.J. Gaspora scoring 15 and 13 points, respectively.

Two days later on Jan. 25, the Cougars hosted UC Santa Cruz in front of a capacity and loud crowd at Mira Costa College. The Banana Slugs kept the game close for the first half as they only trailed the Cougars by 8 at halftime.

CSUSM would allow UCSC to stay in the game long when they opened the second half with a run that led to a 31 point lead midway through the second half and never looked back cruising to victory in a blowout and winning the game, 99-56 for their tenth straight victory.

Quincy Lawson was the

standout performer in the match with 12 points and 12 rebounds, recording the first double-double of the season for any CSUSM player. The game also featured every player on the roster registering a score for the second game in a row and five CSUSM players scoring in double digits. Danny Redmon once again led the team with 19 points followed by Jose Rivera with 15 points. The 43-point margin of victory and 99 points scored overall were both school program records at the time, until the Cougars played their next game.

The final game of January proved to be a special one indeed as the Cougars' had a record night for the second straight game trouncing the visiting La Sierra 111-71 in front of another large home crowd. The 111 points scored, obliterates the previous school record for total points scored which was set the previous game against UCSC. The 40-point margin of victory fell short of the school record of 43, also set in the previous game.

The Cougars came out swinging right from the get go, jumping out on a 12-4 run within minutes of the opening tip-off forcing an early timeout called by La Sierra. CSUSM was up as many as 24 in the first half leading to a 60-38 first half lead at the break. The second half saw much of the same

as the cougars kept the pedal to metal and piled the points on, leading by as many as 44 towards the waning minutes of the game.

The men's basketball team continued its phenomenal shooting performances over the past few games with another great night of shooting, making 52 percent of their shots taken from the field. Quincy Lawson scored 18 points to lead all scorers in the contest on 9-13 shooting, with 6 rebounds and 2 blocks and 2 steals. A.J. Gaspora continued his hot shooting with another double-digit performance, scoring 17 points on 7-11 shooting and 3-6 from 3-point range.

The games high point was Adam Alfaro's stretch in the second half, where he wouldn't be denied and sunk 4 three point shots in a row on his way to a season high 15 points. Danny Redmon contributed great point guard play, dishing out 9 assists to his teammates, marking it yet another game where all players scored a point and six players scored in the double digits.

The win was the Cougars eleventh in a row and 14 of their last 15 games.

The Cougars take to the road for their next five games and won't return home until the final game of the season on Saturday Feb. 23 when they take on Bethesda at Mira Costa college at 7:30 p.m.

THE HEART BEAT: Organ donation, giving the gift of life

By CURTIS BOVEE
SENIOR STAFF WRITER

If you could help 50 people, would you?

According to the National Institutes of Health, experts say that organs from one person can save or help up to 50 people. Sadly, there is still overwhelming need for donors.

Currently, over 118,000 people are waiting for an organ. Of those 118,000 people, 18 will die each day. Astonishingly, one organ donor can save up to eight lives.

The first successful organ transplant was a kidney transplant performed in 1954

between two identical twins. According to the Organ Procurement and Transplantation Network, there have been about 559,000 organ transplantations to date. Considering the overwhelming need, this is not enough. Furthermore, according to the Centers for Disease Control and Prevention, 2.5 million people die per year in the U.S. alone. Imagine if just 10 percent of these people were organ donors.

Don't let the myths surrounding organ donation hinder you from becoming a donor:

-Because you are an organ donor does not mean hospital

staff will not work as hard to save your life.

-Organ and tissue donation does not affect your appearance for a funeral.

-You are never too old to donate.

-You might think your health stinks; however, chances are pretty slim that your organs would be rejected.

To be an organ donor is easy. Simply fill a form on the DMV website and you're finished. Can you really think of a justifiable reason not to donate?

Take 5 minutes of your time and sign up to save a life.

'One Billion Rising'

A more meaningful Valentine's Day

BY RYAN DOWNS
SENIOR STAFF WRITER
& BY KATLIN SWEENEY
FEATURES EDITOR

One in three women on the planet will be raped or beaten in her lifetime. One billion women violated is an atrocity. One billion women dancing is a revolution.

With this intriguing premise provided on the CSUSM website by the Gender Equity Center, One Billion Rising is an event that leaps off the page.

This worldwide movement seeks to end violence and gender discrimination through raising awareness. If you are a student that is looking for something a bit more meaningful to take part in on Valentine's Day, you are in luck, because the movement is coming to CSUSM. The One Billion Rising event will be held from 11 a.m. to 1 p.m. on Valentine's Day, Feb. 14, in front of the library.

"Most women suffer abuse or death at the hands of someone who claims that they love them. That's why Eve Ensler, the creator of

the world-famous Vagina Monologues, came up with the idea of the event on Valentine's Day, which is a day when everyone typically thinks of things like romance and love," Gender Equity Center Director Lea Burgess-Carland said.

One Billion Rising brings together hundreds of millions of women from all over the globe so that they can take a day to march, dance and stand for an end to violence towards women. It is an enormous program that does not occur in just one location, and there are centers all over the world where celebrations are being held, including in San Diego.

"It's important to bring this event to CSUSM because women in their college years are at the highest risk for sexual assault. Even one woman suffering from sexual assault is too many for me," Gender Violence Educator Raven Gates said.

