



"MEGATHRUST" QUAKE DEVASTATES JAPAN



AMY SALISBURY EDITOR-IN-CHIEF

Just weeks after New Zealand experienced a magnitude 6.3 quake, an even larger natural disaster happened off the north coast of Japan, an 8.9 earthquake, last Friday at 2:46 p.m. local time, causing widespread damage and a devastating tsunami. Japanese media reports thousands dead and even more missing, with the toll pected to rise as days pass. The sheer power of the earth-

quake moved the Japanese island eight feet and shifted the Earth's axis by four inches as shown by a GPS station's and the U.S. Geological Survey's (USGS) data.

Geologists worldwide agreed upon classifying the quake a "megathrust earthquake," indicating extreme tectonic plate movement. The duration of the earth-

quake was a startling five full minutes and caused damage throughout the country, according to CNN's Japanese syndicate.

Since the epicenter of the earthquake, now referred to as the Sendai Earthquake, was underwater, The Pacific Tsunami Warning Center immediately issued tsunami warnings and advisories up and down the coast of Japan, throughout the Pacific Islands, and on the U.S. west coast.

On Japan's East Coast, the waves reached up to 30 feet in height, and the flooding caused by the massive influx of seawater the area of the Miyagi Prefecture. Initial information feared the waves' intensity would be so great that they would wash over entire islands in the Pacific Ocean, CNN reported soon after the event. Although the tsunami warnings expired, hundreds of aftershocks continue to shake the area around the epicenter of the initial quake, ranging in intensity from 4.6 to 7.1, as shown by usgs.gov. Japanese authorities evacuated 170,000 people due to the risk of nuclear meltdown of several power plants in the country. The priority is to keep reactor temperatures

ocurred as far as six miles inland in

down, since there is speculation that high temperatures caused one steam explosion. The Japanese government confirms that the amount of radioactivity released into the environment is low, the Associated Press reported. On Sunday, March 13, a volcano resumed eruptions in southwestern Japan after remaining silent for close to two weeks. The Shinmoedake volcano in

Water begins to cover Miyako City. // Photo courtesy of theatlanctic.com

Student Advisor for CSUSM. Approximately 80 percent of Japanese citizens are online and using sites like Twitter and Facebook to contact loved ones, CNN reported. Google's Person Finder Tool, which uses data from social networking sites, is currently tracking more than 60,000 records as of Saturday, March 12, Google said. Relief efforts are currently un-

Relief efforts are currently underway, and many American organizations prepare to send food, money, water, and medical supplies to those affected by the quake.

The International Committee of the Red Cross deployed around 400 doctors, nurses and other medical personnel to Japan as of Sunday, March 13.

Cell phone users can text REDCROSS to 90999 to make a \$10 donation to help support disaster relief efforts following the Sendai earthquake and tsunami in the Pacific. Find more information at redcross.org. World Vision, a child sponsorship organization, offers on-

Left: A in the a photo o



Left: A whirlpool begins forming in the aftermath of the quake. // Photo courtesy of denverpost.com

Top: A young boy who was evacuated from the area near a muclear plant is checked for

radiation poisoning. // Photo



Bottom: Evacuees walk to safety. // Photo courtesy of ibtimes.com

Right: Fires ravage the rubble and debris left floating in the floodwaters. // Photo courtesy of crs-blog. org





the Kirishima range threw ash. gases and rocks up to a half mile into the air. Its first maor eruption after 52 years occurred in January as reported by the Associated Foreign Press. The United States swiftly responded in the early hours of Friday morning, with President Obama sending his condolences to Japanese citizens worldwide. The president stated in a press conference, "The friendship and alliance between our two nations is unshakable and only strengthens our resolve to stand with the people of Japan as they overcome this tragedy." Cal State San Marcos hosts 30 – 40 traditional Japanese exchange students, according to Danielle McMartin, International

line donations on their donations website, donate.worldvision.org. "World Vision plans to distribute relief supplies to meet the daily needs of quake and tsunami survivors. We will also focus our efforts on responding to the emotional needs of children, who are the most impacted after such a traumatic event," World Vision said on the donations page. Global Giving enacted the Japan Earthquake and Tsunami Relief Funds almost immediately following the disaster, and collected over \$30,000 that the organization will send directly to Japanese relief funds, according to NBC. Apple has also posted a donations page in iTunes. iTunes store credit may not be used for donations.

NEWS

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EDITORIAL SPRING FLING CANCELLED THE THOUGHTS BEHIND ITS CANCELLATION

ASHLEY DAY A&E EDITOR

Road blocks and timing issues recently forced Associated Students, Inc and Campus Activities Board to cancel Cal State San Marcos's big campus spring event.

In previous years, ASI organized the Spring Fling dance.

"Spring Fling began in the Spring of 2006. It was started to be a big spring event that would be similar to the fall's Masquerade Ball," Sara Gallegos, Director of Campus Activities and Marketing said. This year, CAB and ASI wanted to try to put

on a new exciting event. "We've been talking for years

about holding a concert, a large

concert ... in the place of the actual Spring Fling dance. We were going to hold a concert on campus," Gallegos continued.

However, somewhere along the way, planning came to a halt forcing CAB to think of another way to bring students fun activities for the semester. Students may wonder why CAB did not bring back the Spring Fling dance, but there was no possible way to organize the dance because of timing.

"By the time we were informed [of the roadblocks] it was after finals week...To turn around and try to book a place ... promotion and everything ... we couldn't turn around and do it," Gallegos explained.

As a result, ASI and CAB decided to put the budget toward different San Diego and Los Angeles event tickets as consolation for CSUSM's big budget spring event's cancellation.

ASI raffles a pair of tickets each to events such as a Lady Gaga concert, Stagecoach and Coachella, to name a few, when students go to CAB events.

"Each CAB event any student comes to can get an opportunity drawing ticket each time and put it in the event box they choose, so the more events you come to the more chances you have to win," Gallegos said.

ASI reallocated its budget to "beef up" it's currently planned events. Since ASI cancelled the big budget event, the organization gained the opportunity to put more money into U-Hour and campus recreation events and collaborate with other campus organizations. Essentially, students still their money's worth get with the events ASI and CAB provide to the campus. "Everything that comes into CAB and ASI ... goes back to students," Gallegos finished.

