

Greek Life Update



Photo by Ben Roffee / The Pride

"Bid day" at CSUSM welcomes prospective members to its Greek community

San Marcos Sheriff's Department cracks down on traffic control

Congested intersections are quickly becoming a byproduct of CSUSM growth

BY JONATHAN THOMPSON
Pride Staff Writer

The intersection of Craven Road and Twin Oaks Valley Road often accumulates congested traffic. The congested traffic creates chaos for Cougars and local residents. Recently, the San Marcos Sheriff's Department notified CSUSM of the constant complaints they receive regarding the intersection. Due to the overwhelming complaints from city residents, the sheriff's department plans to focus more attention on the intersection.

The sheriff's department aims to enforce all vehicle codes, but more specifically, they plan to focus on violations of Vehicle Code 22526, also known as the Anti-Gridlock Law. The viola-

tion costs approximately \$150. University police are currently focusing on other aspects of traffic inside CSUSM. If the sheriff's department requests assistance in patrolling the intersection, then university police will offer its support in the matter as well.

Drivers violate the code when "they are sitting in a busy intersection and it is his/her turn to go through but they cannot make it all the way through the light and it turns red. They are blocking the intersection," said Lieutenant Douglas Miller of the University Police Department.

"It is pretty basic. You block the intersection and you get a ticket just like anywhere else. The problem is really that the traffic is

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Tijuana factory workers discuss globalization issues with CSUSM community

BY JACKIE CARBAJAL
Pride Staff Writer

Thursday, Feb. 21 – The Center for Border and Regional Affairs hosted a screening of the film, 'Maquilapolis: City of Factories' followed by a discussion with filmmaker, Sergio De La Torre and promotoras, Hispanic community outreach workers, from Tijuana featured in the film.

There are currently about 4,000 maquiladoras across the Mexican border. Eighty percent of the labor force in maquiladoras (factories) are women. Women are often preferred over men because they are "cheap, docile and have agile hands." The average maquiladora worker receives \$11 per day.

"We are simply objects of labor," said a factory worker in the film.

To create the film, filmmakers collaborated with factory workers in Tijuana, community organizations in Mexico and the United States to illustrate globalization through the eyes of the women at the center of the industry. The film focuses on the devastating impacts of globalization on its factory workers and the environment.

Filmmakers provided the women with cameras and taught them how to shoot. For five years the women documented their daily lives. The film concentrated on the abandoned factories and toxic waste products dumped throughout the com-

munity.

"Tijuana is nobody's trashcan," exclaimed one frustrated worker in the film.

Although 'Maquilapolis' stresses the fact that globalization provides corporate freedom to move around the world in pursuit of cheap labor and lenient environmental regulations, it also shows that workers can organize ways to demand appropriate law enforcement successfully.

In the film, many of the women were fighting back against the companies they worked for. Carmen Durán and her coworkers filed suit against Sanyo Electric Company for their entitled severance pay when the company abandoned their factory in Tijuana and moved to Indonesia. At the end of the film, their case settled and they received

severance pays ranging from \$1000-\$2000.

After the screening, CSUSM faculty member, Dr. Ranjeeta Basu, introduced De La Torre and three promotoras to a round of applause from the lecture hall. The featured guests were met with a multitude of questions stemming from the film.

Director Sergio De La Torre served as translator for the promotoras.

Many students placed blame on the Mexican government for its lack of initiative on the issue and asked why certain laws were not in place to prevent businesses from contaminating the environment.

"Enforcement in environmental regulations is lax. There are laws in place. Laws are not the prob-

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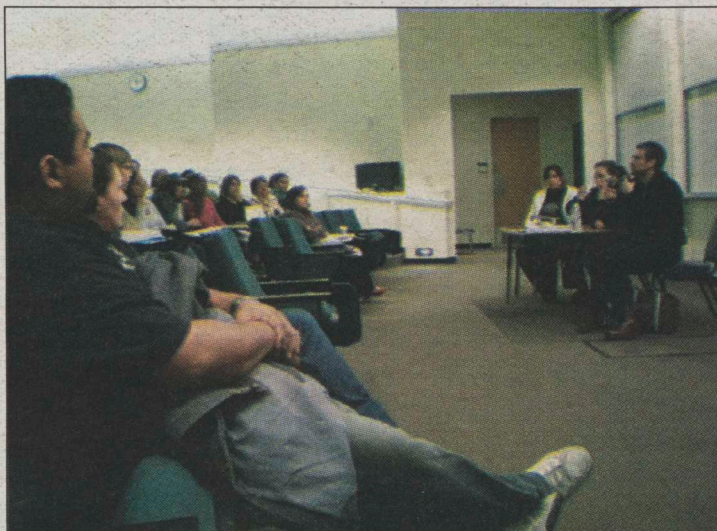


Photo by Jackie Carbajal / The Pride

Thinking Outside the [lunch]Box: Are you Passing?

Monthly Program Continues its Multicultural Educational Forums

BY IVAN GARCIA
Pride Staff Writer

Today, Tuesday Feb. 26, during University Hour, Multicultural Programs will host its first 'Thinking Outside the [lunch] Box' forum in University Hall 100.

The Thinking Outside the [lunch]Box series is a monthly forum facilitated by Cal State instructors and/or guests to have an open and safe discussion about that session's particular topic. This month's topic is: "Are you passing?"

"Passing is a sociological concept which refers to members of a racial group being accepted by others of a different race," explains Jay Franklin, Coordinator of Multicultural Programs.

Facilitating this event is Dr. Elise as well as Dr. Wilson of Cal State San Marcos, in conjunction with Lori Walkington, a graduate student of CSUSM. With a diverse group of educated and insightful facilitators with a willingness to learn, this

event is sure to attract the attention of many students eager to get involved, let their voices be heard, and make connections.

"Statistics say that students who form relationships outside of classrooms are more likely to graduate and continue on to grad. school and these venues provide opportunities to make connections and social support groups outside of the classroom," states Franklin.

The forum coordinators are looking forward to engaging students and answering any questions or ideas that they may have.

"It would be a good place to meet people that have different opinions about 'passing'. It's an avenue to discuss relevant contemporary issues and eat free food," said Kevin Chatham, a student Peer Educator at the Cross Cultural Center.

Multicultural Programs encourages any student enticed by the promise of free food and the opportunity to discuss contemporary issues to attend the monthly event.

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headed down one lane. Students need to pay attention" said Junior Business Major Scott Brankov.

Miller offers several suggestions in reducing congestion for Cougars. He identifies 7:45 a.m. to 9:00 a.m., Monday through Thursday; 9:30 a.m. to 10:00 a.m., on Monday and Wednesday; and 10:00 a.m. to 10:30 a.m., on Tuesday and Thursday as peak traffic times. Miller further suggests that by increasing awareness of these times Cougars can

arrive at alternate times to reduce the problems associated with peak traffic congestion.

"Nobody parks in X, Y, or Z lot. Very few students park in upper or lower B lot. If people managed when they came onto campus and parked on B, X, Y, and Z lots then they would reduce a lot of traffic. They pass open spaces. If we can get people to show up on non-peak times and park in other spaces, it would greatly reduce traffic," said Miller.

The traffic lights installed last

semester aid in assisting traffic.

"Redesign would only help so much. If so many people all arrive at the same time, then there is going to be traffic," said Miller.

"Having those lights put up was supposed to relieve traffic, but they have also caused traffic problems. For instance, traffic going to the top parking lot. The school meant well but the school stop lights are only doing so much" said Junior Nursing Major Marc Fontanares.

Some students feel the traffic

lights inside CSUSM have helped as well.

"I feel the signals have helped the traffic on campus. It seems more controlled than before," said Junior Business Major Danielle Duncan.

Ultimately, Cougars and city residents can benefit from stricter enforcement at the intersection.

"If people are not blocking the intersection then traffic will flow much smoother for everyone," said Miller.

Southern California wildfire update: four months later

BY ROSS LICHTMAN
Pride Staff Writer

It has been four months since the horrifying and destructive Southern California wildfires occurred back in October 2007, obliterating at least fifteen hundred homes and over hundreds of thousands of acres.

Residents in cities such as Poway and Westwood are continuing the rebuilding process. Neighborhoods still display signs outside their homes and busi-

nesses, offering thanks to firefighters for all of their help.

After the containment of the fires, many organizations and foundations were set up to make it easy for those interested in donating to families that lost their homes. One non-profit organization called the "After-the-Fires Fund", allows the public to donate money online at just the click of a button.

While some lives in Southern California are back to normal, there are still hundreds of fami-

lies that have to deal with rebuilding their homes and coping with the loss of material possessions. Some organizations are doing their part to help out the children affected by the fires, providing them with school supplies, clothing, and other essential items for everyday living.

Monetary items are not the only things that people are donating. The San Diego Fire Recovery Network (SDFRN) provides preventative safety information, with the belief that knowledge

plays a huge role and should be shared with the people of Southern California. This organization believes that people can create a better living environment by learning how to prevent another horrific fire from occurring.

SDFRN holds wildfire update meetings in order to inform the public about the current recovery process. The network also holds field trips that teach the community how to preserve the wildlife around them.

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lem—enforcement is," answered De La Torre. "The Mexican government should be doing more for their people and they aren't. Other countries have and while nothings perfect, they are taking better care of their workers. One way they are doing this is by placing a small tax on exports."

Another issue is the lack of awareness within the industrial companies. Many business owners rarely visit their factories.

"A lot of managers have seen the movie and feel terrible," said De La Torre. "But the problem is, they ignore the issues because they don't want to deal with them."

"Even though there is hope from the workers, people in power don't care," added Lordes Lujan through translation from De La Torre. "If you stop con-

suming too, we (factory workers) lose our jobs. If you're trying to help, don't stop buying our products."

"Global capitalism is almost invisible. How can you not buy a computer or coffee? Honestly, I don't have an answer," added De La Torre.

One solution both De La Torre and the promotoras agreed on was for people to write letters and make phone calls for individual factories. De La Torre explained that grassroot tactics are the most effective in these cases because each one has its own issue.

Lujan and the other promotoras held back tears when they received a standing ovation at the end of the discussion.

"No hay sacrificio," said one promotora, regarding the lack of involvement from the Mexican government. There is no sacrifice.

Police Beat

Update (2/06/08 8:50 a.m. - 10:30 a.m.)

The driver came forward that had previously left a partial note after damaging a car in Lot F. Both parties exchanged the correct information for settlement.

