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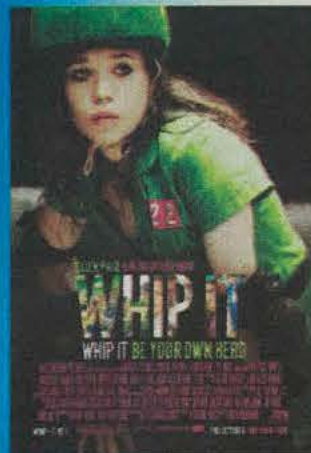
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CSUSM Surf Team takes National Championship Title

BY JACKIE CARBAJAL
Editor-In-Chief

To anyone with close ties to the CSUSM Surf Team or to surf aficionados in general, the National Scholastic Surfing Association Collegiate National Championship results back in June are considered old news. As for much of the campus community, however, news of this campus' very own surf team claiming the national title this summer is only recently generating buzz.

The NSSA's Nationals magazine considered CSUSM the team to beat going into the competition. Other local colleges that participated in the nationals include San Diego State's A and B Team, who placed third and fourteenth, respectively, and UCSD, who placed fourth.

Held at Salt Creek in Dana Point, California back in June, the NSSA Collegiate National Championship is the largest



Pictured (left to right): Aaron Coyle, Garrett James, Leo Welnick, Chris Smith, and Scott McBride

Wilmington in an overtime sudden death surf-off with the end score 123 over 116.

championships#s-pl-so-i0
The surf team's sponsors and associations include Hansen's Boardroom, Transworld Surf Magazine, Chemistry Surfboards, West Surfing, and Utopia.

"We are excited to have brought a national championship to this smaller university that is often overlooked. It took hard work and dedication by the team as a whole on the beach that day," CSUSM Surf Team captain Garrett James said. "Much of the school has no idea that we have a surf team and the fact that we have won a national title should hopefully get the word out and bring some more recognition."

"It has been nine years since the start of the team and tons of appreciated work by faculty advisor Dr. Amber Puha but we have finally brought national championship status to CSUSM!" James said, crediting Puha for her motivational support and coaching. Puha, also Associate Professor

for the College of Arts and Sciences Department of Mathematics, has been the coach and advisor for the surf team since its origination. Puha, a former competitive surfer herself, surfed for UCSD and UCLA in the past.

"It is an amazing accomplishment for the CSUSM Surf Team to have taken home this championship," Puha said in a CSUSM press release.

Now in its ninth season, the CSUSM Surf Team, a student lead club through Associated Students, Inc., is looking ahead to the future.

"As for this coming year, we just had our tryouts for the 09/10 team and we are looking solid," James said. "We lost a few crucial surfers of the team but we feel that new members are eager and ready to step up to the plate."

The CSUSM Surf Team's tryouts for Men's and Women's Shortboard and Coed Crossboard divisions took place Sunday, September 20, 2009 in Oceanside.



Photos by Jordan Verdin

and most popular surf event in the country. The CSUSM Surf Team competed against 14 other college surf teams in the National Interscholastic Championships and beat out University of North Carolina

Fox College Sports covered the event and footage is available online at <http://www.hulu.com/watch/83584/fcs-exclusive-club-sports-2009-nssa-collegiate-surfing>



THE PRIDE

Bill of Rights

Has the era of a universally appealing artist passed?

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Senior Staff Writer

Over the last twenty years, the role of the musician has changed in America.

This idea came to me considering the death of Michael

Jackson and the rerelease of the Beatles albums. These performers revolutionized their industry, from the way music sounded, to the way it was made.

What was unique is that they appealed to everyone. I know not everyone liked or likes the Beatles or Michael Jackson, but in their heyday, a considerable portion of the world followed them. It is hard to deny the impact of "Beatle-mania," plus "Thriller" remains the highest selling album of all time.

The same goes for other art-



ists, such as Elvis; however, there does not seem to be someone in this position today. The passing of the King of Pop has reminded me that there is not a single band with the same universal appeal.

I believe this age has passed. Considering the diversity of music today, I doubt there will be an artist that appeals to the majority of people. This is something to look on with nostalgia, but also we should look how far music has come.

What started as simple expressions of self and culture has become of an industry that has split into genres to fit every taste. The Internet has made it even easier to find new music to suit one's taste.

The diversity of music has changed, which can be seen

by breaking down genres. For example, what was once just rock is now soft rock, heavy rock, metal, industrial, pop rock, blues rock, country rock, and so on.

With so many options now, each appealing to different

markets, everyone can find or make music to suit their tastes. Yet, we cannot forget a time when some artists took the world by storm and revolutionized music. I doubt it can be done again, but I will leave that to the music makers.