Therefore, students, though it is disappointing to hear of the concert cancellation, CAB is still planning a lot of fun events for us, so attend them, earn back some of the money your tuition paid for and possibly win some free concert tickets.

For more info on ASI and CAB visit: csusm.edu/asi/index.html or csusm.edu/asi/cab/index.html.

MIDDLE EASTERN PROTESTS AWARENESS SPREADS ON CAMPUS POLITICAL SCIENCE CLUB HOSTS FORUM ON MIDDLE EAST PROTESTS

MELANIE SLOCUM PRIDE STAFF WRITER

On Tuesday, March 8, the Political Science Club at Cal State San Marcos hosted the event "Protests and Political Change," which featured Political Science professors Dr. Cyrus Masroori and Dr. Scott Greenwood discussing current protests in the Middle East.

The event took place during U-Hour on Tuesday, and students poured in to listen to the words of expert professors. An estimate of 75 attendees crammed themselves into a University Hall classroom.

Political Science Club President Brittany Varga discussed the event as having "perfect

timing because so much is happening right now in the Middle East [and] it is important people understand what is going on." She continued, "not only is it important to know what's going on, but it's imperative to understand why it's happening there." Dr. Greenwood and Dr. Masroori aimed to provide such understanding with their presentations.

Dr. Greenwood began the event with his presentation titled "Lessons from Tunisia, Egypt and Libya," which juxtaposed the democratic success in Tunisia and Egypt against the tragedy of events in Libya. Dr. Greenwood carefully tailored his presentation to a level that was relatable to CSUSM students by discussing the significant role played by new media such as Facebook





Dr. Greenwood heads the debate. // Photo courtesy of Melanie Slocun

and Twitter, the globalized economy, the military and more. Dr. Greenwood's enthusiasm and empathy stemmed from his travels in these countries, which he also discussed. Greenwood often chanted "We can do this!" as a way to explain the attitudes of the demonstrators in Egypt and Libya while concurrently contrasting it to the lack of success in Libya.

Following Dr. Greenwood's presentation, Dr. Masroori discussed the protests in Iran in his presentation titled "Iran, Searching for a Promise." Dr. Masroori exposed the longevity of Iran's 21-month-long protests and attributed it to three factors: the state, the opposition and the international dynamic. Masroori worked to clear Western media biases by providing a theoretical basis that aided in explaining the reasoning behind and effects of the Iranian demonstrations.

Whether students showed up for extra credit, free pizza or sheer interest in the subject, there is no doubt that the audience was large. Political Science Club Treasurer Gabriella Pruitt, surprised by the turnout, commented: "Although this subject is very important to me, our campus is still very lackluster in terms of student life [for a variety of reasons]. I guess we should have reserved a larger room!"

Awareness of political and humanitarian issues is proving itself especially essential

The Pride Cal State San Marcos 333 S. Twin Oaks Valley Road San Marcos, CA 92236-0001 Phone: (760) 750-6099 Fax: (760) 750-3345 Email: csusmpride@gmail.com www.csusmpride.com Advertising Email: pride_ads@csusm.edu Dr. Masrori continues with debate topics. // Photo courtesy of Melanie Slocum

these days, and as reflected by the large student turnout, the CSUSM community realizes this.



FEATURES

WORK FOR COLLEGE CREDIT THROUGH DISNEY PROGRAM ALLOWS STUDENTS TO WORK AT RESORTS FOR CREDIT





MORGAN HALL LAYOUT ASSISTANT

If you have ever dreamed about working at the Disneyland or Disneyworld resorts as well as earn college credit, now is your chance to hear about joining the Disney College Program.

On Thursday March 17 from noon to 1 p.m. in the Career Center (Craven 1400), students who have previously been a part of this program will discuss and show videos explaining different jobs and internship opportunities through the Disney college program. The program, which celebrates its 30th year, allows students to earn college credit by working, living and taking a selection of classes at the Disneyland Resort in Anaheim or at the Disneyworld Resort in Florida. Participants in the program will have the opportunity to meet people from all across the country, establish transferable skills and explore multiple opportunities at the Disney resorts.

The program allows students to work and learn at the same time in a very unique setting. The program's sessions run only in fall and spring and do not offer a summer session. Because of the nature of the Disney program being very hands on, housing opportunities are available for both theme parks. Depending on which program a student may choose, it could last four to six months. There are a wide variety of jobs to choose from through the Disney College Program such as attractions, Bell Services at the theme parks hotels, hostess, character, concierge, costuming, custodial, food and beverage, hospitality, housekeeping, lifeguard and merchandise. The Disney College Program also allows students to continue their work at Disney with professional internships. More information can be found

MARCH 15TH, 2011

wdwcollegeprogram.com. at

Photos courtesy of Morgan Hall

DOS AND DON'TS OF ONLINE DATING OWEN HEMSATH Do: Join a few different sites ing, snowboarding, etc). The bet-

PRIDE STAFF WRITER

I met my wife on a dating site, proposed on Skype, and our family attended our Vegas wedding via live streaming Internet video. When two percent of all marriages in the United States come from eHarmony alone, it may be time to face the fact that Internet dating sites have replaced bars, clubs and classrooms as the main places to meet your mate. College students are a busy group, balancing school and often a job. Online dating may be a viable option if you find yourself in need of romance.

Although the same social protocols apply to fostering an online attraction, dating on the web can be tricky. Mastering non-verbal communication skills in addition to absent body language can take months. Before you spend hundreds of dollars on dead-end dates, take the time to read these tips that will help the virtual Casanova make the jump from online zero to romantic hero.

at first. Dating sites range from very general to niche sites that are designed for a group like single parents or Christians. Be sure to join at least one of each in order to objectively establish your comfort zone. After a little time, you will know which site(s) work best for you. Don't: Pay for a membership until you have received a decent response rate. Most sites offer a free sign-up but won't allow email or chat communication with other members until a fee is paid. You might pay for a site only to realize later that its interface is not user-friendly or that there are simply no members in your area.