2/15/08 5:00 p.m.

An officer patrolling Twin Oaks and Barham observed a vehicle running a red light. After the traffic stop, the officer determined the driver had a suspended license. UPD cited the driver, and released the vehicle to the driver's mother.

2/16/08 12:32 a.m.

An office responded to a radio call of a possible drunk driver at the intersection of

Campus Way and Barham, and stopped a vehicle matching the description. Although the driver and passenger were not found to be under the influence of drugs or alcohol, they were cited for possession of 1.2 and .6 grams of marijuana.

2/16/08 11:30 a.m.

On Twin Oaks, the driver of a blue mustang overcompensated, lost traction on the rear tire, jumped the curb, and collided with the chain link fence. The Mustang had moderate damage to the rear axle requiring the vehicle be towed.

2/17/08 1:05 a.m.

In Science Hall II, an officer discovered a graduate student

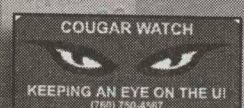
sleeping in room 304.

2/18/08 3:30 p.m.

A student left a wallet and cell phone in the restroom on the fifth floor of the library. When the student returned, the property was gone. Any info contact UPD.

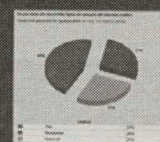
2/19/08 12:50 a.m.

An officer stopped a vehicle on Twin Oaks with a burned out head lamp, a non operating break light, and found the driver to be under 21 years of age in possession of alcohol. The officer cited the driver for minor transporting alcohol.



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Student Polls

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www.thecsusmpride.com

Upcoming concerts recomended by The Pride

Feb. 29 7:00 p.m. SOMA Sidestage: The Wrong Trousers, Anglin, Heaven is for Sinners, Aquaculture, Bedford Grove

Feb. 29 7:00 p.m. The Epicentre: Get Back Loretta, Scarlet Symphony, The Silent Comedy, Paper Mache, To Talk Panda

Feb. 29 8:00 p.m. Mueller College: Kenny Eng, EJP, Derek Evans

Feb. 29 9:00 p.m. Surf & Saddle Bar: Lee Coulter

Mar. 1 8:00 p.m. Yoga One (Downtown SD): Dawn Mitschele, Carlos Olmeda, Martin Storrow

Mar. 1 8:00 p.m. Mueller College: Rob Deez, EJP

Mar. 5. 8:00 p.m. U31: Molly Jenson, Saba, Nyles Lannon, The Smart Brothers

Mar. 6. 8:00 p.m. Belly Up: The Hotel Cafe Tour- Featuring Ingrid Michaelson, Cary Brothers, Greg Laswell, Kate Havnevik, Jessie Baylin and Jim Bianco

Mar. 14 7:00 p.m. The Epicentre: Driving East, Shining Through, Parade the Day, Sierra Leone, Joy in Tomorrow

Mar. 15 9:00 p.m. The Casbah: West Indian Girl, Wendy Darling, a.m. vibe

Mar. 23 8:00 p.m. Surf & Saddle Bar: Love Campaign


Mar. 26. E St. Cafe: Gayle Skidmore at the Rock for Africa Benefit

Mar. 26 8:00 p.m. U31: Bushwalla w/ Jes Hudak & Kirsten Pierce

Mar. 29 All day!! San Diego Indie Music Fest (30th street)

Pride Horoscopes

<p>Pisces February 19-March 20 Stop caring so much about what other people think about you. In the long run, it doesn't really matter, and you might lose "you" in the process of being what others want you to be.</p>	<p>Taurus April 20-May 20 Try not to let others get you down this week, pal. There is light at the end of the tunnel, and even if you can't see it, you're better off moving forward than going back to that creep-of- an-ex anyways.</p>	<p>Cancer June 21-July 22 This is a good week for you to buy a lottery ticket. I can just feel it.</p>	<p>ever seen you as glowing and brilliant as you will be this week.</p>	<p>Sagittarius November 22-December 21 A new relationship is just the fix you need to get back on track to regain your happiness.</p>
<p>Aries March 21-April 19 You are red hot this week my friend. No need to bundle up in the chilly weather, you're hot enough all on your own. Be careful around loved ones, we don't want anyone getting burned.</p>	<p>Gemini May 21-June 20 Ah, Gemini. Someone you care for deeply has entrusted you with a special message, my friend. Their well-being rests in your hands, so be sure not to f*** it up.</p>	<p>Leo July 23-August 22 You are one sneaky, sly devil, you. Your strength this week is knowing when to cut the ties and disappear without as much as a second glance back.</p>	<p>Libra September 23-October 22 Have fun taking pleasure in the small things in life this week. Now is the time to indulge and seize the moment!</p>	<p>Capricorn December 22-January 19 Stop being so angry. No one likes a Debbie-downer.</p>
		<p>Virgo August 23-September 22 This week your confidence and inner-light will align perfectly, and no one will have</p>	<p>Scorpio October 23-November 21 Dance. Laugh. Live. Love. No one is watching, I promise.</p>	<p>Aquarius January 20-February 18 It's time find a new hobby. How about taking up kick-boxing or baking cookies?</p>



Calendar of Events

<p>Tuesday, Feb. 26 09:00 AM BLOOD DRIVE LIB PLAZA</p> <p>12:00 PM ASI PRESENTS BLACK HISTORY MONTH SPEAKER LIB PLAZA</p> <p>04:00 PM SUMMER STUDY ABROAD, SPAIN OR COSTA RICA LIB 1109</p> <p>05:30 PM ALCALDE DE ZALAMEA READING GROUP LIB 2413</p> <p>06:00 PM EATING DISORDER PANEL ACD 102</p> <p>07:00 PM HOBIEY FORD ARTS 111</p>	<p>Wednesday, Feb. 27 12:30 PM EATING DISORDERS: GUIDELINES TO REFER COM 206</p> <p>Thursday, Feb. 28 08:00 AM INFO TABLE FOR NORTHSTAR LIB BREEZEWAY, LIB TERRACE</p> <p>09:00 AM PEACE CORP INFO TABLE LIB BREEZEWAY, LIB TERRACE</p> <p>12:00 PM PIZZA AND POLITICS ACD 102</p> <p>12:00 PM FRONTIERS IN SCIENCE SEMINAR SCI2 208, SCI2 243</p>	<p>Friday, Feb. 29 10:00 AM STUDENT RESEARCH COMPETITION MARK 202, MARK 210, MARK 214</p> <p>10:00 AM SOULFOOD LUNCHEON CFHUSU 113</p> <p>12:00 PM TUKWUT LEADERSHIP CIRCLE WORKSHOP UNIV 337</p> <p>12:00 PM STUDENT RESEARCH COMPETITION AWARDS COM 206</p> <p>04:00 PM CAREER SERVICES CENTER WORKSHOP ARTS 240</p>	<p>Saturday, Mar. 1 07:00 AM 31 WOMEN IN 31 DAYS FORUM PLAZA</p> <p>08:00 AM EDST 633E VIDEOCONFERENCING SESSION MARK 104</p> <p>Sunday, Mar. 2 31 WOMEN IN 31 DAYS FORUM PLAZA</p> <p>Monday, Mar. 3 31 WOMEN IN 31 DAYS FORUM PLAZA</p> <p>IMPRINT OF WOMEN 2008 ARTS LOBBY</p>
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(Email event submissions to pride@csusm.edu ATTN: Calendar of Events)

Spotlight on the Cross Cultural Center

BY IVAN GARCIA
Pride Staff Writer

We have all seen it, but have only spared a glance in its direction as we just continue on our merry way to Cougar Central or the University Store. It is that one lone room on the third floor of Craven Hall right across the hall from the plethora of murals. It is room 3400-A—better known as the Cross Cultural Center—a place that is warm and open to anyone looking for a multicultural and sociable experience. Jay Franklin, Coordinator of Multicultural Programs, describes it as, “A physical space to relax, with access to computers, printers, and a multicultural library to help them academically. It is also an area where you can critically discuss issues of multiculturalism and diversity.”

The Cross Cultural Center is an accepting environment with a multitude of different students who go there to relax, do homework, or simply take a break from class to be with friends. Furthermore, with a courteous staff of Student Peer Educators whom have an extensive knowledge of the environment and a host of diversity programs, there is much to learn from them as well as C3's visitors. “I love being a part of the growing diversity on campus and giving

other people the opportunity to interact with other cultures,” says Auriel Dicé, a Student Peer Educator in the C3.

The academic and personal growth aspects of C3 are valuable to one's growth as a person, and what better way is there to learn, than to learn while having fun? With the combination of a set of large, red, and very comfortable couches as well as a giant 42” plasma screen, it is paradise for any student who wishes to relax while watching the news or Discovery Channel. Along with the connections that the visitors and staff of the C3's bring, the center is also conveniently connected with the Student Life & Leadership office (SLL), home to Orientation Team, Greek life, and 80+ other student organizations.

“So many different people come in and just hang,” says Kevin Chatham, Student Peer Educator of C3, “It's a friendly place with a lot of laughs and smiles.” With its warm atmosphere, welcoming environment, and room to relax, learn, and grow, the Cross Cultural Center is a room on campus that should be visited regularly. In addition, having made a multitude of lifelong friendships in that office myself, it'd be hard to *not* find me in C3 regularly.

iPod shuffle now iAffordable

BY TIM MOORE
Pride Staff Writer

Tuesday, Feb. 19 — Apple announced a few notable changes with the famed iPod shuffle—some changes that just might revive the low capacity, screen-less MP3 market. The most notable change is the dropping of the 1GB shuffle's price from \$74.99 to \$49. “At just \$49, the iPod shuffle is the most affordable iPod ever,” said Greg Joswiak, Apple's vice president of Worldwide iPod Product Marketing, in a press release. Apple also announced a 2GB shuffle that maintains the same design as the 1GB, for \$69. “The new 2GB

model lets music lovers bring even more songs everywhere they go in the impossibly small iPod Shuffle,” said Joswiak. The 2GB version will be released later this month.

The announcement has gone over well with most consumers, however a commenter on macworld.com brings up a valid point about the 2GB version. “I think these upgrades for the shuffle are silly, especially for the 2GB version. Who wants 500 songs (33 hours) that you can only go forwards or backwards or random?! The shuffle is starting to creep out of its purpose.”