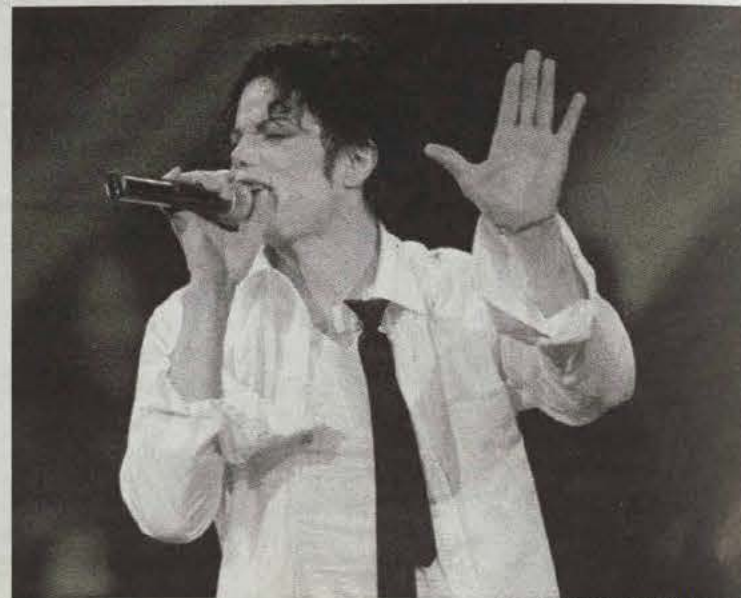


Image courtesy of AOL.com

A Phalanx of Fun

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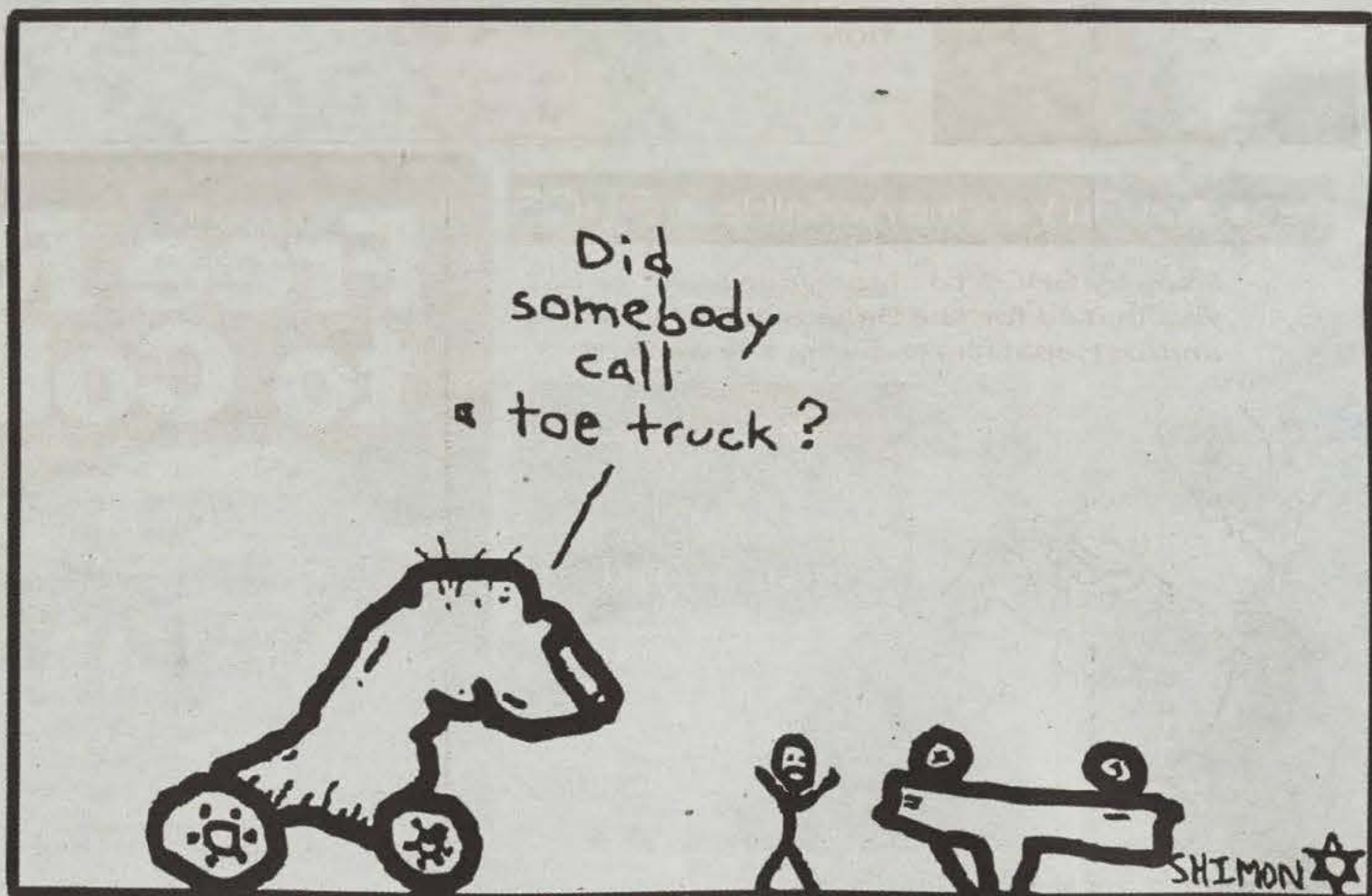
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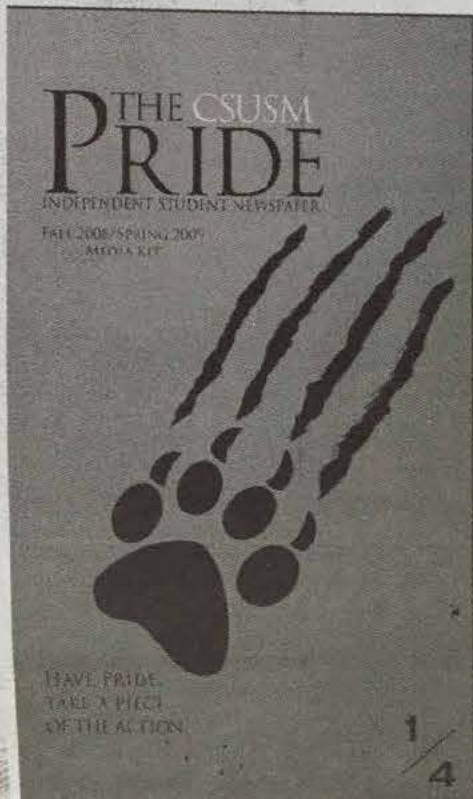
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Down-home farm food at CSUSM

