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Guelaguetza at CSUSM

BY MATT LEWIS
Faces & Places Editor

Most weekends, the campus parking lots are scattered with the cars of students trying to squeeze in study time at the library or for the occasional sporting event. This past Oct. 11, CSUSM founder's plaza was the site for the annual Guelaguetza 2009 celebration, hosted by the Coalition of Indigenous Communities of Oaxaca (COCIO) and the Oaxaca Student Organization (OSO) of Cal State San Marcos.

This is the largest Guelaguetza celebration in San Diego County and the fourteenth year of CSUSM as the host site.

In addition to traditional foods like tamales and nopales (cactus), from 11:00 a.m. to 5:00 p.m., the public was able to partake in traditional dances, costumes and music from periodic ages of Oaxacan and Mexican culture. Also, demonstrations of craftwork by local artisans, showing the creation of baskets and hats from the Oaxacan culture and other areas of Mexico, were available for public viewing.

"Guelaguetza" is a Zapotec word meaning "offering." According to an OSO press release of the event, "It is a celebration in which representatives from the many communities of Oaxaca come together and cel-



Photos by Matt Lewis

brate the diversity of their traditions and cultures."

Also known as Los Lunes del Cerro (Mondays of the Hill), the event was a ceremony and celebration to pacify the gods in return for sufficient rain and a bountiful harvest. After the Spanish conquest of Mexico, the festival changed to coincide with Catholic traditions. The celebration then became a festival to celebrate the Virgin del Carmen. After a tragic earthquake destroyed much of the city of Oaxaca, the festival's purpose shifted

to include raising the morale of the people.

Though usually held in the month of July in the capital of Oaxaca, Mexico, the San Diego version is organized and held in the month of October in order to differentiate the two.

In San Diego County, there are about 50,000 residents of Oaxacan ancestry, including members of the Zapotec and Mixtec peoples. Most have settled in North County and in the area of Linda Vista. In addition

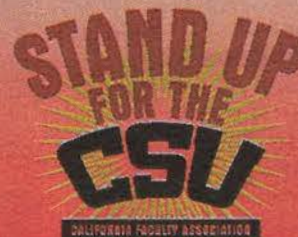
to helping young Oaxacans feel pride in their ancestry, the celebration is a way for the general public of both the U.S. and Mexico to learn more about Oaxaca and its diversity.

The profits generated from the admission and the booths at the festival will go to benefit churches, non-profit organizations and families who are in need in Oaxaca. For more information on this year or next year's events, you can visit www.myspace.com/osorg or www.cocio.org.



Check in next week for updates on the Cal State budget crisis.

- Faculty protests
- Spring 2010 unit limit
- Fall 2010 admissions
- and more



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Bill of Rights

It's time to fight the thirteen-unit restriction

BY BILL RHEIN
Senior Staff Writer

Adults have always told me the youth are the future. Yet once again, the campus wronged the students. The furloughs and tuition hikes were not enough I suppose, and I am left to wonder what kind of future is being set up for us.

On October 6, I got an email informing me that I will only be able to apply for 13-units this spring. So, despite the extra \$624 we all had to pay, and the cutbacks made in class time, we have to bear the burden of a failing economy by letting our education suffer.

The only thing more distressing than these cutbacks is the lack of outcry I have seen from students. Unless I was the only person emailed, I cannot find a reason why we as a student body have not done anything to change this. If you are on the fence or not sure of what is going on, now is the time to get fired up.

First, consider what this will mean to this year's freshman and any other student coming into the school. If this keeps up, students will no longer be able to graduate in four years.

website there are five, very general and expected goals of a university. Though the website lists "Community" and "Inclusiveness," we as a student body did not have the chance to chime in on this decision before administration made it. "Integrity" is on the list as well, yet I can plainly

help classes. But this is only a temporary solution to a growing problem. When I was a freshman, I did not sign up for these cutbacks or expect that my campus would so easily discard my desire to learn.

On the CSUSM homepage, our school claims to be "Roaring into Our 20s." This must be some kind of joke. Sure, it's a milestone, but there is not much to celebrate if after twenty years the school is cutting back on student progress.

Now is the time to get involved and make something happen for the better. It is time to ask of our elected ASI officials to fight for the students, like they promised us during the elections. Every person can get involved by signing up at www.savecsusm.org, where we can rally together to show that we care.

If we let these limits walk all over us, it is going to keep happening. Those behind them are going to keep cutting back because they know they can. It is time to get our heads out of the sand. We cannot be the change our future needs if we cannot get a decent education.

13-UNIT LIMIT
on registration for Spring 2010

Voice Out Against Limiting Our Education!

Image courtesy of savecsusm.org

Now, this is not necessary of everyone, but this is the traditional idea. If campus upholds the 13-unit limit, students are going to be stuck in school longer, having to pay more and more in increasing tuition.

Second, this goes against the proclaimed values of the campus. Under the "Campus Information" of our schools

see the injustice of this situation. We are paying more, and getting less. If the school is not going to stick to these goals, maybe it is time to reevaluate them and be honest about the fact that the student, the teacher, and the quality of education are not a priority.

