

QUAFF

Quality Ale and Fermentation Fraternity

April 2000

NEXT MEETING

Tuesday, April 18
7:30 PM at Callahan's
MEETING TOPICS

- **European Vacation, by Rich Link and Bob Whritner**
- **AHA NHC Judging Plans**
- **Temecula Festival Update**
- **Bring Your Homebrew**

Future AHA Club-Only Competitions

Categories	Due to QUAFF	Due at Contest
German Wheats	TBD	May
American Pale Ale	TBD	August
Oktoberfest	TBD	October
Historical Beers	TBD	December

Bring three 10-14 oz bottles (brown or green only) to the regular meeting or to the Board meeting. The bottle should have no distinctive marks on the bottle or cap that might identify the entry as yours. No Grolsch bottles either. Include a filled-out AHA entry form with your entry. Due dates are either the Board meetings (usually the first Tuesday in each month), or the regular monthly meetings (third Tuesday in each month). Entries may be turned in to any Board member, or brought to the meeting. (Check to make sure the Board member will be attending the meeting.)

CALENDAR

April	
18	QUAFF Monthly Meeting at Callahan's (7:30)
May	
3	QUAFF Board Meeting at San Diego Brewing (6:30)
6	Southern California Homebrew Festival in Temecula
16	QUAFF Monthly Meeting at Callahan's (7:30)
June	
7	QUAFF Board Meeting at San Diego Brewing (6:30)
9	Entry forms deadline for Del Mar Fair (by 5PM)
20	QUAFF Monthly Meeting at Callahan's (7:30)
25	Del Mar Fair Homebrew Contest (entries in by 12 noon)
July	
5	QUAFF Board Meeting at San Diego Brewing (6:30)
18	QUAFF Monthly Meeting at Callahan's (7:30)

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Upcoming Contests

AHA National Homebrew Competition

At the end of this month, QUAFF will host the judging for the Southwestern Regionals of the American Homebrewers Association (AHA) National Homebrew Competition. The NHC is the largest homebrew competition in the world. This year there will be six regional first-round competitions in the United States, and one in Canada. The three best beers in each category will advance to the second-round, held at the AHA National Conference this year in Livonia, Michigan.

This is QUAFF's first attempt to host an AHA regional contest, and it has the potential to be larger than the America's Finest City Homebrew Competition which has managed to draw 300+ entries for the last three years. The Southwestern Regional includes all entries from California, Arizona, Nevada, Hawaii, and Utah.

We will need judges and stewards. Notify Harold Gulbransen or Tyce Heldenbrand (see last page for e-mail addresses and phone numbers) if you are interested, or sign up at the next meeting.

Also, QUAFF will pay for the first entry for each member in the competition. But you have to act fast, because entries are due **Friday, April 14**, at AleSmith Brewing (9368 Cabot Drive in the Miramar area). AleSmith should be able to accept your entries during normal business hours. Only one bottle is needed for the first round. However, if you advance, you'll need three more bottles.

Del Mar Fair Homebrew Competition

The Del Mar Fair Homebrew Competition will be held on Sunday, June 25. It will be held in its recent traditional spot, the Paddock Area in front of the grandstands, just off the main road through the fairgrounds.

The Del Mar Fair Homebrew Competition is an extravaganza, and is one of the largest contests in California, if not the largest. Two bottles are needed, but the entry fee is only \$5 per entrant (not per entry), so your \$5 will allow you to enter as many beers as you'd like. Even better, your entries serve as free admission to the fair. To enter however, you must mail or hand deliver an entry form to the Del Mar Fair Entry Office before 5 PM on Friday, June 9.

This year's categories are the same as last year, but are different from the new AHA/BJCP categories. A list of categories will be published in next month's newsletter.

SPENT GRAINS

Notes from the April Meeting

by Greg Lorton

The March meeting at Callahan's was called to order by President Peter Zien at around 7:32. There were a number of guests, as well as a handful of San Diego Brew Techs to pick up their AFC2000 medals.

In his dual role as QUAFF President and AFC2000 organizer, Peter Zien handed out awards to those AFC2000 participants who were present at the meeting.

Five members brought their versions of the community brew from January at Harold and JoAnne Gulbransen's. The beers were the same recipe for the most part, but split into a first-wort-hopped beer and a traditionally hopped beer. The beer was an American Pale Ale.

Harold Gulbransen gave the feature on German ales. He described the traditional altbiers of Düsseldorf and the Kölsch beers of Cologne, relating many of his personal visits to these cities.

Rich Link gave us an update about the Southern California Homebrew Festival to be held on Saturday, May 6. More information is provided later in this newsletter.