2. Do: Post at least 150 words. Be sure to accurately explicate your personality and interests. Use humor and wit to entice a possible mate and leave out the sob story about your ex. If you like model airplanes and Foghat then find a clever way to say so. Also, post a minimum-of three pictures that illustrate your best look, your group of friends and you doing something you love (hiking, fish-

ter your pics, the higher your hits. Don't: Stay away from pictures with frowning or "tough-guy" poses, these will only arouse suspicion and make you look like a predator. Don't ever lie and stay away from embellishment. If you don't snowboard, then don't mention snowboarding. Most importantly, never mention old relationships or heartbreak stories. Doing so is akin to tattooing LOSER on your forehead and walking around with your zipper down.

3. Flirting with Other Members Do: Wink as often as possible. Most sites offer a free communication tool called a wink (or a flirt) where members can show interest Creating a profile in each other with a pre-written email design. Since winks are the primary method by which other members will notice your profile, you must get in the habit of sending a lot of winks. Send 10 winks per weekday for 1 month and you will have sent 200 winks, increasing your odds that potential love-interests will respond. Don't: Email before winking. A direct email before solidifying attraction is as welcome as a phone call at dinnertime. Doing so exemplifies a non-interest in attraction and may irreversibly turn-off a potential mate. Conversely, don't pre-judge an attractive profile due to some personal neurosis. If you see someone you're attracted to but they live in Magna- wink anyway. You never know what treasures you'll find if you keep digging.

Email-Poing tential Mates Do: Send a short, per-

4.

sonal email to anyone who returns a wink. Emailing is an essential part of Internet dating because it is the first step when moving from digital contact to physical contact. When emailing, be brief. Include information that references their interests or profile, builds attraction, and features a joke or witty remark. Try to keep your first email within two paragraphs and ask a question in order to engage the target. Don't: Write a personal narrative. Only hopeless people have time to write a 3-page diatribe to a stranger. A lengthy, dry or overly inquisitive email will create an impression of desperation and loneliness. The first email is not the time to share your personal story or heartbreak. Additionally, avoid cheesy clichés and don't over-compliment.

conversational topics to interject and awkward

avoid silences by using a cheat sheet. Don't: Don't call it a date. This could be a topic by itself. As the first meet is riddled with error opportunities you must go into it with the idea that less is more. You are not dating yet, you are simply meeting. Therefore it is not a date. My first meet with my wife lasted 20 minutes. We established attraction, set another meet and said goodbye. Don't go to dinner or a movie, don't buy roses or coffee or anything for the other person, don't stay longer than 90 minutes, don't overcompliment and definitely don't shake hands. Shaking hands is something friends do and if you're looking to meet "friends" on the Internet, you're wasting your time. Keep in mind that your goal here is to establish attraction and set a real date. Stay fresh, stay cool and don't stay long. Remain somewhat of a mystery-you can always send an email to your mate acknowledging that you had a great time. With these tips in your online dating arsenal, you may have a better chance at finding lovesnagging dates like flies in the interwebs. Happy hunting!



Photo courtesy of informationtechnologyschools.org

5. The First Meet Do: Meet in a well-lit public place for a maximum of 90 minutes and go Dutch. The meet can be an awkward experience since it will be the first time you see the member without the comfort of text or graphics. Find a venue conducive to conversation (not stuffing food in your mouth). Be prepared with

FEATURES

TAKE CARE OVER THERE TRAVEL TIPS FOR SPRING BREAK SAFETY

JENNA JAUREGUI Features editor

The sober headlines announcing the death of Austin Bice, the SDSU International Business student who was studying abroad in Spain before he went missing in February, emblazoned the reality of travel dangers in stark black and white print. As CSUSM, students will soon leave behind the stress and anxiety of midterm exams and jet away for spring break adventures. Before packing your suitcase, refresh yourself with these travel guidelines that will help ensure a safe return home.

Before you pick a destination, check government travel websites to make sure there are no travel alerts or warnings for that area. Unstable government, war, terrorism, natural disasters and disease are all factors that may render a country or state unsafe for tourism. The CSUSM global educa-

tion website contains links to these resources and more at csusm. edu/global/travelresources.

When deciding what to bring on your trip, keep in mind that you don't want to make yourself a theft target. The website travel.safe.gov advises travelers to "carry the minimum number of valuables, and plan places to conceal them. Your passport, cash and credit cards are most secure when locked in a hotel safe. When you have to carry them on your person, you may wish to put them each in a different place rather than all in one wallet or pouch. Avoid handbags, fanny packs and outside pockets that are easy targets for thieves. Inside pockets and a sturdy shoulder bag with the strap worn across your chest are somewhat safer. One of the safest places to carry valuables is in a pouch or money belt worn under your clothing." Additionally, students should

educate themselves about the

laws of the state or country before beginning a trip. According to information on studentsabroad. state.gov, "Your U.S. citizenship does not make you exempt from full prosecution under another country's criminal justice system, and the U.S. government cannot bail you out. Many countries impose harsh penalties for violations that would be considered minor in the United States, and unlike in the U.S., you may be considered guilty until proven innocent. Ignorance of the law is no excuse, so be informed." Also be sure to secure proper documentation and any vaccinations needed to enter the country.

Once you arrive, exercise street smarts. You may be there to enjoy the nightlife, beaches and throngs of fun loving "spring breakers," but enter the scene with a level head. Studentsabroad.state.gov says to avoid underage and excessive alcohol consumption, avoid drugs and drug use, use only licensed and regulated transportation, avoid carrying weapons, and be conscientious. Take precautions—don't gamble with your safety. Make sure that you don't go off alone and that someone you trust always knows were you are. Doing so may save your life.

These guidelines may help students to make wise choices and have fun while traveling, Photo courtesy of blog.statravel.com

but their execution depends on you. Educate, control, and enjoy yourself this spring break—globetrotting can lead to amazing experiences if done the right way.