As part of the event, women all over the school will leave their classes and attend a large dance in Kellogg Circle, after which busses will



Photo courtesy of <http://onebillionrising.org>

arrive to transport any interested parties to San Diego to take part in the festivities there.

"This is something that connects women all over the world. It's exciting because it's symbolic not just here, as something that we are doing in solidarity. It is all over the world and is spreading positive energy. And not only will dancing for this cause bring awareness, but it is a lot of fun," Burgess-Carland said.

"The silence has to be broken, with students and everyone, taking that first step towards making a change,"

Gates said.

For those interested in participating in the dance practices for the event or would like to get involved somehow, pick up a pledge sheet in the Gender Equity Center.

You can also visit their website at <http://www.csusm.edu/geneq/home.html> or check out the Gender Equity-Center on Facebook. Their goal is to get at least fifty participants, practices for the dance occurring every Tuesday and Thursday from noon. to 1 p.m., all being welcome to attend and participate.

Greek Beat: Sigma Chi

Fraternity looking for new members for upcoming semester

BY KATLIN SWEENEY
FEATURES EDITOR

For students looking for a fraternity that not only values work in the community but having fun and making friends, Sigma Chi is the right place.

Over the month of February, Sigma Chi will be hosting countless events that are open to any interested students. Whether you are involved in Greek Life or not, it is a great opportunity to meet new people and have a good time.

For students interested in partaking in more casual events, they can attend one of Sigma Chi's game nights. From 4 to 6 p.m. on Feb. 12, they will host Booming With Fun. New recruits for the fraternity can go to Boomers park with current members and have fun. Students must provide their own transportation for departures.

From 5 to 7 p.m. on Feb. 19, they will host an on-campus game night. All members

and new recruits will gather in a room to play Xbox and board games. From 6 to 8 p.m. on Feb. 21, they will have their Laser Tag event. Those interested in going will go with Sigma Chi to Invasion Laser Tag on San Marcos Blvd. to play.

For students interested in events that are more serious, Sigma Chi has scheduled a hike and a volunteer opportunity. From 9 to 11 a.m. on Feb. 16, as part of their "Giving Back" program, they will be conducting volunteer work in Vista with the Boys and Girls Club. The Hiking event will be from 8 to 10 a.m. on Feb. 18 on Discovery Creek Trail in San Marcos. Anyone is invited to join in these two events, not just new recruits.

To get more information on Sigma Chi or any of their other events scheduled for the Spring 2013 semester, check out the Sigma Chi Info night on Feb. 11 from 5 to 7 p.m. in Commons 206.

Changes in student leadership

Welcome the new Orientation Directors in SLL

BY JULIANA STUMPP
A & E EDITOR

For many of us, our first campus experience was orientation, when we first figured out the struggles and frustrations of signing up for classes.

Although we quickly came to reality with some college procedures, it was a new beginning that paved our way to where we are now. In the Fall 2012 semester, Rachel Quam and Joseph Sandoval were honored with the positions of Orientation Team Directors for the 2013-2014 school year. They discuss with the Cougar Chronicle their game plan for the new year, as well as the benefits of Student Life and Leadership (SLL).

Question: What campus organizations are you involved in?

Joseph Sandoval: I am involved in Orientation team and Sigma Alpha Epsilon. I am also a SSS and OTRES student.

Rachel Quam: I am currently involved with Orientation Team. I also live on campus at the University Village Apartments and work at The Clarke as a student assistant.

Q: How has the SLL office inspired you on campus?

JS: I see it as a safe space

for individuals who excel at different attributes or factors of leadership and is given an opportunity for action and practice of leadership with the right mentorship. SLL has the right people with best intentions and support that everyday I walk into that office I can't help but [to] smile and say "this is all for me, the student". It's an office that embodies and puts in action the development

"The Student Life and Leadership Office has inspired me to become the person I am today"
- Rachel Quam

of leaders and programs that enable students to ultimately develop into strong leaders, remarkable role models, and influential contributors of our schools future and spirit.

RQ: The Student Life and Leadership Office has inspired me to become the person I am today. From a leadership standpoint, SLL has opened many doors for me. When I attended the LEAD Retreat in the spring of my freshman year, I never thought I would become such a passionate student leader on campus. Joining the Orientation Team has created such a love for my university that could only be

gained, for me, by joining a leadership organization and getting connected with the people in the SLL office and the individuals associated with O-Team. This office has propelled me into the world of student leadership and I know that it can only go up from here.

Q: What do you hope to bring to the SLL office as Orientation Directors?

JS: With SLL I hope to inspire the next group of leaders and to develop not just numbers but leaders of high quality. With my co-director and the amazing team and supervisor Jennie Goldman I hope to leave my mark within Orientation Team and the SLL office.

RQ: As an Orientation Director, I hope to bring a new sense of leadership to the campus. I believe I have a drive to be an influential student leader and leave my mark on the Orientation Director position and the campus in general. Helping new students and families get acquainted with the CSUSM Community is a passion that drove me to want to do more for Orientation Team. I know that Joe and I will have many successes, in this office, because we are both passionate individuals and we bring that passion each and every day we step in the office.

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Restaurant Beat: Money Pit, the best bang for your buck

BY ALEX FRANCO
SPORTS EDITOR

On the corner of Mission Avenue in San Marcos lies a building that most people would likely pass by and not notice.