The recent changes bring Apple's product closer to the price range of the second-rate MP3 players. One

of the most similar ‘cheap’ alternatives is the COBY MP-C582 Clip MP3 Player. The MP-C582 is a 1GB player with all of the rudimentary functions of the iPod Shuffle, though marginally less attractive. The COBY player retails for as low as \$25, but has received sub-par reviews relating to the aesthetics and dependability.

One of the more popular alternatives is the Creative Zen V. The Zen V 1GB player sports a \$59.99 price tag and boasts a 1.5-inch color screen. The price tag along with fact that the device has a screen makes it one of the more desirable choices among the vast sea of low-capacity MP3 players.

Counseling services at SHCS free to students

BY ANDREW GARAI
Pride Staff Writer

SHCS, or what most students know as: the health place across the street, stands for Student Health and Counseling Services. Many students here at CSUSM have utilized the medical services offered at SHCS, but most have not taken advantage of the counseling services available. “I've never heard anything about the counseling services available to us at SHCS. I've been there to get some shots taken care of, but that's it” said Mini Contreras.

With student health fees totaling \$90 per semester, most Cougars are using only half of the services available to them. Sometimes personal problems such as “anxiety, depression, loss, financial prob-

lems, or relationships” mixed in with the stress that comes with school can be too much for one person to handle. According to the SHCS website, “Our goal is to provide a supportive, confidential setting in which these concerns can be addressed.” Counseling is available to all students at no charge, other than the initial health fees paid before the semester.

If you fall under any of the fields above, why not step outside of your comfort zone and visit SHCS? It could not only help you out with personal issues, but it could ultimately help you with academic success. “With school comes a lot of academic related stress. After hearing about the psychological services provided, I might consider paying SHCS a visit to help me out with the stress” said student

Tramon Jackson.

“Students may be seen for up to eight sessions per academic year, including the Counseling Assessment session. Sessions are usually held weekly and are 50 minutes in length. Groups may be longer-term, and are usually 90 minutes in length,” according to the SHCS's website. There are also programs available to students offered at SHCS, to promote being and staying healthy including: workshops, guest lectures, an internship program and more.

If you're feeling overwhelmed by the combination of school and personal conflicts, don't be afraid to schedule an appointment via phone or website. For more information, please visit: www.csusm.edu/shcs or <http://csusmhealth.wordpress.com/about>

Caffeine Craze: Who's drinking what and where to get it

BY ALEX HAND
Pride Staff Writer

When living the life of a college student, adequate rest seems hard to come by. With the average student attempting to balance time spent in class, at work, doing homework, preparing for exams, and still maintaining a social life—a little pick me up is needed more often than not.

Since the energy drink craze began a number of years ago, students know where to go to get that extra boost in their day. Instant energy is becoming as much a part of campus lifestyle today as protesting was in the 60s.

So where can a student go when they find they need to prop their

eyes open just to appear to be awake? There are a few different locations on campus where energy drinks are available for purchase. Probably the most popular choice is the Cougar Corner Convenience Store located in the Dome.

Understanding the demand, the store supplies its customers with a wide variety of brands and flavors including but not limited to Monster (including Java), Rockstar, Amp, and of course the classic Red Bull. According to store manager, Melanie Niedens, the most popular among students is Monster M-80. “Friday morning, my first three sales were monster M-80s” said Niedens. Cougar Corner offers an M-80 for \$2.81 (not including sales tax). A stu-

dent should expect to pay no more than this when looking for that extra boost in his or her day.

Other places on campus where energy drinks are made available to students include the Campus Coffee Cart, located not too far away from Cougar Corner but in a convenient outside location. The privately owned business is also compliant with college students' need for a caffeine buzz in the middle of the day. Campus Coffee offers a similar assortment with comparable prices. There are also a number of vending machines one can find scattered around campus, where you may be able to get your fix. Rockstars for instance, can be found in nearly all Coco-Cola vending machines for a quick pur-

chase.

So what does it mean to the college student to have instant energy at their fingertips? Melanie Niedens would say that energy drinks “play a huge role on campus”. At any point during the day, a student is able to quickly make up for those few hours of sleep they missed by popping open a Monster. But does a highly caffeinated, artificially flavored beverage really fill the void? Its hard to tell at this point, since the long term effects of the energy drink craze has not yet been fully observed.

It is important though, to understand the healthy alternatives that are made available to students on campus at CSUSM. When asked about a healthy alternative, Nie-

dens (Cougar Store manager) suggested “Yerba Mate” which is an organic, naturally caffeinated tea reminiscent of a green tea flavor. Yerba Mate has just recently been made available for purchase in the Cougar Corner.

Another alternative to gain just a bit of energy and or focus is Vitamin Water. Also according to Niedens, “Vitamin water is our number one seller”. This reassuring fact proves that most students are still choosing the healthy alternative to give them that extra pick up.

It would not be a surprise, however, to see the way energy drinks are advertised and distributed on college campuses nationwide for years to come.



Some of the more popular energy drinks and other caffeinated beverages



Hookah Lounge
Pool Tables
Games

Great Food

Over 50 Hookah Flavor's
Monday Night Pool Tournament
Daily Lunch and Dinner Specials
Happy Hour 4:00-6:00 P.M.
1220 E Mission, San Marcos

Hubbly Bubbly Cafe and Grill

760-233-2334



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Camp Summer Jobs

Magdalena Ecke Family YMCA is hiring life guards, camp counselors and camp unit leaders. Check out our website at ecke.ymca.org

Dog Ownership Focus Group

Tuesday the 28th, from 12:00 pm- 1:00 pm during University Hour in University Hall 449. Everyone is welcome. tirad002@csusm.edu

If you would like to put in a classified, contact our advertising department at pride_ads@csusm.edu

Trestles: surf sanctuary safe for now

BY ELBERT ESGUERRA
Pride Staff Writer

An elderly statesman reminisced about how he spent his youth long ago at San Onofre State Beach. His worn blue eyes, grey hair and grizzled voice emitted a sense of familiarity that could send you back in time fifty years ago.

In those days, families would load up their vans with tents and surfboards and take a weekend drive to relax and enjoy unscathed vistas of the 3.5 miles of cool ocean breeze and sandy shores. It's one of the benefits living there in this area — being able to enjoy a great number of outdoor activities like running and hiking trails or simply watching surfers and wildlife as they crash up and down waves.

As he continued speaking, he would go on to mention how much of a blessing the land is as well as the entire state park system of California, like this one in San Onofre. It would be a shame that if many years from now, asphalt highways obliterated the natural settings only to save commuters countless hours stuck in traffic each year.

Though softly spoken, his words resonated with the importance of maintaining this natural reserve and how simply laying pavement over them cannot solve problems. Some things are better left in nature's hands and simply be left untouched by the hordes of politicians and developers. The name of this man, for those curious, was Clint East-

wood.

As the epitome of the California surf culture, beachgoers and surfers always speak with high regard about the pristine qualities of San Onofre State Beach — particularly the area known as Trestles Beach. It houses numerous breaks that range from beginner sets, to some of the finer breaks here on the west coast. These wetlands that are situated right on the Oceanside and San Clemente border maintains an environmentally-friendly surrounding, untouched by land developers, and one of the few of its kind that exists along the California coastline.

Even though this state park is the fifth-most visited amongst the 278 state parks in California—frequented by surfers and swimmers alike for its famous surf spots—it doesn't just cater to them. People come in their campers and trailers looking to admire a beautiful sunset along a spot on the beach. Trestles Beach is also a natural reserve that serves as home to numerous flora and fauna. Inaccessible by vehicles, thrill seekers usually park their cars off the side of a road and trek through a long, winding trail from either the upper or the lower ends of the state park to find this hidden gem of a surf spot.

For local Marines stationed in nearby Camp Pendleton, the area serves as a getaway from their day-to-day functions throughout the week, providing a little rest and relaxation. For them, Trestles is an introduction to the Pacific surf

culture, and for some, it's the first beach they've ever seen.

Perhaps it is for this reason alone that makes Trestles widely adored within the surfing community; earning its name as the Yosemite of Surfing. Annually, the area is host to world-class competitions hosted by the Association of Surfing Professionals, such as last year's Boost Mobile Pro, and events by the National Scholastic Surfing Association.

Yet, for all of its prestige, Trestles has seen its share of lingering and potential issues that threaten its serene shores.

The last several years have had locals galvanizing a debate over the latest issue that involves expanding a proposed toll road (an extension to State Route 241). The extension would connect Orange County and San Diego with the construction of a six-lane highway, and it is estimated to cost somewhere around \$875 million dollars to fund and help alleviate some of the traffic nightmares on Interstate 5. The main goal is to cut down gridlock for commuters who cross the borders into San Diego County daily.

In January, Gov. Schwarzenegger and a handful of other officials threw their support behind the proposed project and generated even more intense interest over the possible solutions, if any.

A 16-mile expansion would cut right through the state park and end right before hitting Trestles. Environmentalists and activists groups

argued that a highway of such magnitude would endanger wildlife and eliminate miles of hiking and biking trails, reduce campground areas and increase the amount of polluted runoff into the park's watershed, not to mention the loss of a world-class surf spot. This is the first proposed project of its kind to have a highway run through any state park.

Anytime commuters hear of a proposed solution to end gridlock, they generally jump on the opportunity to listen. Today, roughly 125,000 vehicles pass through the area each day. According to a study done by the Transportation Corridor Agencies based out of Irvine, an estimated trip down the Interstate 5 corridor could take almost an hour to get through by the year 2025.

Earlier this month in Del Mar, the California Coastal Commission (CCC) held a hearing and listened to the implications and concerns of the expansion's opponents. The crowd of more than 3,000 supporters provided testimonies and after 12 hours of deliberation, the CCC voted 8-2 against any proposed highway through San Onofre State Park — thunderous cheers of approval followed the decision. The majority of the supporters represented the "Save Trestles" campaign, which for years battled against such an expansion. The Commission concluded that aspects of the project simply failed to meet with California coastal regulations, and is simply inconceivable.

Mainly, the reason for this ruling

by the panel was due to inconsistencies the project had with the law, raising concerns for both the region and social responsibility.

Peter Douglas, the executive director of the CCC, said, "This toll road raises fundamental questions about what kind of environmental and social future we want for our coastal communities, our families, our children and theirs."

Though the locals won this battle, the war is still far from over—Orange county lobbyists have not conceded defeat over this loss. The proponents of the state route expansion intend to appeal to the U.S. Secretary of Commerce to overrule the Commission's ruling.

