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# THE PRIDE

CALIFORNIA STATE UNIVERSITY SAN MARCOS

STUDENT NEWSPAPER

www.thecsusmpride.com

TUESDAY, NOVEMBER 7, 2006

VOL. XVI NO. 12

## Susan G. Komen Breast Cancer Foundation coming to CSUSM

BY JONATHAN THOMPSON  
Pride Staff Writer

The Susan G. Komen Breast Cancer Foundation National Education Tour is coming to campus on Wednesday, November 15. The event that is also known as "On the Way to the Cure - Komen on the Go" will be held in the Kellogg Library Plaza from 9 a.m. to 3 p.m.

The nine week tour has 36 stops; one of them being CSUSM. "They go to many campuses throughout the U.S. and we are fortunate to be on the tour," said Rita Ruhter, the special project coordinator for Health and Human Services here at CSUSM.

The event was held last year and will probably be held again next year. "We would like to host them again next year but it depends on their National Schedule," said Ruhter.

The six - hour event will include the "Komen On the Go" pink trailer. The event will also have computer stations, informational materials about breast cancer, breast self-examination guides, opportunities for local involvement, and suggestions about how to be effective co-survivors. Resources about where to go to for answers to questions about breast health and breast cancer will also be included, along with an eight-foot graffiti wall that will allow students to share their ideas about breast cancer. Prizes will be given away for those who participate.

"It's a great educational event and we [will] also have breast cancer survivors on site to answer questions and lend support," said Ruhter.

Nancy G. Brinker founded the Susan G. Komen Breast Cancer Foundation in 1982 in memory of her sister. Brinker lost her sister (Komen) to breast cancer. Komen was only 36 years old and left two children behind. Komen fought breast cancer for three years before the cancer over took her. From her encounter and personal experience, Brinker learned how the lack of knowledge on breast cancer played a significant role in her sister's death.

Additionally, San Diego hosted

See KOMEN, page 2

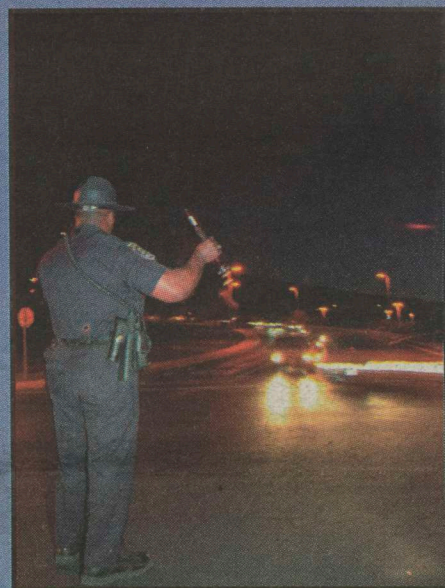


CSUSM Police  
Sgt. Pryor  
directs traffic  
on campus  
Monday night.

Photos by David Gatley / The Pride

## Managing Chaos

With pedestrian safety on campus a major concern of the CSUSM police department, Campus Police are urging students and faculty to exercise caution while driving and walking through intersections. Also, CSUSM police are now enforcing all traffic violations as the courtesy grace period over the previous few weeks has ended, they are encouraging everyone to obey all traffic and pedestrian laws.



## UVA Diaries: On call with Jace and Alex

BY KELLY CORRIGAN  
Pride Staff Writer

It's Thursday night and there are 550 students who live in the University Village Apartments. Most of them are free from the burdens of their classes until Monday. The professional staff members who work in the offices of the UVA have gone home for the evening. Tonight, out of the 15 Resident Advisors in the UVA, it is up to Jace Getskow and Alex Cohen to make the rounds, enforce the rules, and much, much more.

10:30 p.m.: The rounds begin on the first floor of B. This is Matt Curran and

Getskow's floor. It's relatively quiet thus far. Getskow and Cohen walk slowly, pushing on every door they walk by. A few of the door handles are broken, other doors are left ajar. Every so often, as Getskow and Cohen push and the doors and continue walking, a resident's curious face will appear in the hallway, wondering why their door suddenly slammed shut. "We're just checking the doors," they say to each resident. If a resident's door handle is broken, Getskow and Cohen advise them to fill in a work order at the front desk during business hours. "So no one walks in and takes a TV or anything,"

Getskow says.

10:50 p.m.: Getskow and Cohen are nearing the end of the second floor of B, Josh Freeman and Steven Butler's floor. Getskow and Cohen describe how most residents think their RAs are out to get them. "We're not here to hunt people. We're here to enforce rules." Cohen says. Getskow adds, "Our main concern is that no one's passed out on the floor." Most times, when they knock on doors, to ask students to quiet down, it's because they can hear them laughing loudly and playing music from two doors down.

See UVA , page 3

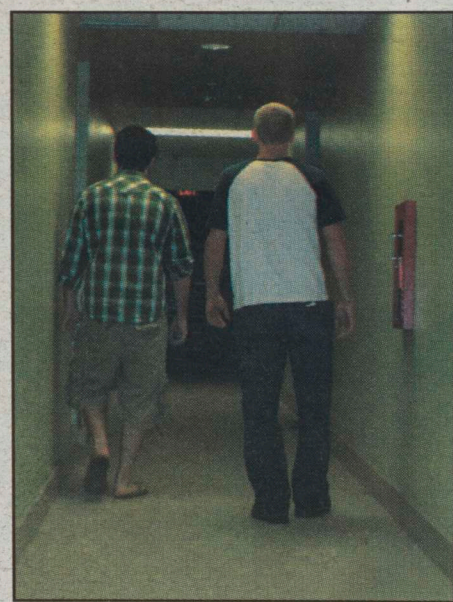


Photo by Kelly Corrigan / The Pride.  
Resident advisors Alex Cohen (left) and Jace Getskow patrol the hallways of the UVA.

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COUGAR  
WEATHER



Tue. Nov 7  
84/52  
Sunny



Wed. Nov 8  
79/53  
Sunny



Thur. Nov 9  
69/47  
Mostly  
Sunny



Fri. Nov 10  
71/48  
Sunny



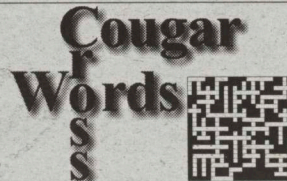
Sat. Nov 11  
71/48  
Partly  
Cloudy



Sun. Nov 12  
70/50  
Partly  
Cloudy



Mon. Nov 13  
69/47  
Showers



See A & E, page 8



NEW  
Comic Strip,  
"NUTS"

See Comics, page 9



## THE PRIDE

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Letters to the editors should include an address, telephone number, e-mail and identification. Letters may be edited for grammar and length. Letters should be under 300 words and submitted via electronic mail to [pride@csusm.edu](mailto:pride@csusm.edu), rather than to the individual editors. It is the policy of The Pride not to print anonymous letters.

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## Website of the week:

## theusmpride.com

BY AMANDA ANDREEN  
Pride Staff Writer

Get ready to take pride in something new fellow Cougars! The Pride is now online! Available at [www.theusmpride.com](http://www.theusmpride.com), The Pride student newspaper and its website have even more to offer CSUSM students and the campus at large. With access to more in-depth features, an interactive events calendar, extensive archive access, intriguing polls, and other exciting tools, [www.theusmpride.com](http://www.theusmpride.com) has it all as a one-stop destination for the latest campus news, exciting features and entertainment.

One of the more exclusive features on the new website is the option to register for The Pride, like one would register for The New York Times or Union Tribune online. On the homepage of the site visitors have the option of becoming registered users; creating a personal account through which they

can comment on stories, offer story feedback, send personal letters to the editor, and receive updates on new story uploads to the archives.

Another great thing about [www.theusmpride.com](http://www.theusmpride.com) is that the website is now connected to a vast network of other student and collegiate online publications. This means visitors can also access other breaking news stories from campuses across the nation.

Aside from being connected to a larger network, students will also have immediate access to the previous issues of The Pride, which gives visitors the ability to track stories by their favorite Pride staff writers, or track similar topics like all of the Drink of the Week stories to date and so forth.

The direct link to the open Letter to the Editor form is mutually beneficial to both students and the Pride staff alike. With all of the information needed readily available in the blank text fields of the page, within min-

utes students who wish to voice their opinion have it all laid out in front of them, ready to send with one click of their mouse.

Additionally, there will be polls on the website that visitors and registered users can participate in that will allow for more student-to-student interaction as well as interaction between the Pride and interested students.

The Pride archive available to users is practical because access to the archive is free. Whereas with other publications users have to pay to view past stories and issues, The Pride's archive also allows user comments and individual story feedback, just as users can comment on the individual stories themselves on the current issue.

Granted, all of the mentioned features are not operating at their maximum potential yet as access to the site has just been made available to the public within the past few days, but very soon all of the features will be fully functional and available to all students.