CAMPUS CALENDARS

Events and Lectures on Campus

CSUSM College Radio Open Mic Tuesday, March 15, 11:45 a.m. - 1 p.m. The Dome

> Vasen: A Funes Fund Concert Tuesday, March 15, 7 - 9 p.m. Arts Hall 111

Coming Out Monologues Tuesday, March 15, 5:30 – 7:30 p.m McMahan House

Spanish Theater Wednesday, March 16, 7 - 10 p.m. Arts Hall 111

> Disney Info Session March 17, noon - 1 p.m. Career Center, Craven 1400

Film Screening: Salt of This Sea

ASK THE COUG: DATING AND RELATIONSHIP ADVICE

Hey, Coug—My girlfriend and I are both busy college students at separate San Diego County schools. Lately I feel like our relationship is being placed on the back burner because we are so swamped with classes and homework. I feel that our education should be a priority, but I feel so disconnected from her these days. Help?

School stress can be the ultimate test for a strong relationship. Remember that you both have to make an effort in order to "make it work" through the tough times. Let her know how you are feeling, but approach the situation gently. If you want some time with her, why not try surprising her with flowers after her class and then take her out for a quick coffee? Discuss ways in which you both will make time for each other, but be understanding if you have to make some compromises. If you are feeling insecure about the future of your relationship, examine whether or not it contains a strong foundation of mutual friendship, trust, and support. Keep her interested with romantic gestures, questions that show your interest in her academic life, and by letting her know that you care about her future career. College is a busy time, but you can help each

other get through.

Dear Coug, do you have any ideas for some inexpensive, fun dates? I'm on a budget, here!

You bet! Control your debit card swipes by brainstorming together some activities you both enjoy. A fun alternative to "dinner and a movie" is to cook a meal together (you can even go to the grocery store together to shop for ingre-

dients-divide the list and race to the checkout) and rent a movie you both like. March is often the month for prime kiteflying winds; pack a picnic lunch and have a day in a local park. If you like outdoor activities, try hiking, horseback riding, surfing, or gardening together. Websites like groupon.com or livingsocial. com offer online coupons to local restaurants and many other destinations-ice-skating, rock climbing, or ceramic-painting places. You can also volunteer together; community service is a great way to bond as a couple and appreciate each other's strengths. Above all, try to find enjoyment in anything you do.

Thursday, March 17, 6 p.m. - 8:30 p.m. Markstein Hall 210

> Safezone Community Workshop Friday, March 18, 9 a.m. - noon Commons 206

The Longoria Affair, Film Screening Friday, March 18, 6:30 a.m. - 9 p.m. Markstein Hall 125

SAND Donuts & Coffee Break ednesday, March 23, 9 - 11 a.m. Tukwut Courtyard

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COMPILED BY CHRIS GIANCAMLLI MEDIA MANAGER

FEATURES

MARCH 15TH, 2011



Telling 'her story' : CSUSM celebrates women's history month

JENNA JAUREGUI FEATURES EDITOR

For the past 100 years, women have shaken the firmament with the strength of their forwardmarching footsteps. From suffrage and birth control to political offices and space shuttle missions, the 20th century saw a surge of change as women broke free from oppression and challenged tradition, leading generations into a fight for gender equality.

The United States recognizes March as Women's History Month, honoring the diversity and achievements of the many daughters, sisters, and mothers who have left their marks on the global timeline. Tuesday, March 8 was the centennial celebration of International Women's Day, a day to reflect on the struggles and victories of remarkable women throughout history.

In many countries, International Women's Day (IWD) is a national holiday. Men tradition-

ally honor the women in their lives by presenting with gifts and flowers as many do on Mother's Day. According to www.internationalwomensday.com, the holiday was born from the Socialist movement in Copenhagen-Clara Zetkin, leader of the Women's Office for the Social Democratic Party in Germany, spearheaded the idea of a day during which women could meet to review, discuss and campaign for their rights. Since the turbulent social, industrial and political climate of the early 1900s, IWD has helped to raise awareness for women's liberation and equality.

The Women's Center at CSUSM provides "sup-

port, advocacy and involvement services for the entire CSUSM community" according to its web-



Photo courtesy of clog.dailycal.org.com

site csusm.edu/wc. All services are "free and open to all students," and the center works to establish a "home away from home" for MIEETINGS EVERY TUES AT U-HOULE

students needing privacy, friendship, mentoring, a study space or emergency supplies. To commemorate Women's "Herstory" Month, the Women's Center is coordinating a number of informational and fun events for CSUSM students-events that will let remarkable women tell their own remarkable stories. A complete calendar is available at csusm.edu/ wc/events/herstory. On Tuesday, March 15, the Women's Center is sponsoring "Painting our Herstory," where students can help paint a mural that will be featured in the Women's Center and across campus. Come to FCB 5-102 from a.m. - 2:30 p.m.

On Tuesday, March 15, the LGBTQ Pride Center is spon-

11:30

soring "An Evening of LG-BTQ Storytelling" at 5:30 p.m. in the McMahan House. On Thursday, March 17, the

Women's Center is sponsoring the workshop "Let's Talk About Sex!" with HOPE & Wellness Center coordinator Cathy Nguyen at 5:30 p.m. in FCB 5-102.

On Thursday, March 17, Pamela Redela and Jill Weight will present "Celebrating Research on Women, Gender and Politics," discussing topics ranging from "feminicide" to welfare reform during U-hour in Markstein 103.

On Tuesday, March 29, Natalie Wilson and Jodie Lawston will present "Celebrating Research on Women, Gender and discussing topics Politics," ranging from feminism in Twilight to women prisoners during U-hour in Markstein 103.

On Tuesday, March 29, there will be a screening of the film Two Spirits followed by a panel discussion at 6 p.m. in Clarke 113.



Come and join The Pride!

CONTACT THE PRIDE AT CSUSMPRIDE@GMAIL.COM

MICHAEL RAWSON SPORTS EDITOR

SOFTBALL RIPS **THROUGH COUGAR** CLASH

Few teams of any kind at any level have dominated a tournament the way Cal State San Marcos softball dominated their home tournament this weekend, the Cougar Clash. Playing their first games on day two of the tournament, the Cougars shut out Emerson College 17-0 and the University of British Columbia 9-0. On Saturday, CSUSM again victimized Emerson College 8-0 and followed that with an identical 8-0 final against Hope International. On Sunday, the Cougars slipped by UBC 2-1 and swept the tournament with a 4-0 victory over #13 Dickenson State. To go with the aggregate 48-1 score, the Cougars also received a perfect game and a no-hitter from Brenna Sandberg on Friday, and a two-hitter by Brittany Boone followed by a 13-strikeout performance from Sandberg on day two, and a 17-strikeout performance by Sandberg on Sunday against Dickenson. Sandberg moves to 21-4 on the year. and fring there want a war fring and

MEN'S LACROSSE TO HOST FIRST GAME

CSUSM's newest club team, men's lacrosse, will host its first home game Saturday March 19 at 2 p.m. While the club has already played several games,= fans have three chances to see the team play on campus. After this week's match against Occidental College, fans can watch games against CSU Long Beach on April 9 at 3 p.m. and versus Concordia University on April 27 at 6 p.m. CSUSM lost their last game in a nail-biter at CSU Channel Islands, 14-13. .