BY [REDACTED]
Pride Staff Writer

One of the newest events to make its way to CSUSM is the farmer's market hosted in Parking Lot B by the soccer field, which is open every Wednesday from 3pm to 7pm. The farmer's market is intended for college students and other members of the college community with busy schedules. It is definitely the best way to pick up groceries on-the-go in the middle of the week without having to sacrifice a healthy diet. There are many different stands to interest shoppers, ranging from organic produce, olive oil, kettle corn, and ready-to-go meals to kitchen gadgets, gemstone jewelry, and fresh flowers. While brows-

ing around the venues, live, mellow music plays softly and contributes to the perfect street-fair atmosphere.

Looking for groceries? Andheron Farm features organically grown produce from Valley Center. Kathey Anderson and her son Casey operate Andheron Farm, a pun to the family's last name. Kathey Anderson said, "My favorite thing about the farmer's market is that it makes shopping more personal and a social event." As she greets regular customers, she adds, "There is no rush. You get to really know customers and recognize familiar faces. Everything is local and very fresh. In fact, we picked all of our products this morning."

Another popular grocery venue is Eli's Farms, which

has a wide selection of vegetables, herbs, and fruit from Fallbrook. Cristina of Eli's Farms said, "The farmer's market really is the best way to get fresh food at a great price. It's much healthier to eat fresh vegetables and other stores really can't beat how fresh everything is that we offer." Cristina concludes that "word of mouth" has been important from the start of the market and continues to be the best way to spread news about it.

For those who literally love a sweet deal, a definite stop is to the Sweet Life, which sells a variety of specialty honey products. From the familiar teddy bear dispenser, nostalgic honeycomb treats, bee pollen grains, and honey sticks, everything in their prod-



uct line is considered locally grown because it is within one hundred mile radius. Also a family business, Sweet Life's owner Becky talks about the market being the "best secret people have yet to caught on." She said, "The farmer's market is certainly attractive to students and others because of its proximity to campus. The laid-back, but organized atmosphere is why we continue loyally working with the farmer's market venue. The market has now been established over the summer. Now that school is back in session, students are hopefully going to realize it's

a great opportunity!"

With the school's busy start, many new venues are making CSUSM a destination and launching their first time at the farmer's market such as Gina's Nuts, which offers a varied selection of nuts and dried fruit. Lastly, as a great incentive, with any purchase, a customer is offered a raffle ticket as an entry to win a gift-basket filled with different assortments from the booths. With a friendly atmosphere and service, the farmer's market is a great addition to the campus as well as the San Marcos community.



Photos by [REDACTED]

Native plant presentation packs auditorium

BY BLAINE H MOGIL
Pride Staff Writer

It was standing room only in Arts 111 on the evening of Sept. 16, 2009 as several hundred people turned out to listen to a presentation on the uses of indigenous and endemic plant species. This presentation was just another class session for those in Professor Small's VPA 311 course, Arts World Cultures. But many of those filling the room this evening were interested in broadening their understanding of the native peoples with whom we share this land today.

Those attending sought to connect with those who have been the keepers of this land for millennia prior to the arrival of Western peoples. The title of the presentation, "Edible, Medicinal, Material, Ceremonial Contemporary Ethnobotany of Southern California Indians," may have led one to expect a very dry collegiate discussion of plant genus and species followed by details of the plants functions among Southern California Native Indian Tribes.

Anyone attending with the expectation to receive such a scientifically enlightening experience would have come away very disappointed. For anyone attending without preconceptions, the evening was

a delight.

The professor delivered the presentation, and was enthusiastically commented on by co-presenter Lydia Vassar, a Luiseño basket weaver who teaches basket weaving on the Pechanga reservation at the Pechanga Chámmakilawish School. It was a sentimental journey back in time to re-visit the lost and recently re-discovered Luiseño art of weaving baskets, as well as a few side trips to discuss some of the other useful plant species in the area. Vassar brought joy and excitement to all in attendance as she focused less on the specific plant applications than she did on the essential and harmonious co-existence between the plants and the indigenous people. Her mother was in the audience for the evening and also contributed some of her wisdom to the conversation.

In her storytelling it was clear that modern society was impacting the local tribes, and local plants, both in a less than positive manner. But the stories were nothing but positive, as she described how the knowledge of her own tribes basket weaving had been lost, and was now being reborn through the guidance of elders among other tribes. She is clearly passionate about basket weaving, and her enthusiasm

to inspire and guide a new generation of basket weavers is unbounded. Basket weaving locally depends on the Juncus plant, a grass species whose population is being threatened by non-native invasive species such as Pampas grass. In addition, several other factors enter into the equation of collecting materials to create these baskets that not only functional, but are also in their own right great works of art.

Among the challenges of collecting enough of the Juncus to begin the weaving, (preferably the uncommon brown stems) include the all too-common occurrence of poison oak within the reeds of the Juncus plant. Vassar described methods she used to protect herself from the vicious bite of the poison oak oil as she harvested plants for her craft. Also throughout history, there have been no boundaries to collecting plants, and today fences and borders impinge on the tradition itself. As the local tribes begin to rediscover their old ways, perhaps those of us who have created physical and spiritual barriers can create new pathways to bridge these two cultures together in living harmony.