Pride Stock Image

From KOMEN, page 1

the Komen Race for the Cure this past weekend on Sunday, November 5. The race consisted of a five mile course in which participants could choose to either run or walk.

Some of the proceeds from the Komen Race for the Cure will

support the Komen Foundation Grant Program. The foundation has awarded more than \$180 million in grants to date.

The upcoming Breast Cancer 3 Day Event will hit San Diego this weekend, November 10-12 and will consist of a 60-mile trek over the course of those three days. "Net proceeds from the

Breast Cancer 3 Day Event benefit the Susan G. Komen Breast Cancer Foundation to fund breast cancer research and community outreach, as well as the National Philanthropic Trust Breast Cancer Fund, to provide an endowment for breast cancer initiatives," states The Breast Cancer 3-Day website.

In the United States a woman is diagnosed with breast cancer every three minutes.

"We encourage everyone to come out and get more information," said Ruhter. For more information please visit: <http://www.komen.org>, <http://www.sdkomen.org>, <http://www.the3day.org>.

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760-750-6099 or [pride\\_ads@csusm.edu](mailto:pride_ads@csusm.edu)



From UVA, page 1

11:00 p.m.: Cohen says: "Tonight is pretty quiet." After walking through Mindy Geyer and Melanee Pile's floor on B3, Getskow and Cohen start heading to C1, Fabby Hernandez and Diego Godinez's floor. As they near the end of the hallway, two males walk out of a room laughing. One of them is shirtless and only wearing boxers, the other wears a black eye mask. Getskow and Cohen reverse, ask them to quiet down and they quickly return to their room. Later, Cohen confesses that he could smell cheap vodka on the boys' breath but couldn't do anything because he didn't see the bottle of alcohol.

From the second floor of C, Courtney Middleton and Conrad Ottey's floor, Getskow and Cohen spot two unfamiliar males, one of them smoking a cigarette, just outside of the B courtyard.

Any guest in the UVA must be escorted by a resident at all times. In this case, when Getskow and Cohen confront them, the two non-UVA residents say they had visited their friend, a resident, and were leaving the dorms anyway.

11:30 p.m.: On C3, Mike Hansen and Cohen's floor, a young man is smoking a cigarette in the hallway. It is required that all smoking residents smoke in designated areas, at least 12 feet from the walls of the dorms. When confronted, the young man, who is a guest to the UVA, walks Getskow and Cohen to his friend's room where his friends lead him down to a designated smoking area in the C courtyard.

11:30 p.m.: On D3, Elizabeth Torrez's floor, Getskow and Cohen describe what it means to be an RA. Getskow says, "Residents see it as an opportunity for free rent, a monthly stipend, and enforcing rules. Which is maybe a tenth of our job." Cohen adds, "It's a big

transition for them. We are here to help..." "guide the way," Jace cuts in. Cohen says, "They're learning to cook, to do their laundry. For the first time, their parents aren't looking over their shoulders. It's kind of like a mild version of being on their own; and at a four-year university with the concept that you aren't required to go to class every day. This is the first place they get to know themselves. Our thing is, we want to see them make that transition from kid to adult."

John Getskow, (Jace's brother)

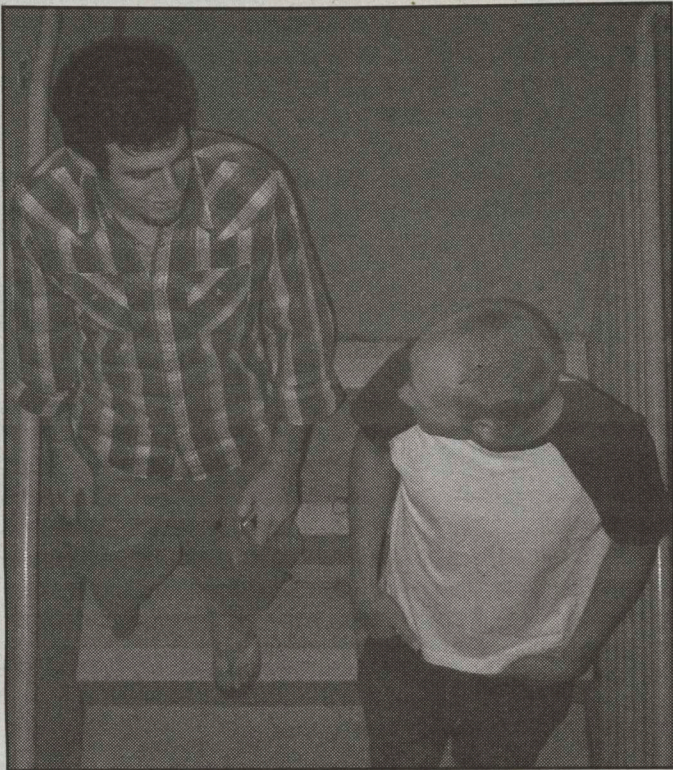


Photo by Kelly Corrigan / The Pride

Alex Cohen (left) discusses the incidents of the two non-residents with Jace Getskow as they walk down the stairs of building B.

is the RA for D1 which houses most international students. Jordan Button is the RA for D2. After walking through each floor, Getskow and Cohen walk to the main building before beginning a second round at 12:00 a.m. So far they've suspected three rooms have been drinking, but couldn't do anything about it because in all three times, Getskow and Cohen could only smell the alcohol on residents' breath, and when the residents opened their doors to the RAs, there were no bottles of alcohol in clear sight of the RAs.

12:30 a.m.: After Cohen plays a game of ping pong with resident Cong Nguyen, the rounds begin again. Torrez, an RA who's not currently on duty calls the RA phone. This cell phone is in the hands of

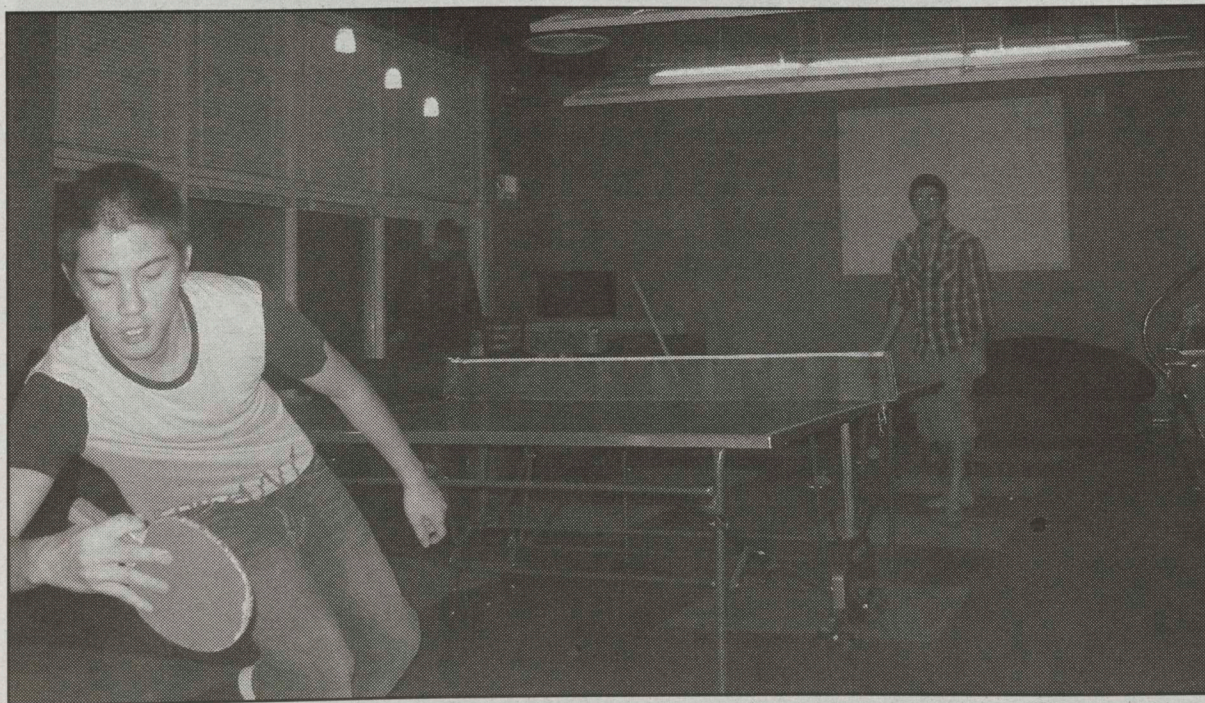
an RA on duty. When the main building closes at two in the morning, the RA returns to his or her room to sleep, but if any resident calls the front desk for any kind of emergency, the call is forwarded to the RA phone and the sleeping RA is expected to pick up. Getskow learns that the two non-residents are back in the same place, just outside of the gates to the B building. But this time, they're hiding a pack of beer in a recycle bin. "With 15 RAs, that's a lot of ears, we look out for each other," Getskow says.

They decide to stop the young men at the gate, "To kill the trouble before it happens," Cohen says. The non-residents leave while Cohen and Getskow continue their rounds.