This green and white painted building, which at first appears to be a bank, is none other than San Marcos' very own Money Pit restaurant.

The Money Pit is a traditional American fast food restaurant. It serves classic staples; among them are cheeseburgers, which can be stacked high with four patties and four slices of American cheese. The menu also offers a plethora of other American classic restaurant favorites such as sandwiches with anything you can dream

of inside, salads loaded to the brim, chicken strips, hot dogs, corn dogs, hand-scooped milk shakes and everything in between.

"We come here because it's amazing food at an unbeatable price. I would say it's right up there with In-N-Out Burger as far as taste goes," two customers, who frequently visit the restaurant regularly, said.

Money Pit really takes its name to heart when it comes to restaurant decor. They have literally decorated every inch of the dining room with anything and everything money or financially related, from the floors covered with coins to the walls full of movie posters related to money and old American antiques.

The atmosphere, decor and food gets you in the door, but it is the service at The Money Pit that keeps you coming back again and again.

Once you order your food and get your drink, sit down and let the staff at Money Pit bring your order to you, table-side, something not often seen at most fast food restaurants.

There are plenty of reasons that Money Pit is a must-go place to eat, but it's up to you to go in and see for yourself why this is the only Money Pit around, and for good reason.

Money Pit is open everyday from 6:30 a.m. to 11 p.m. and is located at 1360 E. Mission Road in San Marcos, phone number (760) 743-7775.

How NOT to do Valentine's day

BY KEANDRE WILLIAMS-CHAMBERS
COPY EDITOR
& KIA WASHINGTON
STAFF WRITER

Valentine's Day is on the horizon, and of course the butterflies and other semi-romantic things are suddenly abundant in the air.

And for this article, of course, we would like to play the harsh roles of Cupid's not-so-heavenly attendants. Now, we understand the opportunity that arises, and that there are so many possibilities and we cannot possibly tell you how to do Valentine's Day right. But we can try to prevent you from doing it horribly wrong.

First of all, you shouldn't heavily involve text messaging, because that is such an impersonal way of communicating. And, as we all know, it is horrible to use that as both the catalyst and end of events. Could you imagine how lost the implications and emotions are in asking someone out over text or, worse...breaking up with them.

Don't be secretive about Valentine's Day to the point it would be considered cryptic. You know that gets the expectations up, and we doubt anyone can live up to

those unreasonably high expectations.

Unless the relationship is solid and committed, we wouldn't give in to pressure to move up levels in the relationship, and this includes proposals. We suggest that people don't get engaged until the idea of a life commitment is discussed between the parties involved, not made simply on a somewhat romantic whim. Trust us, it won't be so romantic when that's the only foundation of a new level in the relationship.

Here are some small things: Don't go to a place that has a drive thru to celebrate. Unless that is a sentimental thing, it's probably not going to set a good mood for the rest of the day.

Don't go all out but don't exactly go cheap. Though the thought may count, sometimes a visual or tactile reminder would be endearing.

Don't be reckless. Sure, it may be a good day for a date, but unless you're both thrill-seekers, I wouldn't suggest extreme events simply to make the day memorable.

Don't think of those sappy, romantic dates like the ones you see in the lovey-dovey movies. Chances are, you're not the only one thinking of

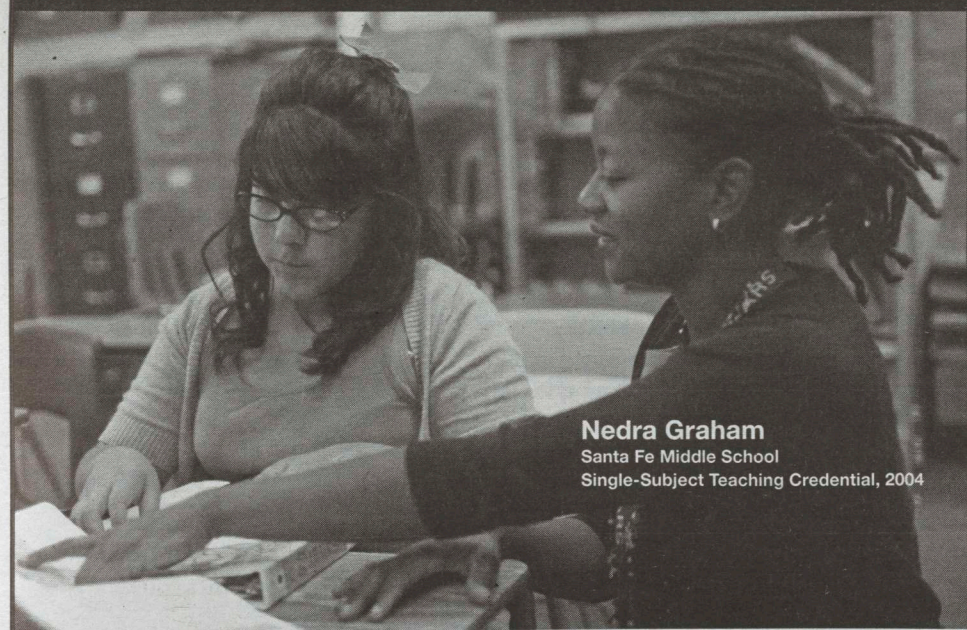
it, so it might be nice to think just a smidge out of the box to save yourself the problem of booked-solid restaurants and events.