The email offhandedly mentions that this is supposed to

My shrink's column

All opinions and letters to the editor, published in The Pride, represent the opinions of the author, and do not necessarily represent the views of The Pride, or of California State University San Marcos. Unsigned editorials represent the majority opinion of The Pride editorial board.

Letters to the editor should include an address, telephone number, e-mail and identification. Letters may be edited for grammar and length. Letters should be under 300 words and submitted via electronic mail to pride@csusm.edu, rather than to the individual editors. It is the policy of The Pride not to print anonymous letters.

Display and classified advertising in The Pride should not be construed as the endorsement or investigation of commercial enterprises or ventures. The Pride reserves the right to reject any advertising.

The Pride is published weekly on Tuesdays during the academic year. Distribution includes all of CSUSM campus.

This is the first of what we hope will be an occasional column that I write for "The Pride" this year on topics related to mental health. I realized, sitting down to write it, that these kinds of pieces are usually about problems, like "how to recognize if you are depressed (or have a drinking problem, or an eating disorder)," that kind of thing. These are important topics and I hope to address them in the future. But for today, I thought it would be nice to give you something that would make you happier.

Did you know that psychologists have done quite a bit of research on gratitude? If you're like me, your mind, most of the time, is a non-stop noisemaker, sounding like a crowd at a ball game between innings. Clamoring about all the stuff you need to do, or forgot to do, or cursing what's wrong in the world (like that driver on the freeway when you were coming to campus today). No, I'm not going to tell you to turn that riotous thing in your head off, as if you could. And no, I'm not going to tell you to 'look on the bright side of things as you go through your day,' because the world really is dark, too. Instead, I'm going to

ask you to try one or two very simple exercises that the research on gratitude indicates can make you happier.

By gratitude, I mean thinking about the things that you are thankful for, and having the feelings that go with this. In what ways do you feel lucky or blessed right now, as you consider life at this moment? Does that question make you notice the gorgeous, cool fall sky? Or how good that bagel tastes? Or maybe that you have an amazing partner that loves you? Or how generous a parent or teacher have been and how their generosity or inspiration made it possible for you to be standing here, getting a college education? Or how skilled that physician was for doing the surgery so competently? You might feel grateful for any of a vast number of things at any moment, if you stop and ask yourself to think about it.

And when you *do* think about these things, and try to picture that person or thing vividly, you might also notice a good feeling visiting you as you realize your good fortune and how your life has always depended on the world.

So here's what the research says

you can do, two things, either or both of which will definitely make you a happier person and each of which take very little time.

First, keep a gratitude journal. A couple of times each week (put these on your weekly calendar), take two minutes and write down 5 things that you feel grateful for at that moment. They can be anything from the most trivial (like this weather or that bagel), to your feelings about the people who have loved you, to your deepest feelings about God or nature. Write down 5 things, and as you do, try to actually feel the sense of good fortune and gratitude for each of them. That's it! Simple!

Second, if you want to try something really powerful, think of one person that you feel very grateful to for being in your life, now or in the past. Write a one-page letter to that person, thanking the person for what s/he has meant to you. Tell him/her specifically why you feel grateful to him/her and how lucky or blessed you feel for his/her presence in your life and how the person you are owes so much to him/her. Really get into it, even if it feels "corny" or "lame." Then, at some point if

you can possibly do so, read the letter out loud to that person. If you can't do it face to face, do it on the phone. Guarantee: you will both feel wonderful!

So there you go, two simple exercises. Try either one or both. Amazingly, even doing a gratitude journal entry a couple of times a week will, I'm positive, make you a happier person.

Counseling Services here at Cal State are available to all students at no charge. You don't have to have a 'mental illness' to see us. Many students come when they are struggling with the common stresses of college life, especially when these are 'getting in the way'. Many students use our services as an opportunity to learn more about themselves and grow as people. Confidential conversations with a professional can be a special opportunity to be completely honest with yourself with someone who won't judge you and who will strive to support your happiness and success. If you would like to make an appointment, call 750-4910.

Fritz Kreisler, PhD
Student Health & Counseling Services

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Marijuana: legal or illegal?

BY MAEVE CAMPLISSON
Pride Staff Writer

In recent months, local police have raided San Diego-area medicinal marijuana dispensaries. An Oceanside collective owner who wishes to remain anonymous claims that although police raiding his office found nothing to confiscate or prosecute, these raids are a nuisance and he believes they have no legal basis.

Since the passage of Proposition 215 in 1996, the use of marijuana prescribed for medical reasons by a physician is legal under California State Law. "The undercover investigations have nothing to do with legal marijuana patients and licensed caregivers," District Attorney Bonnie Dumanis said.

Dumanis claims law enforcement only targets illegal dispensaries. This claim is misleading, because all marijuana possession and sale (even for medical purposes) is illegal under federal law.