Depending on the night and how many stops the RAs have to make, the rounds usually last from 10:00 p.m. to 2:00 a.m. Resident Directors, Ryan McRae and Desiree Woodruff are professional staff members who live in the UVA and rotate their times on call in order to back up the two standard RAs on call. On this particular night, McRae is on call if Getskow and Cohen need additional support.

1:30 a.m.: As they near the last hallway in D3, two underage amles walk toward the elevator with a clear plastic bag and what appears to be a bottle of wine inside. The boy carrying the bag quickly pulls the bottle out and swings it over his head and shouts, "It's only Martinelli's Apple Cider!" Getskow and Cohen laugh, then tell them to have a fun night.

With so many roles to play, as peer, friend, counselor and manager among others, Cohen believes that each RA currently working in the UVA is perfectly fit for the part. Cohen adds, "It's a learning experience every day that I'm here." According to him and Getskow, the UVA director, Bryan Dawson makes a big difference in the UVA. "Even though he's on the business side of it, his [office] door is open every day. We care for the residents. We all have that heart."



UVA resident Cong Nguyen plays ping-pong with RA Alex Cohen in between Cohen's rounds with Getskow.

Photo by Kelly Corrigan / The Pride

# Police Beat

## Drunk in Public

On October 22 just after midnight, Campus Police found an intoxicated student in public, wearing running clothes in Craven Circle.

On October 26 at 11:00 p.m., two male non-students were drunk in public at the UVA Halloween Dance and harassed female students. They were arrested by the Campus Police and booked into Vista Detention Center for being drunk in public.

On October 28 at 2:30 a.m., Campus Police conducted a vehicle stop on campus. The driver, a CSUSM student was arrested for a DUI and booked into Vista Detention Center.

On October 29, Campus Police conducted a vehicle stop on the 100 block of South Twin Oaks Valley Road. The driver was a non-student and was arrested for a DUI then booked into Vista Detention Center.

## Illegal Possession of Alcohol

On October 24, Campus Police found two underage students in possession of alcohol, parked in a car in a nearby park.

On October 27 at 11:00 p.m., Campus Police found two male non-students parked in a vehicle in possession of alcohol. They were each cited and released. On the same night, officers on foot walked through Prominence Apartments and made several arrests for minors in possession of alcohol. Some of them were CSUSM students but not all.

## Alcohol Poisoning

On October 28, Campus Police received information from San Diego State University's Police Department regarding a CSUSM student who was found drunk and unconscious in an alley near SDSU. The student was transported to Mercy Hospital for alcohol poisoning.

Any information on any of the ongoing investigations should be reported to Campus Police at 760-750-4567 or by emailing Lt. Miller at dmiller@csusm.edu.



# University Voice

## What should America's response be to North Korea's nuclear program?



Troy McAdams

"Is it our responsibility to oversee the world? Sure, we're okay and powerful and God given but are we to control the whole world?"

Literature and Writing Studies Major



Leo Elorsa

"America should be involved to see what's going on around the world. North Korea shouldn't test nuclear weapons because other countries would start doing it."

Criminology Major



Andrew Lowen

"We shouldn't involve ourselves in North Korea until they are researching bombs that can reach the US. At that point, nuke them first."

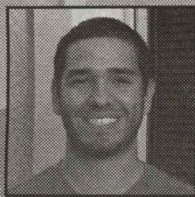
Business Management Major



Tran Truong-Lam

"America should be involved and put more restrictions on North Korea. They shouldn't be testing nuclear weapons without consent from other countries."

Biology Major



Luis Ticknor

"The U.S. should get involved in the North Korean nuclear program, and should do whatever possible to stop them from developing the bomb."

Global Business Management Major



Murat Korkutalp

"Please don't mess with North Korea. This country is definitely stronger than Iraq. But if they start to threaten the U.S., of course the U.S. has to do something. Therefore we have to just watch them."

Computer Science Information Systems Major



Richard Gray

"The U.S. should get involved in North Korean nuclear testing and put an end to all nuclear testing."

Biochemistry and Biology Major



Katie Cao

"We are all human, not something for nuclear testing. So I hope we'd get some care, protection from war. I hate war."

Computer Science Major



Margo Lane

"I do not feel that North Korea can be trusted. I feel the U.N. needs to take the lead on this. It is a world wide problem not just a U.S. issue. I would say our forces should be built up in Japan and just monitor them. Next best thing to do is pray."

Liberal Arts Major



Joy Leon / Phil Hoffman

"America should take a stand in protecting innocent lives and stopping North Korea's testing of nuclear weapons without the consent of other countries." -Joy

"I trust that the President will make the right choices. He knows more than we do!" -Phil

Business Accounting Major  
Business High-Tech Management Major

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CSUSM plans for growth in Southwest Riverside county

BY DAVID BAUER  
Pride Staff Writer

Between Murrieta and Temecula, across from the In-n-Out Burger and next to a Mexican restaurant is the California State University San Marcos' South West Riverside branch office. This small office serves roughly 200 students from the surrounding communities who attend college courses hosted in local area schools to earn credit at CSUSM. The CSUSM SWRC (South West Riverside County) branch campus has offered classes for the last six years to students who are either currently enrolled at CSUSM or participating in the Open University program. Over the next few years though, due to an increase in the state budget it is antici-

pated that this office will more than double its size, expanding to accommodate 500 students. Most of the CSU system schools in Southern California are clustered around the coastline, leaving students in areas farther east isolated. In order to allow students in these areas greater access to a university education, CSUSM established a satellite branch in South Western Riverside County in the city of Temecula. The system of building satellite campuses is not uncommon in the CSU system. CSU Channel Islands operates one in Camarillo, CSU Northridge operates one in Ventura, and in 1978 San Diego State University built a satellite campus in North County, which in 1989 became CSU San Marcos. The CSUSM SWRC "campus"

is really just an administrative office, that offers a few other services such as taking the Computer Competency Requirement Exam as well as limited academic advising. The classes at the CSUSM SWRC branch campus are held in the nearby classrooms in Temecula and Murrieta area schools. The classes, that number 11 for fall semester and 14 for last spring, are generally taught by CSUSM faculty and staff. Taught in classrooms mostly in Ronald Reagan Elementary School in Wildomar, and at Temecula Valley High School. The classes are generally smaller and offered in the evenings or early mornings. While there are some full-time programs, most cater to part time and evening students. There are a few courses at CSUSM SWRC branch campus

that are also focused on helping graduate students earn either the Multiple Subject Teaching Credential, or earn two of the pre requisites for any of the other credential programs at CSUSM. There are also some upper division general education courses offered for students, and some for those attempting to earn a degree in Liberal Studies. However, in order to meet all of the requirements for their degrees, students will need to take some classes at the main CSUSM campus. There are also limitations on the kinds of courses that can be offered at the branch office; an agreement with Mt. San Jacinto Community College's Temecula branch prevents CSUSM from offering competing lower division courses. Students at CSUSM SWRC branch campus are also limited to

Social Sciences and Humanities classes, meaning that students with other majors will at most only be able to take a few general education classes at the SWRC branch; but that may change in the near future with the increased enrollment allowance and budget increase. With an increase in funding for the CSU system from the California state's general fund of \$54 million for the 2006-2007 year, and the possible windfall if Prop 1D passes, the SWRC branch will be able to increase the number of classes and services over the next few years. Program coordinators at the SWRC branch hope to expand to offer classes in Science and Math as well as offering Continuing Education activities. Their plans also include opening an actual campus facility for the program in Temecula.

NOVEMBER 7-13

Tues 7 Wed 8 Thurs 9 Fri 10 Sat 11 Sun 12 Mon 13

|  |  |  |   |   |   |  |
|--|--|--|---|---|---|--|
| <b>Election Day</b><br><br>Swallowed Whole: Stories from Inside the Painting, Performance by Stephanie Juno (7pm, Arts 111)<br><br>Dead Man's Party, Manganista (Cannes Bar & Grill 9pm \$10)<br><br> | CLIMB In the Executive's Chair (10 to 11:50 am, Markstein Hall 125)<br><br>Kite Flying Demonstration by Abdul Kamir, (12-1pm Library Plaza)<br><br>Mark O'Connor's Appalachia Waltz Trio (6 pm and 7:30pm, Arts 111. \$10) | Fall Faculty Feast (6:30-8:30 pm Clarke Field House grand Salon, RSVP by Thursday)<br><br>Pre-Health Society Meeting, (12-1pm, Markstein Hall 304)<br><br>Aerosmith and Motley Crue (7:30pm Coors Amphitheatre \$45-\$125) | <b>Veteran's Day Holiday, campus closed</b><br><br>San Diego Chamber Orchestra: Mozart's birthday (7:30pm St. Paul's Cathedral, \$15-\$55)<br><br>Common Sense with Dumbluck (9pm, Belly Up Tavern, \$14)<br><br>Super Diamond (9pm, House of Blues, \$24.50) | San Diego County Arts Education Summit (8:30-5pm, Arts Bldg.)<br><br>The Fray, The Damnells (7:30 pm, Open Air Theatre SDSU \$30)<br><br>Kid Koala with Fog, Big Spiders turntablist (8:30 pm, The Casbah \$15) | Carol Channing, "The First 80 Years Are the Hardest," (2 pm, Center for the Arts: Escondido, tickets available at artcenter.org)<br><br>Deftones with Deadsy (7 pm, SOMA \$25)<br><br> | MuscleBound Performance by Michael Feldman (7 pm Arts 111)<br><br>Dr Octagon hip-hop from Kool Keith (8:30pm, The Casbah, \$18)<br><br>"The Point of Loose Ends" art by Wendy Kawabata and Lisa Solomon opens (Kruglak Gallery, Mira Costa College 11-2pm) |
|--|--|--|---|---|---|--|