PROPORTIONAL EQUALITY

NANCY ROSSIGNOL PRIDE STAFF WRITER

Forty years ago, athletic programs at CSUSM might have consisted of 15 men's teams and no women's teams. In 1972, a federal law changed that possible ratio, creating new opportunities for women in sports. Title IX of the 1972 Education Amendments prohibits sex discrimination in educational programs in institutions that receive federal funds. That includes all grade levels through college and all programs including sports. Concerns regarding fairness and the resulting legal challenges created additional components to the original law. Jennifer Milo, Associate Director of Athletics and Senior Women's Administrator at CSUSM, said Title IX "has boosted the opportunities for girls and

over 300,000 women playing intercollegiate sports nationwide.

The purpose of Title IX is to provide equal opportunity in educational institutions. A common presumption is that in order to have equality between the sexes, there should be an even 50/50 split. However, at many colleges, women outnumber men. According to Milo, CSUSM's student population consists of 60 percent women and 40 percent men. Compliance with Title IX requirements for equal opportunity must be "proportional," Milo said, by considering campus population and other demographic factors.

Valerie McMurtrie Bonnette explains Title IX clearly in her comprehensive manual, Title IX and Intercollegiate Athletics: How It All Works - In Plain English. Bonnette previously worked for The Office for



Photos courtesy of Nancy Rossigno.

VOTED

"BEST BREAKFAST

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"Three-Part Test." The three parts are accommodation of interests and abilities, financial assistance, and benefits and opportunities.

Milo emphasized that for each of the three parts, proportionality is key, because Title IX requires that institutions provide equal treatment of participants in overall women's and overall men's programs. As an example, Milo explained that if there are 300 athletes, 60 percent must be women and 40 percent must be men in order to comply with Title IX. Similarly, CSUSM must provide an equal opportunity when disbursing athletic scholarships, reflecting the female/male ratio proportionally, and the same is true for providing benefits and opportunities. Title IX does not require institutions to offer athletics programs, nor does it require offering a specific number of teams. It also does not require the same number of teams for men and women.

"For men or women, what sports [can] do as far as teaching life lessons is important," Milo said, adding that providing equal access to sports is just "the right thing to do."

Civil Rights (OCR), the national entity responsible for enforcing Title IX and now speaks at seminars on the topic. Two important additions to Title IX are the 1979 Intercollegiate Athletics Policy Interpretation and the 1996 "Three-Part Test," which according to Bonnette's manual are the major sources used for specific requirements for athletics programs and interpretation of Title IX regulations. Her manual also describes the 1979 policy as consisting of 13 components separated into three categories of compliance requirements, or the THE PRIDE

COUCAP

SPORTS AND TITLE IX women in sports tremendously." Milo stated there are currently

SPORTS

WEEKEND SCORES

BASEBALL

CSUSM 6, La Sierra 1

Omahen: 9 strikeouts.



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SPORTS

MARCH 15TH, 2011

ATHLETE SPOTLIGHT: BRETT CAMPFIELD TWO SPORT STAR RUNNING TOWARDS GREATNESS

MALLANE DRESSEL PRIDE STAFF WRITER

Brett Campfield competes in both track and cross-country for CSUSM. He helped the crosscountry team finish 12th at nationals. At the conference held here at CSUSM, he stepped up his game to win first, 18 seconds before the next competitor. Coach Steve Scott told the team that they needed two of the team members to finish on top in order to win, and Campfield delivered. That added pressure, which Campfield confesses he loves, made him run his best race of the season.

This talented athlete transferred from Princeton University, where he excelled in the steeplechase and 5k. Feeling burnt out on school, he took a break to pursue a career in sports, first interning for a baseball league manager, and then working for the Houston Astros. When he made the decision to go back to school, he chose CSUSM in order to be closer to friends and family.

The change in schools also spurred the change in races he wanted to compete in. Campfield was eager to have the renowned miler, Steve Scott, train him in the mile instead of continuing to do the steeplechase. Once Campfield proved to Scott that he had the speed to compete in the mile, Scott agreed that the mile is Campfield's race. Campfield declares that since transferring, Steve Scott's supervision caused him to improve dramatically. He appreciates how Scott considers his opinion when planning the workouts and goals. Campfield hopes to make a coach-. ing first for Scott by becoming a sub 4-minute mile runner.

The team also has him running the half-mile and 4x4, which Campfield never competed in before transferring to CSUSM. When asked about the new experience of relaying in the 4x4, the event: "Just having the baton

Campfield expressed his love for raderie and I-have-your-back attitude that comes from practicing with the team. "It's easy to let yourself down, but it's hard to let your team down," he said, when

> asked about the team aspect. Campfield tends to feed off the pressure that he places upon himself. This last week at Nationals, he placed an impressive second in the mile and third in the half mile. In the last 200 meters of the mile race, Campfield propelled himself from 9th to 2nd. "That's my favorite part of the race, the finish. It's what I run the whole race for," he said. Now that Nationals has ended the indoor track season, he looks forward to the outdoor season because more of his teammates compete.

His goals for this outdoor season are to break four minutes in the mile and figure out a way to beat his nemesis, Silas Kisorio of Oklahoma Christian, who has beaten Campfield twice by less than a second. He plans to prepare for the outdoor season by putting in lots of miles and doing intensive interval workouts that really push his limits. Mentally he likes to relax and not concentrate too much on the races.