Perhaps the best way to describe the event was as an intercultural conversation, as reminiscence to old ways, and

an introduction for those who were unaware that there are ways to experience life's great joy without the relentless pur-

suit of monetary and material rewards. Spending the evening listening and connecting was certainly a reward in itself.



Photos by Blaine H. Mogil

Studying abroad at CSUSM

BY JAMES ROCHE
Pride Staff Writer

My name is James Roche. I'm a student at the University of Central Lancashire, UCLan, and I'm here at Cal State San Marcos on a yearlong exchange program. Anyone heard of the English city of York? Don't worry, you're not the only one. It's in Northern England and is over four hours away from London. So being from the north of England, the opportunity to come study in Southern California was too good to turn down. For most international students thinking about studying abroad, California is the prime choice; the sun, sand and sea on your doorstep everyday is a dream come true!

I arrived here a couple of weeks earlier than I was required to, as I wanted to relax and enjoy the place before the classes started. Once those two weeks were up I had to move into the University Village Apartments, which was a bit strange initially for me as everyone at university in England has their own room. I think I've been lucky because I get along with my roommate and the other guys in my apartment. This is a concern for most internationals upon coming to America I think, as you do hope to get along with someone who you will be living in the same room for the next six months to a year. The people that I have met out here have been nice and welcoming, and I already knew a few people before I came across the pond.

This is due to them coming to my university in England on an exchange program. This is also how I met my American girlfriend! Having a British accent seems to be a nice thing to have here as it's an easy way to start up a conversation and most people seem to like it.

I'm taking Mass Media classes here and have found them quite interesting. It's nice when the professor comes to you for an international view on the topic, for example we recently talked about American Idol and it was nice to mention that Britain had the idea for that show first! The budget crisis was a serious shock to me though as I was not made aware anything like this could happen when I applied to CSUSM. I

have had one class cancelled already which was both worrying and annoying at the same time. I was also astounded at the amount of books you have to buy and the cost, although speaking to a few people I think I've been lucky with my course. I think I'll struggle to get used to a few things. For example, why does football have to be soccer here? That hurts me the most! Also, Americans refer to table tennis as ping pong. I know they're the same thing but it's my English pride that takes the hit saying it differently. However, with all the differences, CSUSM seems like a great place to come to and I think I'm going to have a great year!

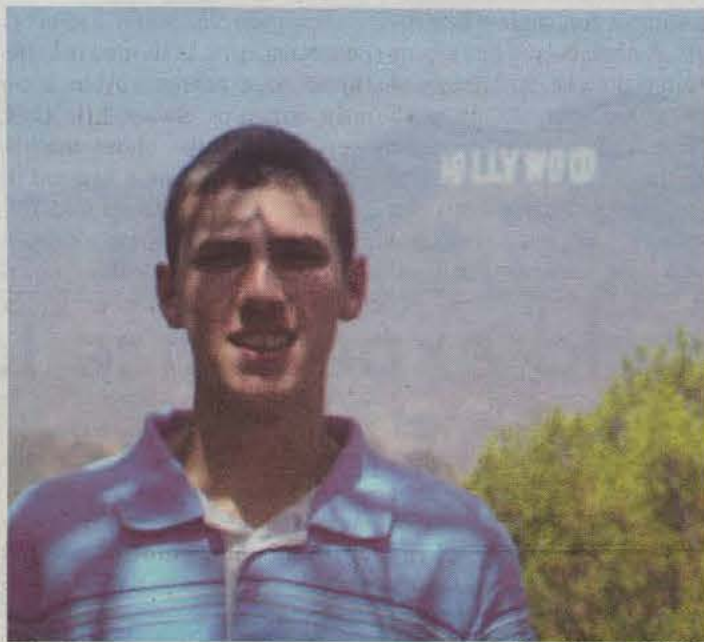


Photo by James Roche

Accents and culture shock

BY IVAN GARCIA
Pride Staff Writer



Who'd have thought after 3 weeks of conversing with the local Brits, that I wouldn't understand a good majority of local sayings? It's simply shocking walking into the local Essentials Food Market (like Cougar Corner, only British) to pick up a loaf of bread and a Diet Coke, and after I pay I follow up with an immediate thank you only to have the person on the other side of the register reply with "cheers." No, we weren't toasting to my purchase with a large pint of Guinness, this is a local expression for "thank you" and/or "have a nice day."

Everywhere I go this is said along with varying other says that I seem to slowly pick up, like the fact that french fries are known as chips, then what are Doritos know as? The point is that a good majority of what we know can drastically change depending on where you are in the world and how you're perceived. I know I got some strange look when I said "fanny pack" in public (yeah, it's actually a word used to describe a certain body part, try to guess!). And with that comes the realization of culture shock—the idea of being in a new and foreign place where things as little as words could mean completely the opposite. But it's a good culture shock, the learning outcomes that come from it are one that will help throughout the rest of the time living in said coun-

try and it's definitely something to take back home.

Speaking of taking things back home, accents! They're sexy, different, and above all, just plain awesome! Going to class every other day puts you at

the forefront of speech in a foreign country, so sure enough, my dream would be to come sounding like Daniel Craig or something. And along with the culture shock, comes the fact that I myself didn't know that I had an accent apparently.