The Supremacy Clause in Article VI of

the U.S. Constitution states that federal laws supersede state laws if they conflict. In this case, they do. The perceived gray area resulted from U.S. Attorney Eric Holder's claim that federal law enforcement will only target dispensaries if they violate a state law, in addition to the federal ban. Many cities have placed a moratorium (a suspension of activity) on the creation of new dispensaries and began investigating the legitimacy and necessity of existing dispensaries. Authorities shut down 14 dispensaries and arrested 31 people in these raids, most for violation of state law.

San Diego has created a "citizens task force" to plan how to handle existing dispensaries that follow local laws and decide how to handle marijuana caregivers wishing to open new ones. The task force consists of doctors, caregivers, patients, local non-patient citizens, and people of various legal and backgrounds. But Councilman Carl Demaio believes this task force is unnecessary. He argues that enforcing the existing guidelines is enough.

Medical marijuana remains in a legal limbo

in which city, county, state, and federal regulations often conflict, while different agencies enforce some laws and not others. A proposal by Richard Lee to legalize and tax marijuana under CA state laws may be heading to ballot in 2010, but unless federal laws change, it will still be illegal according to the Supremacy Clause. Until then, it remains a controversy for both those in the marijuana business and those against it.



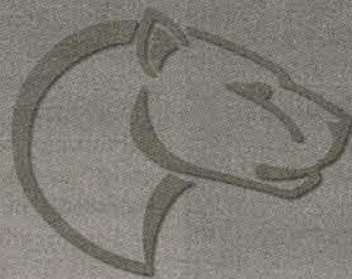
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CougarList

Classifieds

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Campus holds celebration for sponsors of new Social and Behavioral Sciences building

BY MAEVE CAMPLISSON
Pride Staff Writer

On Sept. 24, 2009, local dignitaries and campus benefactors gathered in the framework of what will be the new Social and Behavioral Sciences building to sign a decorative beam.

Vice President of University Advancement, Neal Hoss, thanked the signers for their contributions and said that the beam "will be on permanent display" in the building once construction is complete.

Karen Haynes, University President said, "It is particu-

larly noteworthy that even in these difficult fiscal times, we were able to convince our system to provide us through the bond money with funding to move this project forward."

Both speakers mentioned the need for more funding as well as describing the honor roll and naming opportunities within the building for all sponsors.

Vivian Bennett represented the Social and Behavioral Sciences Faculty. She said faculty in her department "empower citizens by teaching them critical thinking about the common good," and a new building for them will benefit the campus and surrounding community.

Chris Devers, chairman of the Pauma Band of Luiseno Indians, reminded attendees, "This is Luiseno land," and he hoped the building would reflect that in architecture,



Photos by Maeve Camplisson

respect for the Earth, and providing an environment for Native American students. Mel Vernon, council member of the San Luis Rey Band of Mission Indians joined Devers in a ceremonial smudging of white

sage to promote good energy in the building.

The Social and Behavioral Sciences building committee has been planning since 2001 with construction finally underway.



SAVE CSUSM students take action!

BY JESSENIA LUIA
Pride Staff Writer

In a chance to bring awareness to the quality of education at CSUSM, students have put together an organization whose mission is to prevent any future negative impacts to the university.

Students created SAVE CSUSM (Students Advancing via Education at CSUSM) as a response to the drastic budget cuts the CSU system presented. CSUSM has a promise to its students where they have "access to an excellent and affordable education," in which "students work closely with faculty of active scholars and artists." With the recent increase in fees and budget cuts, this promise in its mission statement may be broken.

With SAVE CSUSM, stu-

dents recognize and practice their political power to bring attention to issues affecting their education. It is an independent, inclusive, and collaborative organization and its strategy is to encourage students' engagement in finding ways to restore the CSUSM budget to an appropriate level. SAVE CSUSM is not only concerned about its education, which is currently threatened by higher tuitions, fewer courses offered, larger classes, and a smaller number of overworked faculty. It is also concerned about the kind of higher education available to the future generations of Californians.

SAVE CSUSM believes that having a united front will help affect a change for the betterment of our campus in both the near and far future. Its current goal is to collect 7,000 signa-

tures, which is about 70% of the student population, and present it to President Haynes and the Board of Trustees to show the determination in gaining accessibility to high quality education in California public universities. The signed petition will also go to the CSU Chancellor's Office, as well as to the House Representatives in Sacramento. In addition to the petition, SAVE CSUSM will continue in various ways and events to work towards the betterment of the quality of education at CSUSM.

Gabriella Pruitt, student and president of SAVE CSUSM, said, "We decided to create this organization because budget cuts to our university have affected each of us and/or our friends personally. We wanted to ensure that the quality of education on campus was

State San Marcos.
Members of
S A V E

Representatives
in Sacramento,"
Pruitt



Image courtesy of savecsusm.org

CSUSM will have a table set up in Library Plaza Oct. 13 during U-hour as well as from 11:00 a.m. to 2:00 p.m. on Oct. 14. We have also been visiting classrooms and speaking about the organization and the petition. Students can go to www.savecsusm.org to learn more about our organization, contact us, and find out how to sign the petition.