According to Thomas Margro, the Foothill/Eastern Corridor Transportation Chief Executive Officer, "This project is the best option for relieving traffic congestion with the least amount of impact on communities and the environment."

Still, the debate remains strong whether a highway through a state beach like the one threatening Trestles Beach is the best solution. Opponents to the highway expansion suggested studies that involve expanding Interstate 5 using innovative designs that would accommodate traffic.

Through the debate though, one thing remains clear: Trestles Beach is a California icon. If you've only been fortunate enough to drive through the area, you are missing out on something truly breathtaking.

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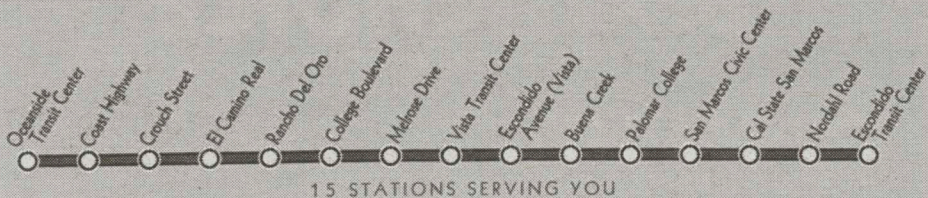


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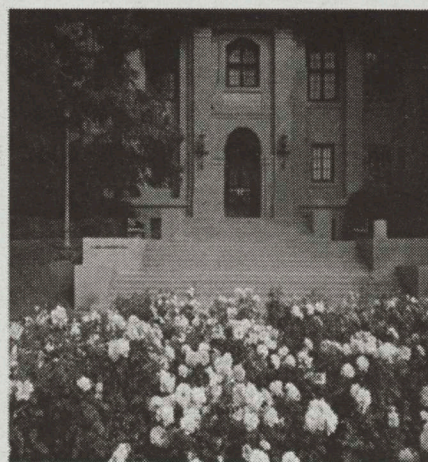
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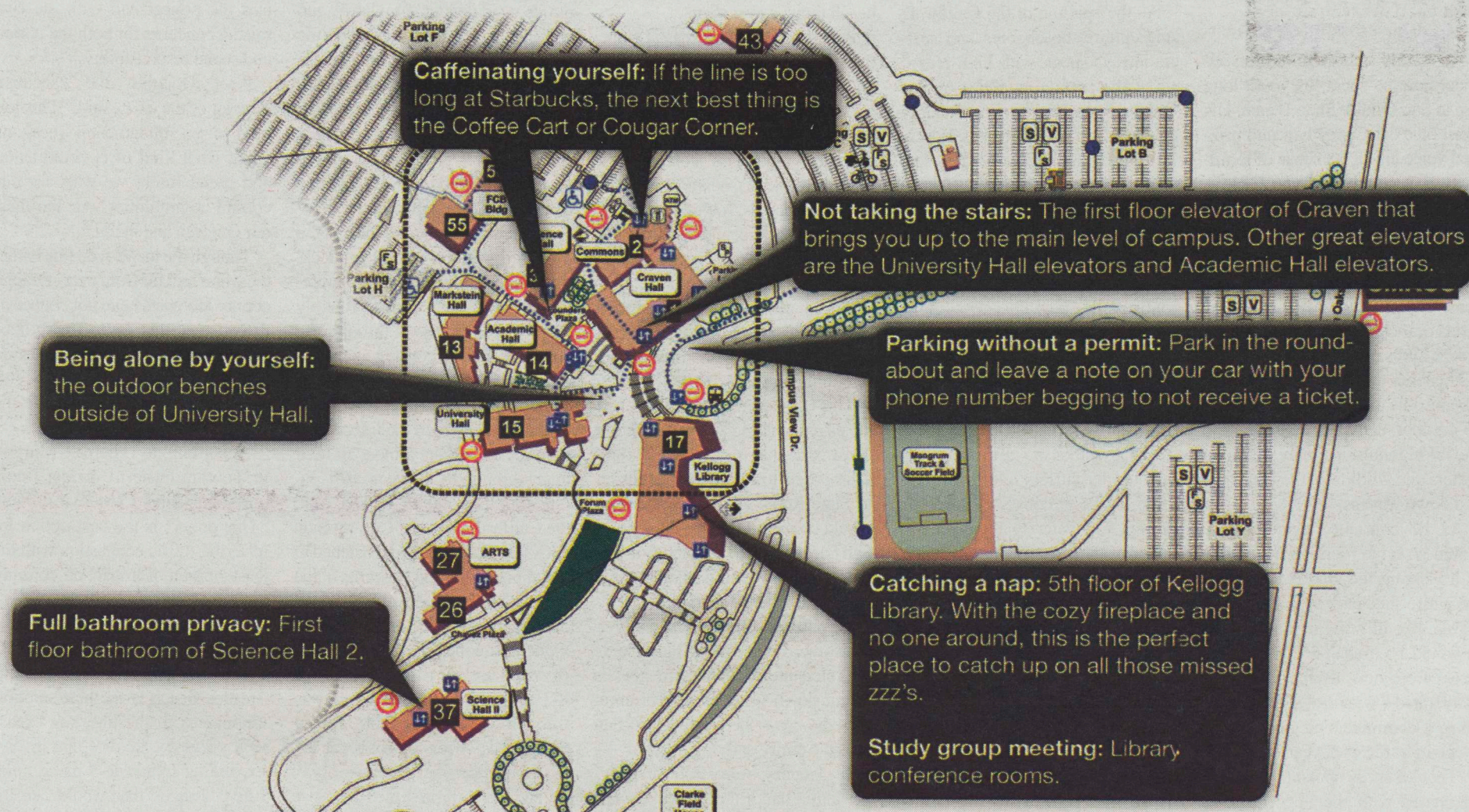
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Best place to eat, drink, sleep, study, walk,



Pride Investigates: Top 5 dirtiest places on campus

BY AMY SALISBURY
Pride Staff Writer

According to the Center for Disease Control, the 2007-2008 Flu Season is one of the worst on record. Some U.S. health officials believe the severity is due to an ineffective flu vaccine while others say the influenza strain's increasing antiviral resistance is to blame. Either way, bacteria and viruses are virtually inescapable.

Avoidance combined with prevention seems to be the best way to steer clear of infection. But what to evade? The following list draws from numerous medical studies and professional opinions to try to shed light on what are most likely the grimmest places on our campus.

1. Drinking Fountains

More like a rather large Petri dish. Robert Donofrio, PhD, director of microbiology for NSF International, found as many as 2.7 million bacteria on any given square

inch of a public water spigot (compared to a measly 49 on a public toilet seat) through an independent study conducted in 2005. The reason for the incredible amount of bacteria is because the faucet is always wet, creating one marvelous environment for *E. coli*, *staphylococcus*, and a whole host of other tummy-turning microorganisms. If you must, run the water for about 15 seconds before taking a sip as a way of clearing a portion of the existing bacteria.

2. Classrooms

That's right. Those things you're stuck in all day. University of Arizona researchers found that classroom desks have 20 times the amount of bacteria as you would find on an ordinary workplace desk; 7 times that of a doctor's office. "Desks are really bacteria cafeterias," says Charles Gerba, microbiologist. A classroom desk has the capacity to support 10 million microorganisms at any given

time. What's more, the desk you're at can keep a cold or flu bug viable for 72 hours, long enough to transfer them to several people. Antibacterial wipes can offer much appreciated peace of mind; they do kill 99% of surface germs.

3. Restroom Doors

Think about it. Every single person going in or out of the bathroom has to touch the same place. As said by the American Society of Microbiologists, approximately 68% of people actually wash their hands before leaving the restroom. So, that means that nearly one third of people have the ability to transfer the urine and fecal matter from several people to the restroom door, giving everyone the opportunity to share in the excitement. Lovely. Rule of thumb: say your ABCs while you wash your hands as a good 20 seconds will cleanse thoroughly.

4. Stair Handrails

It's no secret that CSUSM has

a rather hefty number of stairs on campus, which provides an unusually high prospect for germs to be exposed to a number of students. Microbes open to the elements are able to survive for about two hours on the metal, non-porous painted stair rails. As frightening as it is, researchers have found everything from *streptococcus*, *staphylococcus*, *salmonella* and *shigella* (the culprits behind dysentery), and even blood harboring hepatitis A. When it comes to a surface as common as stair railing, all I can say is this: just don't touch.

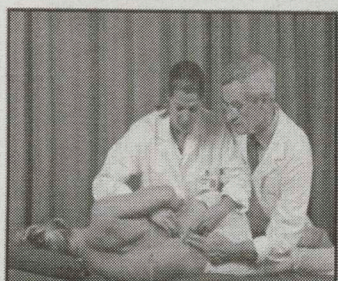
5. Vending Machines

Essentially, outdoor things with buttons on them are ghastly. If you buy your parking permits by the day, that keypad you touch can have 3,295 bacteria per square inch. Maybe you've decided to bypass the drinking fountain for bottled water. A vast improvement, yes, but the array of germs on the outside of the machine could trans-

fer from the button, to your hand, to the bottle top, right on into your mouth. Not only that, but paper money is one of the dirtiest things you can handle. Alcohol-based hand sanitizers come in quite handy in these situations, but be careful as overuse can cause your immune system to weaken.

As simple as it may seem, proper hand washing technique is truly your best defense against infection. If the faucet isn't automatic, use a paper towel to turn it on. The soap you use doesn't need to be antibacterial, but you must lather well, being sure not to ignore your wrists or forget about your fingernails. After about 20 seconds rinse thoroughly, and choose a paper towel over an air dryer, as it can blow bacteria all over your freshly washed hands. Don't rely on the alcohol-based hand sanitizers either; there's no substitute for soap and water.

Considering a Career in Physical Therapy?



You are cordially invited to attend a reception to learn more about the University of St. Augustine and its Physical Therapy resident and part-time distance learning programs in San Diego, California. If you have or are completing a bachelor's degree and want to pursue a career in physical therapy, come learn about the options at one of the information sessions below.