According to locals, I'm the one with the American accent, and somehow they can pinpoint that I'm from California. It's just simply something that I never thought about, here I was ready to go to the UK and gain an accent for myself. All the while, people already in the UK were prepping to hear accents from varying countries, including the U.S. So, it just goes to show, that even though almost every country contains people, buildings, roads, we're all essentially the same.

We are people, united under the banner of Homo sapiens. But we should all strive to learn from the cultures of others to influence and better ourselves. So, I propose a trade, how about the UK brings over a Chipotle franchise here to understand the deliciousness of it (I'm dying for a burrito STAT!). And in return, America will create a method to gain cool British and phrases to better understand our friends across the pond. Deal?

Looking to join a gym? You already have! New ASI fitness classes are available to all students

BY MAEVE CAMPLISSON
Pride Staff Writer

ASI Campus Recreation and The Clarke field house now offer an array of fitness classes including Zumba, yoga, ab blast, and a boot camp-style workout. The classes take place in the gym, and they started the week of September 14th but students, fac-

ulty, and staff are all welcome to join at anytime during the semester. The week days and times of the program vary with each class, but the full schedule is available from brochures in The Clarke. Students may join for free, while faculty and staff pay \$39 per class, which is a 22% discount from last year's cost.

Saul Garcia, the Intramural Coor-

dinator, described the casual nature of the programs as "basically just classes where you can come, show up, and participate." Since they are already covered by the tuition fees students pay at the beginning of each semester, students "should at least check them out," Garcia said.

The ASI Coordinator of Campus Recreation, Hugo Lecomte, said that

before attending fitness classes or working out in the gym, participants will need to have a membership card for The Clarke, which students can easily obtain by visiting The Clarke field house and filling out a few forms. He also advised partakers to arrive early enough to warm up before classes start. Getting your body properly stretched is one of the

most important things to do before working out, so make sure to look up some stretches online if you don't remember any from previous fitness classes. The new fitness classes are just one of the many free resources students have on campus that they may not even know about, and they are also a fun way to get a good work out, stay healthy, and socialize.



Image courtesy of Associated Students Inc.

Want to write
for The
Pride?

Stop by
Tuesday at
5pm in
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Hits of Sunshine World Music

BY AMY SALISBURY
Copy Editor

The proverbial "bubble" is the newest form of international criticism toward American people. You've heard of it: the idea that Americans are culturally airtight. This Zip-lock effect extends beyond our collective ignorance concerning world politics and events. It also controls even our pop cultural preferences. Of course, the latter isn't necessarily a societal detriment; any country could say the same about its inhabitants to some degree.

The majority of U.S. Americans have heard of The Beatles from England, Björk from Iceland, and Shakira from Columbia. The problem is, the greater part of international musicians that are established in America are the ones who have catered to American taste, likely because American entertainment monopolizes

much of youth culture. It's a natural thing considering the largest and most powerful record labels currently call the States home.

Seeing as how artists like Mariah Carey hog even the World Music Awards, the most effective way to hunt for international musicians is to do just that: hunt. I offer the following artists under the disclaimer that I am indeed an American as well and can only go as far as the Internet may take me. Onward, I say!

Indipop broke into the American entertainment scene with the success of the British film *Slumdog Millionaire*. Indian composer and producer Allah Rakha "A.R." Rahman began scoring Bollywood movies in the 90s, garnering mass success in his native India before "Jai Ho" came to the States. He's worked with several Hindi and Tamil musicians to turn out hit after hit in his token symphonic style, prevalent in India as

well as in Indian communities in Europe.

Origa, or Ol'ga Vital'evna Yakovleva, is a Japanese pop singer of Russian origin. She gained popularity throughout the 90s and early 2000s with the rise in mainstream Anime interest, and the majority of her fanbase is still in Japan. The language Origa sings in varies by album; sometimes she will even use more than one language in the same song. Though she is no longer an active artist in Russian, the Japanese still can't get enough.

Polish music culture is unusual because it's one of the only countries without pop music ruling the charts. Rather, Poland has a huge death metal scene, with the band Vader at the forefront. As you'd imagine, the band took their name from the Star Wars series, and their style certainly reflects the character's darkness. Throughout Ukraine, Germany, and the

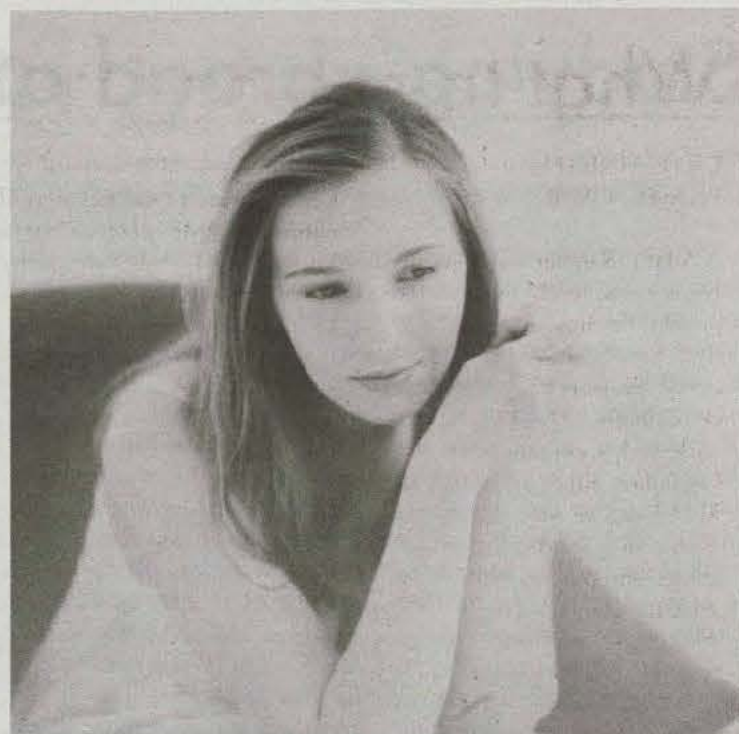


Image courtesy of Jmignited.com

Czech Republic, Vader satiates their fans' desire for the best death metal in Eastern Europe.