Check out the campus calendar at thecsusmpride.com

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# 'iTunes U' turns professor's lectures into Podcasts

BY DAVID BAUER  
Pride Staff Writer

Recordings of college lectures have been around for years, however Apple Computers and several colleges are attempting to update the concept for today's college students. Cupertino based Apple Computer Inc. recently unveiled "iTunes U", a free program for colleges to distribute class lectures to students digitally using the massive popularity of their iPod portable music player and downloadable podcasts.

The iTunes U program started in April of 2005 when Stanford's Vice Provost for Undergraduate Education, noticing the proliferation of iPods on campus, approached Apple about using the iTunes site to host college course content for students. After only a year, the program has now expanded to include a number of high profile schools such as UC Berkley, USC, University of Michigan. The CSU system has recently signed on with iTunes U as well; the CSU campuses of Fresno State, Cal State East Bay, San Jose State, Cal State Dominguez Hills, and Sacramento State now offer podcasts of professor's lectures to students.

Built into Apple's popular iTunes digital music distribu-

tion system iTunes, iTunes U hosts the audio files and class materials on Apple's servers. Professors in the iTunes U system record their lectures digitally, either with audio or video equipment. Professors then take the recorded lecture (or "podcast") and upload it to Apple's servers making it available for students to download. Professors can then later log back into Apple's servers to adjust or edit existing lectures and materials on the fly. Students enrolled in the courses can also upload materials and information to Apple's servers for other students to use. The service also allows for university news and information about academic and student events to be hosted and downloaded by students and professors.

Some professors however do not subscribe to it as readily. Professor Berghof of the Literature and Writing Studies department wrote in regards to iTunes U, "Not that I want to podcast my lectures, but others are doing it..." While CSU San Marcos has not yet announced any plans to adopt the iTunes U system, it looks likely that it may be implemented in the not so far future.

With the iPod claiming almost 73 percent share of the market for portable music play-

ers last year, some analysts see Apple's iPod well on track for replacing Sony's Walkman as the most popular portable audio product in history. This popularity combined with the CSUSM's willingness to embrace non traditional teaching methods, such as online and distance learning make podcasting lectures an attractive option for schools and a lucrative one for Apple.

The flexibility of distributing material via podcast generally appeals to students, and the availability of material for students will probably be even more appealing to students who can download a lecture and listen to it anywhere rather than make the commute to campus. The ability for students with an internet connection anywhere in the world to listen to courses from CSUSM professors could change the way classes are taught and how we take college courses. Previously recorded courses could potentially be recycled from previous years and downloaded by incoming students as a cost cutting measure by some schools. It could also make professors tired of lecturing to empty classrooms implement mandatory attendance policies. Either way podcasting lectures may be the next step in the evolution in teaching. "It might change the way we teach", wrote Professor Berghof.

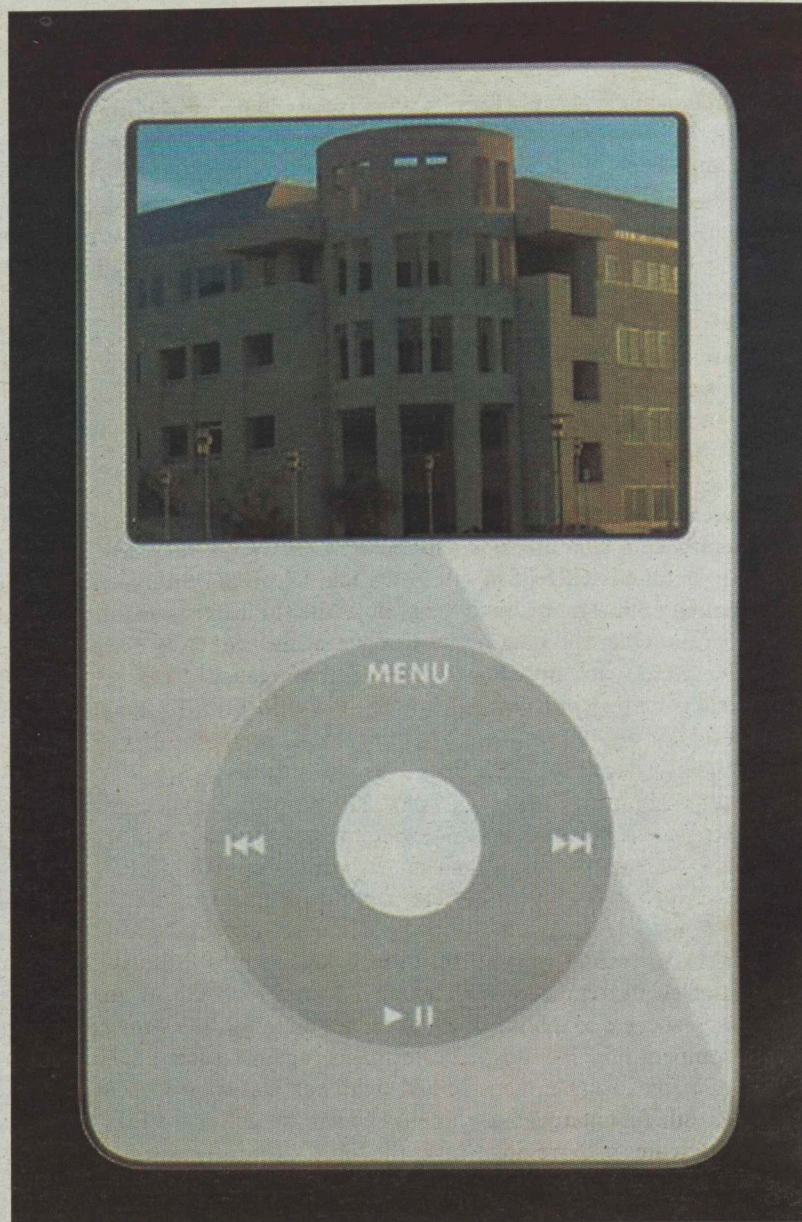


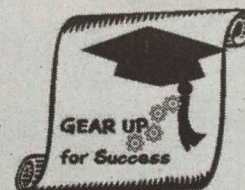
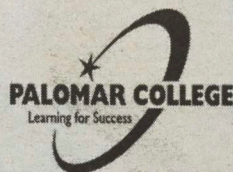
Photo illustration by David Bauer / The Pride

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With Kyle Trembley  
CSUSM Sports Information Director  
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## Men's Cross Country places 2nd at regionals while women take 5th

Competing in the most difficult regional competition in the NAIA, the Cal State San Marcos men's and women's cross-country teams held their own, finishing 2nd and 5th, respectively. Juan Mejia led the men with a 4th place finish, and Bonghabih Shey stepped up her game to take that same spot in the women's competition.

The event, which was hosted by Fresno Pacific University, was held at Woodland Park in Fresno, CA on Saturday. Thanks to their performances, both Cougar teams are expected to be heading to Nationals in two weeks.

For the men, it wasn't so much a question of making Nationals, but of whether the squad would be able to translate its tremendous regular season success to a high-pressure competition. Coming into the event, the Cougar men were ranked 8th nationally; but with four other teams in the region ranked in the top-20, including 3 ahead of CSUSM, Coach Steve

Scott's squad had plenty to prove on Saturday.

They did just that. The Cougars bested all the squads except #1 ranked Concordia, thanks to a very strong all-around effort. As usual, star runner Juan Mejia led the way, taking 4th place with a time of 24:30.71, just a second short of the all-time CSUSM record - a record he set earlier this year at Riverside.

While Mejia's performance came as no surprise, Ozwaldo Alvarez's provided a major (if unexpected) boost to the Cougar men. Alvarez finished 7th in the field, running a sparkling 25:13 - one of the best times in the history of Cougar cross country. Though Alvarez took 6th at an event earlier this year, his strong performance against such a talented field was just what Coach Scott needed to get his squad over the top.