Tuesday, February 26

7:00 pm to 9:00 pm
Check-in begins at 6:30

University of Saint Augustine
at San Diego
16870 West Bernardo Dr. Suite 200
San Diego, CA 92127

Saturday, March 8

10:00 am to 12:00 pm
Check-in begins at 9:30

Crowne Plaza Hotel Fullerton
1500 South Raymond Avenue
Fullerton, CA 92831

Saturday, April 5

10:00 am to 12:00 pm
Check-in begins at 9:30

University of Saint Augustine
at San Diego
16870 West Bernardo Dr. Suite 200
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BY TORIA SAVEY
Pride Staff Writer

Plentyoffish.com looks like some kind of scam website – the kind you would get to if you clicked an email offering “VI@GR@ FROM TJ!!!1.” In fact, if you’ve ever dabbled in web developing, the user non-friendliness of it will probably burn your retinas.

Despite its inherent fugliness, this dating website has one valuable thing going for it: the price. Plenty of Fish’s (POF) founder, Markus Frind, states the site’s mission as trying to “cut the crap and do the work for singles who want to meet without shelling out hundreds of dollars for services that should be free.”

Frind founded the site in 2003 as an attempt to teach himself the Asp.net pro-

gramming language.

Roughly 250,000 to 300,000 people log onto the website each day, with the membership base growing about 7.5% each month. Of course, before you sign up to find true love, there are a few things you should know.

First of all, if there at 300,000 people signing on every day, 270,000 of them have lied about something. A study by Cornell University found that 9 out of 10 people lie somewhere in their profiles on dating websites. In fact, the lies are usually about an average of 30 pounds in weight difference or 11 years in age; not exactly tiny white lies.

If POF’s \$10 million in net profits a year are any indication, there are a lot of fish (providing plenty of Google advertising revenue) in the sea, and this website might help you find your very own. Or it might turn out to be a complete disaster that you can write a delightful blog post about. Happy fishing!



Blu-ray wins format war - becomes next generation HD format

BY ELBERT ESGUERRA
Pride Staff Writer

Mitt Romney, Rudy Giuliani, and John Edwards all have a new friend in this year’s world of concession, as the final nails in the HD-DVD coffin are officially hammered in.

For almost two years, torn consumers have had to choose between HD-DVD and Blu-ray. Finally, that competition ended last week as Toshiba announced they would drop production on their HD-DVD players. The Japan-based manufacturer was the last remaining major name to put production behind HD-DVD.

With this recent decision, it unofficially declares Sony’s Blu-ray format as the winner of the next generation optical disc format wars.

Added blows came on as Universal Studios quickly announced they would drop the format as well. Only Paramount, the last major studio that exclusively produced their movies on HD-DVD, remained a supporter until they announced on Thursday they would be making the jump over to Blu-ray as well. “Transformers” and the “Mission: Impossible” series are among the top-selling titles produced by Paramount and found only on HD-DVD.

With these moves, all six of the major movie studios are now Blu-ray exclusive.

Universal and Paramount, are joined by Sony Pictures, 20th Century Fox, MGM, and Disney whom already back Blu-ray.

Online distributor Amazon also came out to halt allegiance and discontinue HD-DVD support on Wednesday. In a statement on their website: “Amazon.com will more prominently promote Blu-ray hardware and software products on its website.”

Before last week’s events, Blu-ray discs have been outselling HD-DVD discs by seventy-five percent.

Signs of imminent doom already existed prior to last week’s announcements. Warner Bros. Studios threw in their support exclusively to Blu-ray in January who previously was releasing movies on both formats. Netflix and Blockbuster made decision to rent out high definition movies only on Blu-ray. Wal-Mart, the world’s largest retailer, and Best Buy also decided to dump HD-DVD over Blu-ray as well.

Just this past weekend, Microsoft Corp. said they were pulling the plug on HD-DVD players for the Xbox 360 conceding to Sony’s Blu-ray. However, the decision is not expected to impact their video game market and will continue to provide support to owners.

The indecision over which is the better format has ripped consumers in half, leaving them to determine which high-definition

format is more suitable for them. The cheapest HD-DVD player at retail stores is listed at \$99.99 with 7 movies provided for free while the cheapest Blu-ray player also happens to be Sony’s Playstation 3 which retails at \$399.99 and comes with “Spider-man 3.”

Even with all these moves that favor Blu-ray, victory may be short-lived, according to

industry experts. Blu-ray discs are not cheap averaging approximately \$30. Consumers also have an added assortment of options these days to digitally download or rent from Netflix, Amazon, or on Apple TV. Some believe that the format is still excessively expensive and that it may head the way of the vinyl, minidisc and laserdisc.

UniversityVoice

Do you feel that the university does its job in providing a quality campus life to its students?



“Sometimes... the first week of school I would say yes but now it seems really dull. There’s no unified sense of community.”

Garrett Marshall
Freshman

“Yes because there are always event going on during U-hour.”

Whitney Mahon
Freshman



“Yes but the library should be open later. UCSD stays open until 1 or 2 in the morning. Even just having one room open in the library would be great.”

Erik Eldridge
Senior

Do you have a question you would like answered?
Submit it to The Pride by emailing it to pride@csusm.edu attention University Voice.

Photos by Alex Hand / The Pride

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Softball finishes SoCal Smash 3-1

BY TIM MOORE
Pride Staff Writer

CSUSM Softball competed in the “SoCal Smash” Tournament this past week, hosted by California Baptist University in Riverside, Ca. The Cougars entered the tournament with a record of 7-4, and exited, after winning three of four, with a 10-5 record.

The Cougars took on Southern Oregon on Thursday in game one, winning the contest convincingly, by a score of 8-1. The Cougars jumped out to an early seven-run lead after two innings, scoring one more in the bottom of the sixth to seal up an important game to kick off the tournament.

In game two on Thursday, the Cougars faced the host school, Cal Baptist. Cal Baptist is ranked #2 in the nation in the NAIA preseason top-25. The next set of rankings are set to be released on March 19. Cal Baptist's defense would hold the Cougars scoreless in game two, on the back of pitcher, Amy Thomas, who allowed only four hits en route to Cal Baptist's 5-0 win. Cal Baptist is currently 15-1 on the season. CSUSM and Cal Baptist face off one more time this season – April 19, at home.

Day two of the festivities was scheduled for Friday, but was postponed due to the rainfall that waterlogged much of Southern California over the weekend. “Friday's

schedule that featured four games will now be tentatively moved to Saturday with bracket play being scratched,” appeared in a press release issued by Cal Baptist.

Play resumed on Saturday, with the Cougars taking on the Hawks of Oakland's Holy Names University. The Cougars jumped out to an early lead, scoring one run in the top of the second inning. The Cougars scored the bulk of their runs in the top of the fifth inning, with four. After an insurance run in the top of the seventh inning, the Cougars completed the shutout, winning 6-0 on nine hits, and a spectacular joint effort at pitcher. Freshmen, Chanel Rose started the game and allowed four hits, striking out one. Freshman, Breanna Sandberg came in for relief and pitched three hitless innings striking out six of the 12 batters she faced.

CSUSM concluded play Saturday afternoon with another win over Southern Oregon. The Cougars started things off with a four-run first inning, and never looked back, winning the game 8-2.

The Cougars record on the season is now 10-5 and 2-0 in conference. With 29 games left on the 2008 schedule, their win total has already matched that of the 2007 season. The Cougars will face the Point Loma Sea Lions today in a make-up game from the February 14 rain out.

WEEK IN REVIEW: Cougar Baseball Goes 1-1

BY LANCE CATELLI
Pride Staff Writer

After ending their week with a doubleheader win against Patten University, Cougar baseball kept it rolling Monday, to complete a three game sweep against Patten.

The Cougars started off strong with a leadoff double by CF Jason Hinton, who would later score on a sacrifice fly by LF Austin Way.

Patten University scored two runs on a two-out rally in the top of the 2nd. Two walks and a hit given up by SP Sean Landais lead to a two-RBI single up the middle by SS Brett Korporaal.

In the bottom of the 2nd, the Cougars picked up two more runs on solo home runs to take the lead 3-2, by 1b Morgan Wynne and two-out home run by SS Johnny Omahen.

In the bottom of the 4th, the Cougars would blow the game open and never look back. After scoring one run off an RBI single by 2b/LF Ricardo Moran, RF Terry Moritz would get his only hit of the game, which turned out to be the defining moment of contest with a grand slam to left field, giving the Cougars an 8-2 lead.

SP Landais would give up just three hits in five innings and only surrendered the two runs in the top of the 2nd. Lan-

dais would also strike out four and pick up his first win of the season, leading the Cougars to a 11-3 victory to make their record (6-7).

Trying to improve their record to .500, the Cougars lost in a shootout to #13-ranked California Baptist University.

Cal Baptist started off the game strong with a five run 1st inning. RF Eddie Quevedo, who gave nightmares to Cougar pitching, doubled to left center to knock in three runs to put Cal Baptist up 5-0.

Both starting pitchers, Jared Suwyn and Joe Martinez, could not last 5 innings giving up seven and five runs respectively. The relief pitchers of both teams did not fair much better.

By the top of the 6th inning, the Cougars kept chipping away at Cal Baptist's lead and would finally tie the score at 8. Thanks to an error by CF Robert Lundy the Cougars would get two unearned runs in a three run inning.

Cougars pitching just could not stop the offense of Cal Baptist giving up five runs in the final two innings to lose 15-11. P Grant Harrell would pick up his second loss of the season giving three runs on four hits in just one inning of work. The Cougars' record now stands at (6-8).

COUGAR SCOREBOARD

FEBRUARY 2008

BALL ● ●

STRIKE ●

OUT ● ●

Last Week's Results

2/21

TUESDAY

2/19

MEN'S GOLF – Carlton Oaks Invitational
Team - 7th Place
Individual – Scott Conway, 14th Place (T)

SOFTBALL - “SoCal Smash” Tournament @ Cal Baptist
Game 1 – CSUSM 8 | Southern Oregon 0
Game 2 – Cal Baptist 5 | CSUSM 0

Baseball @ Vanguard – 2:00 p.m.
Softball @ Point Loma (make-up) – 3:00 p.m.

WOMEN'S GOLF – Cal State San Marcos Women's Golf Invitational
Team - 2nd Place
Individual – Carly Ludwig, 2nd Place

2/23

THURSDAY

2/20

BASEBALL
Cal Baptist 15 | CSUSM 11

SOFTBALL - “SoCal Smash” Tournament @ Cal Baptist
Game 1 – CSUSM 6 | Holy Names 0
Game 2 – CSUSM 8 | Southern Oregon 2

Baseball vs. Spanish Olympic Team (exhibition) - 2:00pm Morley Field, San Diego

SATURDAY

Softball Doubleheader vs. Azusa Pacific – Noon/2:00 p.m. - Mission Hills H.S.