He notices now after getting back into running how much it contributes to other aspects of his life. He feels that running keeps him more motivated, lively and focused. He is even considering continuing to run after college. He plans to compete with professionals at the USA Nationals and has the goal of possibly doing the Olympic trials next year. Campfield also hopes to remain active in running and other sports in the future as well as acquire a job in either professional sports or college athletics.

TOURNAMENT TIME IN TOWN **THE BEST PLACES TO WATCH MARCH MADNESS**

in your hand, it's a good feeling,

knowing that everyone is count-

ing on you. I like the pressure."

Campfield really likes the cama-

of Mallane Dressel

MICHAEL RAWSON SPORTS EDITOR

There are those who believe the end of March deserves to be a national holiday, while others just enjoy the thrill of victory and the agony of defeat. Then there are the ones who are in it for the food.

March Madness-otherwise known as the college basketball's championship tournament-provides sports fans with everything they could possibly dream of. The first two days of the tournament, March 17-18, games are played four at a time from 9 a.m. until 9 p.m. This year, San Diego State received a #2 seed, their best ever, and look for their first ever tournament win on Thursday. While some friends may be hosting parties in their homes, how many people do you know with four televisions in one room? The Pride comes through with the places you need to be this time around. As a first bet, Oggi's Pizza and Brewing Company used to be North County's finest. Saturated with flat screen televisions and serving up delicious pizza and salads, Oggi's wasn't to be topped. Since moving out of their location in the Westfield North

County Fair in Escondido, however, Oggi's now offers only their Encinitas and Del Mar restaurants to North County viewers. Still, seven scattered locations remain in San Diego County.

Meanwhile, back at Westfield's off of Via Rancho Pkwy, Oggi's former location has been replaced by something even better. Bringing friends who can't even spell basketball? Stop by North County Tavern and Bowl, where finding something for everybody to do couldn't be easier. The four-sided bar allows even patrons passingby to stop for a beer and a game without ever entering the tavern. The Westfield parking lot remains a Mecca for suds and sports, too. Stop by BJ's (one of five in San Diego County) for their giant screen that automatically rotates between 1-4 games at any time. Pubs and bars can offer fine viewing options as well. Churchill's English Pub on San Marcos Blvd. features the county's best beer selection and fine pub grub. The Stadium in Encinitas gets pricey, but it might be worth making reservations during March Madness to sit at one of their booths equipped with its own flat-screen. For the downtown-bound, keep pubs like Hooley's (see Happy Hour of the Week) and bars like the Tilted Kilt (by Petco Park) in mind for a more city-minded experience.



hoto courtesy of Oggi's Re

SAN DIEGO CELEBRATES THE GREENEST DAY OF THE YEAR: ST. PATRICK'S DAY

A&E

LEXI POLLARD PRIDE STAFF WRITER

St. Patrick's Day, the green holiday that falls on March 17, did not originate in Ireland. According to history.com, the United States of America held the first St. Patrick's Day Parade in 1762 when Irish soldiers serving in the English army displayed pride in Irish roots with traditional music and marching. Historically celebrated in the U.S., Canada and Australia, recent celebrations have undergone a transformation in Ireland. The traditional use of St. Patrick's Day as a religious occasion now exists as a parade in Dublin that attracts millions of viewers. While Ireland, New York City and Boston host St. Patrick's Day parade celebrations and citizens of Chicago dye the Chicago River green, San Diego offers a multitude of diverse events.

St. Patrick's Day in the Gaslamp Quarter consists of the Miller Light ShamROCK, an event filled with the sounds of Irish rock, beverages and Astro Turf replacing the traditional glamorous red carpet with a "green" carpet. The eccentrically green celebration, dubbed the "biggest St. Patrick's Day block party west of the Mississippi" by SignOnSanDiego.com, attracts up to 20,000 people per year. Located at Sixth Avenue and Market Street, this event caters to and only allows guests 21 and up. The age restriction will ensure an abundance of green beer throughout the night.

If ShamROCK does not appeal to celebratory taste, Hooley's Irish Pub and Grill in La Mesa hosts Hooleyfest on St. Patrick's Day. Hooleyfest lasts from 4 p.m. - midnight, and those who celebrate with full festive force have the option of free safe rides home within a 5-mile radius. Similar to ShamROCK, Hooleyfest is a 21 and older event, but offers food vendors, beer gardens, Irish bands and U2 tribute band, Zoo2. ShamROCK Both and

Hooleyfest offer music, entertainment and dancing into the



night, but if one desires a calmer celebration of St. Patrick's Day, Venissimo Cheese in San Diego hosts a Beer and Cheese class. The class lasts from 6:30 - 8p.m. March 15, and introduces curious visitors to craft beer and cheeses. The venue encourages reservations and green attire. Although St. Patrick's Day did not expectedly originate in Ireland and society commercialized traditions, residents of San Diego can experience the lighthearted fun this holiday encourages. Most local and public events permit only those of legal drinking age, but those excluded always have the option of spending St. Patrick's Day pinching those who forgot to wear green to commemorate the holiday.



Who will be CSUSM's next Top Model? RYAN DOWNS with a valid student ID may en

PRIDE STAFF WRITER

Inspired by the hit CW reality series, "America's Next Top Model," California State University San Marcos's bookstore is holding a contest to judge who has the potential to become the top model of the school. March 1 - April 1, aspiring male and female models can submit a photo of themselves dressed in CSUSM apparel and enter it into the contest. The determined winner is crowned CSUSM's Top Model. The student body will vote one male and one female winner by voting on the CSUSM bookstore's Facebook page. Each picture that receives the most "likes" wins the contest. Any current CSUSM student

with a valid student ID may enter and the contest permits only one photo submission per student. If you need help with taking a photo, the employees in the store are happy to take one for you. When contestants have a photo ready, they submit their photo to csusmbookstore@csusm. edu or walk it into the store. In either case, the photo must be digital format, preferably on a CD. Voting takes place April 4 - 15. Anyone on Facebook may vote for the winner. In the event of a tie, the bookstore's facebook page will hold a tiebreaker.

The University Bookstore's Facebook page will feature the winning photos, and winners receive a \$50 gift card for the bookstore.

More information is available at csusmbookstore.com.