For over 25 years, Egyptian musician Amr Diab released and continues to release the most popular music in the country. He's smashed album sales records throughout the Middle East and is as loved today as in the mid-80s when he first came to prominence. His dance-style music crosses

over to places including Pakistan, Afghanistan, and Saudi Arabia, and is considered the favorite of all Arab pop singers.

The planet is a big place, and the musical world is even larger. Each of the nearly 200 countries in existence has its unique variants and reasons for why its people enjoy the music they do. Language is an understandable barrier, but the love of music is unanimous.

Author brings real world experience to CSUSM

BY TRISH CORRIGAN
Pride Staff Writer

Knowing a successful author brings reality to the forefront and is no longer a distant hypothetical for aspiring student writers on campus.

The Community and World Literary Series featured author Stephen-Paul Martin at CSUSM's Clarke Field House in the Grand Salon on Thursday, Sept. 24. It was a grand evening filled with buzz and excitement.

Stephen-Paul Martin is a widely published author with work ranging

from poetry, fiction and non-fiction.

The National Critics Circle Fiction Award in 1993 nominated Martin for "The Gothic Twilight." His most recent collection is "The Possibility of Music." He graduated from New York University with his doctorate. His upcoming fiction collection "Changing the Subject," will debut in 2010, published by Ellipsis Press.

Professor Mark Wallace started the literary series on campus and over the years brought real world experience to the academic scene. His intentions included giving students the opportunity to see and

discuss published work with the authors themselves. Student Jennifer Hylander admitted she had attended the event as a required assignment. However, she said, "I would have come even if it wasn't an assignment, because [Martin] is a great writer and I can learn something from him."

The reading began with Stephen-Paul Martin instructing the listeners to clear their minds of intent and preconceived notions. He read a story inspired by illegal whaling practices and by Herman Melville's *Moby Dick*. He forewarned us

about by his intentions of portraying the way humans abuse animals for their own self-serving.

Student Jeannine Clark had mixed feelings on this aspect of on Martin's writing. She said, "Stephen-Paul Martin obviously is a very compassionate man with a big heart for animals. At times though, I felt like he had an agenda to push and that got in the way of the writing for me." She followed by adding, "I do think the reading series is important for literature and writing students so that we get the chance to see contemporary writers

read and discuss their work."

Even though this event is beneficial to the development of student, it has not escaped the looming shadow of the budget crisis. Last year there were three Literary Series events. This semester there will only be two events not because of lack of demand but because of lack of funding.

"It's like they cut the things that help us most. I'm here because I want to be a good writer. Who else can teach me that but a good published writer? What are we paying for?" said student Rachel Busnardo.

Cougar kitchen BBQ & Mac

BY TRISH CORRIGAN
Pride Staff Writer

Shoved in the back of my drawers and stuck in the crevices of my refrigerator are colorful packets of single serving sauces. I get them with tacos, chicken nuggets, french fries and chow mien. They span great lengths of the fast food and takeout culinary landscape. I am a hopeless pack-rat of packets, never throwing anything out because of the slim chance I might need it, whatever it may be. Finally came a day when my husband sat me down calmly and said, "Use it or lose it." Out of fear of my collection of condiments going to the trash, I turned my stash into dinner. Condiments are expensive. To buy a whole bottle of soy sauce when all you need is a splash can be overwhelming on the pocket book. In these two recipes I have used a bevy of basics such as mayonnaise, mustard, ketchup, Tabasco, soy sauce, sugar, and

even salt and pepper. I would also like to make a special thanks to Chik-Fil-A who has a lovely selection of condiments just lying out there in the open waiting for customers to choose.

The sauce for my macaroni salad is basic and you can use it for tuna salad, chicken salad, even coleslaw. Also, BBQ sauce is a basic combination of sugar and ketchup, as used in my chicken recipe. So save those packets of condiments and get creative.

The Devil Went Down to My Macaroni Salad

1/2 lb (2 cups dry) Macaroni (\$1.00 a box)
3 Eggs, hardboiled (\$1.49 dozen)
3/4 Red Bell Pepper, small dice (\$0.89)
2 tbsp Lemon juice (\$0.50)
1/2 bunch green onion small slice (\$0.50)
Parsley chopped (\$0.50)
3 dashes (1 packet) Tabasco
1/2 cup (10 packets) Mayonnaise
1 tbsp (3 packets) Mustard

Salt to taste
Pepper to taste

Cook macaroni according to package direction in salted water. Drain and let cool. Fill pot with cold water and add eggs. On stovetop, bring water and eggs to boil. Bringing the eggs to boil starting with cold water will keep them from breaking. Boil eggs for seven minutes. Remove eggs from water and let cool.