Don't throw things up in the air. If you're intending to do something for Valentine's Day, at least make some sort of plan for the day. Don't wing it just because spontaneity is romantic. There is a possibility that things just won't work out, and it wouldn't look like the thought that should count was put into the day.

We also cannot stress it enough to not use this day as a cover for ulterior motives. Regardless of the level of intelligence of your somewhat-significant other, no one enjoys being played for benefit of another's fulfilled desires. Keep both parties involved in mind, and always make certain that everything is done out of true and honest feelings, not just obligation.

That all in mind, we wish you a wonderful Valentine's Day! And for all you single people, don't worry! At least you're not draining both your wallet and wit to stress yourself over the wants of another. Stress isn't good for that attractiveness you have.

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Salisbury steak football patties

Calling all men! In light of the Superbowl XLVII on Sunday, Feb. 3 I have the perfect post football party recipe for you to serve for to your friends and family. My mother's Salisbury steak recipe is a classic favorite in a household with men.

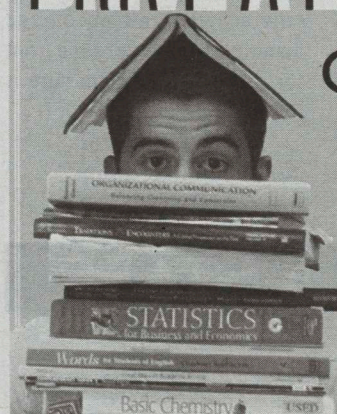
What you'll need:

1lb ground beef or ground turkey, 1/2 cup bread crumbs/ cut up old bread
1 Tbs. of parsley 1/2 Tsp. salt, 1/4 Tsp. pepper, Baking sheet,
Parchment paper or Spray oil (i.e. Pam Cooking Spray)



Directions: Mix all ingredients together (preferably with clean, bare hands to get the best tenderness and most thorough mixture). Then form into oval (football shaped) patties and place onto parchment covered baking sheet and place into the oven at 375 degrees till thoroughly cooked. Caution! Check to make sure that the inside is a light brown color as well in order to avoid it from being raw and potentially hazardous. You can serve it with brown gravy to enhance flavor and dish out to your hungry friends for everyone to enjoy!

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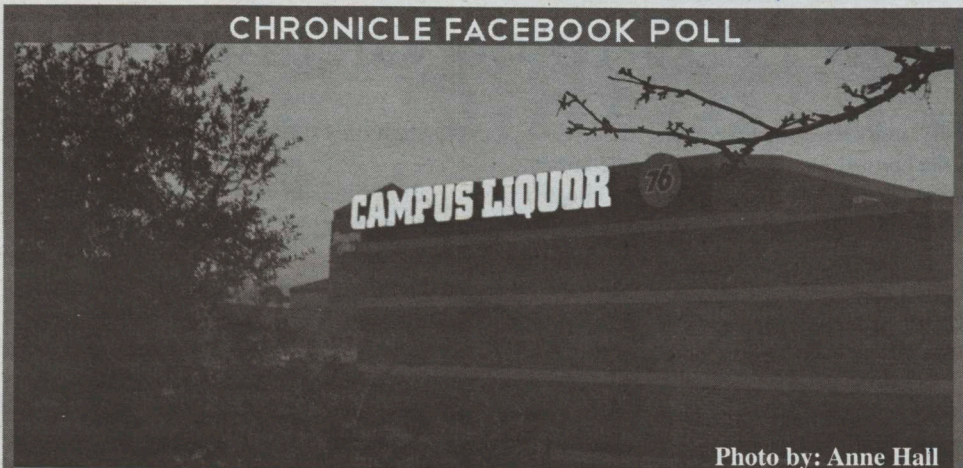
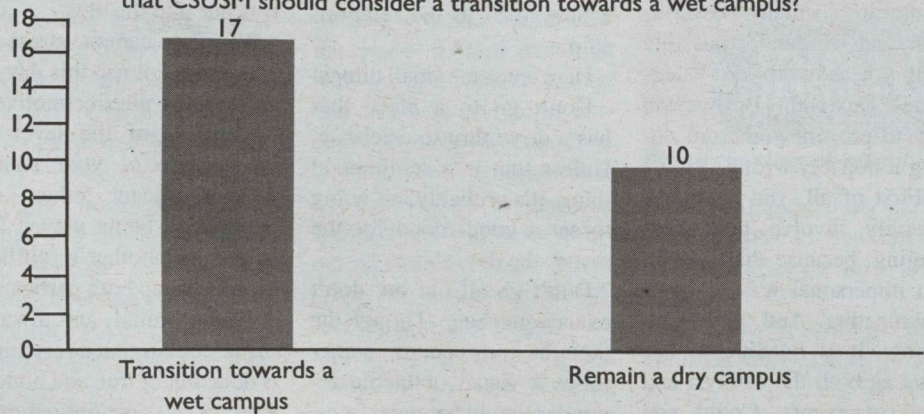


Photo by: Anne Hall

Currently the possession, consumption or sale of alcoholic beverages on California State University San Marcos property is prohibited unless approved by the President of the campus or his/her designee.