Pruitt is just one of the many voices behind this organization as SAVE CSUSM continues to gain more awareness.

"Officially, SAVE CSUSM has collected 1,760 signatures since we started collecting one week ago. Once we have collected 7,000 student signatures, we will personally deliver the petition and signatures to President Haynes. We will also be giving copies of the petition and all signatures to the CSU Chancellor and our

said. "All of the SAVE CSUSM officers take this organization and its cause personally as the budget cuts to our university affect our education. Not only are we going to continue losing our professors but we are going to have to pay more to maintain the already deteriorating education we have currently."

Though this organization cannot promise immediate results, it is an important step towards saving the university and the institution of higher education in California. SAVE CSUSM gives students the opportunity to be a part of the steady climb to a real solution to the university's problems that affect everyone, and potentially change the course of the CSU system forever. If anyone would like to be involved and sign the petition, more information is available at www.savecsusm.org.

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Web: www.csusm.edu/shcs Blog: csusmhealth.wordpress.com

Feel the need to get away? Take a mini-vacation close to home

BY SANDRA CHALMERS
Arts & Entertainment Editor

Though it may still be the calm before midterms, students begin to feel the stress brewing of another crazy midterm era, but before stressing over stress, relax and take a mini-vacation close to home.

Seaport Village in downtown San Diego transforms busy living lifestyles to leisure by relocating them to the seaside. Enjoying the views of sailboats dancing on the water, large cargo ships coming into port all while enjoying a favorite drink and meal is what makes Seaport Village a great mini-vacation. This

mini-vacation spot offers unique cuisine, fish tacos, pizza, burgers, Greek food and homemade chocolate fudge. These delightful eats are all comforting to the college student's digestive system.

Seaport village features more than 15 different dining experiences each only found at Seaport Village.

The popular restaurant, San Diego Pier Café, features fresh seafood entrées and a great waterfront view as the restaurant sits on stilts above the San Diego harbor waters. Its wall length windows offer exceptional views of the Coronado Bridge and almost all the harbor

bay activities.

But if less casual dining is more of a treat, the Village Café will sweetly warm up customers with hot espresso coffees or cool iced blended delights. Other popular sweet spots include Company of Nuts and Candy, Seaport Cookie Co. and Seaport Coffee and fudge.

With the changes in the season, Seaport Village showcases the different local talents and vendors. Musicians play culturally rich music in the dining area, most recently Native American artist played instrumental songs with authentic flutes and drums. Henna tattoo artists offered temporary body tattoo

drawings and face painting. Cartoon artists line the boardwalk of the village offering one of a kind cartoon portraits.

The shopping at Seaport village attracts many people. 50 different shopping stores that include gift stores, men and women's clothing, specialty hat stores, a hot sauce store, and art galleries all together give more character and personality to Seaport Village.

So if the winter blues and school stress are getting to you, escape to Seaport Village for some tasty food, drinks, shopping and entertainment.

Abroad in the UK

BY IVAN GARCIA
Senior Staff Writer

So what are some of the great things about living in North County San Diego? Good food, great atmosphere, amazing weather, and so much more. And let me be honest for a second, Preston, England is definitely not San Diego. Don't get me wrong, it's great on its own merits. There is definitely so much to do, see, and experience in this country. But, I'll be blunt, I've only seen the sun about three times since I've been

here, and I've been here for over a month.

Although I miss the sun and the environment back home, this weather, along with the general climate of it all, is a good change. I can't remember the last time that San Diego received any rain at all, although now I'm hearing that it's beginning to get a little chilly back home.

Which leads me to another subject: homesickness. I'll be honest, I miss home. I miss my family, friends, partner, the food, the weather, and my Xbox. Who knows how many mem-

ories I've missed out on or episodes of "House" that have been total "OMG" moments?

But the great thing about homesickness is that there are definitely methods and resources here on campus to help cope. Resources such as the fine people at the International Office, Peer Mentors, the Counseling Center, and friends. Those are the people and places that can help. And I'll admit that I had my period of feeling like I don't belong as well as feeling completely alone in a country I wasn't familiar with. I know that I've

found comfort and reassurance in local friends as well as loved ones back home, even simply eating a meal that reminds you of home can help (and yes, they do have Colonel here, hopefully everybody knows my reference).

But instead of simply sitting in a dorm and feeling sorry for myself, it's best to take this time to explore, travel, and meet people. Ultimately, this is home for now, so it's best to make the most out of a once in a lifetime situation.

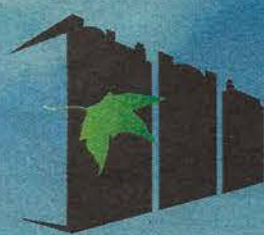
Abroad in the US

BY JAMES ROCHE
Pride Staff Writer

Being from the UK, the education system here is obviously extremely different for me, especially when it comes to choosing classes. In the UK you choose your degree course, for example Journalism which is what I do, and once you get into a university, your classes are settled for the next three years. You don't have to worry about getting into classes that you need to complete your degree, you just have to complete your work.