Mix green onion, bell pepper, lemon juice and salt in bowl and let stand for 10 minutes. This will release a lot of the moisture and soften the bell pepper and onion. Slice eggs in half and remove yolks. Dice egg whites and put aside. Put yolks in bowl and break apart with fork until crumbled. Whisk mayonnaise, mustard, Tabasco, salt and pepper into egg yolks. Combine pasta, egg-mayo sauce, parsley, diced egg whites, bell pepper and onions. Stir until combined. Chill for 30 minutes before serving.

Pulled Soy BBQ Chicken

1/2 lb. cooked chicken breasts (1.99 lb)
1/4 red bell pepper, diced
1/2 bunch green onion, diced
4 tbsp (10 packets) ketchup
5 tsp. (5 packets) raw sugar
2 tsp (5 packets) soy sauce

Preheat pan on medium. Shred chicken with fork. Hold chicken breast and scrape fork across the grain and pieces will shred away. Add bell pepper and

green onion. Sauté for one to two minutes. Add ketchup, sugar, and soy sauce. Stir until combined. Add chicken. If sauce is too sticky add a tablespoon or two of water. Remove from heat and serve.



Photo by Trish Corrigan

What to see on DVD

BY BLAINE H MOGIL
Pride Staff Writer

Adam Sandler is consistent. He is consistently good to those people he has adopted as his film family, including them in every project he oversees. He consistently repeats themes such as his continuing to honor his father, either as a quiet saint in "Click," or as a father whose faith in Sandler's character shows through in "Don't Mess with the Zohan." This repetition of themes, story and actors can run the risk of becoming stale quickly.

In 'Zohan' Sandler takes a novel approach with his standard story by wrapping it in a superman cape. If Sandler has proven anything with his body of work so far, he is a gifted storyteller, a fine comedic actor and can put it all together in a style uniquely his own. In this film, however, he stretches perhaps too far. His attempt to portray a Jewish double "oy" seven is intentionally ridiculous and often funny, but is not up to the level of refinement of some of his most recent character creations such as Henry Roth in "50 First Dates," where he showed tenderness and compassion in a very common man. There you felt for him and wanted desperately for him to win the girl. As Zohan, a Jewish copulation

machine (yes I'm Jewish and keenly aware of the oxymoronic nature of this description) in love with a Palestinian woman, he seems more than a little bit sleazy and someone for whom you really don't cheer for. He was clearly trying to point out, by using a Jewish and Palestine love which cannot be, that perhaps Rodney King was right when he said "Can't we all just get along?" It's not hard to say that you could get along without seeing this movie, but for a few chuckles, it couldn't hurt.

--- What to See ***

"Taxi to the Dark Side," doesn't give anything away as to the horrors contained within. If you're thinking Stephen King, you're thinking about the wrong kind of horror, although he has nothing on the truly horrific inhumanity that we have inflicted on people, both innocent and guilty of crimes. What our country and our people have done in the name of deterring terrorism is criminal, sadistic and reprehensible. The well known football player who headed up a dog-fighting ring created more of a public outcry than the offenses perpetrated on people in this film. Yet the criminals exposed in this film walk free and without remorse.

In this film, director Alex Gibney courageously chronicles the atrocities against prisoners in Afghanistan and focuses on

one case in particular, that of a village taxi driver named Dilawar. According to the official Army autopsy reports in the film, Dilawar was brutally beaten to death after only five days in custody at Bagram Air Base in Afghanistan. His death was reported on widely and it is clear that those who caused his death were heinous in their actions and it is still unclear how high up the chain of command the orders to treat prisoners in this fashion went. It is not too difficult to imagine that this came from the very highest levels of military command. No matter the driving force behind these crimes, this film goes to great lengths to try to discern the truth. In response to the excellent reporting contained in this film and the sensitive manner with which all concerned have been portrayed, this film has received a 100% rating on the film review site Rotten Tomatoes making it the third highest film rating in that website's history. Do not watch this film if you are squeamish or you fear knowing the extent to which absolute power corrupts. For those brave souls who will embrace the truth, this film is not only a What to See, it is A Must See. --- What to See *****

Top 10 songs for Fall 2009

If you're looking for new music to put on your MP3 player, you're going to want the most popular songs playing on campus and across the county to dance to, study to and hang out with friends to. Here's what iTunes has listed as the top ten downloaded songs.

Song	Artist
1. Party in the U.S.A	Miley Cyrus
2. Whatcha Say	Jason DeRulo
3. I Gotta Feeling	Black Eyed Peas
4. Down	Jay Sean & Lil Wayne
5. Paparazzi	Lady GaGa
6. Empire State of Mind	Jay-Z & Alicia Keys
7. Cowboy Casanova	Carrie Underwood
8. Run This Town	Jay-Z, Rihanna & Kanye West
9. Forever	Drake, Kanye West, Lil Wayne & Eminem
10. Use Somebody	Kings of Leon

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Ten things to do for under \$25.00

COMPILED BY
JORDAN VERDIN
Pride Staff Writer

1. K1 Speed Carlsbad
6212 Corte Del Abeto
Carlsbad, CA 92011
Phone: (760) 929-2225
Cost: \$20.00 (Includes 14 lap race)

If you are looking for the perfect introduction to go kart racing in San Diego, this North County indoor karting track in Carlsbad is for you. With speeds approaching 40 mph on the straightaway and other racers vying for position all around you, you're sure to feel the rush! K1 speed entertainment venue offers 70,000 square feet of space that includes arcade games, sitting areas, and a snack bar on a 1/3 mile-long indoor karting track. So if you have always wanted to be a race car driver, this is for you!