We asked: Do you think CSUSM is better remaining as a dry campus or do you think that CSUSM should consider a transition towards a wet campus?



Editors' topics: alcohol on campus

CSUSM has just been ranked the safest California university again, but some possible contributing factors to explain that could be the fact that we have an alcohol-free campus. Alcohol on campus could either drastically change our campus' safety and reputation or be an added benefit to "fun times" on campus and draw more students. The Cougar Chronicle's editors weigh in on whether or not they think CSUSM should allow alcohol on campus.

I believe that while CSUSM is still expanding, we should remain a dry campus. Our campus is small and unfortunately we've already had multiple deaths due to drinking. We are a small university, usually campuses become wet after they've been established physically and academically. I don't believe we are ready to take the responsibility of legal drinking on campus. College students do not drink responsibly and I don't believe our school is ready for more tragedy. College is about obtaining a degree, not social drinking. I think we need to focus on responsible drinking and avoid as many tragedies as possible. If you're 21 and want a beer, there are multiple bars around San Marcos. We don't need to bring alcohol to

campus.

**-News Editor
Melissa Martinez**

We should have a wet campus because school gets hectic and a drink at the end of the day could really do us all some good. Being a wet campus will create more of a campus life and have a better student life than what we have already. It will also drive more attendance at campus events because alcohol will be served and it can be very easily regulated because nothing drives students to events more than free food than alcoholic beverages.

**-Sports Editor
Alex Franco**

Straying from a 'dry campus' is not the best idea. Often times alcohol is something that is blamed for instigating some of the problematic situations that college students get themselves into. Everyone is entitled to their own opinions about alcohol and whether or not it is worth consuming. However, its presence on campus is not a necessity. If a person is going to college in order to become educated and earn their degree, then their focus should be on that. Having alcohol available too close to campus can become more of a distraction than a benefit, which ultimately defeats the desire for its presence.

-Features Editor

Katlin Sweeney

In light of the fact that CSUSM was just ranked (again) the safest California university, it would not be a wise idea to allow alcohol on campus. As it is, I am sure a good part of the reason why we are the safest California university is because we have no alcohol anywhere around. I know that the crime rate would probably go up if alcohol were to be allowed, and the number of DUI's on campus and the surrounding areas would most definitely go up. Alcohol on campus is a bad idea and I hope they don't allow it.

**-Opinion Editor
Jessie Gambrell**

I think CSUSM should be a wet campus. After all we are college students and this is our time to experiment. We have the University Police Department to protect us. Just because a school is considered a "wet campus" doesn't mean that students won't be getting carded. We are all here to get degrees and work hard for our future but drinking with friends has always been a college past time that the school should embrace. I don't encourage drinking for everyone but for those that do, I'm sure it would be favored.

**-A & E Editor
Juliana Stump**

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The 'feel' of Valentine's Day

By KEANDRE WILLIAMS-CHAMBERS
COPY EDITOR

Surprisingly, it is that time of year. It has subtly taken us all by storm, and a great deal of us are at a loss for how to feel about this lovey-dovey celebration.

But what should we feel?

How many of us actually remember the history of Valentine's Day? To be quite honest, I know very little other than speculation and what I've been told. Nonetheless, each and every description I've heard involves "love" to a degree, and is often more keen on romantic love.

Doing a broad online search, I've discovered tidbits of information. There are many claims that the day is a celebration of Saint Valentine, patron saint of love, young people and happy marriages whose feast day is on Feb. 14. Some say that it involves a pre-Roman fertility festival that encompassed three days, taking place for the purging of evil spirits and deeds through sacrifice and blessings. Others involve theories of its fabrication into the capital world to ensure economic strength in an otherwise "dry spell" of holidays.

What really gets me is the general agitation and apathy that is felt towards Val-

entine's Day in the modern day-and-age. People regard it with disdain when they are without one to call their own, or with anxiety when romantically involved with another. There is stress all around, brought on by the almost unreal expectations.

Let's be honest. For those of you who have a significant other, you may say that this day is not all that important, but this day has some amount of observance simply in the essence it gives off. It's the so-called day of love, so of course some people expect at least some opportunistic displays of love on this day. And I can imagine there is a good amount of disappointment when or if it doesn't happen.

As for all the happily single people, and those who profess this day to be "Singles Awareness Day," I think the resentment has something to do with it. I mean, come on. Whose day wouldn't be considerably brightened by some sudden and unprovoked proclamation of love on a momentous day?

I can honestly say my world would tilt on its axis if that

happened to me.

I stand in my belief that this is simply a slightly more special day because of the heavy emotional overtones everywhere. I can't ignore it; it's quite impossible. I can imagine that many times throughout the day, I'll be greeted by unrealistically-shaped cardio organs, sickening shades of pink and red and people being, as I said, lovey-dovey all over the place. Ah, how...lovely.

That being said, Valentine's Day is a day in recognition by many people across the country and, furthermore, around the world. I can't deny its existence, and have little reason to be at odds against it for anything other than my own personal reasons. But I've yet to decide whether I want to bah-humbug it out or play Cupid for a day. Decisions, decisions.



Cougar asks: what are your plans for Valentine's Day?