February Beverage List

Kit Cheves	Hefeweizen
Greg Distefano	Traditional mead
Loren Miraglia	Amber ale
Jeff Majors	Belgian Blond
Peter Zien	Kolsch
Loren Miraglia	Tripel
Harold Gulbransen	Community Brew (Pale Ale)
Greg and Liz Lorton	Community Brew
Bob MacKay	Community Brew
Jeff Majors	Community Brew
Horace Bixby	Community Brew

European Vacation in April

For the April meeting, Rich Link and Bob Whritner will present a much-awaited and much anticipated recap of their vacation last year in Belgium and Germany. Bob and MaryJo Whritner and Rich and Teresa Link went on a beer journey to Belgium and Germany, trying as many beers as practical. Bob took a digital camera, and managed to document the trip with a wealth of pictures. Rich also has four six pack of classic Belgian beers to share. Their presentation and slide show will be the feature of the April meeting, held on Tuesday, April 18, beginning at 7:30 at Callahan's Pub and Brewery in Mira Mesa.

FUTURE MEETING TOPICS

April	European Vacation
May	Kegging and Cask Conditioning
June	American Ales

Club-Only Contests

Weiss is Nice

The Weiss is Nice Club-Only competition will be held in mid May. QUAFF entries should be in no later than the May Board meeting (on May 2 or 3 at San Diego Brewing). The contest covers the four German wheat styles: Bavarian Weizen, Bavarian Dunkelweizen, Berliner Weisse, and Weizenbock.)

2000 Club-Only Competition Standings

	Total Points	Points from last contest	Total Beers Entered
1. Tyce Heldenbrand	17	2	5
2. Peter Zien	13	4	6
3. Greg and Liz Lorton	11	7	3
4. Roger Wammack	9	0	2
5. Harold Gulbransen	6	0	4
6. Chris Toth	2	0	2
7. Dan Sherman	1	0	2
7. Jim Howard	1	0	1
7. Duane Bonderson	1	0	1

Local Beer News

AleSmith Cask Night at Callahan's

Contributed by Tod Fitzsimmons

AleSmith features a firkin of cask-conditioned ale at Callahan's every month. They have recently selected the third Tuesday of every month (which happens to coincide with the QUAFF meeting). So be sure to arrive early at the meeting and try the latest AleSmith brew from a firkin. Last month's beer was their Blarney Stoned steinbeer.

Beer and Wine Crafts Moves

Steve Petretti has announced that Beer and Wine Crafts, formerly a fixture in El Cajon, has moved to its brand new location in Santee. The address is 9379 Mission Gorge Road, Santee, CA 92071. The new store is just east of the 52 and 125 freeways, and just south of Santee Lakes, the site of the annual QUAFF picnic. The new phone number is (619) 449-9591.

Murphy's Custom Brewing

Doug Murphy announced that not only is Murphy's Custom Brewing a brew-on-premises, they are also a licensed microbrewery. Doug occasionally brews beers for a couple of restaurants. (Check with Doug at (858) 274-9696) to find out where.)

And remember that you can brew at Murphy's Custom when you don't want to mess up the kitchen, or if you don't want to accumulate all the equipment at home (or in the backyard)!

Local Brewery Shows Mettle at National Beer Competition

Chicago, IL - Two hundred real ales from Britain and America competed for the attention of thirsty festival-goers at the fourth annual Real Ale Festival held in Chicago on March 23-25. AleSmith Brewing Co., a microbrewery based in San Diego, walked away with five medals! Only one other brewery went home with more medals, and it was the host brewery for the festival.

Skip Virgilio, AleSmith's brewer and president, went to Chicago with four ales and returned to San Diego looking like Carl Lewis in the 1984 Olympics - a Gold and Silver Medal for the Old Numbskull Barley Wine, a Silver Medal for J.P. Gray's Wee Heavy, a Silver for the AleSmith Weizenbock, and a Bronze for BlackSmith's Blonde.

Sometimes known by its slogan, "A firkin great beer festival . . .," the Real Ale Festival is the largest gathering of ales in the United States brewed using a traditional method called cask-conditioning. Also known as "real ale," cask-conditioned ale continues to ferment in the cask, or container, even after the beer has been delivered to the bar or restaurant. Real ale is also naturally carbonated, which allows the consumer to enjoy a pint of delightful, silky satisfaction along the tongue.

Many people who have tried cask-conditioned ale find it hard going back to drinking regular beer. San Diego beer enthusiast John Bernat finds cask ales "strikingly smooth, yet the flavors are richer and more subtle, and they are much more aromatic than their regular counterparts."