SUNDAY

Men's Golf @ Point Loma Invitational

Upcoming Events

Feb. 26 – Mar. 3

UFC 82: Silva vs Henderson

Two of mixed martial arts elite middleweights square off for title

BY BEN ROFFEE
Pride Staff Writer

The best fight of 2008 could come as early as March 2 as Anderson "The Spider" Silva and Dan "Hollywood" Henderson face off for the UFC middleweight title at UFC 82: Pride of a Champion. Silva, who sits atop the summit of the world's best pound-for-pound fighters, seeks to defend his belt from Henderson, who holds the equivalent welterweight belt from the now defunct Pride promotion (Pride welterweight and UFC middleweight are equivalent divisions).

"The Spider" entered the UFC in 2006 and has dominated the middleweight division with his devastating stand up game. A product of the famed Brazilian "Chute Box" team, Silva is an expert in Muay Thai and also received his black belt in Brazilian Jui-Jitsu from Pride legend, Antonio "Minotauro" Nogueira.

On Oct. 14, 2006, Silva defeated Rich Franklin at UFC 64 for the middleweight belt, knocking out the champion halfway into the first round. Since then, Silva has reined mercilessly over the division, successfully defending his title against Travis Lutter, Nathan Marquadt, and Rich Franklin in his most recent fight, a rematch. Prior to his current UFC reign, Silva held the Cage Rage middle-

weight title from 2004 to 2006.

If there is only one middleweight contender in the world that can beat Anderson Silva, it is Dan Henderson. An Olympic caliber Greco-Roman wrestler, Henderson has consistently proven himself to be a top-tier fighter in both the 185 lb. and 205 lb. divisions.

From 2000 to 2007, Henderson fought against countless elite fighters in Pride, where he eventually won and simultaneously held the welterweight (185 lb.) and middleweight (205 lb.) titles. Most recently, Henderson lost a hard fought, five round battle for the UFC light heavyweight title against Quinton "Rampage" Jackson. Prior to that fight, Henderson knocked out Wanderlei "The Axe Murderer" Silva, one of the most ruthless fighters in the history of MMA.

The Fight:

Silva can expect a full five round war and should pace himself accordingly. Although one of Silva's greatest strengths is his Muay Thai clinch, he should really avoid allowing Henderson to close the distance.

The best place for Silva to win this fight will be standing up, delivering strikes from the outside and slowly working Henderson down. As precise a striker as Silva may be, Henderson's



Photo by Ben Roffee / The Pride

granite chin will make it difficult for Silva to knock him out. Silva needs to capitalize on any mistakes and put together combinations if he expects to knock out Henderson.

Although Henderson has never shied away from the stand-up game, he needs to keep in mind that Silva is one of the deadliest strikers in the business. Should he stand with Silva, Henderson should keep him in close prox-

imity, where Silva's kicks, knees, and jabs are much less effective.

Henderson will also find it much easier to deliver his devastating hooks when Silva is trying to separate. Henderson's Greco-Roman clinch will be his greatest source of control in the fight and his greatest defense against Silva's powerful knee strikes.

Taking the fight to the ground where Silva is not as effective in dealing damage should be a

key part of Henderson's strategy. Silva has not had to defend his title into the late fourth and fifth rounds, which is where Henderson should look to finish the fight.

Prediction:

Dan Henderson wins the middleweight title by way of knockout late in the fourth round.

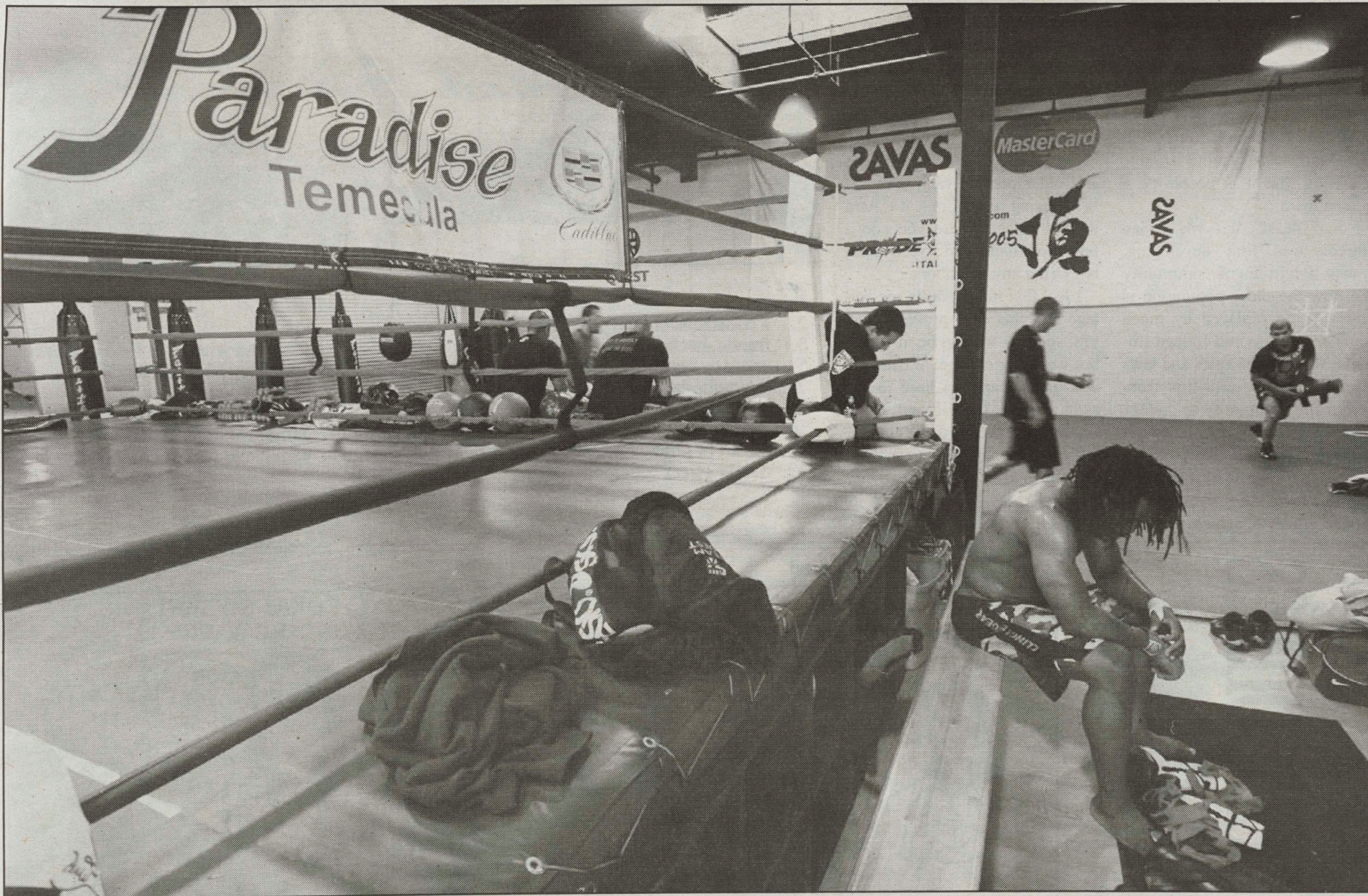


Photo by Ben Roffee / The Pride

Dan Henderson owns Team Quest MMA Fitness Center in Murrieta, where he trains with fighters like UFC lightheavyweight Rameau Thierry Sokoudjou (shown above)

Church's Influence on Sports A Tale of Two Tales

BY DAVID CHURCH
Pride Staff Writer

I have tried to stay away from the steroid issue in baseball this spring, but the NBA trade deadline wasn't as thrilling as I hoped, but I was happy to see Ben Wallace go to the Cleveland Cavaliers and give King James some support.

But this week I want to talk about two great players who found a way to cheat the system and maybe the legal system. Both Roger Clemens and Barry Bonds have put up unbelievable numbers over the years in the pros, but those numbers appeared to be tampered.

Bonds, the single season and career homerun leader in Major League Baseball, may have found a way to cheat the legal system like he has cheated baseball all these years. Bonds' legal team has found typos in the filing by prosecutors.

Now Bonds may have found his scapegoat in perjury and obstruction of justice charges. A typo in notes stating that Bonds failed a drug test in 2001 was the mistake, when the player called "Barry B." failed a drug test in 2000 in the BALCO reports.

Here is my issue. Bonds you cheated, you got caught, now face the wrath. I understand that you deserve a fair trial and that you

want to be charged for a lesser crime. But you lied under oath about taking steroids and you deserve to be punished for that.

Face the facts, your defense might of caught a break in arguing for a fair trial, but it's to give up. You fought the law and the law is about to win. And stars and athletes can tell you about this decade; it is not paying to break the law.

As for Clemens, give up the act. At first I didn't want to voice an opinion against you. But there is evidence and testimony that state that you were lying under oath and you deserve to go under to be in the same seat as Bonds.

But now there is a photo of

Clemens at the Jose Canseco party in 1998 that he wasn't at according to his testimony. Not just that, there is also testimony by his former friend and trainer Brian McNamee that Clemens approached him shortly afterwards about using steroids.

Just looking at the 2000 season of Clemens should be evidence enough that he was using steroids. Early in the season he hit Mike Piazza in the head with a fastball. Then he knocked down Alex Rodriguez and argued about it afterwards. Then in the World Series, Piazza breaks his bat and Clemens throws it in Piazza's general direction clearing the benches as Piazza and Clemens

exchanged finger pointing and words.

All I am getting at is a clear history of a lack of anger management which is one of many side effects to using the juice. Clemens used it at some point in his life, if not for most of his later career.

Now it is only a matter of time before we have a new perjury and obstruction of justice case against Clemens. This makes Bonds and Clemens on the same boat of trying to cheat the system, being caught and more than likely failing to get into Cooperstown.

Any comments or questions can be sent to churc009@csusm.edu or pride@csusm.edu.

College Life

BY TOM COCKING
Pride Staff Writer

Every high school student dreams of graduating senior year and heading off to a new life in college, full of partying, meeting new people, getting a higher education, and of course no parents. Some schools have the reputation of being party schools; others have the reputation of being strictly education only.

To be honest I didn't hear much about Cal State San Marcos other than that it was really new and I could get a good education. I moved down here from South Lake Tahoe, which is a real small town, especially compared to Southern California; so needless to say, it was a bit of a culture shock.