By ALISON SEAGLE
SENIOR STAFF WRITER



Wayne Twaddell,
accounting major:
"No plans"



Mario Clay:
"Go to school, have happy hour at Players, then dinner at Grand Avenue Bar, and maybe dancing at the Alley"



Jessica Munoz,
kinesiology major:
"Going to make dinner for my boyfriend and just stay in and watch movies"



John Kubik,
history major:
"Spending the day with my kids"



Phil Tran,
sociology major:
"Avoid everyone...by the way, I'm available that night!"



Patty Garcia:
"Hang out with my friends Ben & Jerry and watch reruns of whatever shows I haven't watched that week"



Kevin Conley,
business major:
"Spend a lonely night with my computer and a bottle of Jack"

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Letters to the Editor should include a first and last name and should be under 300 words, submitted via email. It is the policy of The Cougar Chronicle not to print anonymous letters. The Cougar Chronicle reserves the right to reject any Letter to the Editor for any reason.

THE SHU[♪]LE

BY KARLA REYES
SENIOR STAFF WRITER

With Valentines day just around the corner, you are forced to find creative alternatives for this year's Valentine's gift for that special someone, even if that someone is yourself. Forever alone won't seem too bad after you listen to this "Baby Making Music" mix. So bust these tunes and add some hearts on the cover and viola a sweet, budget friendly gift.

"Thinkin Bout You" by Frank Ocean

Regardless of who you think won Sunday's tiff with Chris Brown, Frank Ocean scores big with this number. This song is filled with soothing falsettos, a mellow beat and lyrics that reference both nostalgia and love. This bittersweet melody was performed at Coachella 2012 and has made it to the Top U.K Billboard hits.

"Promise" by Ciara

What can be sexier than having the beautiful Ciara tell you that she is willing to commit? The beat is a great juxtaposition of her dance songs and her amorous, doting side. It slows the pace down and really allows you to reminisce about your first love or daydream about a future love. Without a doubt, this song will grab you by the hand.

"The Zone" by The Weeknd Feat. Drake

Like most of The Weeknd's songs, this collaboration is overdosing with sex appeal. Featured on his second mixtape "Thursday," this song with Drake provides a good balance to the slow tempo and the bewitching falsettos. The song is so raw and captivating, you will have it on repeat.

"Nice and Slow" by Usher

This song is responsible for the arms-length-away rule at the middle schools dances. This track is extremely appropriate for both Valentines Day and throwback Thursday, with a smooth yet catchy beat to boot. Usher proved to be quite the R&B singer with this song, which can be found in his second album "My Way."

"Between the sheets" by Isley Brothers

The source of countless other music sample, this timeless track is the epitome of classy and sexy, baby makin' music. It is romantic in the smooth-talking kind of way, yet with just the right amount of sexy. It is so versatile that it even made an appearance in the "Grand Theft Auto: San Andres" video game. This song has with stood the test of time for a reason.

Hope mixed with motivation for change

Father Boyle gives lecture to inspire students as part of Arts & Lectures series

BY KATLIN SWEENEY
FEATURES EDITOR

Next week, students will be able to enjoy a lecture by noted humanitarian Father Boyle as he educates the public on the importance of compassion.

"Tattoos on the Heart" is on Feb. 11 at 6 p.m. at the CSUSM Pavillion in Lot N off of Campus View Dr. One of the first events of the Arts & Lectures series scheduled for this spring, "Tattoos on the Heart" is the product of the hard work of Father Gregory Boyle.

The lecture follows his journey to prevent the increase of youth either in risk of becoming or currently involved in gangs in East Los Angeles' barrio communities. He has dedicated 25 years of his life to finding out what triggers an adolescents' desire to join a gang, and to finding ways to motivate youth to see other avenues of

life for themselves.

Having spoken to and worked with many of those heavily affected by gang violence, Father Boyle provides valuable insight into the world beyond what many people see. Since starting out in 1988,

his efforts to spark change evolved into the creation of Homeboy Industries. Its existence has made a tremendous impact in the community, further contributing to the decrease of youth involved in gangs.

Besides his intervention programs, Boyle's impressive success has spanned numerous categories. His novel, "Tattoos on the Heart: The Boundless Power of Compassion," which contributes to the lecture's title, is a New York Times best-seller. In addition to this, he has been recognized for his work with at-risk youth, which earned him a spot in the California Hall of Fame.

Tattoos on the Heart

THE POWER OF BOUNDLESS COMPASSION



Gregory Boyle

FOUNDER OF HOMEBOY INDUSTRIES

For those in attendance at the "Tattoos on the Heart" lecture, Father Boyle will bring audience members stories of hope and information on an extremely important

topic. Students and community members that are interested in going can purchase tickets online at the Arts & Lectures portion of the CSUSM website.

The Cougar's Den: The Jumping Turtle is a 'jumping' place for bands

BY ALISON SEAGLE
SENIOR STAFF WRITER

Anyone looking for a dive bar serving up more than just your usual bowl of nuts should check out the delicious deals The Jumping Turtle has to offer.

Located on Capalina Road, right off the Rancho Santa Fe exit of the 78, The Jumping Turtle is just a hop, skip and jump away for students looking for either a quick bite

for lunch or a place to grab a beer and listen to some bands jam out.

The Jumping Turtle offers daily food specials, including: slider Mondays, taco Tuesdays, meatball Wednesdays, hot wing Thursdays, pizza Fridays, burger Saturdays and fajita Sundays.