On that point, I was surprised to learn that you have to choose your own classes here and you're still not guaranteed to get into them, as there may not be any places left. It also seems strange to me that it has not been confirmed what classes will even be offered next semester. For me this is slightly concerning as I am here on a yearlong exchange program and I'm not sure what classes I'm taking next semester. I'm sure that I will get the classes I need next semester, but I guess this just adds to the experience I am getting out here. I know that my time out here will be so valuable to me later on in life, so I intend to enjoy myself while I'm here.

On a more social note, I am going to be taking part in the Humans vs Zombies game starting Monday Oct 12, so I'm looking forward to that. It will be interesting to see how long I can last, people tell me it can get quite extreme and anyone intending to tag me better be on the top of their game!



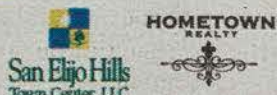
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Hits of Sunshine

Matt Haimovitz

BY AMY SALISBURY
Copy Editor

Classical music's reputation precedes the genre. We've all heard of the Mozart effect. Studies show that Mozart's compositions administered in daily doses boosts a child's developing intellect. Beethoven allegedly enhances creativity. And best of all, according to the Francis Payne Bolton School of Nursing in Cleveland, listening to Vivaldi post-op will actually promote healing and patient wellbeing.

Current musical stylings like hip-hop and the endless variants of rock do little to advance relaxation or IQs. Besides, the only classical music present in the 21st century seems to be snippets of Debussy's *Claire de Lune* or an abridged version of J.C. Bach's *Cello Suite No. 1* in car commercials (travesty, I know).

So, knowing how beneficial

classical composition seems to be, why aren't there modern composers and musicians perpetuating this positivity? There are, I promise. The "golden age" of classical music may have come and gone, but there is a man versed in classical repertoire breathing new life into the field.

Matt Haimovitz, a 38-year-old cellist born in Israel, made his performance debut at 13 as a soloist with the Israel Philharmonic after intense training in Palo Alto, California by the world-renowned cellist Irene Sharp. At 17, Haimovitz and his family moved back to the States and he performed with the Chicago and New York Philharmonic orchestras. He also signed an exclusive recording contract with Deutsche Grammophon Gesellschaft, a German classical record company, and received several awards for his work with the label.

In 1996, upon graduation from Harvard, he terminated his contract with Deutsche Grammophon out of a desire to explore non-standard styles of classical music. His variations were a success in (of all places) rock venues, and he went on to found his own record label, Oxingale.

Haimovitz does not record any original works. In his newest approach, he creates variants of established pieces by modern artists like Elliott Carter, Ana Sokolovic, and Steven Stucky, and infuses them with electronic styling.

Haimovitz's most recent release, *Figment*, is the perfect album to help temper your tastes if you aren't ready to dive head first into a symphony. The album's first track, "Figlude," is a pulsating hybrid of synth hits mixed with a cello piece by composer Socalled.

Though Haimovitz's real claim to fame is his incredible

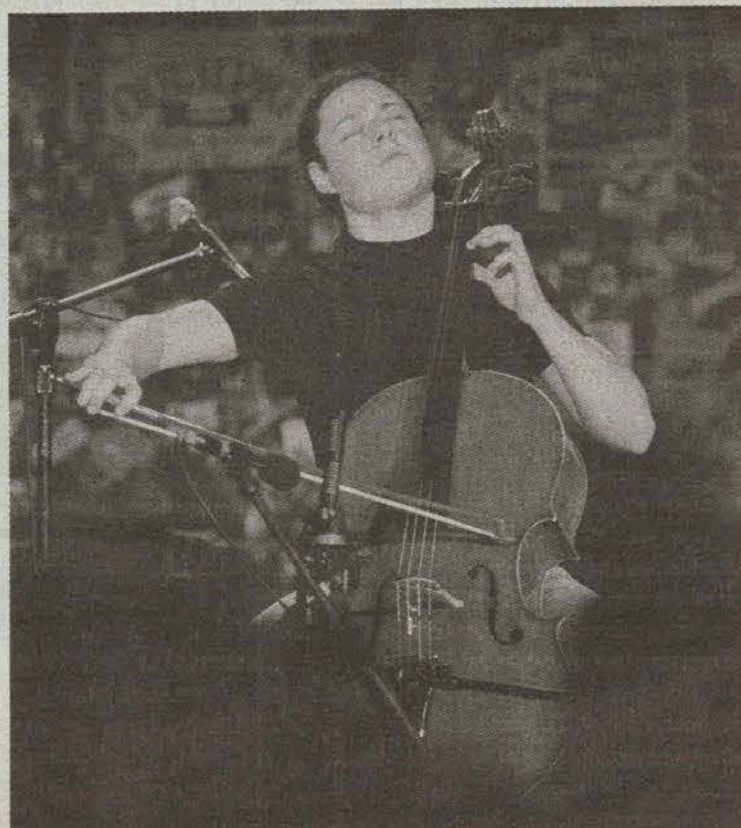


Image courtesy of Ashmont Records

technical skill, his innovative approach toward classical music bridges the musical generation gap between the 19th and 21st centuries.