Open House

The Graduate School of Education invites you to come and learn about our credential, MA, M.Ed., and Ph.D. programs.

Thursday, March 31, 2:30-4 pm Highlander Union Building 269

now accepting applications for 2011-2012 education.ucr.edu 951-827-5225 or edgrad@ucr.edu

Get a taste of the GSOE — Ed School faculty & food for free!





MARCH 15TH, 2011

P OF THE WEEK: YELP MORGAN HALL

A&E

LAYOUT ASSISTANT

Looking for a five star restaurant located in San Marcos, want to know where you can get a hot dog at 11 p.m. or plan to spend Spring Break in a new city and have no clue what or where to eat? No need to worry. The Yelp app comes to the rescue.

With Yelp, users can locate all nearby dining locations, browse by their proximity, neighborhood, food pricing and even by what is open at that exact time. The Yelp app also allows you quick and easy access to a large collection of customer reviews, allowing you to avoid terrible eateries. But the Yelp app is not only user for restaurant finds. It also helps users find nonfood related necessities, such as banks, drugstores, bars, shops and gas stations in your area.

Released Feb. 10, this app sits proudly on Time Magazines "50 Best iPhone Apps of 2011" for its

large array of information, clear listings and user friendliness. The Yelp app has all of the basic ingredients of a GPS app, but goes a step further by including a large selection of outside information. The most impressive feature of this app is when you are looking at a restaurant and decide to make a reservation at the said restaurant, your phone can directly connect you with the push of a button. The Yelp app is available in English, Dutch, French and German. Yelp is available for the leading smart phones like Black-Berry, iPhone and iPod Touch, Android, Palm Pre, Yelp Mobile and Windows Phone 7. Recently, Yelp caused a stir amongst food lovers as an iPad app due to the large screen for viewing dishes from different restaurants.

Whether on the go, traveling out of town or just yearning to learn more about what is in your community, the versatile Yelp app is perfect for you.



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The Pride is accepting submissions for the PALM (Pride Annual Literary Magazine).

Submit your poetry, photography, short stories, and artwork to csusmpalm.pride@gmail.com

> Deadline for submissions is April 6.

Find official rules online at www.csusmpride.com



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A&E

MARCH 15TH, 2011

EBEKAH GREEN

HERE'S ONE WEEK TO TAKE THAT HIGHWAY

DRIVE, GATHER ON THE BEACH AT SUNSET

OR MAYBE TAKE ADVANTAGE OF SLEEPING IN. HERE ARE 10 TRACKS TO ADD TO YOUR

MIX, WHATEVER YOUR SPRING BREAK PLANS

MAY ENTAIL.

PRIDE STAFE WRITEI

Pride Concert Calendar

CHRIS GIANCAMILLI MEDIA MANAGER

Datarock When: Tuesday, March 15 Where: The Casbah Time: Doors open at 8:30 p.m. Etc: Tickets are \$15 at casbah.frontgatetickets.com. Datarock is a Apple's iPod Nano feature their song "Fa-Fa-Fa." Other songs ha as MTV's "Jersey Shore." The show is 21 and up only.

Devo with The Octopus Project When: Sunday, March 20 Where: Belly Up Tavern 143 South Cedros Avenue Solana Beach, CA 92075 Time: Show starts at 8 p.m.



Etc: Admission is \$89 per ticket if purchased online through bellyupsolanabeach.frontgatesolutions.com or \$94 on the day of the show. Touring from the success of their 2010 album "Something For Everybody," Devo makes their way to San Diego county. Devo became a hit with the release of singles such as "Jocko Homo" and "Whip It." This is a 21 and up only event.

Girl Talk When: Tuesday, March 22 Where: Soma San Diego Time: 7 p.m.

Etc: Tickets are \$25 each through Soma's website somasandiego.com. Better thown as the mashup artist Girl Talk, Pittsburgh DJ Gregg Gillis made a name for himself with his 2008 about "Feed the Animale." In 2010, he released his fifth album entitled "All Day" to critical acclaim.

Indie rock

a 21 and up e

Miniature Tigers When: Friday, March 25 Where: The Casbah Time: 8:30 p.m. Etc: At casbah.frontgatetickets.com, tickets are available for San Diego coming off the release of their sophomore album "Fortress." A number of publications positively received the band's debut album "Tell It to the Volcano." This show

Sum 41

When: Sunday, March 27 Where: House of Blues San Diego Time: Doors - 6:30 p.m. Starts - 7:30 p.m.

Etc: Tickets are available through houseofblues.com. General admission is \$17.50 for advance tickets and \$20 day of show. Sum 41 became an overnight sensation with their first cess with the hit singles "In Too Deep" and "Still Waiting."

Lady Gaga with Scissor Sisters When: Tuesday, March 29 Where: Viejas Arena 5500 Canyon Crest Drive San Diego, CA 92182 Time: Doors - 7 p.m. Starts - 8 p.m.

Etc: Admission ranges \$53 - \$179 through ticketmaster.com Viejas Arena at SDSU to promote her upcoming album "Bo Sisters join Lady Gaga coming from the success of their thir



sensa ion Lady Gaga ma

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its of Sunsh

ray to San Diego's dropping in May Glam ock band Scissor



of most themed parties, somehow, I'm quite alright with that. an Ghiorria" is available for Mac Con Iomaire is currently

on an Australian tour with his sup-

porting band members. "Chúinne purchase through the website theharescorner.com and iTunes.