The food is not prepared frozen but made fresh in the kitchen. They make their own chips for the nachos, and the salads are huge. The

bar also has a few drink specials, with a rotating selection of microbrew beers and liquors that change depending on seasonal availability and popularity.

The Jumping Turtle serves up a wide selection of shows as well, including rock, pop, metal, reggae and comedy. Most shows start around 8 or 9 p.m., and tickets are usually \$5 or \$10. An hour prior to a show is when The Turtle

starts to get "jumping."

They even feature Rock Band Night on Sundays, and have several big screen TVs to catch a game. There are also two pool tables located next to the dance floor and stage.

Most shows are 21 or older, but there is a calendar on the Jumping Turtle's website, <http://thejumpingturtle.com/enhanced-calendar.cfm>, available to see performance details and daily specials.

For your Entertainment 'Good Will Hunting' and 'American Horror Story'

BY MELISSA MARTINEZ
NEWS EDITOR

"Good Will Hunting" ⁵/₅

Written by best friends Ben Affleck and Matt Damon, the story centers on a troubled youth growing up without parents who is too intelligent for the situation he's living in.

After completing a complex equation that would take the smartest students in the country an entire semester to solve Will Hunting (played by Damon) solves in a matter of minutes during his night shift as a janitor at MIT.

When professors notice the immense intelligence that he holds, he is advised to see a psychologist (played by Robin Williams) who shows him what possibilities his gift could bring.

Taking home an Academy Award for Best Supporting Actor (Williams), Best Writ-

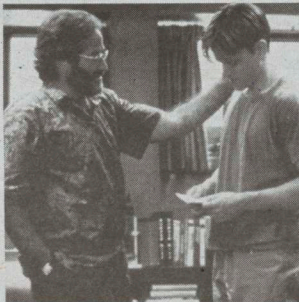
ing. Original Screen Play (Affleck and Damon) and several critically-acclaimed honors, "Good Will Hunting" still serves the role as one of the greatest American movies of all time.

"American Horror Story" ⁵/₅

Must watch episode: Season 1, Episodes 4 & 5: Halloween

I've never been so drawn to the suspense in a television program before.

"American Horror Story" offers fear, provocative character development and a psychological thriller that keep you up for nights at a time, either because you're so scared you can't sleep, you're glued to the screen watching every episode or you're witnessing new characters unfold with the history of a murder house unlike any other. Though the story Ryan Murphy and Brad Falchuk created is not a pretty one, the haunted house tale is



perfectly unpredictable and each episode dives deeper into moments of a Victorian house with many secrets. If you are not sure whether "American Horror Story" will interest you, watch the first episode. I guarantee you will fall in love with this psycho-sexual thriller and the fate of those living in it.

Red Bull Thre3style U event mixes things up for San Diego college DJs

BY JASON GONZALES
STAFF WRITER

Being the Red Bull Thre3style Champion is considered to be a top honor amongst aspiring DJs across the world, but Red Bull Thre3style U gives student DJs the same opportunity to showcase their skills at a professional level.

On Feb. 28, San Diego will host its very own Red Bull Thre3style U event at Typhoon Saloon in the heart of downtown Pacific Beach. There will be five students representing the four major universities in San Diego County. Students from CSUSM, UCSD, USD and SDSU will compete to win a \$1,000 cash prize and bragging rights.

At this time, CSUSM is still attempting to select a representative but one contender views Red Bull Thre3style U as an opportunity.

"After feeling how much love and support the CSUSM

community has given me these last few months, I would be honored to represent us at the upcoming Red Bull Thre3style Competition in [Pacific Beach,]" hopeful Edric Quintong said.

Unlike other DJ battles that are based solely on technical aspects, Red Bull Thre3style U focuses on creativity and originality that seeks to find the DJ that has best perfected the true art of "rockin' the party." Competing DJs are given 15 minutes and the challenge to play three different genres of music while keeping the crowd moving. The winner is chosen based on track selection, creativity, mixing skills, stage presence and crowd reaction.

"This com-

petition is more than just your ordinary DJ set downtown. It involves skill, creativity, and ultimately crowd response," Quintong said.

A panel of high-profile individuals, including the winner of the Jan. 17 Red Bull Thre3style San Diego Sub Qualifier, will judge the event.

Follow @RedBullSD or on Instagram to hear who has been chosen to represent CSUSM and for more information on this event.



Student A: "Make Time For Love" by Faith Orcino



A Good Read: 'Last One Down the Aisle Wins'

10 keys to a fabulous single life now and an even better marriage later

BY ALISON SEAGLE
SENIOR STAFF WRITER

Love is in the air, or for some, maybe it's not this Valentine's Day.

Whether in a relationship or not, Shannon Fox and Celeste Liversidge's book, "Last One Down the Aisle Wins" is a great guidebook for anyone navigating their 20s. Though the authors write to a female audience, the advice given in the book is really applicable to both genders.

After the authors point out some statistics that state the chances of staying married

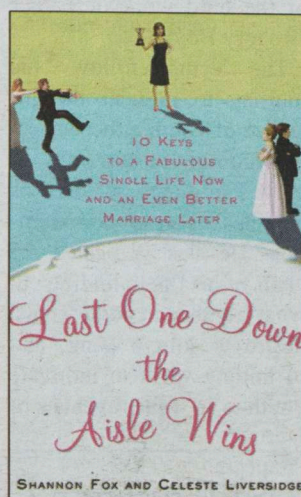
double if you get married after the age of 25, and they review their top 10 reasons why people get married too young, they go on to cover 10 keys for having an awesome journey through your 20s. Topics throughout the book include: friendships, family life, career path, finances, emotional management, body image, independence, spirituality, sex and adventure.