Brewing To-Do List

- Brew a keg of beer for the Temecula Festival!
- **Weiss is Nice** is scheduled for the middle of May. This competition covers German-style wheat beers. The entries are due at the May Board meeting or the April general meeting.
- It's time to start brewing for the **Del Mar Fair**. The Homebrew Competition will be held on Sunday, June 25.
- **Best of Big Brew** will be the Club-Only competition in late August. Supposedly this will be a pale ale this year.

QUAFF News

Temecula Festival – Last Call for Alcohol

Tickets are still available for the Tenth Annual Southern California Homebrewers Festival to be held at Lake Skinner (northeast of Temecula). The festival will be held on Saturday, May 6. The next meeting may be the last chance to get them for many people. The price is \$30 per ticket, and is payable by check to Harold Gulbransen. If you'd like to buy tickets at the meeting, check with Greg Lorton, since Harold will be out of town. Each club gets a quota of 60 tickets, so get them while they last. (We may have some at the regional judging for the AHA National Homebrew Competition, held in San Diego on April 28 and 29.)

Tickets will also be available at the gate on the day of the festival, but they'll cost \$50!!!

We Need Beer! The main goal of the Temecula festival is to bring homebrewers from throughout Southern California (and Nevada and Arizona) together to share homebrew. As such, everyone is encouraged to bring a keg to the festival. (QUAFF is expected to provide 50 gallons!) More details to come at the April meeting. But we're looking for kegs of beer! We expect to have our usual bar set up so that we can distribute multiple selections of beer. QUAFF has built up a great reputation for having popular and great tasting beers.

The T-shirt deal fell through. Money will be refunded to the members who ordered and paid for their T-shirts. However, the extremely popular festival T-shirts will be available as usual at the Festival. No discriminating homebrewer would not have one in his or her wardrobe.

BJCP Members and Promotions

A flurry of BJCP promotions arrived during the fourth week of March from the BJCP Administrator, Russ Wigglesworth in Petaluma. On March 22, San Diego County quadrupled its number of National level judges when Dana Edgell, Greg Lorton, and Peter Zien joined veteran Skip Virgilio. All four are QUAFF members. No other San Diego homebrew club has any National level judges. Greg and Peter both owe their quick advancement to organizing the AFCHBC for the last three years. (Organizing a homebrew competition with 300 or more entries earns 5 BJCP experience points. Greg earned 10 points, Peter earned 5.)

Also, Tod Fitzsimmons and Harold Gulbransen were promoted to the Certified level. (*Are there other promotions out there?*)

In addition, one of the "students" in Peter Zien's recent beer university was Peter Carlson. Peter C. not only passed the exam, joining the BJCP at the Recognized level, but he also joined QUAFF shortly thereafter. Welcome to QUAFF and the BJCP, Peter!

More on AHA NHC Judges and Stewards

We really do need judges and stewards for the AHA NHC regionals held in San Diego. The dates and locations for judging have been set as Friday evening, April 28 at AleSmith Brewing, and Saturday April 29, and St. Dunstan's Episcopal Church. Since we will be judging all of the NHC entries from California, Arizona, Nevada, Utah, and Hawaii, it wouldn't be unreasonable to expect 500 beers. Normally judging is not open to spectators, but stewards are always welcome. Stewards assist judges by making sure that the correct beers are presented, that the judges have the supplies they need, and assist the organizer and data entry person to make sure that everyone goes smoothly. *Note- steps are taken to preserve the anonymity of beers being judged.*

Preference for judging will go to judges registered in the BJCP program. But we will also be looking for any experienced judges to help out.

Beer Stuff

Sandy James contributed this article.

The People for the Ethical Treatment of Animals have released the findings of a study which shows that nutritionally - beer is much healthier for humans than milk! Here's a rundown of the reasons why:

- Beer has zero fat; milk is loaded with fat.
- Beer has zero cholesterol; a glass of milk has 20 mg.
- Beer doesn't contain hormones or antibiotics, while milk contains trace amounts of pesticides and antibiotics given to cows to keep them healthy. Most milk also contains rBGH, a hormone that can create abnormal breast development in men.
- Beer has half a gram of fiber in every cup; milk has no fiber.
- Beer has only 12 mg of sodium per 122 mg. Milk has more than double that.
- A glass of beer has 3 grams of complex carbohydrates; milk has none.
- Dairy products contribute to stroke; iron-deficiency; allergies; many cancers; asthma; heart disease; and the common cold.

Sandy also contributed these. Some of these are reruns from a couple of years ago, but it doesn't hurt to hear them again. You may combine a few of these to create a comprehensive philosophy of life.