My sister went to SDSU and it definitely had a great social atmosphere. When I moved here, I didn't get the same feeling; the city of San Marcos was no college town, to say the least. The longer I live here the more I notice that San Marcos is having trouble accepting that it is becoming a college town.

I had heard that when San Marcos was first developing, it was a retirement community and now the older population is slowly being replaced by much younger families and college students. With all the rules and laws it looks like the transition from retirement community to college town is going to be a rough one. It seems as though the City of San Marcos is trying its best to make sure this town isn't "overrun" by college students, which is start-

ing to really get to me.

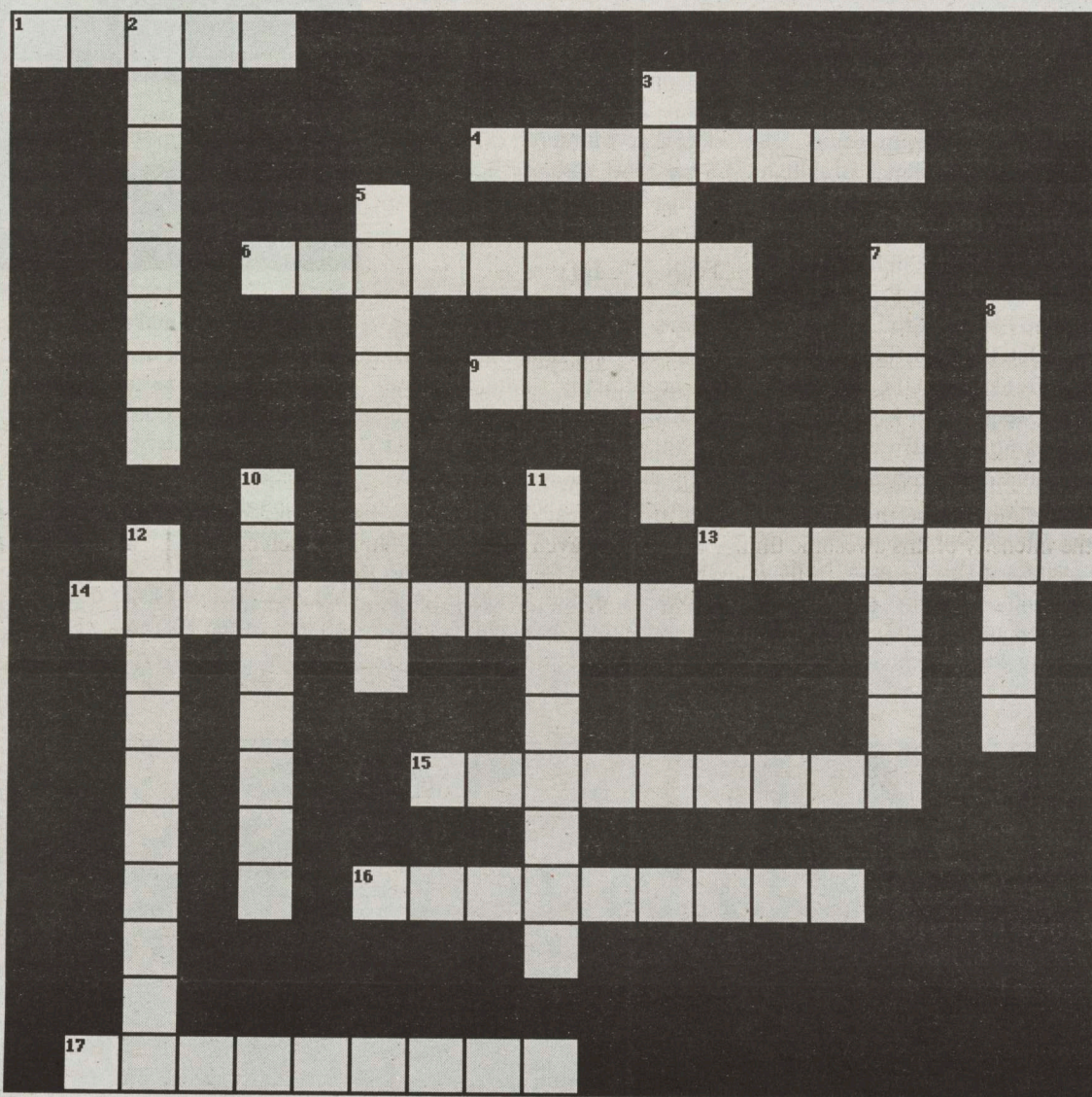
Anyone who lives in San Marcos or goes to this school knows that every year it is growing and bringing youth with it. Many like me whose home is too far to obviously live there and still attend CSUSM. So then arises the question: where do we live?

There are the dorms which can only house so many, but other than that college students have to live off campus in residential areas full of families, which is you ask me is terrifying to any adult. So we move into houses and apartments and within the month—especially where my roommates and I live—there are already complaints.

We party too much, we're up too late, there are too many cars parked outside, we're too loud, it goes on and on. The question is how do we solve this problem? I don't enjoy annoying the neighbors or making them mad, no one should, but we have no options but to live where we can, which happens to be next to families and older people. With many of the housing restrictions, it is hard to find places where you and a few roommates can live without bothering any neighbors.

I feel that many adults see college students as a problem, and yes, socially we can be at times, but we bring change. Whether it is a good change is hard to say right now, but this city will never know unless they give it a chance. All I ask is that we are accepted with open arms and that this city can find a way to balance both its old ways and its new.

SAT Crossword: Words you should know



Down

2. a conscious choice or decision
3. frantic, hectic
5. eager to fight, violent
7. to emphasize, to highlight
8. unyielding to persuasion or moral influences
10. cheery, optimistic, hopeful
11. the art of public speaking
12. overly sweet

Across

1. to enjoy
4. someone who likes food and drinks
6. agonizing, distressing
9. insane, foolish
13. very bare, bleak, simple
14. generous, noble
15. to exclude from a community
16. noise, discordant sound
17. a schoolteacher

PrideComics

Just for Shiggles by Jenny Bigpond



Oscars bring no surprise – it's 'No Country'

Lack of surprises does not prevent a fun night for the stars and movie fans

BY BILL RHEIN
Pride Staff Writer

For its 80th year, the Oscars have captured the excitement and jubilation that is filmmaking. However, this year there were no shocking moments and the best were recognized. Jon Stewart did an impressive job as host for the second time, and I think he should continue this position annually if possible. The frontrunner, 'No Country for Old Men', stole the show, but here is a look at the winners:

The first award given out was for costume design, which is one of the technical aspects of a film that often goes unrecognized. Alexandra Byrne, designer for 'Elizabeth: The Golden Age' took the prize and rightly so. The artistry put into her work was evident. Several awards, like this one, the Academy gives to people whose work behind the camera often goes unrecognized. Diller Laverne and Jan Archibald took home the award for Achievement in Makeup for their work in 'La Môme' and the foursome of men behind the visual effects in "The Golden Compass" were top in this field for the year. 'Sweeney Todd: The Demon Barber of Fleet Street' took its only award in the field of art design. The works of these dedicated people make the movie-viewers' enjoyment possible.

'The Bourne Ultimatum' was the year's best action picture and won certain awards accordingly. The crew behind the third installment of the Jason Bourne story won Best Achievement in Sound, Editing, and Sound Editing. Though that may seem a little funny, these three aspects added to the intensity of this awesome film.

Several awards seem to have lost their meaning to most viewers, but remain important to those in the field. These

include the short film winners, 'The Mozart of Pickpockets' and 'Peter and the Wolf,' for best live action and animated, respectively. Also lacking in distinction is the foreign scene. Best Foreign Film went to 'The Counterfeiters,' from Austria. Finally, the works of those who make documentaries are not being ignored. The award for Best Short Documentary went to 'Freeheld' and 'Taxi to the Dark Side' won for Best Feature Length Documentary.

The biggest robbery of the night happened in the field of cinematography. The prize went to Robert Elswit for his shooting of 'There Will Be Blood,' though I strongly believe this should have gone to Roger Deakins. His work on 'The Assassination of Jesse James by the Coward Robert Ford,' especially in the train robbery sequence, and the stunning shots of action and wide-open Texas in 'No Country for Old Men' is astounding. Elswit's work was fine, but Deakins's shots were flawless and awe-inspiring in both films.

In the fields of music and writing, the Academy correctly doled out the awards. Despite having three entries, 'Enchanted' lost to the song 'Falling Slowly' from the film 'Once.' This is similar to last year when the tune from 'An Inconvenient Truth' bested the three nominated songs from 'Dreamgirls.' As a side note, the performances of the five nominated songs were the lengthiest and most dry moments of the show. On the other hand, 'Atonement' rightly picked up the award for Best Score. Sadly, its biggest competition, 'Sunshine,' was not even nominated. 'Juno' received its solo Oscar for Best Original Screenplay, though it was the big winner at the Independent Spirit Awards. 'No Country for

Old Men' won for Best Screenplay based on material previously published because the Coen Brothers took such delicate care in presenting Cormac McCarthy's story.

In the field of actors, I was only half-right. I did not expect Marion Cotillard and Tilda Swinton to win Best Actress for Lead and Supporting Roles, respectively. However, I was right to presume who would win for the men, though it was no contest this year. Daniel Day-Lewis is blistering as a lunatic in 'There Will Be Blood' and rightly takes his second Best Lead Actor. In addition, Javier Bardem's performance in 'No Country' is the best this year. He became the first Spaniard to

win an Oscar for acting as he earned Best Supporting Actor.

Though the Academy robbed 'Ratatouille' of a Best Picture nomination, the Disney/Pixar movie easily won for Best Animated Film. However, it really did not matter. 'No Country' was the guaranteed winner for Best Picture, and did just that. This, the finest work of Joel and Ethan Coen, also won them the Oscar for Best Director. Though there was little surprise in the ceremony, it was fun to watch. It was also great reminder of movies I still need to see. I hope that those who won or just received nominations continue to bring quality entertainment.

Saturday night with Levi

Levi goes 'Across the Universe'

BY LEVI MARTINEZ
Pride Staff Writer

Do you ever find yourself scanning the video aisles searching for a movie to satisfy your needs; well, the wait is over. In this column you will find my weekly recommendations on demand, satisfying your every movie desire and much more.

"Across the Universe" is a movie that takes the era-defining music of The Beatles and portrays a story of love, passion, and chaos in the form of a musical. Now rather than describe the film chapter by chapter, I will go as far as to say that this film brings classic music to a new age, allowing both admirers from the past to indulge and sing-along while captivating new ones from the present.