Each chapter has quizzes so the reader can get a feel for where they stand on the topic. It also gives real-world accounts of others who have made mistakes and offers ad-

vice for how the reader can figure out what track they want to get on and how to make it happen for themselves. The authors also include their personal insights from time to time.

Shannon Fox is a marriage counselor and Celeste Liversidge is a lawyer who practices family law. Both women have seen their fair share of clients whose marriages have gone bad, which is what inspired them to write this book.

So whether someone is happily head-over-heels in a relationship and just needs a reality check, or someone



who feels like they are wasting their 20s because they're not in a relationship, this book is a must read.

Top five love stories you've probably never seen



"Eternal Sunshine of the Spotless Mind" (2004)

After Joel (played by Jim Carrey) finds out Clementine (played by Kate Winslet), his new, interesting significant other has had a procedure to delete him from her memory; he attempts to do the same. However, through reliving his experiences, he isn't ready to have this chapter of his life erased. The film chronicles his memories from childhood through adulthood hiding Clementine from destruction and attempting to restore their memories together. —Melissa Martinez



"Once" (2006)

It's hard to get more obscure than a movie that premiered at the Galway Film Festival in Ireland, but it's also harder to find a film this sweet and charming. There's not a huge plot beyond two unnamed musicians who fall in love in Dublin while writing songs together, but the way they communicate their feelings through music is more beautiful than most American romance films. —Ryan Downs



"In A Day" (2006)

This is a welcomed alternative to the romantic comedy genre that otherwise can be pretty predictable. Lorraine Pilkington and Finlay Robertson star in this quirky British indie that gives love a new definition. Rather than providing a tired script with characters that have been seen countless times before, this film transports the viewer onto the streets with characters as they explore their blooming relationship. —Katlin Sweeny



"Lars and the Real Girl" (2007)

Lars (played by Ryan Gosling) isolates himself from his family, co-workers and community yet is still loved and accepted. Insert his new girlfriend, Bianca who is a sex doll. As Lars develops this delusional relationship, he learns to accept the love of others and himself, who is reflected through Bianca. It's a great film that shows how to love the ones you care about and delivers a quirky yet heartwarming meaning to "guess who is coming to dinner." —Juliana Stumpp



"Moonrise Kingdom" (2012)

This romantic comedy is set in New England during the '60s. Two young lovers, decide to run away after their parents find out about their relationship and forbid them to see each other. They decide to live out in the woods, using scout skills, meanwhile the town has gone crazy looking for them. The film is certainly outside the realm of a normal love story. —Karla Reyes

The Comic Book Corner: The graphic 'Grim Leaper'

BY FAITH ORCINO
CARTOONIST

With Valentine's Day approaching, independent publishers Image and Shadowline has a comic mini-series that is "a love story to die for." Writer Kurtis J. Webe and artist Aluisio C. Santos co-created "Grim Leaper," a four-issue story which independent comic publishers Image and Shadowline released in 2012. Readers enter the strange life, or rather lives of Lou Collins. He is trapped in a cycle of reincarnation, taking over the lives of others and trying to survive the fate of this curse. Shortly after his 13th funeral, Lou meets Ella, a woman with the same curse as him. The two

do their best to find an end to the curse while staying alive, for at least longer than their previous life.

The series is not for the light-hearted. There are a number of graphic scenes, most concerning Lou's and Ella's deaths, and is also filled with crude language. The comic is more oriented to mature readers and those who can handle a bit of blood and guts. Still, the story has an interesting way of handling the idea of love. Santos's art is complementary to Webe's writing, especially with the unique color schemes and composition of the panels.

For more information, visit your local comic vendor and/or imagecomics.com.

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Grammy Poll

Mark who you think will win at the 55th Grammy Awards on Feb. 10.

Song of the Year

- ___ "The A Team" by Ed Sheeran
- ___ "Adorn" by Miguel Pimentel
- ___ "Call Me Maybe" by Carly Rae Jepsen
- ___ "Stronger" (What Doesn't Kill You) by Kelly Clarkson
- ___ "We Are Young" by Fun feat. Janelle Monae

Record of the Year

- ___ "Lonely Boy" by The Black Keys
- ___ "Stronger (What Doesn't Kill You)" by Kelly Clarkson
- ___ "We Are Young" by Fun feat. Janelle Monae
- ___ "Somebody That I Used To Know" by Gotye feat. Kimbra
- ___ "Thinkin Bout You" by Frank Ocean
- ___ "We Are Never Ever Getting Back Together" by Taylor Swift

Best New Artist

- ___ Alabama Shakes
- ___ Fun
- ___ Hunter Hayes
- ___ The Lumineers
- ___ Frank Ocean

Album of the Year

- ___ "El Camino," The Black Keys
- ___ "Some Nights," Fun
- ___ "Babel," Mumford and Sons
- ___ "Channel Orange," Frank Ocean
- ___ "Blunderbuss," Jack White