Beyond those top two, the rest of the Cougar men were solid on

Saturday. Mike Crouch and Phil Hoffman finished in the top-20, taking 18th and 19th, respectively. Rounding out the Cougars' top-5 was Thomas Thys, who took 31st. Sergio Gonzalez and Leo Elorza also competed, and both finished in the top-50.

On the women's side, there was some concern entering the event about the team making Nationals. Though the women are ranked 12th nationally, five other teams in the region are in the top-25, including 4 who could have potentially overtaken CSUSM if the Cougars finished 6th or worse at Regionals.

But the Cougar women were able to hold on and finish 5th, thanks in large part to senior Bonghabih Shey. Shey, who has gotten progressively stronger as the season progresses, came through in a big way on Saturday, taking 4th. Her time of 18:09.36 is the fifth best in CSUSM history.

Following up Shey was Olympia Olguin. Like Alvarez on the men's side, Olguin crossing the finish line second was a pleasant surprise for Coach Scott. The senior has shown a dramatic improvement since her junior season, and her performance on Saturday is further proof that this is truly a breakout season for her. She finished the course with a time of 18:53.67, good for 19th place.

Whitney Patton, who has been one of the squad's leaders throughout the year and helped carry them to their high national ranking, took 24th at the event. Right behind her was Morgan Sjogren in 28th, followed by Erin Hearn, who made her first appearance in the Cougars' top-5 with a 41st-place finish. Other Cougars who competed include Aimee Bradley (45th) and Kristen Simek (60th).

Concordia University made it a clean sweep on the day, winning the women's event as well. Azusa

Pacific, Vanguard, and Point Loma Nazarene finished ahead of the Cougar women as well, but the squad should still make Nationals. For both the men and women, that event will be held on November 18th in Louisville, Kentucky.

### Top 5 Cougar Men

|                    |    |                 |          |
|--------------------|----|-----------------|----------|
| •                  | 4  | Juan Mejia      | 24:30.71 |
| •                  | 7  | Ozwaldo Alvarez | 25:13.97 |
| •                  | 17 | Mike Crouch     | 25:30.04 |
| •                  | 18 | Phil Hoffman    | 25:33.70 |
| •                  | 30 | Thomas Thys     | 26:01.06 |
| Top 5 Cougar Women |    |                 |          |
| •                  | 4  | Bonghabih Shey  | 18:09.36 |
| •                  | 19 | Olympia Olguin  | 18:53.67 |
| •                  | 24 | Whitney Patton  | 18:59.64 |
| •                  | 28 | Morgan Sjogren  | 19:11.36 |
| •                  | 41 | Erin Hearn      | 19:48.33 |

## Women's Soccer closes out season with another convincing win

Capping off their inaugural season with a flourish, the CSUSM women's soccer team (7-8-1) cruised to a 2-0 victory over the University of La Verne on Monday.

A large crowd of Cougar fans came down to Mangrum Field to cheer on the team in its final appearance of the fall, and the squad did not disappoint. The game started slow, with neither team really taking control of play. In the first half, both teams had six shots, both put four on net, and both keepers stopped all four.

At halftime, CSUSM coach Ron Pulvers emphasized to the team that this is the last time they'll be playing in eight months, so they better pick up the pace. It worked. Just five minutes into the second half, his squad broke the scoreless tie. After earning a seemingly harmless free kick just past midfield, Lucia Asbury capitalized on the opportunity in a big way, hitting a rocket all the way into the box. It found the foot of Courtney Drummond, and she was able to volley the ball past the keeper.

For Drummond, the score was her final one of a fantastic freshman season. She finishes the year with 7 goals, which at the time was good for sole possession of the team lead.

But the rest of the Cougars weren't quite done. Just a few minutes after

Drummond's goal, Annica Perez gathered a ball deep in the offensive zone, near the sideline. Perez struck a dangerous cross into the center of the box, and Randi Leyva was able to fight off defenders to get a touch on the ball. She knocked it down, leaving it for Clarissa Hidalgo, who blasted her shot into the back of the net for her 7th goal of the season, joining Drummond as the team leader.

Cougar keeper Jordanne Moore stopped all five shots she faced, earning her third consecutive shutout and fourth on the year. The defense in front of her gave a great effort, with Alex Quindt's usual solid play leading the way. In the midfield, Kelly Wherry controlled the ball beautifully throughout the match, always seeming to be a step ahead of the opposition.

An uneventful finish to the game was just fine for the Cougars, who struggled earlier this year with holding onto leads late. Those days seem to be over for the squad, and they'll enter the off-season riding a four-game win streak in which they've played great soccer.

Though the 7-8-1 overall record doesn't appear to be special, anybody who followed the squad when it was 1-6 knows that they've come a long way, and have every reason to be proud of the season they've put together.

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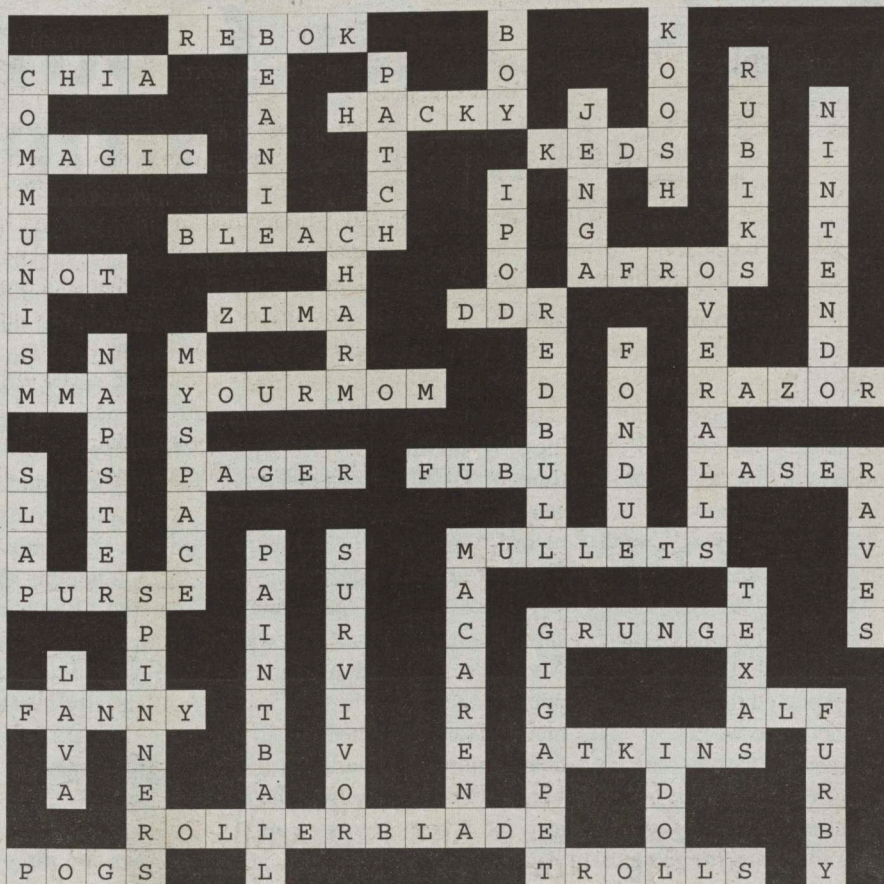


# Cougar r Words S S

“Junk food  
munchies”

Last week's key:

## Famous Fads

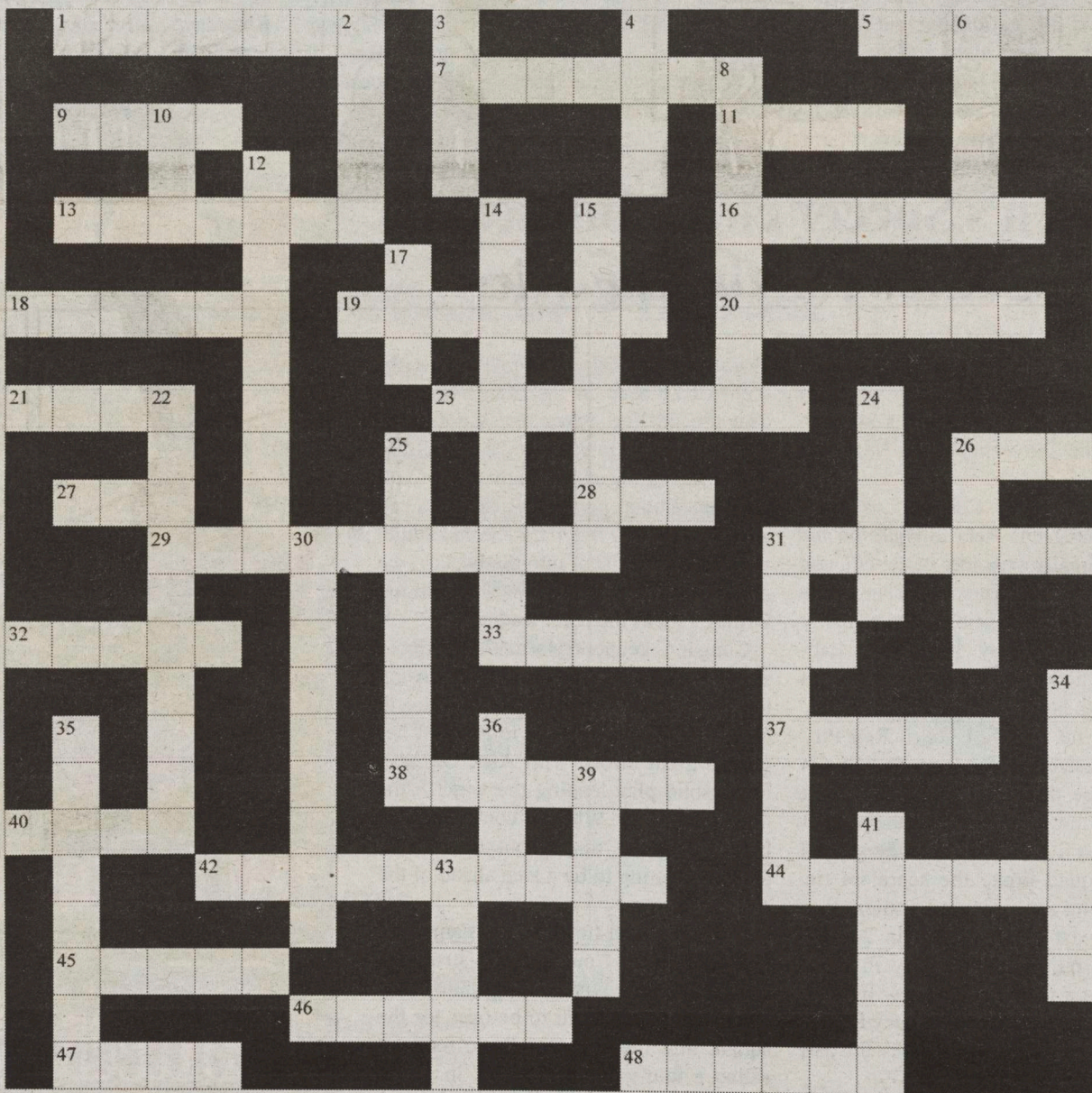


### ACROSS

- 1 \_\_\_\_\_ Fish. Gummi colored fish.
- 5 Pop \_\_\_\_\_ Toaster Pastries
- 7 \*POP\* "say from CHARMS!"
- 9 "Two for me, none for you!"
- 11 Milk's favorite cookie
- 13 "The cheese that goes CRUNCH"
- 16 The original licorice
- 18 Mints made famous in Seinfeld
- 19 "Oscar Meyer has a way with \_\_\_\_\_"
- 20 Pet name and mini frosted pastry
- 21 jujubes bigger cousin
- 23 "I love the fishies cuz they're so delicious"
- 26 Bubble \_\_\_\_\_
- 27 \_\_\_\_\_ newton "It's fruit in cake!"
- 28 \_\_\_\_\_ and Laters
- 29 raisins, peanut butter and celery
- 31 "Its the life of the party"
- 32 Geeky candy
- 33 "Taste the rainbow"
- 37 ABBA \_\_\_\_\_ "you're my only friend"
- 38 "Snap into a \_\_\_\_\_!!!!!!"
- 40 Sugar in a stick
- 42 "The original gourmet jelly bean"
- 44 \_\_\_\_\_ Roll. The chocolate roll.
- 45 Taffy with jokes
- 46 The original corn chips
- 47 \_\_\_\_\_ Candy, a holiday present must
- 48 Where the animal crackers perform

### DOWN

- 2 Santa's snack of choice
- 3 "\_\_\_\_\_ zabba youre my only friend"
- 4 It's not quite meat, and not quite ham
- 6 Instant lunch, 10 for a dollar!
- 8 Don't mix these with soda!
- 10 Mike's best friend
- 12 "Isn't life juicy"
- 14 Chocolate covered
- 15 "....The witch is dead"
- 17 Soda mid-west name
- 22 "Who's your \_\_\_\_\_" (sweet father)
- 24 Now and \_\_\_\_\_
- 25 Miniature donuts
- 26 \_\_\_\_\_ Bears "Bouncing here and there and everywhere!"
- 30 Sweet puffs of
- 31 Salty Cheese Square
- 34 Fruit candy with a fruit juice filling
- 35 "Once you pop, you can't stop"
- 36 Ike's Best Friend
- 39 \_\_\_\_\_ Rancher
- 41 Mini rolled up pizza
- 43 Pirates's \_\_\_\_\_





# Jock Talk With Josh: Shawne Merriman

BY JOSH SANDOVAL  
Pride Sports Writer



It has been some time now since Chargers linebacker Shawne Merriman tested positive for steroids. He decided to drop his suspension appeal to the NFL office, because he realized the four games suspension would be upheld and if he waited any longer to start the suspension he would have missed both games versus the Denver Broncos.

I enjoy watching Merriman play, probably more than any

other defensive player in the league. If he had simply come to me for some advice on the matter, he might have had a chance against the league office. With that said, I present to you the top 10 excuses Shawne Merriman could have used to explain why he tested positive for steroids.

10 – “The lab technician who handled my urine sample was a Broncos fan. Now that I think about it, the guy who handed me the cup to urinate in looked an awful lot like Jake Plummer.”

9 – “I took a sip from Barry Bonds’ water bottle. At least I thought it was water. He told me it was water. I can trust Barry, right?”

8 – “You see, there is an initiation process to become an official

member of the Chargers defense. You must commit a felony or else the other guys look down on you. Foley drew the DUI card. Terrence Kiel was caught smuggling drugs. Shaun Phillips put a beat down on the po-po, and I did this. We call ourselves D-Unit.”

7 – “The high testosterone levels can be attributed to an accidental overdose. Terrell Owens fooled everyone with that one. Why can’t I use it too?”

6 – “The same police officer that shot Steve Foley also planted my dirty urine sample. He just won’t stop until he gets every member of D-Unit.”

5 – “I am a family man. If I didn’t test positive and get a four week vacation then there was

no way I was going to be able to spend Thanksgiving with my family. That’s how much I love my family...and cranberry sauce.”

4 – “I guess I misheard the salesclerk at ‘Radio Shack’. I thought he said check out the new stereos.”

3 – “My nickname ‘Lights Out’ applies to more things than my playing ability. You see, sometimes the lights go out in my head and I black out for hours at a time. I can’t be held responsible for what goes in my body during that period of time.”

2 – “Recently I have become a big brother to a disadvantaged youth. One day I came upon him with a syringe in his hand. He said he was going to shoot up because

he wanted to make it to the NFL one day. I wouldn’t let that happen to a developing young boy, so I snatched the syringe from his hand and injected myself, just so he couldn’t harm his own body. So, if you really think about it, I am a hero. Don’t do drugs kids.”

1 – “I couldn’t stand to watch anymore Marty Ball, and I don’t even play offense.”

Next time you athletes get into trouble, just come to me. No problem is beyond repair for me. Just contact me at Sando026@csusm.edu and I will have ten excuses for you to use, free of charge within 24 hours. If I don’t deliver within 24 hours, then just take responsibility for your own actions. Like that will happen.