2. Petco-Park Padre Game
100 Park Blvd
San Diego, CA 92101-7405
(619) 795-5000
Cost: \$12.00

Enjoy a ballgame at beautiful Petco Park! What a bargain: for under \$15.00, the

Coca-cola Value Weekend gets you an upper reserved ticket, hotdog and a Coke any Friday through Sunday during the Padres regular season home games.

3. USS Midway Museum
910 North Harbor Drive, San Diego, California, 92101
Cost: \$17 adult ticket.

This is something you can't miss! With San Diego's ties to the military, the USS Midway Museum is an unforgettable adventure. Go to sea without

leaving port! Explore more than 60 exhibits with a collection of 25 restored aircraft. This is located at the harbor in downtown San Diego. Pair it up with another San Diego attraction for a great day.

4. Boomers! Vista
1525 W. Vista Way
Vista, CA 92083
(760) 945-9474

Unlimited Attractions: \$19.99
For the kid in you, try Boomers. There is plenty to do. For one price you get unlimited Go-Karts, Bumper Boats, and Miniature Golf and Laser Tag. If that isn't enough there is also an arcade and pizza!

5. Dave & Busters
2931 Camino Del Rio N
San Diego, CA 92108-1658

Eat & Play Combo - Entree & \$10 Game Card for Only \$15.99

Everyone has a fun time at Dave & Busters. That part of you that wants to have a good time, let loose, and eat, drink and play will be filled at Dave & Buster's. The restaurant serves everything from Wings to New York Strips, filled with the latest interactive and video games. This is a great price for a meal and some fun!

6. Iceoplex Escondido
555 N Tulip St
Escondido, CA 92025-2532
(760) 489-5550

Admission and Skate rental Adult: \$10.

Who says you can't ice skate in San Diego? For those of you who get nostalgic at winter, Iceoplex, Escondido offers indoor ice skating in addition to a full service skate shop and a snack bar in which to warm up and have a hot chocolate!

7. Balboa Park
Downtown San Diego

Prices vary

Take the bus or trolley to Balboa Park. With 13 different museums ranging from art to science and plenty of free attractions with lush gardens and beautiful landscaping, Balboa Park is a sure bet for any budget. Be a kid again and ride the Balboa Park Carousel and Miniature Railroad or plan a picnic or go the theatre or a concert. There is something for everyone at the park.

8. Seaport Village
Address: 849 West Harbor Drive
Downtown San Diego, CA 92101
Tel: 619-235-4014

Alongside four miles of tree-lined paths you'll find all sorts of entertainers doing their thing: bands, singers, dancers, magicians, and many more. There's something for every age, so have a seat, take in a show and get a little sun. From surf and turf to burgers and pizza, ice cream, cookies, and popcorn; whatever you're craving it's at Seaport Village. Thirst's covered too—sodas, milkshakes, lemonade, beer, wine, cocktails and, well, too many drinks to list! Before you leave there is one last decision to make: do you eat at a table inside or out on the deck with a view of the bay?

9. Belmont Park
3125 Ocean Front Walk, San Diego, CA 92109

Unlimited One day Ride pass: \$22.95.

Free parking and free park admission

Located at the Beach, Belmont Park offers lots of fun and San Diego sunshine. Visitors can enjoy amusement park rides, ride the waves at Wave House, and play mini golf, arcade and midway style games, and shop.



Conclude your day by enjoying a great meal at one of the beach front restaurants offering a wide taste of different foods throughout the Park.

10. South Bay Drive In
2170 Coronado Ave
San Diego CA 92154-2096
(619) 423-9676
Tired of same old boring movie

theaters? Well go to the Drive In! Adult admission is \$7 per person. Open 7 nights a week, South Bay Drive In has the latest movie selections same as any theater in San Diego! Snack Bar features many items and low prices! Go back in time and enjoy a movie and our wonderful starlit San Diego evenings.

Coming to theaters

BY BILL RHEIN
Senior Staff Writer

In Theaters for October 2nd

Wide Release
Capitalism: A Love Story
Starring: Michael Moore
Moore explores the economic crash and the ties

between business and government in his latest documentary.

A Serious Man
Starring Michael Stuhlbarg and Richard Kind
Another Coen Brothers dark comedy about a man's life falling apart surrounding his teaching job, his wife's

desire for a divorce, his annoying brother, and his neighbor who sunbathes nude.

Zombieland
Stars: Woody Harrelson and Jesse Eisenberg
A film set in a zombie infested world that shows the fun side of the apocalypse.

Whip It
Starring Ellen Page and Drew Barrymore
Barrymore's directorial debut tells the story of an anxious teen who finds release in the world of roller derby.

The Invention of Lying
Starring Ricky Gervais
In a world where no one lies, an author finds a way to profit when he starts fibbing.

Limited Release
More Than a Game
Starring LeBron James
More Than a Game is a documentary that shows the struggle to success of LeBron



Image courtesy of Universal



Image courtesy of Sony Pictures

James and other high school basketball players.

St. Trinian's
Starring Talulah Riley and Rupert Everett
In order to save a liberal private school, the students plan a heist in this comedy from the UK.

In Theaters for October 9th
Wide Release
Couples Retreat
Starring Vince Vaughn and Jon Favreau

Four couples set out on a tropical vacation that happens to be a couples retreat.

Limited Release
Good Hair
Starring Chris Rock, Maya Angelou, and Al Sharpton
Rock sets out to explore the world of hairstyles in African American communities.

An Education
Stars: Peter Sarsgaard and Alfred Molina
Set in the 1960's, a teenage girl's life is changed when a playboy moves in nearby.