The main character, Jude, a young adult from Liverpool, travels "across the universe" in search of answers, running into situations and people that change him dramatically.

The film utilizes music to define an era of war and radical change in society, but most importantly, it helps illustrate the importance of love and cherishing those special bonds of friendship. The film covers the life of a soldier, musician, artist and revolutionary.

The music of The Beatles changed the face of the earth. By creating such a drastic change in people and society, The Beatles did what other bands had never done before. Hopefully this film entices you adequately enough to rent it. It's a must watch and more importantly, you don't want to feel left out at dinner conversations.

DROPPING:

By Tim Moore / Pride Staff Writer

CD RELEASES Tuesday, Feb 26



R&B/SOUL

New AmErykah
ERYKAH BADU

As one of the most unique artists in the genre, Erykah Badu takes it a step further with "New AmErykah." In her first release since 2003, Badu integrates some psychedelic stylings with her already successful brand of neo-soul to create a collection of tracks that brings something fresh to the table.

CHRISTIAN/METAL/HARDCORE

Unbreakable
MYCHILDREN MYBRIDE

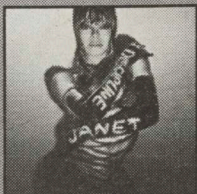
With their long-awaited first release on Solid State Records, Mychildren Mybride carries over the same energetic sound that fans are used to, but with a more refined and polished execution. Hailing from "The Middle of Nowhere, Alabama," Mychildren Mybride passes along the Christian word, all while keeping it light hearted. Track four, HEADSHOT!, for instance is dedicated to the joys of playing Halo. That said, Mychildren Mybride means business. After all, frontman Matthew Hasting rocks a mustache.



POP

Discipline
JANET JACKSON

In her third studio release since she made pop culture history at the 2004 Super Bowl, Janet Jackson is at it again. Janet has already turned some heads with the single "Feedback" - peaking at #51 on the Billboard Hot 100.



COUNTRY

Backwoods Barbie
DOLLY PARTON

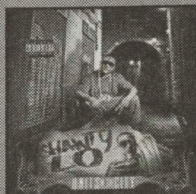
In a sea of greatest hits records and gimmick compilations, the 62 year-old Dolly Parton is back in action with her first mainstream country album in nearly a decade. "Backwoods Barbie" features 12 tracks that are sure to bring a sense of nostalgia to the Parton faithful.



RAP

Units in the City
SHAWTY LO

Well-respected Atlanta rapper Shawty Lo makes his solo debut with this much anticipated album. As one of the founding members of D4L, Shawty Lo now looks to establish himself as a solo act.



Images courtesy of amazon.com

Bill of Rights

Improving 'Oscar'

BY BILL RHEIN
Pride Staff Writer

Improving Oscar

The Oscars have come and gone and already actors, directors, and film studios are working hard to bring us the next masterpiece. The Academy Awards are an incredible ceremony in which celebrities and filmmakers take part in a week-long celebration of the past year's movies, culminating in recognition of the best work. Yet, under the surface, I see flaws in this procedure. Thus, I have a few suggestions to make the awards better:

First, separating men and women in most occupations is a criminal offence. Yet, it is okay for the Oscars to separate awards for the two sexes. In my opinion, it would be more exciting if the Academy consolidated the Best Male and Female Actor awards into one award for the best performance of the year. If there is no award for best male and female director, cinematographer, or editor, there should not be a gender split with acting.

On the subject of cinematography and editing: I think that most viewers of the award show have a limited idea about what these recognitions signify. The program should let viewers know that cinematography involves how the picture looks in terms of each frame being a picture and how well that shot looks. As well, perhaps the show should let people know how many hours of footage editors go through to make a coherent film. There are many other awards, covering other aspects of filmmaking, with sig-

nificance that viewers may not understand.

Also worth noting is the lack of recognition that is given to foreign films. Each year, some of the best movies go unrecognized at the Oscars because they are made in other countries and languages. Recently, many films, such as the Korean masterpiece 'Oldboy', were not nominated, which is incomprehensible because of the quality of the film. When foreign films are nominated it is not for 'Best Picture,' such as the Portuguese film 'City of God' or the French film 'Amélie.' The cinematic works of other nations should not be ignored.

Finally, I think there should be a failsafe system for the Oscars to give out awards retroactively. The legacy of some films is not recognized for several years. The greatest example comes from 1941, when 'How Green Was My Valley' won over 'Citizen Kane.' Now regarded by the American Film Institute to be the best movie of all time, 'Citizen Kane' shows an example of how the Academy Awards can fail. In 2005, 'Crash' won 'Best Picture', when in my opinion, every other film that was nominated was better.

I think some years it would be appropriate to split the Oscar. In 1962, 'Laurence of Arabia' won, but it should have also gone to 'To Kill a Mockingbird'. And in 1994, there should have been a three way split. 'Forrest Gump' took the top honor, but equally deserving were 'The Shawshank Redemption' and 'Pulp Fiction.' The list could go on and on, including other upsets such as 'The Sting' over 'The Godfather: Part II', but I think the point is made.

San Diego Local Artist Playlist

Your guide to the best tracks in town

Compiled by Amanda Andreen Pride Staff Writer

Genre	Artist	Album
Rock	Lee Coulter	
Pop	The Wrong Trousers	
Rap	EJP	
R&B	Martin Storrow	
Electronic	Josh Damigo	
Jazz	Molly Jenson	
Acoustic	Bushwalla	

Artist	Name	Description	Website	Available on iTunes
Lee Coulter	Photograph	This upbeat surfy serenade is catchy and highlights all of Lee's pop dreaminess.	leecoulter.com	YES
The Wrong Trousers	Everything All	How many other songs do you know of that have a harp and a rainmaker in them? Better than the Shins—a beautifully crafted song.	thewrongtrousersband.com	NO
EJP	When Yer Drunk	I love this song. It is so true! "You say you love me when you're drunk." You really need to listen to it, you 4 a.m. drunk dialers!	myspace.com/ejpmusic	YES
Martin Storrow	Whole Again	Guaranteed to make you cry, this song is introspective and heart rendering.	Storrowmusic.com	YES
Josh Damigo	Sleeves	This song is the real Josh Damigo. Everything else is imitation.	Joshdamigomusic.com	YES
Molly Jenson	And You Were	This song is beautiful and lovely. It made me fall in love all over again with the memories it evoked.	Mollyjenson.com	YES
Bushwalla	Acoustic Rhymer	No other song ever written will make you feel as warm and fuzzy as this one.	Bushwalla.net	YES
Gayle Skidmore	Still	Hypnotic and poised, Gayle's soul and sound will serenade you into the wee hours of the morning.	Gayleskidmore.com	YES
Carlos Olmeda	Mi Lelolai a Mi Yaweh	Carlos wrote this song after seeing "Blood Diamond" about the travesties children face while trying to grow up in Africa. It made me cry—in a good way.	Carlosolmedamusic.com	NO
Greg Laswell	Embrace Me	This is the best song to listen to while driving by your ex-lover's house in the rain.	Myspace.com/greglaswell	YES
The Smart Brothers	Lullabye	This is the song every girl wishes she had written about her.	Thesmartbrothers.com	NO
This Holiday Life	Don't Stand Up	Off their 2006 album, this anthem will make all the Bob Marley friends rejoice!	Thisholidaylife.com	YES

Illustration by Nick Strizver / The Pride

Woodchuck Draft Cider Granny Smith

BY JONATHAN THOMPSON
Pride Staff Writer

Walks like a beer, talks like a beer, but it is actually a hard cider. Green Mountain Cider brews Woodchuck Draft Cider Granny Smith in Middlebury, Vermont. The brewery sits in a valley in the Green Mountains which have peaks over 4,000 feet. The brewery claims to be the #1 producer of premium alcoholic draft ciders in the U.S. They introduced the cider in 1997. The brewery holds multiple awards for its ciders. In addition, ABC Research Corporation in Gainesville, Florida, certified the brewery as gluten-free.

The cardboard container holds six lucid green glass bottles. Lime green dominates the majority of the

packaging while a forest green accents edges. A cute little marmota, similar to a squirrel, sits on a rock stuffing his fuzzy cheeks with a granny smith apple on a green plain underneath a light blue sky. The bottles contain the same graphics. A shiny green bottle cap seals a cider with an alcohol by volume of 5%. The six pack retails for \$8.99 at BevMo.

The cider pours smooth with no head. A thin lace resides as carbonated bubbles rise to the top but are trapped. The cider radiates a golden texture similar to ginger ale. It enters smooth and finishes powerfully, like Brut champagne. The Granny Smith apple infused cider really bites in the end, similarly to eating an actual Granny Smith apple. The cider leaves a little apple flavor on the tongue after passing through to the abyss and beyond.

The light and unique flavoring of the cider should pair well with a light lunch e.g. club sandwich and chips, or possibly a dessert e.g. vanilla ice cream. Perhaps a treat for your significant other, loving family member, or a break from ordinary beers, experience the fruitfulness of Woodchuck Cider.



Photo by Jonathan Thompson / The Pride

Little Caesars

BY LEVI MARTINEZ
Pride Staff Writer

You just got out of your late afternoon class. You've been hungry all afternoon and you notice that the Dome is closed and you haven't had a bite since 10 a.m. when you strolled out of your apartment.

At this point you're thinking, "I've got a few bucks in my pocket and some change in the car. What will suffice for my hunger?" Well, all you need to do is head toward Rancho Santa Fe.

As you pull up to Little Caesars, you see in large print "Hot n' Readys \$5", and you think, "Yes, something cheap and fulfilling." Well, let me tell you of my experience, which occurred last week.

I walk into "Little C's". Monica is at the register. I ask for a pizza with no sauce. She gives me a weird look and says, "Hmmm, it's

unusual to get an order without sauce", and I tell her it's something that's grown on me.

We make small talk because I made the mistake of ordering an abnormal pizza which takes somewhere around 15 minutes. During which time I also notice that the other items on the menu are fairly affordable and can be used as a great snack or something to give to your roommates.

So if you ever want something that's quick, fulfilling and has great service then my recommendation to you is Little Caesars. A nice melted pizza is less than five dollars away. And for those unusual orders, it's smart to call ahead of time: (760) 510 9922.



Photo by Nick Strizver / The Pride