"Sometimes when I reflect back on all the beer I drink I feel ashamed. Then I look into the glass and think about the workers in the brewery and all of their hopes and dreams. If I didn't drink this beer, they might be out of work and their dreams would be shattered. Then I say to myself, "It is better that I drink this beer and let their dreams come true than be selfish and worry about my liver."

-- Jack Handy

I feel sorry for people who don't drink. When they wake up in the morning, that's as good as they're going to feel all day.

--Frank Sinatra

The problem with some people is that when they aren't drunk, they're sober.

--William Butler Yeats

An intelligent man is sometimes forced to be drunk to spend time with his fools.

--Ernest Hemingway

Always do sober what you said you'd do drunk. That will teach you to keep your mouth shut.

--Ernest Hemingway

Time is never wasted when you're wasted all the time.

--Catherine Zandonella

A woman drove me to drink and I didn't even have the decency to thank her.

--W.C. Fields

Reality is an illusion that occurs due to lack of alcohol.

--Anonymous

What contemptible scoundrel has stolen the cork to my lunch?

--W.C. Fields

When I read about the evils of drinking, I gave up reading.

--Henny Youngman

Life is a waste of time, time is a waste of life, so get wasted all of the time and have the time of your life.

--Michelle Mastrolacasa

I'd rather have a bottle in front of me, than a frontal lobotomy.

--Tom Waits

24 hours in a day, 24 beers in a case. Coincidence?

--Stephen Wright

When we drink, we get drunk.

When we get drunk, we fall asleep.

When we fall asleep, we commit no sin.

When we commit no sin, we go to heaven.

Sooooo, let's all get drunk and go to heaven!

--Brian O'Rourke

You can't be a real country unless you have a beer and an airline. It helps if you have some kind of a football team, or some nuclear weapons, but at the very least you need a beer.

--Frank Zappa

Always remember that I have taken more out of alcohol than alcohol has taken out of me.

--Winston Churchill

Beer is proof that God loves us and wants us to be happy.

--Benjamin Franklin

If you ever reach total enlightenment while drinking beer, I bet it makes beer shoot out your nose.

--Deep Thought, Jack Handy

Without question, the greatest invention in the history of mankind is beer. Oh, I grant you that the wheel was also a fine invention, but the wheel does not go nearly as well with pizza.

--Dave Barry

The problem with the world is that everyone is a few drinks behind.

--Humphrey Bogart

Why is American beer served cold?

So you can distinguish it from urine.

--David Moulton

Give me a woman who loves beer and I will conquer the world.

--Kaiser Wilhelm

Sandy James was kind enough to forward a whole page worth of stuff. Contributions like this are greatly appreciated, making the life of editor a whole lot easier. Thanks, Sandy! And everyone else - Contribute!!! - GL

THE SAN DIEGO BREWING SCENE

Brewpubs

Callahan's Pub and Brewery 8280A Mira Mesa Boulevard (Mira Mesa Mall)	(858) 578-7892
Coronado Brewing Company 170 Orange Avenue (Coronado)	(619) 437-4452
Del Mar Stuft Pizza Café & Restaurant 12840 Carmel Country Road (Carmel Valley)	(858) 481-7883 Tom Nickel
Dino & Luigi's Stuft Pizza 10155 Rancho Carmel Drive (Carmel Mountain Ranch)	(858) 592-7883
Gordon Biersch 5010 Mission Center Road (Mission Valley)	(619) 688-1120
Hops! Bistro & Brewery 4353 La Jolla Village Drive (UTC)	(858) 587-6677 Chris Leonard
Karl Strauss Brewery Gardens 9675 Scranton Road (Sorrento Valley)	(858) 587-2739
Karl Strauss Old Columbia Brewery 1157 Columbia Street (Downtown)	(619) 234-2739
Karl Strauss Brewery & Grill 1044 Wall Street (La Jolla)	(858) 551-2739
Pizza Port/Carlsbad Brewery 571 Carlsbad Village Drive (Carlsbad)	(760) 720-7007 Kirk McHale
Pizza Port/Solana Beach Brewery 135 N. Highway 101 (Solana Beach)	(858) 481-7332 Tomme Arthur
Rock Bottom 8980 Villa La Jolla Drive (La Jolla)	(858) 450-9277
Rock Bottom 401 G Street (Gaslamp Quarter)	(619) 231-7000
San Diego Brewing Company 10450 Friars Road (Mission Gorge)	(619) 284-2739
San Marcos Brewery & Grill 1080 W. San Marcos Boulevard	(760) 471-0050 Dave Nutley
Sports City Café and Brewery 8657 Villa La Jolla Drive	(858) 450-3463
Terrific Pacific Brewery & Grill 721 Grand Avenue (Pacific Beach)	(619) 270-3596

What's new? Call Greg at (760) 635-0528 (or e-mail to glorton@cts.com) with new information on San Diego brewpubs, microbreweries, BOPs, homebrew shops, and other local beer news.