Still can't handle heavy classi-

cal music? Check out his version of "Kashmir" by Led Zeppelin off his 2005 release *Goulash*. It's guaranteed to smash any and all preconceptions about what it means to be "classical."

Cougar kitchen

Vegetarian enchilada plate party

BY TRISH CORRIGAN
Pride Staff Writer

Ingredients:

1 Bunch of spinach
1 package (8 oz) mushrooms, sliced
1 bunch green onion, sliced
2 cups frozen bell pepper medley*
Flour or whole wheat tortillas
1 can enchilada sauce (red or green)
1 cup shredded cheese
Oil spray or 1 tbsp cooking oil
Salt
Pepper

*I use Trader Joes bell pepper medley because it is

cheaper than buying whole bell peppers.

*Alternatively, if you do not want this to be vegetarian simply add chicken or sliced beef to the filling.

Sides:

1 can black beans (season with salt and pepper to taste)
1 clove Garlic, minced
1 cup long grain rice
1 tbsp butter
2 cups vegetable broth (\$1.99 for box)

Rice:

Start rice first because it takes the longest to cook, approximately 30 minutes. Bring two cups of vegetable broth to boil in a pot. Add

about a teaspoon of salt and butter. Add rice to pot. Reduce heat to low and cover. Do not lift the lid until you are ready to serve the rice. You can turn heat off after 30 minutes. Alternatively, you can use a box of instant rice that will be ready within a few minutes.

Beans:

Heat oiled fry pan on medium heat. Add garlic and sauté for 2 minutes or until garlic slightly caramelizes. Do not burn the garlic or it will overpower everything. Add beans to pan and stir. Salt and pepper to taste.

Enchilada:

In an oiled fry pan on medium - high heat and add mushrooms. Do not over-

crowd the pan. Make sure the mushrooms are not overlapping in the pan and are in an even single layer. This will allow them to brown rather than boil which gives them a richer flavor. Turn mushrooms over when the bottoms brown.

When mushrooms fully brown, remove them from pan and set aside. Put bell peppers, green onion into pan. Sauté until peppers are heated through and green onions are soft. Remove from pan and set aside with mushrooms. Add spinach to pan with salt and pepper to taste. Allow spinach to cook for 3 minutes until wilted and water has evaporated. Remove spinach



from pan.

Add 1/4 cup of enchilada sauce to pan and place tortilla on top. Let the tortilla heat through and add the mushrooms, bell pepper, onion, and spinach filling. Top with cheese. Slip you spatula under the tortilla, take a spoon, and place it on one side of the filling. Use the spatula to fold the tortilla over the filling. Remove enchilada from pan and place on dish.

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What to see on DVD

BY BLAINE H MOGIL
Pride Staff Writer

"House Bunny" starring Anna Faris as Shelly Darlington in the title role takes place at a fictional college and his is a perfect vehicle for Faris' comedic skills. Faris may never reach the comedic heights of a Lucille Ball, but that doesn't lessen the solid talent she consistently brings to the screen. She has great timing and a real gift for comedy, from satire to slapstick.

In this film, a group of sorority nerdettes might lose their house due to a lack of pledges. The Playboy mansion, Shelley's home, sends her away through the underhanded work of a rival bunny. As she wanders the streets not knowing what to do or where to go, she ends up finding her real place at the Zeta sorority house.

The plot here is fairly derivative, but the writers Karen McCullah Lutz and Kirsten Smith did a very nice job misdirecting the viewer enough to keep the movie fresh and interesting. The supporting cast of nerdettes are exactly what one might expect in this type of film, and their transformation from the unseen to the must be seen also travels tried and true story-lines, but it is perhaps this familiarity which allows the viewer to connect more easily with the protagonists.

Interjected are just enough truly comic bits, such as when Shelly is helping to makeover the girls and she instructs them with the deepest sincerity that they must use makeup to

showcase their eyes for "the eyes are the nipples of the face." Certainly not a film that requires deep reflection, but there is more than enough relatable fun in this film to make it worth a view. "What to See" ***

"The Mighty Boosh" is written by and starring Julian Barratt as Howard Moon and Noel Fielding as Vince Noir in a Britcom television program which combines comedy, fantasy and musical elements.

Hmm, how do I communicate the sounds and images that leap from the screen while watching this show? That is a tough assignment. Fielding plays a character named Richmond on my favorite Britcom "The IT Crowd" and it is for that reason alone that I took a shot at this show.

After having watched the first season of Boosh, I am still watching and still am not quite sure why I am watching or more precisely what it

is I am watching. The comedy is not particularly sharp. Acting is over the top and likely this is intentional. The story lines are straight from the dream states of the writers. The sets and costumes are equally cheesy and outlandish.