When I was 11, I went to my first real St. Patrick's Day party. As a child growing up in Texas away from all of my Irish

AMY SALISBURY

EDITOR-IN-CHIEF

three guitars, a mandolin and a fiddle played Irish folk songs until everyone was too full or too tired to keep singing. That fiddle sounded much different from its only auxiliary incarnation I could think of-in country music. I suspected the Irish heritage of my second cousins had something to do with that distinctive strings sound, and I never heard its equal for a long time. Enter Colm Mac Con Iomaire, the fiddle player for The Frames and Swell Season, two Irish bands, whose members include Glen Hansard, star of the film "Once" and Oscar winner for Best Original Song from that film, "Falling Slowly." Officially, Mac Con Iomaire is Irish-and I mean Irish. If his name wasn't enough of a giveaway, his first solo album, "Chúinne an Ghiorria," is from an Irish folk tale. Translated, chúinne an ghiorria means "the hare's corner," referring to the tradition of leaving a corner of a field uncut for the hares to escape to. Although there are no lyrics

to the music on "Chúinne an Ghiorria," every accoutrement to the album is in the Irish language. Mac Con Iomaire wrote on his MySpace, "Thankfully the linguistic uniqueness of the 'Gaeltacht' still endures. But our language is still in jeopardy." Gaeltacht refers to Irish speaking nations, a microcosm Mac Con Iomaire deeply values. His sound is entirely reminiscent of those fields "Chúinne an Ghiorria" takes inspiration from. It's like this: try to imagine the mood of a Dropkick Murpheys song. Find its complete opposite, and Mac Con Iomaire will be nearby, gently pulling a bow across strings. Eleven years later and nothing has sounded quite like that first real St. Patrick's party. The closest thing, though, exists in the violin-tinged swirls Mac Con Iomaire draws around pure tradition and ancient inspiration. I doubt you'll hear "Chúinne an Ghiorria" at any St. Patrick's Day party you attend stateside. Considering the aim

SUFJAN STEVENS - CHICAGO JONATHAN BOULET - A COMMUNITY S ANNOUNCEMENT JEFFRIES FAN CLUB - CRYSTI THOSE DANCING DAYS - SPACE HERO SUI make their way to JAPANDROIDS -BEST COAST - WHEN I'M WITH YOU

THE NAKED AND FAMOUS - GIRLS LIKE YOU

WET HAIR

THE RADIO DEPT. - SLEEPING IN

SURFER BLOOD - HARMONIX

BROKEN SOCIAL SCENE -7/4 (SHORELINE)

extended family, I half expected green cupcakes and Mardi Gras beads with all the gold and purple strands taken out of the pack. Well, I think I still expect St. Pat's parties to have at least one of these things. At this point in my life experience, I was innocent enough not to know of the most sinful of alcoholic beverages: green beer. But, I digress. The point here

is that at the "Clan Keefe" party, there was literally no green foodstuff anywhere in sight. There was corned beef, potatoes and cabbage (that I'm sure was once green but definitely was not anymore). There was plenty of beer, yes, but in the form of Harp and unique, syrupy Guinness. And the music was unlike anything I'd ever heard. At least



Photo courtesy of breakthrhuradio.com

MARCH 15TH, 2011



DROPPING THIS WEEK

RYAN DOWNS PRIDE STAFF WRITER



Dropping today is the film "The Fighter," based on a true story starring Mark Wahlberg as Micky Ward, an ambitious boxer from Boston whose path to glory is made difficult by his responsibilities toward his brother The film won two Academy Awards for the supporting performances of Christian Bale and Melissa Leo and nabbed an Oscar nod for Best Picture

THE PRIDE

o courtesy of stayclassy.org HAPPY HOUR OF THE WEEK: HOOLEY'S IRISH PUB AND GRI ness ice cream, not to mention for \$2 taco Tuesday, \$10 Boxtys

MICHAEL RAWSON SPORTS EDITOR

Of all the Irish-style pubs in San Diego County that do their best to imitate authentic Irish haunts, Hooley's Pub and Grill comes closest. The allwood décor really helps create the Irish ambiance. And it isn't just the decoration that helps you feel like you are in Ireland.

Hooley's offers a plethora of traditional Irish dishes on their menu like corned beef and cabbage and boxtys (a stuffed potato pancake topped with cheese), but what really makes this place special is their Guinness-infused meals: Guinness onion soup, Guinness BBQ beef, even Guin-

pints upon pints of the delicious beer itself. They also have a wide range of beer on tap, from the Irish red Smithwicks, the unfiltered Blue Moon and the all-American Coors Light. Feeling especially festive? Try a Black and Tan (a pint layered with Bass then Guinness) or a Snake Bite (half Guinness and half cider). Beer not your thing? The bar pours over a dozen different types of whisky. Hooley's offers something for everyone to help them get into the party mood.

On Mondays, Hooley's runs an all-day happy hour, as well as a nightly late night happy hour with \$1 off draught beers, wine and spirits, \$2 off appetizers and \$3 off all bottles of wine. But the deals don't end there - stop in

Wednesdays and all you can eat fish 'n chips on Sundays. So there is no bad day to stop in for a pint.

A&E

Hooley's seems to cover all its bases in satisfying different types of personalities and taste buds. They also show all major sports events, including soccer, and they offer live music even a free ride home on nights with big gigs (within a five mile radius, of course - they have to draw the line somewhere).

This St. Patrick's Day, throw on your greenest of garb or most Irish of outfits and saunter down to one of Hooley's two locations, Rancho San Diego (2955 Jamacha Rd.) and La Mesa (5500 Grossmont Center Dr.).

"HEREAFTER" -WARNER HOME VIDEO (PG-13)

Also released today is "Hereafter," he latest film from director Clint Eastwood. "Hereafter" tells the story of three characters and their experiences with the afterlife. These include a French journalist whose life changes after a near-death experience, a young boy who loses his twin brother and a man, played by Matt Damon, with a psychic connection to the world beyond. HEREAFTER



"ENDGAME" BY RISE AGAINST, INTERSCOPE RECORDS



Dropping today, "Endgame" is the much-anticipated sixth studio album by popular punk rock band Rise Against. The album features the type of political and social commentary that has made the band among the most acclaimed punk rock bands of the past several years, and the popularity surrounding this release only proves the bands influence.

"ANGLES" BY THE STROKES, ROUGH TRADE RECORDS

his album drops next week, March 2. Fans have long awaited the release f "Angles," the first studio album to ome from The Strokes in five years. This anticipation is for good reason; ccording to sources like "Rolling Stone," "Angles" is supposed to be the est album released by the band since neir debut, "Is This It?" Chief songriter/singer Julian Casablanca's solo areer also helped boost the populary of the band among newcomers.



"HOMEFRONT"-THQ (XBOX 360, PS3, PC)



Although not directly related to a prior franchise, the controversy from the game's premise and positive reviews caused the game to rise in popularity among gam-



Student A: "What To Wear..." by Faith Orcino