3/2000

**SUPPORT YOUR
LOCAL BREWERY**
and Homebrew Supplier

Microbreweries

AleSmith Brewing Company 9368 Cabot Drive (Miramar) Brewers: Skip and Tod	(858) 549-9888 www.alesmith.com <i>AleSmith ESB, Golden Anvil, Nautical Nut Brown, and rotating specials</i>
Stone Brewing Company 155 Mata Way, Suite 104 (San Marcos) Brewer: Steve Wagner	(760) 471-4999 www.stonebrew.com <i>Stone Pale Ale, Lee's Mild, Smoked Porter, Arrogant Bastard Ale</i>
Ballast Point Brewing Company 5401 Linda Vista Road, Suite 409 Brewer: Peter A'Hearn, Yuseff Cherney, and Colby Chandler	(619) 298-2337 www.ballastpoint.com <i>Yellowtail Pale Ale, Copper Ale, Big Eye IPA, Black Marlin Porter</i>
La Jolla Brewing Company 1795 Hancock Street (Mission Brewery Plaza) Brewer: Ben Frymark	(619) 692-1009
Murphy's Custom Brewing 2640 Financial Court (Rose Canyon) Brewer: Doug Murphy (contract brewing for a few restaurants)	(858) 274-9696

Homebrew Ingredient Suppliers

White Labs - Pure Brewer's Yeasts 7564 Trade Street, San Diego 92126	(858) 693-3441 www.whitelabs.com
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Homebrewing Suppliers

American Home Brewing Supply 11404 Sorrento Valley Road, Suite 103, San Diego 92121	(858) 450-9746
Beer Crafts 843 W. San Marcos Blvd., San Marcos 92069	(760) 591-9991 www.beercrafts.com
Beer and Wine Crafts 9379 Mission Gorge Road, Santee 92071 (new location)	(619) 449-9591
Home Brew Mart 5401 Linda Vista Road, Suite 406, San Diego 92110	(619) 295-2337 www.homebrewmart.com

Brew-On-Premises

Murphy's Custom Brewing 2640 Financial Court (Rose Canyon)	(858) 274-9696
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Beer Stores

Beverages, & more! 8410 Center Drive (La Mesa) 212 N. El Camino Real (Encinitas) 11475 Carmel Mountain Road	(619) 461-6230 (760) 943-6631 (858) 673-3892
Mesa Liquor and Wine Company 4919 Convoy Street (Kearny Mesa)	(619) 279-5292
Iowa Meat Farms 6041 Mission Gorge Road	(619) 281-5766
Whole Foods Market 8825 Villa La Jolla Drive (La Jolla)	(858) ???-???

QUAFF Board

President	Peter Zien	(858) 546-7824	pz.jdzinc@worldnet.att.net
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Competition Czar	Tyce Heldenbrand	(760) 967-0220	tyce.heldenbrand@wfinet.com
Activities	Randy Barnes	(858) 663-0305	rbarnes@sdccd.cc.ca.us
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President Emeritus	Tod Fitzsimmons	(858) 578-5658	quaff1@pipeline.com
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Internet Guy	Harold Gottschalk	(619) 390-1753	heg@softbrew.com

QUAFF Web Site <http://www.softbrew.com/quaff>

Membership Information

Membership dues are \$20 per calendar year, due January 1 and expiring on December 31.

Make your check payable to **Harold Gulbransen**.

Contributed Articles

Articles are encouraged and gratefully accepted, and are printed at the editor's discretion. Articles must be received no later than 12 days before the next meeting date to allow time for final editing, printing, and mailing in time for the meeting. Articles may be mailed to Greg Lorton, QUAFF Newsletter, 2602 La Ducla Lane, Carlsbad, CA 92009. E-mail contributions should be sent to glorton@cts.com.

POSTMASTER - Please deliver to the address on the stamped side! Thank You!

Greg Lorton
QUAFF Newsletter Editor
2602 La Ducla Lane
Carlsbad, CA 92009

Next Meeting

7:30 PM on Tuesday, April 18

At Callahan's Pub and Brewery

8280A Mira Mesa Boulevard (Mira Mesa Mall)

San Diego