Perhaps it is like taking a journey into the sleeping mind of Lewis Carroll or Edgar Allen Poe only less sophisticated. It is entertaining for sure, and at times more than a bit disturbing.

If for no other reason, watch it at least one time, for it is truly like nothing you have ever seen before. You might even enjoy the musical segment, which can be the best part of the show. So for that reason alone I would rate this as a "What to See" somewhere between * and ****, your guess is as good as mine.



Image courtesy of Sony Pictures

Pride fashion tips Layers create visual interest

BY KEVIN CHATHAM
Pride Staff Writer

The online Merriam-Webster dictionary defines a cardigan as a sweater or jacket that opens the full length of the center front. Essentially a cardigan is a sweater that opens in the front. The cardigan has escaped the closet of grandfather's everywhere and has become an important fall staple. It also applies to this week's fashion tip.

A cardigan is great because it is universally useful and accessible to everyone. You can wear a cardigan with anything. Pair it with a normal graphic or band t-shirt for a casual look or a button down oxford and tie for a more sophisticated look. You can't go wrong when layering with a cardigan, so pick one in your favorite color and wear it everywhere.

When purchasing a cardigan there are several things to look for. You should purchase a cardigan that fits well. It should frame your torso without overwhelming your silhouette or being too tight. You should also take note of the color.

Remember, the more neutral the color (black, blue,

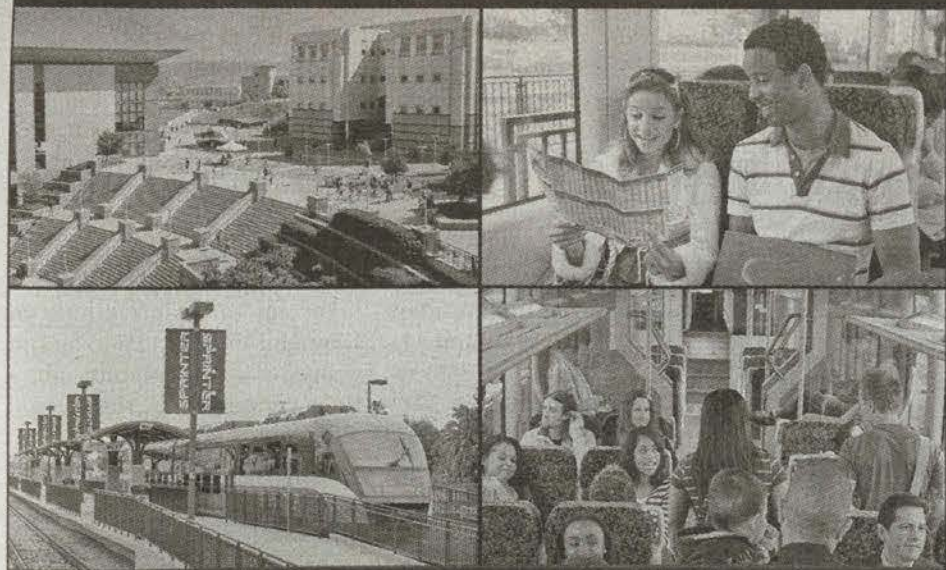
grey, white) the more versatile the cardigan will be. Try to stay with neutral or earth tones and you will be able to wear your cardigan with nearly anything.

The last thing you should consider when buying a cardigan is the material. Try to go with a thinner finer fabric like fine merino wool or cashmere. If the cardigan is too thick and bulky you'll not only risk looking like Mr. Rogers, but you'll also limit its versatility.



Photo courtesy of www.lookbook.nu
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Overflow at 'Meaning in Motion' dance presentation

BY BLAINE H MOGIL
Pride Staff Writer

In Arts building room 111 on Wednesday evening, the room filled quickly as throngs of impatient attendees jostled to get a prized red ticket for a chance to get seating in the main auditorium. Forethought and planning resulted in a relatively orderly beginning to the evening, as those in charge had set up a viewing room for those not fortunate enough to get into the main room. The overflow room offered the presentation via closed circuit television.

Dr. Jonathan S. Marion, an on campus professor of Anthropology, presented the event, "Meanings in Motion." Dr. Marion's focus

is on Visual Anthropology as it applies to Ballroom dance. He is no mere scientific observer, he is also an enthusiastic participant. One might wonder if such a deep involvement in the field one studies might cloud scientific judgment, but in the case of Dr. Marion, this involvement leads to a deeper insight and better understanding of the subject at hand rather than conflict.

Dr. Marion is easy to spot on campus with his up-tempo stride, short ponytail and neatly trimmed doorknocker facial hairstyle. He is very approachable, knowledgeable, and dare I say stylish. On this evening he brought everything he had to the presentation along with a mild nervous swaying during the presentation.

He kept the audience intrigued throughout the one-hour lecture portion of the evening.