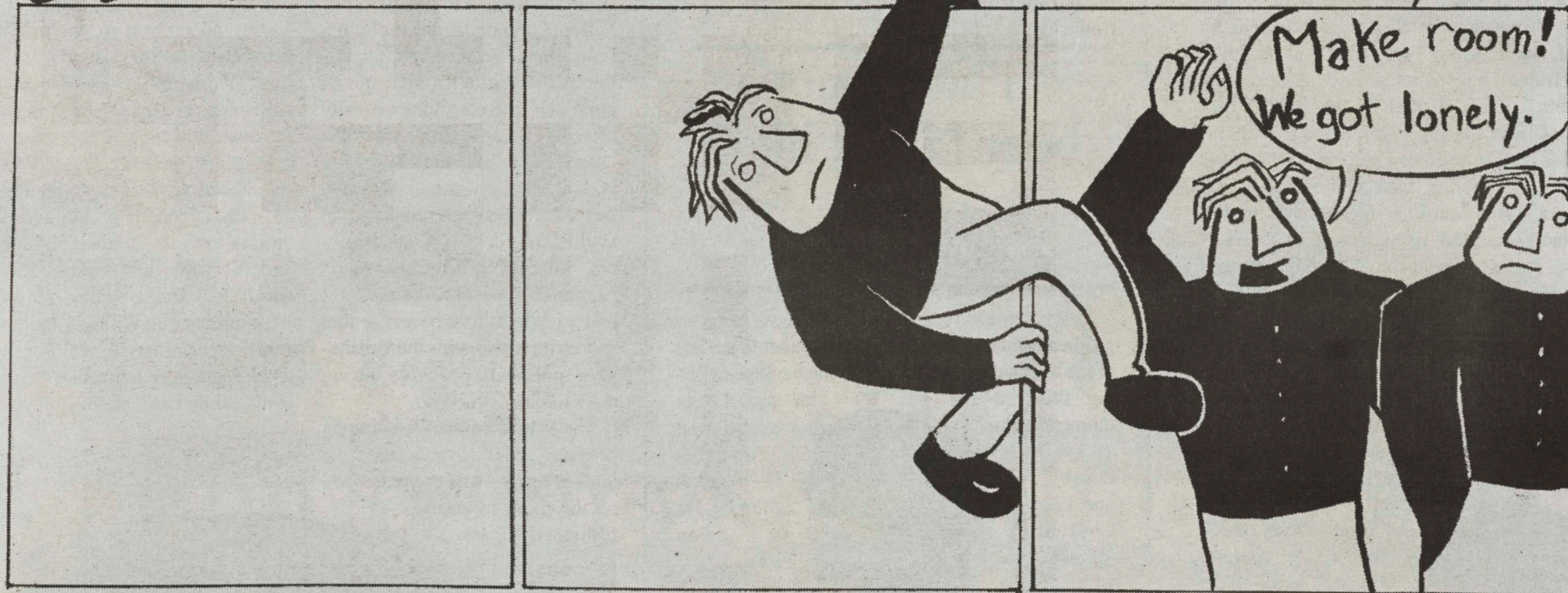
## Just for Shiggles

by: Jenny Bigpond



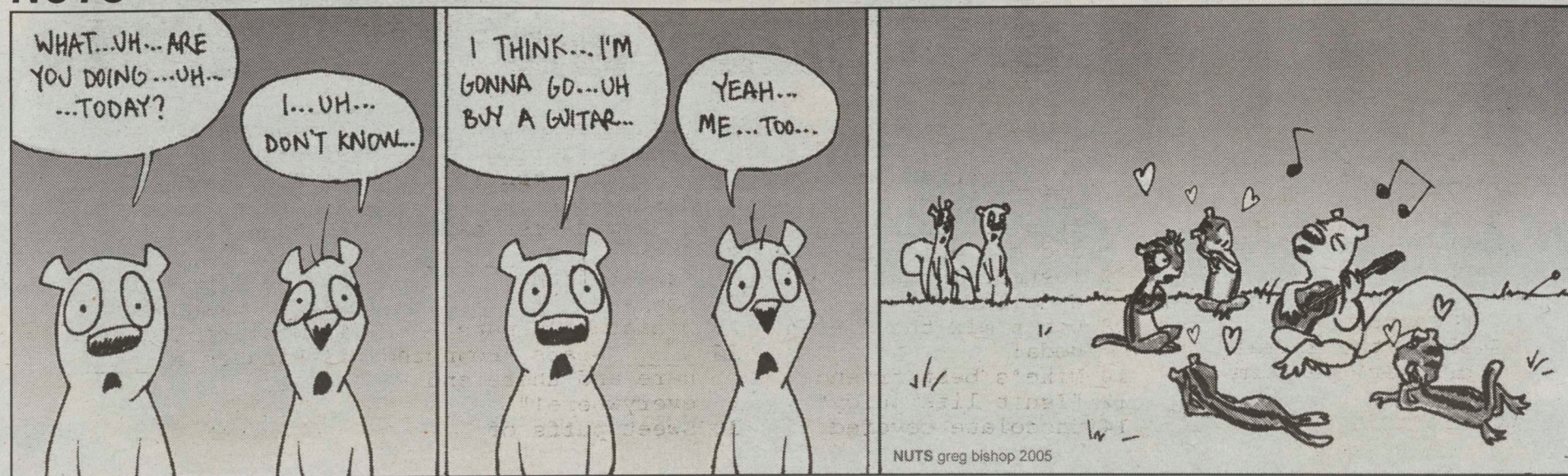
## Shaddock the Time Traveler

By T. Ward



## NUTS

By Greg Bishop





# CD review: MuteMath equals a good time



BY AMANDA ANDREEN  
Pride Staff Writer

Better not sit down before you listen to this one. MuteMath is exactly like what you'd listen to if a squad of fifty police cars were chasing you down the I-15 like a fugitive on "America's Most Wanted." That said, the opening number on the latest release from Teleprompt/Warner Records is a little on the softer side of the usual MuteMath fury. Don't let that stand in your way though. "Typical" still has enough guts to get your heart pumping. The four-piece New Orleans ensemble holds nothing back on this rockin' self-titled release. Clocking in at just over 63 minutes, MuteMath will have your palms sweating and your heart racing for a solid hour; that's better than putting in an hour of cardio at the gym, if you ask me.

With 14 tracks of high quality mayhem and skilled musicianship, the vocals of lead singer Paul Meany are a little bit Sting meets John Mayer, but also slightly The Shins meet Simon and Garfunkel. The sound is a mixture of several genres: rock, electronica, rave, reggae, pop, new wave and jazz. Creating ambient songs that carry the listener from one track to the next, the songs on "MuteMath" are different enough

to take hold of the Warped and scene kids as well as the local cheer squad and other artistic misfits.

"Plan B" is the most diverse song on the album in terms of the stylistic choices made by the band and the instruments used. It's

of the tracks, it's easy to experience what feels like a brain freeze when trying to keep up with these guys and their melodic dizziness.

Track three, "Chaos," is just that. Chaos. A droning guitar line welcomes the piano

Math. Its fast tempo, chasing cymbals, and organ-esque breakdown paired with the heavy and echoing pipes of Meany fuse together seamlessly.

"Stare at the Sun," is more tech than it is techno, combining multiple levels of distortion with electronic noises and guitar-heavy rhythms. The vocals on this song, however, smooth this number down, rounding it out as a fairly enjoyable listening affair.

Speaking of affairs, seeing MuteMath live is by far an affair I'll never be able to forget. I had the opportunity to witness them live a little over a year ago when they opened for Mae at the San Diego House of Blues. MuteMath totally stole the show. They were the first band to play, and they could have very well been the only band that played that night. None of the bands that followed the incredible show MuteMath put on came even close to the quality and showmanship MuteMath possessed that night. Jumping on equipment, thrashing bejeweled keytars, throwing instruments all over the stage, the lead singer pouncing on his piano and monitor—there wasn't one thing that they did that didn't amaze me—and all the while they still managed to create flawless music.

So, if you haven't already done so, go out and grab yourself some MuteMath. Go on. I dare you.



MuteMath plays at the House of Blues.

Photo by Amanda Andreen / The Pride

fast enough to rock out to, but still chill enough to cruise to between pockets of traffic on the freeway. Utilizing magical homemade instruments and bursting with spontaneous bouts of energy throughout all

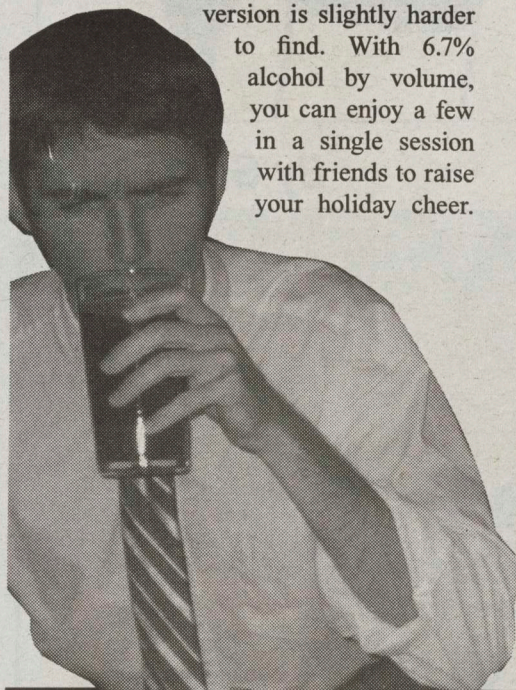
and electronica beats as a healthy helping of vocals reminiscent of Sting circa his Police era rain down on top of the space-travel-like sounds and pounding drums.

"Noticed" is more Sting than it is Mute-

## Beer of the Week: Descutes 2006 Jubelale

BY DAVID BAUER  
Pride Staff Writer

Every year from October through December, Descutes Breweries' of central Oregon brews their highly-anticipated Winter Jubelale. This year's batch has done especially well, winning the Silver Medal at the 2006 Australian International Beer Awards and taking home the gold in the 2006 World Beer Championships. Descutes 2006 Jubelale is a deep red-brown color. The head is frothy and an inch thick which disappeared after a few minutes leaving a small amount of lacing around the edges. The smell is crisp, sweet and well spicy with undertones provided by its warm toasted malts. The ale tastes sweet, fruity and spiced. It has a medium mouthfeel and good body. Perfect for the cold autumn and winter season, Jubelale is warming and delicious. Its after taste is clean and slightly bitter with a hint of a toasted malt flavor. It is available both on tap and in bottles, though the bottled version is slightly harder to find. With 6.7% alcohol by volume, you can enjoy a few in a single session with friends to raise your holiday cheer.