The International DanceSport Federation (IDSF), is a governing body of international dance competition. According to the IDSF website www.idsf.net, "DanceSport developed out of the narrow confines of competition ballroom dancing but today includes any dance style which has achieved an internationally recognized organized competition structure and has

adopted a sports based culture. The currently recognised sections or disciplines in International-Style DanceSport are: The Standard section, The Latin American section, The Ten Dance section, (and) The Rock 'n' Roll section." The IDSF currently has a presence with National Member Federations in 86 countries.

Following the lecture, the audience finally got what they came for as three separate dance couples, and another group with four female dancers demonstrated what the IDSF is all about. Performing four of the standard dances from IDSF competition were dance partners Paul Cloud and Borbala Bunnett who beautifully and gracefully danced the Waltz, the Tango, the Foxtrot,

and the Viennese Waltz. Dazzling beaded costumes, changed between dances added to the majesty of the moment.

Not to be outdone, Serena Cuevas of Deseo Dance Company in San Diego showed off some very hot Latin moves with her dance partner Anthony.

Husband and wife team David and Jennifer of Majesty in Motion also turned up the heat with some passionate Salsa moves of their own. On this night of great dancing and entertainment there was not one star, but a small constellation as everyone involved lit up the night and left a little stardust in the memories of everyone in the audience.



Photos by Blaine H Mogil

Coming to theaters

BY BILL RHEIN
Senior Staff Writer

WIDE RELEASE

"The Stepfather"

Starring Penn Badgley and Dylan Walsh

Directed by Nelson McCormick

Badgley plays a teen struggling to get to know his new stepfather, who might also be a vicious serial killer.

"Where the Wild Things Are"

Starring Max Records and Catherine O'Hara

Directed by Spike Jonze
Maurice Sendak's classic children's storybook is adapted into this film about exploration, adventure, and growing up.

"Law Abiding Citizen"

Starring Jamie Foxx and Gerard Butler

Directed by F. Gary Gray
Butler plays a man who takes justice into his own hands after courts do not punish the killer of his wife and daughter.

LIMITED RELEASE

"New York, I Love You"

Starring Shia LaBeouf and Natalie Portman

Directed by Fajth Akin and Yvan Attal

LaBeouf takes a break from the action blockbusters and stars in this flick about love in New York City.



Image courtesy of Warner Brothers

"Black Dynamite"

Starring Michael Jai White

Directed by Scott Sanders

This modern blaxploitation

throwback is about a man named Black Dynamite and his quest to avenge his brother's death.

Dagnabit Productions brings musical comedy to life at CSUSM

BY DIANA VALDIVIA
Pride Staff Writer

What do you get when you put together Dagnabit Productions and a musical comedy script? You get an excellent performance that is definitely worth \$10 dollars.

Dagnabit Productions is a new student organization here at Cal State who last year started as a guerrilla theatre group. Now this year they are ready to bring many things to CSUSM. They are currently in the process of becoming a fully recognized student organization whose goals include to bring formal performances, build a community for students who are interested in any aspects of theater and help the theater program in school.

"The Pride" had a chance to interview the director for Dagnabit Productions' current play, Arielle Rosenbaum, who explained what Dagnabit is all about. Rosenbaum said, "You don't really hear about play at school. We really want

to get the word out of our theater program. We are all in to create a piece of art that we are proud of."

Some of the students currently involved in this student organization want to pursue this as a career like Rosenbaum who, in the future, wants to be a theater director. Rosenbaum added that this student organization also wants to help each other to work on skills that could later be use in careers.

Dagnabit Productions' current play, "I Love You, You're Perfect, Now Change," is a hilarious musical comedy that has been in the works since last semester. Director Rosenbaum presented the idea last semester to the group and started working to bring this play to life. This musical comedy is by Joe DiPietro and Jimmy Roberts.

The story is quite relatable to anyone. It explores those situations of love such as dating and married life with a twist, singing. It would have you laughing throughout

it and make you think about your own good and bad dating experiences. Without giving too much away, you will enjoy the performance beginning to end.

Audience reaction has been great overall. Student John Perrillo talked said the play was "Amazing. It's stuff you can relate to. A funny play to watch. It is a true comedy." Another student, Carly Perrin, went to see this play after seeing a flyer and was interesting in it because of its title. Perrin said, "I would definitely recommend to anyone to come and see it." Megan Omotoy was a little skeptical about it. "I didn't hear too much about it before I went. The timing of how it was delivered was great. Casting was great. I thought that the transitions could have been a little bit tighter at times and some of the pitches of the actors and actresses needed to be watched but besides that, it was fantastic. I would totally suggest to everyone to go and see it."

"I Love You, You're Perfect, Now Change" has two more showings this Friday and Saturday, Oct. 16 and 17. Both showings start at 8pm in the Arts Building Room 111. Tickets are \$10 and sold at the

door, (cash only), so remember to arrive early.

For more information on Dagnabit Productions, you can visit www.dagnabitproductions.com or email rosen018@cougars.csusm.edu.

I LOVE YOU,
YOU'RE PERFECT,
NOW CHANGE

The Hilarious New Musical Revue

Image courtesy of Dagnabit Productions