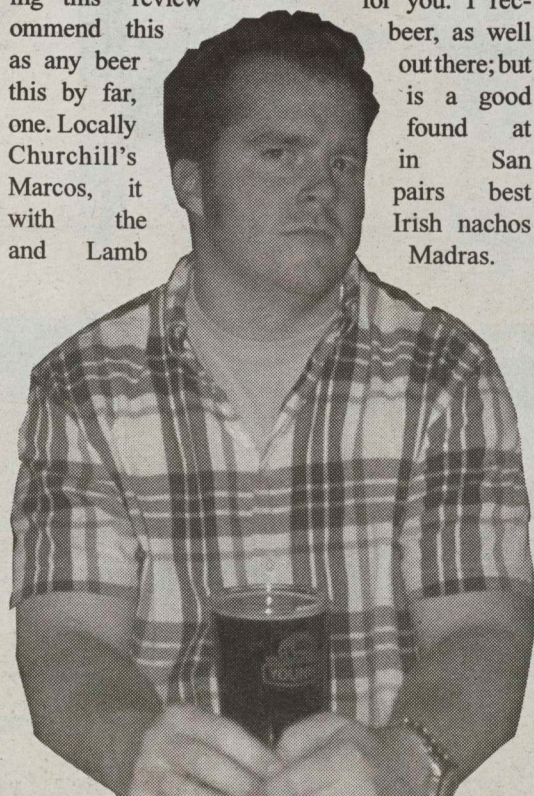
BY DAVID GATLEY  
Pride Staff Writer

Far be it for me to turn down a beer, especially when the opportunity presents itself to review it in good fun. As far as beer critics go, I am definitely the most qualified to comment since I have yet to find a bad beer thus far.

### "There's not a beer I don't like"

-David Gatley

Descutes 2006 Jubelale is no different. You can go ahead and take whatever David Bauer to the left of me has said as fact, and trust that I enjoyed writing this "review" for you. I recommend this beer, as well as any beer out there; but this by far, one. Locally found at in San Marcos, it pairs best with the Irish nachos and Lamb Madras.



Photos by Amanda Andreen / The Pride

## Drink of the Week: White Russian

BY SOPHIE BRINK  
Pride Staff Writer

"Hey, careful, man, there's a beverage here!" cautions The Dude, fearing for his precious potion while being shoved into a limousine. The beverage in question is the White Russian and its popularity increased dramatically after Jeff Bridges starred as "The Dude" Lebowski, an L.A. slacker with a steady routine: "I bowl. Drive around. The occasional acid flashback." A Coen Brothers' film, "The Big Lebowski" introduced cocktail-lovers' far and wide to a little beverage that shares its name with the Bolsheviks' political opponents during the Russian Civil War.

The White Russian is a simple, creamy cocktail composed of vodka, Kahlua and cream served on the rocks in an old-fashioned glass. Though by no means intensely sweet, the flavor of the drink reminds me of an old-style hard candy like Werther's Original. Its creamy texture and smooth, warm sensation boosts its luxury factor — each sip makes me feel as if I'm indulging in something delightfully decadent. Considering that the classic White Russian contains cream, which can be substituted for with milk, it's a little beverage that can

be quite naughty to your waistline. Also, don't be fooled by its innocent appearance. Having more than one of these little beauties can make the unsuspecting drinker go from pleasantly warm and relaxed to downright debauched in surprisingly little time. Thus, unlike The Dude, I tend to reserve the White Russian for treats and special occasions.

Making your own White Russian is simple: toss some ice into an old-fashioned glass, add 2 ounces vodka, 1 ounce Kahlua, and fill with light cream. Substituting Vanilla vodka (I use Absolut Vanilia) will add another subtle layer of flavor, making the drink taste even more like a delicious candy confection. Enjoy!



Photo by Sophie Brink / The Pride



# Movie review: "Flicka" A feel-good flick



BY AMANDA ANDREEN  
Pride Staff Writer

I've heard the song many times on the local country radio stations; I just never really connected it to the movie "Flicka," until now. Listening to it, though, in the car or at home, I've always found myself a little misty-eyed at the end of the song as it reminds

me of my own father.

Now, sitting in an almost barren movie theater with a mob of 5-year-old girls a few rows over and the 9-yr-old boy I babysit looking at me like I'm crazy, "My Little Girl," by Tim McGraw anthems as the credits roll, and I once again find myself misty-eyed. Inspired by the much-loved novel "My Friend Flicka," by Mary O'Hara, the adapted full-length motion picture, "Flicka," is for those of all ages, especially for those young at heart.

Starring Alison Lohman as Mary McLaughlin and a shaven Tim McGraw in his first acting role as Mary's father, "Flicka" is an endearing and enjoyable story of a 16-yr-old girl who discovers herself in the wild mustang she finds, befriends, and names Flicka. Determined to follow her family legacy and run her father's horse ranch, Mary finds the wild horse in the hills of modern day Wyoming, and quickly finds that she and Flicka are more alike than she could have ever dreamed. Unwilling to give up her freedom, both Mary and Flicka face challenges and loss in the film. Capturing the connection that can be made between a girl and her animal companion, in this case a wild mustang, "Flicka" personifies the transition from adolescence to adulthood and the rocky journey one can experience along the way.



Images courtesy of 20th Century Fox

Watching the interaction and realizations made by Mary in her relationship with Flicka, and through Mary and her relationship with her father, I found a deeper appreciation for the good things in life and the opportunities we all have each day to chase our dreams and become the person we wish to be.

The transformation that happens within Mary, Flicka, and Mary's father in the film is humbling, and even though it's just a

movie, it inspires a multitude of ideas and new hopes.

Set in the lush and beautiful landscapes of the hills and mountains that decorate Wyoming, more than anything, the scenery and nature in "Flicka" awakened this urge and need inside myself to pick up and take off into the wilderness: to get back to nature, to be free from civilization, and to be free in nature's beauty. It seems that in the middle of nowhere, somewhere lost in Cre-

ation, somewhere amidst the natural world, and somewhere away from everything is else is the exact place to take a moment to find yourself.

A kid-friendly flick and tear-jerker at times, "Flicka" is a film that gives you your money's worth, along with a few parting thoughts. Though it wouldn't be my first box office pick, I would highly recommend "Flicka" to anyone looking to do a little soul-searching.

Price and participation may vary.

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# "7th Annual Escondido Renaissance Faire"

BY SOPHIE BRINK  
Pride Staff Writer

In the shade of venerable oak trees, lining the bark and leaf strewn pathways, villagers waited in eager anticipation of the arrival of the Queen. Safely enclosed in a royal purple tent-like structure, emblazoned with gold lettering and borne by four sturdy, sumptuously attired footmen, Queen Elizabeth I made her entrance into the tiny village of Falconbridge with all possible pomp and circumstance and camera flashes.

Indeed, the 7<sup>th</sup> Annual Escondido Renaissance Faire held in Felicita Park was a jolly juxtaposition of the 16<sup>th</sup> century and the current one, laced bodices and flowing gowns modeled beside tank tops and jeans. Some enterprising individuals decided to take the best of both worlds, clad in jeans and peasant blouses. Faux leather of the shiny, vinyl variety reared its ugly head several times, but thankfully there was enough corset-enhanced cleavage to distract everyone from the frightful sight.

An array of tents, pavilions, and stages dotted the park, merchants loudly hawking their wares and talent calling passers-by to their respective stages. Shops ranged from beautiful blown glass mer- of fine Arriv- a t-shirt, could Hearts clothiers

come out dressed to impress, their pocketbooks lightened as well as their hearts.

As the many attractions of the park, including archery games, can work up a powerful thirst, a beer garden was on hand to provide ales, stout, beer and wine. The Pastie Bakery offered bread bowls, baked potatoes, meat pies, and pastries; Temple of Siam provided a taste of the far east; High Sea's Catering hawked chicken and fish 'n chips; and Grandstand Foods boasted giant roasted turkey legs.

After gorging oneself upon faire fare, there were many more entertainments to be savored. One could enjoy the lascivious stylings of the Bawdy Juggler; tap a toe to the music of the Skeleton Crew Pirate Band; cheer for your favorite knight in battle; watch a comedy by the upcoming playwright William Shakespeare, presented by Excellent Motion Shakespeare Company; or giggle over the naughty comedy of the Knotty Stitchers, Belladonna and Poppy, who presented an eye-opening guide to Renaissance fashion: Ye Tittswillow Sisters Presents Thee History of Ye Codpiece.

Though by no means an inexpensive excursion, I heartily enjoyed my romp through 16<sup>th</sup> century England.

Though the tents are down, the stages disassembled, the Queen and all her subjects gone home, there is the 8<sup>th</sup> Annual Escondido Renaissance Faire to look forward to. Huzzah!

